



Chelsea First United Methodist Church

January 15, 2021

Gabriela Porter
Office of Financial Resources, Division of Grant Review
Substance Abuse and Mental Health Services Administration

Dear Project Director,

Chelsea First United Methodist Church (Chelsea First) is pleased to commit to significant participation in the project proposed by St. Joseph Mercy Chelsea's SRSLY program, under the Mental Health Training Grant offered by SAMSHA. In mid-2019, Chelsea First selected Youth Mental Health as its highest local mission priority. Two of our members, Courtney Aldrich and Deb Hubbard, serve on SRSLY's Executive Team. In September 2020, the congregation approved a donation of \$25,200 to support SRSLY's work on youth mental health. We welcome the chance to expand our partnership.

We commit to participating in and supporting the 2021 application of St. Joseph Mercy Chelsea (SJMC) to SAMHSA entitled *Mental Health Awareness and Training (MHAT)*, for the time period of September 30, 2021 to September 29, 2026.

As approved by vote of its Administrative Council on January 14, 2021, Chelsea First is committed to delivering the following for the proposed project:

- Participation in SRSLY-led trainings (at least 1 training over 5 years): 100% of our staff (9 people), 100% of volunteers working directly with youth (15-20), 40% of parents (30-50), and 25% of all other congregants (40-60), or approximately 95-140 people in total.
- Host 20 trainings (quarterly over 5 years), open to our employees, volunteers, and the broader community. We have capacity to hold more if SRSLY has a need for space.
- Share and publish information regarding trainings and mental health services to our employees, congregants and community members by means of our all-church newsletter, youth ministry newsletter, and via our social media presence.

We agree to work collaboratively with SJMC to ensure our goals are aligned with the goals of the proposed project including efforts to track and report on outcomes. We believe that the proposed project will significantly impact providing mental health trainings and awareness in the region and positively impact youth mental health concerns.

Thank you for your full consideration of this application.

Sincerely,

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