

## Registration Form

Name \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Date/s Attending \_\_\_\_\_

Time Attending (PST) \_\_\_ 4p \_\_\_ 7p

To reserve a space, register by deadlines  
for each event: 2/14, 3/14, 4/11

(Or commit to all at once)

Donations can be made by: Check,  
Venmo, Cash App or Zelle

Make checks payable to:

Erin Matteson

Mail/Email registration form or info to:

Erin Matteson

1405 Ashwood Dr.

Modesto, CA 95350

[erin@soultending.net](mailto:erin@soultending.net)



## YOUR FACILITATOR



Erin Matteson spent nearly 25 years as a pastor in the Church of the Brethren tradition. She then transitioned to more focused spiritual formation work as a spiritual director, retreat facilitator, writer and speaker. Erin loves creating safe space for deep listening and compassionate companionship with individuals and groups using a variety of themes and/or mediums. She is available to lead events in a variety of settings. Learn more about Erin and her leadership at [www.soultending.net](http://www.soultending.net)

## Sacred Connections

### *Three Evenings of SoulTending*



Space for breathing,  
opening, grounding,  
re-membering,  
reconnecting to the  
Sacred within and  
holding all





Come end the week well, making *sacred connections* ... with your Self, others, with the *Compassionate Love* deep within & beyond holding us all

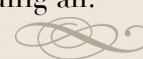
Both time slots for each evening will be limited to 24 participants.

Registration with donation secures a place for you.



## SOUL TENDING DETAILS

Set aside a Friday evening in each of 3 months (February, March, April) 4-5:30p OR 7-8:30p PST for some soul tending. In the midst of many facets of tiredness, grieving, and growing edges these days, come together with others for some regrounding, reopening & resetting for your ongoing work in the world. Poetry & song, silence and images, self & shared reflection will be some of what guides us home to the Sacred both within, and holding all.



### "Old Maps Don't Work" - February 19th

A poem by Joyce Rupp will serve as the centerpiece for getting in touch with our losses and/or *sense of lostness* these days, as well as the holy resilience that resides within for every season. Weaving poetry with chant, silence, self and shared reflection will fill & send us well fed.



### Music as Gateway to the Sacred - March 19th

An earthy chant will serve as the central vehicle for slowing our breath & be-ing, reconnecting us to who and whose we are, & showing us what needs attention or to be heard in us right now. Contemplative listening with others deepens *all* for living into more of who we are for the world.

Cost is donation on a sliding scale: \$10-\$20 for 1 eve or \$25-\$55 for all three. If this is unrealistic for you, please contact me.

**Location:** Zoom / link sent the day before  
**Questions? Contact Erin at:**  
[erin@soultending.net](mailto:erin@soultending.net) / 209-484-5937

### Cradled in Creation - April 16th

A guided meditation as the sound of the ocean undergirds and washes over us ... the sound of creation breathing calls us home to the Source of our Life and all life, will serve as the central vehicle for re-grounding and re-opening, enlivening and renewing tired/grieving spaces.

