COVID-19 Checklist

COVID-19 Checklist for Faith-Based and Community Organizations

Top 5 Things You Can Do to Prepare for COVID-19

Ohio Department of Health Director Amy Acton, M.D., MPH strongly recommends that all faith-based and community organizations immediately take the following actions:

- ☑ Implement a plan to hold remote meetings for regular gatherings, including weekly services. Review religious practices and consider ways they could occur to reduce the transmission of illness, especially practices that involve the sharing of common items or close contact with other individuals.

- ☑ Establish a process for temporarily postponing or canceling events, programs, and services —especially for groups at greater risk, such as older adults or people with chronic health conditions.

- ☑ Engage other community leaders and establish a process to help with grocery delivery, other household tasks, and reduce the feelings of isolation and loneliness of people who are staying home while sick or to avoid exposure to COVID-19.

- ☑ Share messages only from credible sources.

- ☑ Engage with stigmatized groups and speak out against negative behaviors to help counter discrimination against people who are sick. Also watch out for potential language, cultural, and disability barriers when communicating with members or congregants.

For additional information, visit coronavirus.ohio.gov.

For answers to your COVID-19 questions, call 1-833-4ASKODH (1-833-427-5634).
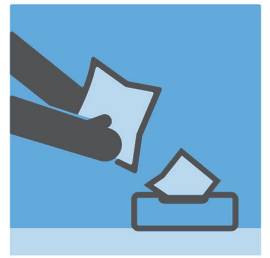
STAY HOME
WHEN YOU ARE
SICK
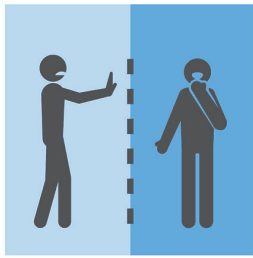
AVOID CONTACT
WITH PEOPLE
WHO ARE SICK

GET ADEQUATE SLEEP
AND EAT WELL-
BALANCED
MEALS

WASH HANDS OFTEN
WITH WATER AND SOAP
(20 SECONDS
OR LONGER)

DRY HANDS WITH
A CLEAN TOWEL
OR AIR DRY
YOUR HANDS

COVER YOUR MOUTH
WITH A TISSUE OR
SLEEVE WHEN
COUGHING OR SNEEZING

AVOID TOUCHING
YOUR EYES, NOSE,
OR MOUTH WITH
UNWASHED HANDS
OR AFTER
TOUCHING SURFACES

CLEAN AND DISINFECT
"HIGH-TOUCH"
SURFACES OFTEN

CALL BEFORE VISITING
YOUR DOCTOR

PRACTICE GOOD
HYGIENE HABITS

For more information, visit: coronavirus.ohio.gov