



The Arkansas Youth Development Institute

Free online training!

Self-study available 24 hours a day, 365 days a year.

The Arkansas Youth Development Institute (YDI) is designed to provide free, easily accessible, quality training on the core knowledge needed when working with children and youth. The Institute's course work is applicable to youth development professionals working in Out-of-School Time (OST) settings, school-age care providers, K-12 educators, and the parents of school age children and youth.

The courses take approximately one to two hours to complete. Practitioners can easily pick and choose which course to take in any order. Supervisor guides are available for select courses, which include meeting plans, each lasting 45-60 minutes and which supervisors can use to enhance or advance the learning of their staff based upon YDI courses.

All courses are registered with the Professional Development Registry (PDR) – formerly TAPP- and will count towards yearly PDR professional development training hour requirements. Certificates of completion are typically sent within 72 hours of module completion. Visit www.aosn.org for more information and to register.

Arkansas Youth Development Institute Courses

Adolescent Development *«
Age Appropriate Discipline *
The Art of Inclusion - part 1
The Art of Inclusion - part 2
Best Practices in OST Program Evaluation
Building Assets for Youth*«
The Building Blocks of Social and Emotional Learning
Bullying Prevention«
Child Development *«
Civic Engagement: Engaging Young People in Civic Life

Arkansas Youth Development Institute Courses Continued

The Common Core State Standards
Conflict Resolution*
Cultural Competency for Youth Workers*
Engaging Parents*
Health and Academic Achievement*
Integrating STEM into Youth Programs
Leadership - part 1
Leadership - part 2
Maltreatment of Children*
Mitigating Summer Learning Loss
Overview of Positive Youth Development Approach*
Supporting Youth to be Workplace Ready
Unhealthy Coping Behaviors in Youth«
Working with Culturally Diverse Youth*
Working with Girls
Adverse Childhood Experiences (ACEs) (added June 2018)
ACEs Part 2: Best Practices in Trauma Informed Care (TIC) (added June 2019)
Out of School Time Program Safety (added June 2020)
The Science of Learning and Development (SoLD) (added June 2021)

* Youth Worker Orientation certificate course –The *YWOC* Certificate consists of 24 clock hours of both required and elective Arkansas YDI course options. For more information visit www.aosn.org.

« Includes Supervisor Guide

Please contact us for more information about the YDI or AOSN:

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