



January 23, 2022
9:30 a.m.

PRAISE & ADORATION

Praise & Worship.....	Praise Team
Scripture.....	Minister
I Samuel 22: 1-5, NKJV	
Prayer.....	Deacon
Hymn.....#441.....	“I Need Thee Every Hour”

CHRISTIAN STEWARDSHIP

The Installation of Leaders (<i>Litany & Covenant</i>)
Scholarship Appeal.....Miss Courtney Thomas

Church Concerns

Offering/Giving

Introduction of Guest Minister

The Word in Song

CARE & CONCERNS THROUGH PRAYER

Pastoral Concerns/ Recognition of Sick/Prayer Concerns

Altar Call & Prayer.....Minister

The Word in Song

WORSHIP THROUGH INSTRUCTION

****The Sermon.....Pastor-Elect Marc A. Lavarin**
“DEVELOPED IN THE DARK”
I Samuel 22: 1-5 (NKJV)

*Invitation to Christian Discipleship/ Invitational Selection
If you would like to unite with our Church Family, you can do so during the Hymn of Invitation following the sermon. You may join by Baptism, Christian Experience, Letter, or as an Associate Member.

*Benediction
***PLEASE STAND IF YOU ARE ABLE and remain standing**
****Please refrain from walking during The Sermon**



CHURCH NEWS

FROM PASTOR DAVIS: Come to Bible Study! Join us on Zoom ([Meeting ID: 932 281 4455](#), [Password: 573710](#)) and Facebook on Wednesdays at 7:00 p.m.!

YOU ARE WELCOME TO COME BACK TO CHURCH FOR WORSHIP ON SUNDAY! Remember if you are coming back to WEAR A MASK AND BE READY TO COMPLY WITH SAFETY MEASURES. THANK YOU FOR COOPERATING! BE SAFE! WE WILL ALSO CONTINUE TO HAVE LIVE STREAMING OF WORSHIP SERVICE VIA THE CHURCH WEBSITE AND FACEBOOK AT 9:30 A.M. EACH SUNDAY UNTIL FURTHER NOTICE.

2022 CHURCH CALENDARS ARE READY AND HERE! YOU CAN PICK UP YOUR CALENDAR BY STOPPING BY THE CHURCH OFFICE DURING WEEKDAY BUSINESS HOURS.

COUPLES SUNDAY SCHOOL: Join us for our new study series: [Experiencing God](#) (2021 Edition): Knowing and Doing the Will of God. Purchase your book and join us each Sunday (in person or online) at 11:00 a.m. for Sunday School. “One of the greatest tragedies among God’s people is that, although they deeply long to experience God, they are encountering Him day after day but do not recognize Him. With the aid of the Holy Spirit, by the end of this course, you will have learned many ways to clearly identify God’s activity in and around your life and you will experience God accomplishing His purposes through your life.” Join us as we journey to a more intimate love relationship with God. Contact Minister LaDawn at (919)924-6129 with questions.

YOUNG ADULT SUNDAY SCHOOL: HELLO Y.A.’s!!! The Young Adult Sunday School class will host a hybrid class! Those who attend Sunday service have the opportunity to meet “IN-PERSON” in the upstairs vestibule for Sunday School at 11 a.m.!!! Those who are not in person still have the chance to tune into Sunday School via zoom! So come on up...or tune on in... and be blessed!!!

B-I-N-G-O! BINGO IS BACK! Mature Adults, age 60 and up, are invited to play VIRTUAL Bingo on Thursday, January 27th, 4:00p.m. to 5:30p.m. Come ready to have a good time....and ready to win! Prizes will be awarded to winners. MATURE ADULT BINGO WILL HAPPEN EVERY 2 WEEKS! Come join the FUN!! This event is on Zoom.

Join Zoom Meeting
<https://us02web.zoom.us/j/88010273877?pwd=NVdySithMctXdkl3WFJpVXRhLOZDZz09>

Zoom ID: 880 1027 3877 Passcode: BINGO

CHILDREN’S CHURCH MONTHLY MEETING: FCBC Family We NEED YOUR HELP!!! Please join our team!
Meeting Date: Monday, January 24, 2022
Time: 7:00 pm via zoom

Join Zoom Meeting:
<https://us02web.zoom.us/j/89000859289?pwd=U0VYbWxndGxYZzFjbVFKclJzRFRMzd09>

Meeting ID: 890 0085 9289 Passcode: Children

Contact Sis. Demisha Grimsley (919-724-1307 or dgrimsley@aol.com) with any questions.

YOUTH VOLUNTEERS: Youth Council Monthly Meeting- WE NEED YOUR HELP!!!! Please join our team!
Topic: Youth Council Monthly Meeting
Meeting Date: Thursday, January 27, 2022
Time: 7:00 PM via Zoom

Join Zoom Meeting
<https://us02web.zoom.us/j/81049852318?pwd=ak4zUzdpTmptbEdhU0ZpOHR1VVNOUT09>

Meeting ID: 810 4985 2318 Passcode: YC2022

Contact Demisha Grimsley (919-724-1307 or dgrimsley@aol.com) with any questions.

THE YOUNG ADULT CONFERENCE IS COMING! Young Adults, age 18-35, are invited to join in “The Wait: Developing Godly Principles of Patience”, February 18th-20th, with Special Guest Pastor Joseph C. Manaway, Youth and Young Adult Pastor of Mount Carmel Baptist Church, Fairfield CA. Contact YAMFCBC@gmail.com for details and to register for events.

RIDGECREST 2022—(July 18-22) **REGISTRATION IS NOW OPEN TO ADULT MINISTRY LEADERS AND YOUTH**. The Family Conference is designed to encourage, equip, and inspire members and leaders. Qualified interested participants must: (1) be current members of FCBC, (2) be actively serving in a FCBC ministry and (3) have not attended the conference in the last two consecutive years. If you meet these criteria, **EMAIL** Minister John Carter at carter@firstcalvary.org Availability is limited and openings will be granted on first come first served basis. **All youth ages 12-17**, please contact Youth Minister, Treyvon Sinclair at treyvon.sinclair1@gmail.com. Registration is open until all slots are filled. The last day to be considered is **May 21, 2022**.

The Church Office and Building are still on limited access during the week. Please be prepared to practice “Social Spacing”, and **YOU WILL NEED TO STILL WEAR A MASK**.

LET US PRAY: MATURE ADULTS, AGE 60 & UP, join in for “Noon Day” midweek prayer and devotion, **EVERY WEDNESDAY at 12:00 p.m.** Call **712-432-1000**, enter access code **616729948#**. Others are invited to attend as well.

Join the Prayer Conference Call on Wednesdays at 7:00 a.m. (712-432-1001, code "494132935#") and Intercessory Prayer (4th Sundays, 8:00 a.m.)

HEALING AND RECOVERY

Remember our sick & shut-in members with prayers, cards, visits, & calls and share this information with the Pastor and Deacons. Contact the church office with sick & shut in information.

HOSPITAL & CARE FACILITY		
Sis. Dorothy Blakeney	Parkview Health & Rehab Center 1716 Legion Road Chapel Hill, NC 27517	
Sis. Rochelle Nelums	Pruitt Health Erwin Road 27707	
Bro. Michael Wilson	Tower Rehab 3609 Bond Street Raleigh, NC 27604	
AT HOME CARE		
Sis. Mary Bailey	1505 Palmers Grove Church Rd, Hillsbrough	27278
Sis. Betty Borden	718 Wortley Drive	27713
Min. Rosa Centry	2417 Faucette Avenue	27704
Sis. Shirley Elliott	2903 South Roxboro Street	27707
Sis. Helen Forte	1304 Cozart Street, Unit 306	27704
Sis. Wilhemenia Foster-Long	309 Pearson Drive	27713
Sis. Shirley Jackson	2420 Glenbrook Drive	27707
Sis. Virginia Lindsey	112 Ridge Road, Butner	27509
Sis. Mary Liverman	4302 Stonehenge Rd., Greensboro	28406
Bro. Frank Lloyd	7 Gwendolyn Circle	27703
Sis. Brenda Lyde	811-B Carroll Street	27707
Sis. Princess Matthews	1127 Briar Rose Lane, Apt. 103	27704
Sis. Judy Randall	704 Berwyn Avenue	27704
Dea. John Smith	1405 Timber Wolf Drive	27713
Sis. Conya Thorpe	2801 Ross Road	27703
Bro. Kevin Young	1027 Moreland Avenue	27707

MINISTRY MEETING SCHEDULE

CFLR –Community Family Life Center at Lyon Park
CFR –Conference Room **CRM** -Choir Room
CR I -Classroom 1 **CR II** -Classroom 2 **CR III** -Classroom 3
FH – Fellowship Hall **LIB** – Library **Sanct**-Sanctuary

SUNDAY		
7:00 am	Intercessory Prayer Service (4 th Sun)	Sanct
9:30 pm	Discipleship Orientation Class	LIB
1:15pm	Health & Wellness Ministry (2 nd Sun)	CR I
1:15 pm	Evangelism Ministry (2 nd Sun)	CR II
1:15 pm	Daughters of Calvary (3 rd Sun)	CR II
1:15 pm	Computer Ministry (2 nd Sun)	CR III
4:00 pm	Associate Ministers (each 2 nd Sun)	CR II
5:00 pm	Deacons & Trustee Ministry Mtg. (2 nd Sun)	CR III/LIB
6:30 pm	Official Leadership Team (2 nd Sun)	FH
MONDAY		
6:00 pm	Tots of Praise Rehearsal (after 1 st)	CRM
6:30 pm	Psalms 150 (after 3 rd & 4 th Sun)	CRM
6:30 pm	Young Adult Choir (after 2 nd Sun)	CRM
6:30pm	Children’s Church Committee (after 2 nd Sun)	LIB
6:30 pm	Sunday School Teachers (1 st Mon)	CR I
6:30 pm	Calvary’s Anointed/Vessels of Praise	FH/Sanct
7:00pm	Entrepreneur Ministry (TBA)	CR III
7:00pm	Visionary Ministry (3 rd Mon)	LIB
7:30pm	Male Chorus (after 2 nd & 3 rd Sun)	CRM
7:30pm	Young Adult Choir (before 3 rd Sun)	CRM
TUESDAY		
6:00pm	Scouting Ministry (every other Tues)	ALL AREAS
6:30pm	Hospitality Ministry (2 nd Tues)	CR I
6:30pm	Praise Team	CRM
6:30pm	Circle of Care (COC) (2 nd Tues-Quarterly)	LIB
6:30pm	Beauty for Ashes	LIB
7:00pm	Male Summit (Tuesday after 3 rd Sun)	LIB
7:30pm	Music Council (2 nd Tues)	CR II
7:30pm	The Encouragers (1 st Tues)	CR III
WEDNESDAY		
12:00pm	Noon Day Prayer	LIB
6:45pm	Prayer and Praise Service	FH
7:00pm	Bible Study	FH & CR
THURSDAY		
6:00pm	Nursery Ministry (1 st Thurs)	Nursery
6:30pm	Calvary’s Anointed/Vessels of Praise	FH/Sanct
6:30pm	Beautification Committee (2 nd Thurs)	CR I
6:30pm	Couples’ Ministry (4 th Thurs)	CR II
6:30pm	Youth Council (4 th Thurs)	CR I
6:30pm	ACT Ministry (3 rd Thurs)	CR I
6:30pm	Young Adult Ministry (3 rd Thurs)	CR II
7:00pm	Singles in Love with Christ (4 th Thurs)	LIB
7:00pm	Sunday Service Choir Rehearsal	CRM
7:30pm	Drama Ministry	CR III
SATURDAY		
9:30am	Pearls of Praise (2 nd Sat)	CRM
10:00am	Scholarship Ministry (before the 2 nd Sun)	CR II
10:00am	PROJECT F.I.N.E.	CFLR
10:00am	Onesiphorous Prison Ministry (3 rd Sat)	CR I
10:30am	Deaconess Ministry (1 st Sat)	LIB/Sanct
11:00am	Senior Missionary Ministry (3 rd Sat)	LIB
11:00am	Senior Usher & First Aid Ministry (2 nd Sat)	CRM/ Sanct
11:30am	Culinary Arts Ministry (4 th Sat)	LIB

FROM THE PASTOR'S DESK



Today is Leadership Sunday and by the Grace of God, being Installed

today are our 2022 Church Leaders! We have Pastor-Elect Marc Lavarin and Minister Barbara Lavarin with us as guests for this occasion! We celebrate with our annual installation of leaders, in-person (as the recent weather permits) and virtual. As we sanction these who come forth as leaders, please don't let their moment of "celebrity" mock the servant's heart they should exhibit. As we take our Covenant stance to serve God and this congregation with all our heart, soul, mind and strength, I pray that each of us will do so whole heartedly. I also pray that each leader...and each member... will consecrate themselves to be true servants of the Kingdom. I would like to share the following regarding Servant Leadership from Into Thy Word: "Servant Leadership is based on values and character, so it is about "how we do things." Who we are as Christians needs to transcend in how we are with one another. Leadership that is effective, even in the business world, is more about how we treat and empower our workers and staff. We are with Christ, we are with one another, and we *bear with one another in love*. It is about being *humble-minded, gentle, and patient*; it is about being truly rooted in Christ so our focus is to glorify Him rather than follow trends or lift ourselves up. **So are you doing what is "trendy" or what Christ has called you to do and be?**" As we often say, "It's all about service!"

Thanks to the Visionary Ministry for their work in hosting our Annual Leadership Summit on yesterday. We appreciate the support of our Church Office as well. We are excited that God would allow Pastor-Elect Marc A. Lavarin to provide us with such edifying teaching. Additionally, I am confident that God has a Word for us as Pastor-Elect Lavarin serves as our Minister

for this Leadership Sunday. We again welcome him and his wife to this area.

Have you heard? We have Bible Study on Wednesdays at First Calvary! Really, we do! So, if you are not already, come on and join us each week on Zoom. Young folk, join our youth class each week as well. Make a commitment today to become a part of our Study Ministries on Sundays (that would be Sunday School ☺) and Wednesdays (and don't forget our Noon Day Prayer Conference Call). Remember, our 2022 Church theme is: **"Enhancing and Equipping Disciples Towards Missional Change!"** ...and always remember that we are **AN EXCITING CHURCH EXCITED ABOUT ITS MISSION!**

THE DEACON'S MESSAGE

We can accomplish so many things in 2022 if we will change our attitude and function out of passion versus out of duty. Doing God's business and working together as a team can be successful, if we first live the life of a new creature. In I Corinthians 12 and Ephesians 4, Paul's teachings tell us that Christ has given these gifts for the Body of Christ to come together to do the work of the ministry - equipping the saints to build the Kingdom of God here on earth, working together, not as one person but as one body, as mature, grown up men and women in Christ Jesus. We have been called to the army of the Lord, not as children, but as warriors ready for the battle that is before us. This year, if we want to see the manifested power of God, we must be Kingdom-minded, mature believers in Christ Jesus and work together as one in the ministry.

STEWARDSHIP STATISTICS

Our Tithes & Offerings must be \$36,810.84 per Sunday to meet our budget. Thank you for giving!

January 16, 2022

Bible Study 75 Sunday School 87 New Members N/A
In-Person Worship N/A Worship Service (Streaming) N/A

Tithes and Offering	\$6,375.48
Sacrificial Offering	\$330.00
Food Pantry	\$45.00
Scholarship	\$55.00
Online Giving	\$15,173.60
Total Giving	\$21,979.08



LEADERSHIP MONTH

January 2022

1		NEW YEAR'S DAY CHURCH CLOSED
SUN 2	9:30 AM	Worship Service Stream on Facebook & Website
	11:00 AM	Sunday School on Zoom
3		CHURCH CLOSED
5	7:00 PM	ANNUAL CHURCH CONFERENCE
SUN 9		MEMORIAL SUNDAY
	9:30 AM	Worship Service Stream on Facebook & Website
	11:00 AM	Sunday School on Zoom
12	7:00 PM	BIBLE STUDY Zoom & Facebook
SUN 16	9:30 AM	Worship Service Stream on Facebook & Website
	6:00 PM	MLK YOUTH LOCK-IN on Zoom
17		MLK HOLIDAY CHURCH CLOSED
19	7:00 PM	BIBLE STUDY Stream on Facebook & Zoom
22	10:00 AM	LEADERSHIP SUMMIT
SUN 23		LEADERSHIP SUNDAY
	9:30 AM	Worship Service Stream on Facebook & Website
	11:00 AM	Sunday School on Zoom
26	7:00 PM	BIBLE STUDY Stream on Facebook & Zoom
SUN 30	9:30 AM	Worship Service Stream on Facebook & Website
	11:00 AM	Sunday School on Zoom

TODAY'S MINISTRY THROUGH SERVICE

Music:	Praise Team
Director of Music Ministries:	Minister Michael Dotson
Percussionist:	Brother Andre Sanders
Saxophonist:	Brother Lynwood Jones
Videographers:	Sister Hilary Fearington/ Dr. Toni McIntosh
Audio Team (1 per Sunday):	Brother Ivan Holloway/ Deacon Darryll Gadson/ Deacon Xavier Cason/ Brother Michael Hill/ Deacon Calvin Squires/ Brother Derrick Garrett

If you are having a medical procedure, or are sick at home for over a week, please contact the church office so that Pastoral contact can occur as soon as possible or at your request.

LIKE US ON FACEBOOK:

First Calvary Baptist Church, Durham, NC

The Abbreviated FC Mission Statement:

E³: Empower spiritual lives, Enhance quality of life, & Evangelize the lost



"An Exciting Church Excited About Its Mission"

Leadership Sunday



*"Enhancing & Equipping
Disciples Towards
Missional Change"*



Leadership Month

1311 Morehead Avenue ♦ Durham, NC 27707
☎ (919) 489-4184 ♦ FAX (919) 489-3565

www.firstcalvary.org

Fredrick A. Davis, M.DIV., D.D., Pastor
January 23, 2022

SUNDAY

Worship- 9:30am
Sunday School-11:00am

WEDNESDAY

Bible Study-7:00pm

A colorful illustration of six children of diverse backgrounds and ethnicities, each holding up a large, brightly colored letter to spell out the word 'SUNDAY'. The children are dressed in casual summer clothing like t-shirts, shorts, and dresses. The letters are in various colors: yellow for 'S', pink for 'U', magenta for 'N', orange for 'D', blue for 'A', and light blue for 'Y'. The background is a soft, light blue sky with a few white clouds.



Meeting ID: 870 5832 5723
*No Passcode Needed

Meeting ID: 829 7194 0163
*No passcode needed

Meeting ID: 821 8664 2323
Password: 353779

Dial by your location
929-205-6099

Meeting ID: 821 8664 2323
Passcode: 353779

Meeting ID: 378 629 3858
Password: 878147

Meeting ID: 854 3373 5526
Passcode: 635090

Meeting ID: 847 5079 6829
Passcode: 882029

Meeting ID: 2543615342
Passcode: 175175

Meeting ID: 810 2341 0603
Passcode: 515700

Meeting ID: 986 239 4139
*No passcode needed

ALL PARENTS: The Sunday School Ministry invites you and your child to join Zoom Sunday School Classes for children ages 5 to 17. We understand the taxing effect of ZOOM, but this is an opportunity to share with your child knowledge of Jesus. Allow us to assist you with your child's the spiritual formation. (See church website for listing of all ZOOM Sunday School Classes each Sunday at 11:00 am).

DATE: _____ Text: _____
SUBJECT: _____

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

JOIN US FOR BIBLE STUDY....
Wednesdays, 7pm
Via Zoom (Meeting ID: 932 281 4455
Password: 573710)
or the Church Facebook page
(First Calvary Baptist Church, Durham, NC)

Reminder:

The Church Office and Building are currently on limited access throughout the week. Please call the Church for any type of information or before all visits.

If you need to come to the Church, please be prepared to continue to practice "Social Distancing" AND PLEASE WEAR A MASK for all our safety.

Check the Church Website each week for
a copy of the Sunday bulletin.
You can also see previous bulletins.
Stay Connected with the Church!!



WHEN TO CALL OR EMAIL THE CHURCH OFFICE

***When you need to schedule an appointment to see the Pastor.**

***When there is death in your family.**

***To make a prayer request.**

***When you are going to have surgery.**

***When you a question regarding scheduling a room for a meeting**

***If you need to contact your deacon
and you don't know who he is.**

***When you have a baby or to arrange a Baby Dedication.**

***To set up marriage or pre-marital counseling.**

***If you desire your wedding ceremony to be performed by Pastor.**

***When you have questions regarding your financial giving.**

***To change your address or telephone numbers when you move!**

NOTE: Some of the above items are altered due to Church schedule and availability at this time.

Young Adult Conference 2022

The Wait:
Developing Godly Principles of Patience

Isaiah 40:31
February 18-19, 2022

FEB 18

The Wait Bowling Night

Meet us for a night out Bowling at Penny Lanes & Games at 7pm.

****Registration is required****

FEB 19

The Wait Brunch & Conference Day

Join us in person or virtual at 10am for our conference with Pastor Joseph C. Manaway, Youth and Young Adult Pastor of Mount Carmel Baptist Church in Fairfield, California.

****Registration is required****



FEB 20

Young Adult Sunday Morning Worship

Join us for Sunday morning worship at 9:30 am where Pastor Joseph C. Manaway will be our Guest Preacher.

First Calvary Baptist Church | 1311 Morehead Ave. Durham, NC 27707 | Fredrick A. Davis

For details contact YAMFCBC@gmail.com

INSTALLATION COVENANT

We believe that Salvation in Jesus Christ includes a call to minister to people.

We believe that God has given to all His children gifts of grace that can be developed and used in ministry.

We believe that the Holy Spirit of God is our companion in ministry, enabling us to serve Jesus Christ to our fullest potential.

Therefore:

We will give high priority to develop and support the total ministry of this church, based on the teaching of our Lord and the apostles as stated in Ephesians 4.

We will seek to discover, develop, and use together our God-given gifts in ministry.

We will engage ourselves in a mutual sharing of faith, hope, and love as the Family of God.

We will sit, talk, learn and work together as we seek to build up the Body of Christ.

We will be honest and open with one another in our efforts to improve and expand our ministry.

We gratefully acknowledge God's enabling presence in our midst as we share and work together to bring persons to God through Jesus Christ.

All of this we covenant to do in the awareness of God's call, commission, and presence in the person of the Holy Spirit.



LEADERSHIP LITANY

Scripture reference: Psalm 8: 1, Philippians 2: 13, Romans 12: 4-5

LEADER: Our God and our Creator, we stand this year as a people of faith striving for stronger discipleship and seeking God's Vision, while understanding that true discipleship and Godly fellowship transcends the ordinary. Help us to be a people who are "Wholly Committed" to Ministry and to Your Will and Your Way.

PEOPLE: *Oh Lord, Our Lord, How excellent is Thy name in all the earth.*

LEADER: We recognize that true discipleship can only be achieved in our lives and in our ministries when we allow Your Holy Spirit to accomplish the extraordinary in the ordinary. Help us to see and put forth Your Vision as we function as leaders that have a heart for service. We are "Enhancing and Equipping Disciples Through Missional Change". We seek to fulfil God's Mission, for it is God who worketh in us to do His good pleasure.

PEOPLE: *Oh Lord, Our Lord, How excellent is Thy name in all the earth.*

LEADER: As we strive to be better disciples and as we move forward "Doing Our Father's Business", we pray that we do all things heartily as to the Lord and not unto men. For we know that if we do this, we shall receive the reward of the inheritance, for we serve the Lord Christ.

PEOPLE: *Oh Lord, Our Lord, How excellent is Thy name in all the earth.*

LEADER: He that hath knowledge spares his words. At the opening of our lips, allow us to speak of excellent things that shall be right with You. *For as we have many members in one body, but all the members do not have the same function, so we, being many, are one body in Christ, and individually members of one another.*

PEOPLE: *Oh Lord, Our Lord, How excellent is Thy name in all the earth.*

ALL: *Lord, give us an excellent spirit, a thirst for discipleship, and a desire for a stronger relationship with you. We seek to be "AN EXCITING CHURCH EXCITED ABOUT ITS MISSION"! Help us move forward being men and women that bring glory to You in all that we say and do as we lead at First Calvary Baptist Church and are "Enhancing and Equipping Disciples Through Missional Change".*

Submitted by Minister Cynthia J. Rioland
January 2005(adapted)

PASTOR-ELECT MARC A. LAVARIN



Rev. Marc Antoine Lavarin serves as an Assistant Minister at the historic Alfred Street Baptist Church in Alexandria, VA, under the leadership of the Rev. Dr. Howard-

John Wesley. He is the Pastor-Elect of First Calvary Baptist Church in Durham, NC.

As a proud Bostonian, Pastor-Elect Lavarin completed his undergraduate studies at Northeastern University, graduating cum laude with a Bachelor of Science degree in Political Science, concentrating in Public Policy and Administration.

Upon graduating, he was selected to be a part of Teach for America’s Massachusetts cohort, where he taught 5th and 6th grade History. While teaching, Rev. Lavarin earned his Master of Education degree from Boston University. After two years of teaching, Pastor-Elect Lavarin submitted to the call of ministry by completing his Master of Divinity degree at Duke University. At Duke, Pastor-Elect Lavarin received the Martin Luther King Jr. scholarship, granted to incoming students committed to the work of social justice.

Upon the completion of his degree, Pastor-Elect Lavarin was ordained at the Evangelical First Haitian Baptist Church of Worcester, Massachusetts, under the direction of his father, Rev. Antoine Lavarin. Currently, Pastor-Elect Lavarin is pursuing a Doctorate of Ministry degree in Educational Leadership from Virginia Theological Seminary concentrating on the influence of the Black Church on K-12

education. Pastor-Elect Lavarin is a published author, with his newest book chapter contribution “*Let the Schoolhouse Say Amen: The Pedagogical Congruency Between the Black Church and Critical Literacy*”, set to be published by Information Age Publishing Company. Pastor-Elect Lavarin’s passion lies at the intersection of faith, education, and policy, where he hopes to inspire communities to be moral and ethical agents of change.

Pastor-Elect Lavarin is married to his best friend, Barbara Lavarin, who hails from Brooklyn, NY and is an ordained minister and gifted poet. Together they hope to inspire communities and people to discover their potential and purpose!

First Calvary Baptist Church
Fredrick A. Davis, Pastor

Covid 19 Vaccine

Duke COVID-19 hotline: 919-385-0429. The hotline is open every day from 8:00 am to 8:00 pm.

If this vaccine is based on a piece of RNA from the virus itself, how do we know it’s not going to harm us?

The mRNA vaccines (Pfizer and Moderna) are not using part of the virus itself. They are using scientifically engineered mRNA, which our bodies are well equipped to recognize and decode, that encodes only for the spike protein on the virus. So this is not a live viral vaccine or an attenuated virus vaccine. It allows our immune system to develop immunity to the virus without ever being exposed to the virus. Since mRNA is natural to our bodies, our body naturally degrades the mRNA, so it does not last very long in our body, but it is there long enough for our body to develop immune recognition and memory, so that if our body ever sees the real virus, it knows how to fight it.

How do we know the COVID-19 vaccine is safe?

The FDA is responsible for making sure that, just like any other medications, any FDA-authorized or approved COVID-19 vaccines are safe and effective. Developers are required to go through a rigorous, multi-stage process including large (phase III) trials that involve tens of thousands of people participating. After the clinical trials show that the vaccine is safe and effective, a series of independent reviews and evidence is required to demonstrate efficacy and safety.

If I had COVID-19 and recovered, should I get the vaccine?

Yes. Currently, there are not enough data to say if or for how long after infection someone is protected from getting COVID-19 again. Early findings suggest natural immunity from COVID-19 may not last very long, but more studies are needed.

How many doses will I need?

Most of the COVID-19 vaccines currently in phase III clinical trials in the U.S. require two consecutive doses, three or four weeks apart. Other COVID-19 vaccines in development may use one dose. Pfizer’s vaccine requires two doses of the vaccine 21 days apart. Moderna’s second dose is administered one month after the first.

Could I have an adverse reaction or side effects from the vaccine?

There is a potential for injection site reactions (redness, swelling, and pain) as well as fever, fatigue, headache, chills, vomiting, diarrhea, muscle pain, and/or joint pain. These are common adverse reactions seen with other vaccines. Even if you experience common side effects from the vaccine, it is still necessary to receive the second dose for the vaccine to be effective.

If I get the vaccine, do I still need to wear a mask and practice social distancing?

Yes. Vaccines may boost your immune system so it is ready to fight the virus if you are exposed, but it is not yet fully understood whether vaccinated people might still be able to transmit the virus. Wearing a mask and following other precautions such as social distancing and frequently washing your hands will help reduce your chance of being exposed to and spreading the virus.

Meditate and be quiet with Yourself

VARIANTS OF CONCERN

DELTA VIRUS:

First identified in India

SPREAD: Spreads more easily than other variants.

SEVERE ILLNESS AND DEATH: May cause more severe cases than the other variants.

VACCINES: Breakthrough infections in people who are fully vaccinated are expected, but vaccines are effective at preventing severe illness, hospitalizations, and death. Early evidence suggests that fully vaccinated people who become infected with the Delta variant can spread the virus to others. All FDA-approved or authorized vaccines are effective against severe illness, hospitalizations, and death.

OMICRON-B.1.1.529

First identified in South Africa

SPREAD: May spread more easily than other variants, including Delta

SEVERE ILLNESS AND DEATH: Due to the small number of cases, the current severity of illness and death associated with this variant is unclear.

VACCINE: Breakthrough infections in people who are fully vaccinated are expected, but vaccines are effective at preventing severe illness, hospitalizations, and death. Early evidence suggests that fully vaccinated people who become infected with the Omicron variant can spread the virus to others. All FDA-approved or authorized vaccines are effective against severe illness, hospitalizations, and death.

COVID VACCINE UPDATES FOR 2022

MASK: CDC recommends using N95 or KN95 Mask. Cloth mask are not effective against the virus; however, they are better than no mask. The mask must cover the Nose and Mouth completely. The mask must fit snugly to avoid the virus from seeping into the nostrils. Change mask frequently.

TESTING: Covid Virus is spreading rapidly therefore numerous test sites are needed. Some sites require appointments and others don't. The rapid test is better. It takes 24 to 48 hours to get results. Home test give quick results but gives false results if not done properly. Beginning January 19,2022 Free at Home Covid-19 test will be available. They are available to every home in the U.S. Each home is allotted 4 free test and there is no shipping cost. You don't need to Enter a credit card number.

NUMBER OF CASES: Covid is growing rapidly. Today's numbers increase by the thousands each week. Infants and toddlers are affected. This population is not able to get a vaccination.

VACCINATIONS: Children ages 5yrs to 12yrs are now eligible to receive 3 Covid vaccinations and a booster. Adults need a booster. If you received the J&J vaccine (one-shot) you need a Pfizer or Moderna booster. The one-shot vaccine does not provide the best protection.