



November 22, 2020
9:30 a.m.

PRAISE & ADORATION

Praise & Worship.....FCBC Praise Team

Scripture.....Minister
I Thessalonians 5: 12-18

Prayer.....Minister

Hymn.....“His Name is Wonderful”

CHRISTIAN STEWARDSHIP

Ministry Spotlight

Pastoral Concerns/Giving

The Word in Song

CARE & CONCERNS THROUGH PRAYER

The Recognition of Returning Sick/Prayer Concerns

Altar Call & Prayer.....Minister

The Word in Song

WORSHIP THROUGH INSTRUCTION

****The Sermon.....Pastor Fredrick A. Davis**

“LIVING IN A PLACE OF GRATITUDE”
Selected Scriptures

*Invitation to Christian Discipleship/ Invitational Selection
If you would like to unite with our Church Family, you can do so during the Hymn of Invitation following the sermon. You may join by Baptism, Christian Experience, Letter, or as an Associate Member.

*Benediction

***PLEASE STAND IF YOU ARE ABLE and remain standing**
****Please refrain from walking during The Sermon**



**E³: Empower spiritual lives,
Enhance quality of life, & Evangelize the lost**

CHURCH NEWS

FROM PASTOR DAVIS: THERE WILL BE NO BIBLE STUDY THIS WEEK. ADDITIONALLY, THE CHURCH OFFICE WILL CLOSE AT NOON ON WEDNESDAY, NOVEMBER 25th AND BE CLOSED ON NOVEMBER 26th AND 27th. HAPPY THANKSGIVING!

PLEASE NOTE: The Church Office and Building are currently on limited access throughout the week. If you need to come to the Church, please be prepared to practice “Social Spacing”, and wear a mask, for all our safety.

WE WILL CONTINUE TO HAVE SERVICE VIA THE CHURCH WEBSITE AND FACEBOOK AT 9:30 A.M. EACH SUNDAY UNTIL FURTHER NOTICE.

LET US PRAY: MATURE ADULTS, AGE 60 & UP, join in for “Noon Day” midweek prayer and devotion, **EVERY WEDNESDAY at 12:00 p.m. THE TIME IS NOW 12:00 P.M. Call 712-432-1000, enter access code 616729948#.**

MLK YOUTH LOCK-IN 2021: Calling all Youth 12-18...It's time to WAKE UP! "Realize the Dream"...The 2021 Martin Luther King, Jr. Youth Lock-In Committee is pleased to announce the opening of registration for the 2021 MLK, Jr. Youth Lock-In iExperience. We are taking this exciting program to the WORLDWIDE WEB. Youth ages 12-18 years old...stay home and join us for a FREE evening of entertainment, activities and round table discussions virtually!! Our 28th annual MLK Jr. Youth Lock-In virtual event will be held January 17, 2021 from 6:00 p.m.-11:00 p.m. **Register by December 31, 2020 and attend event to receive FREE Gift Card!!** To be a part of this historic event...Go to First Calvary website, then click on the MLK, Jr. Youth Lock-In Flash (3rd slide) located on the main page to register or go to: www.firstcalvary.org/forms/view/38846. Please contact Registration Coordinator, Deaconess Janet Squires at 919-606-4801 or email: youthmlklockin@firstcalvary.org for any questions.

ALL PARENTS: The Sunday School Ministry is graciously inviting you and your child to join Zoom Sunday School Classes for children ages 5 to 17. We understand the taxing effect of ZOOM but this pandemic has superimposed this virtual teaching medium upon us. However, it is still an opportunity to religious education your child in the saving knowledge of Jesus Christ the Savior. Allow us to assist you with your child's the spiritual formation. (See church website for listing of all ZOOM Sunday School Classes each Sunday at 11:00 am).

Thank you for entrusting us with such an important spiritual discipline.

HOLIDAY GRIEF: On Tuesday, December 8th, at 7:00 p.m., all are invited to a special Zoom event on Holiday Grief and Stress. This is for those who are dealing with grief, stress, and especially for anyone who has lost a loved one. Mark your calendars....more details to come.

BE SAFE...BE AWARE...BE WELL: DON'T FORGET- Wear a mask when out in public and remember “Social Spacing”, stay at least 6 feet to 10 feet away from others. Wash your hands with soap and water regularly-wash for at least 20 seconds (sing “Happy Birthday” twice or sing the “ABC song”). Use hand sanitizer that is at least 60% alcohol. Wipe down door handles, light switches, and surfaces with an alcohol based cleaner or Clorox wipe. Drink water throughout the day.

SUNDAY SCHOOL INFO: Join us in Sunday School, at 11:00 a.m. on Sundays. Log in and call in info is in the bulletin insert.

HEALING AND RECOVERY

Remember our sick & shut-in members with prayers, cards, visits, & calls and share this information with the Pastor and Deacons. Contact the church office with sick & shut in information.

HOSPITAL & CARE FACILITY		
Sis. Dorothy Blakeney	Parkview Health & Rehab Center	
	1716 Legion Road Chapel Hill, NC 27517	
Sis. Thelma Lee	Hillcrest Convalescent Center	
	1417 W. Pettigrew Street 27705	
AT HOME CARE		
Sis. Mary Bailey	1505 Palmers Grove Church Rd, Hillsbrough	27278
Sis. Mary Bolling	2200 N. Oakridge Blvd	27707
Sis. Betty Borden	718 Wortley Drive	27713
Min. Betty Brown	904 East Chatham Street, Apex	27502
Sis. Teresa Brown	710 Advancement Ave., Apt. L102	27703
Min. Rosa Centry	2417 Faucette Avenue	27704
Sis. Wilhemenia Foster-Long	309 Pearson Drive	27713
Sis. Mildred Gerald	6304 Amhearst Drive	27707
Sis. Mary Gilmer	205 W. Weaver Street	27707
Sis. Shirley Jackson	2420 Glenbrook Drive	27707
Sis. Mary Liverman	4302 Stonehenge Rd., Greensboro	28406
Bro. Frank Lloyd	7 Gwendolyn Circle	27703
Sis. Tiffany Martin	700-102 Falls Pointe Drive	27713
Sis. Eliza McCrimmon	1207 Gilbert Street	27701
Sis. Rachelle Nelums	723 Melanie Street	27704
Sis. Judy Randall	704 Berwyn Avenue	27704
Sis. Gwen Smith	1326 Elmset Lane	27713
Dea. John Smith	1405 Timber Wolf Drive	27713
Sis. Conya Thorpe	2801 Ross Road	27703

MINISTRY MEETING SCHEDULE

CFLR –Community Family Life Center at Lyon Park
CFR –Conference Room **CRM** -Choir Room
CR I -Classroom 1 **CR II** -Classroom 2 **CR III** -Classroom 3
FH – Fellowship Hall **LIB** – Library **Sanct**-Sanctuary

SUNDAY

7:00 am	Intercessory Prayer Service (4 th Sun)	Sanct
9:30 pm	Discipleship Orientation Class	LIB
1:15pm	Health & Wellness Ministry (2 nd Sun)	CR I
1:15 pm	Evangelism Ministry (2 nd Sun)	CR II
1:15 pm	Daughters of Calvary (3 rd Sun)	CR II
1:15 pm	Computer Ministry (2 nd Sun)	CR III
4:00 pm	Associate Ministers (each 2 nd Sun)	CR II
5:00 pm	Deacons & Trustee Ministry Mtg. (2 nd Sun)	CR III/LIB
6:30 pm	Official Leadership Team (2 nd Sun)	FH

MONDAY

6:00 pm	Tots of Praise Rehearsal (after 1 st)	CRM
6:30 pm	Psalms 150 (after 3 rd & 4 th Sun)	CRM
6:30 pm	Young Adult Choir (after 2 nd Sun)	CRM
6:30pm	Children's Church Committee (after 2 nd Sun)	LIB
6:30 pm	Sunday School Teachers (1 st Mon)	CR I
6:30 pm	Calvary's Anointed/Vessels of Praise	FH/Sanct
7:00pm	Entrepreneur Ministry (TBA)	CR III
7:00pm	Visionary Ministry (3 rd Mon)	LIB
7:30pm	Male Chorus (after 2 nd & 3 rd Sun)	CRM
7:30pm	Young Adult Choir (before 3 rd Sun)	CRM

TUESDAY

6:00pm	Scouting Ministry (every other Tues)	ALL AREAS
6:30pm	Hospitality Ministry (2 nd Tues)	CR I
6:30pm	Praise Team	CRM
6:30pm	Circle of Care (COC) (2 nd Tues-Quarterly)	LIB
6:30pm	Beauty for Ashes	LIB
7:00pm	Male Summit (Tuesday after 3 rd Sun)	LIB
7:30pm	Music Council (2 nd Tues)	CR II
7:30pm	The Encouragers (1 st Tues)	CR III

WEDNESDAY

12:00pm	Noon Day Prayer	LIB
6:45pm	Prayer and Praise Service	FH
7:00pm	Bible Study	FH & CR

THURSDAY

6:00pm	Nursery Ministry (1 st Thurs)	Nursery
6:30pm	Calvary's Anointed/Vessels of Praise	FH/Sanct
6:30pm	Beautification Committee (2 nd Thurs)	CR I
6:30pm	Couples' Ministry (4 th Thurs)	CR II
6:30pm	Youth Council (4 th Thurs)	CR I
6:30pm	ACT Ministry (3 rd Thurs)	CR I
6:30pm	Young Adult Ministry (3 rd Thurs)	CR II
7:00pm	Singles in Love with Christ (4 th Thurs)	LIB
7:00pm	Sunday Service Choir Rehearsal	CRM
7:30pm	Drama Ministry	CR III

SATURDAY

9:30am	Pearls of Praise (2 nd Sat)	CRM
10:00am	Scholarship Ministry (before the 2 nd Sun)	CR II
10:00am	PROJECT F.I.N.E.	CFLR
10:00am	Onesiphorous Prison Ministry (3 rd Sat)	CR I
10:30am	Deaconess Ministry (1 st Sat)	LIB/Sanct
11:00am	Senior Missionary Ministry (3 rd Sat)	LIB
11:00am	Senior Usher & First Aid Ministry (2 nd Sat)	CRM/ Sanct
11:30am	Culinary Arts Ministry (4 th Sat)	LIB

FROM THE PASTOR'S DESK



"Oh give thanks unto the Lord, for He is Good, His love endures forever." I hope that you all will have a wonderful holiday, which should be a time of "Thanksgiving" but, sadly, many have made it just "Turkey Day"! After our time of packing our bellies with turkey, stuffing, sweet potato casserole, and (for some) wild stuff ☺,...what's next? Are we truly LIVING IN A PLACE OF GRATITUDE? Are we preparing for Christ as we should be? We will soon celebrate the season of Advent...and we must keep our HOPE in the One that gives us purpose...the Coming Christ! Let's continue our commitment of being HIS Disciples. I'm raising the question, Who Are You? I believe it is high time that we unmask ourselves and stop trying to fake it 'til we make it! We must remember that our Authority is not in ourselves but in Christ!

It's important during this time to remember the who.....what.....why.....and when of thankfulness. WHO? We are a people of faith, thankful to the one true and living God. WHAT? We praise God for His many blessings, past, present and future. He doesn't have to do it, but He does...over and over. WHY? 'Cause as the song says, "Great is Thy faithfulness, Lord unto me!" He is GREAT and He is FAITHFUL.....that's why! He gives us what we need and showers us with grace, mercy and blessings. Our God is truly an AWESOME God!! And WHEN? All the time! As they say at The Well Fellowship Christian Church, our "thanksgiving" should be "THANKSLIVING"!!

We thank our Church Staff for hosting and serving at the Senior Lunch and Learn, financially sponsored by the Health & Wellness Ministry. Special thanks to those that came out to

volunteer for the event. The Staff has also been instrumental and supportive to Pastor as I have been recovering from some medical issues. I thank all of First Calvary for your support, prayers, and understanding. This has not been an easy journey for me, but God is still God and He is still my Guide. As Minister Carter shared on last Sunday, no matter what, I.... we...have to always REMEMBER, JESUS IS IN THE BOAT! I will not forget and I hope you will remember always that we remain "AN EXCITING CHURCH EXCITED ABOUT ITS MISSION!"

THE DEACON'S MESSAGE

Thanksgiving is a wonderful time to celebrate with family and friends. It is also a perfect time to honor God. Turkey, parades, television, and shopping soon to come should never eclipse the blessing of salvation we have received through Jesus Christ. When we think of the goodness of the Lord we should be thankful and celebrate with praise his mighty and wonderful acts. Psalm 106:1, NIV tells us the importance of praise and thanksgiving to God. *Praise the LORD. Give thanks to the LORD, for he is good; his love endures forever.* God is indeed good and the impact of his goodness translates into blessings for you and me. This does not occur one day out of the year, but everyday. In this season of giving thanks, we should remember everyday is a Thanksgiving Day to God who is eternally good to his children..

STEWARDSHIP STATISTICS

Our Tithes & Offerings must be \$34,315.00 per Sunday to meet our budget. Thank you for giving!

November 15, 2020

Bible Study 54 Sunday School 136 New Members N/A
Early Worship N/A Worship Service (Streaming) 280

Tithes and Offering	\$6,392.64
Sacrificial Offering	\$300.00
Food Pantry	\$15.00
Sunday School	\$100.00
Online Giving	\$ 13,596.07
Total Giving	\$20,403.71



THE FCBC FOOD PANTRY IS ALWAYS ACCEPTING DONATIONS OF NON-PERISHABLE FOOD ITEMS, to include: jelly, peanut butter, pasta, pasta sauce, canned fruit and veggies, ramen noodles,

cereal, rice, dry beans, oatmeal, and tuna.

We also take small packs of ground beef and hot dogs.
THANK YOU FOR SUPPORTING THIS MINIST

CONGRATULATIONS to Minister Jerry & Sister Shelley Ann Love on the birth of their daughter! Sarah Joy Love was born on November 18th!

PASTORAL APPRECIATION MONTH

November 2020

SUN 1	9:30 AM	Worship Service Stream on Facebook & Website
4	11:00 AM	Sunday School on Zoom
7	7:00 PM	BIBLE STUDY Stream on Facebook & Zoom
SUN 8	11:00 AM	PASTORAL ANNIVERSARY DRIVE THROUGH
11	9:30 AM	29TH PASTORAL ANNIVERSARY Worship Service Stream on Facebook & Website
11	11:00 AM	Sunday School on Zoom
11	7:00 PM	BIBLE STUDY Stream on Facebook & Zoom
SUN 15	9:30 AM	Worship Service Stream on Facebook & Website
18	11:00 AM	Sunday School on Zoom
19	7:00 PM	BIBLE STUDY Stream on Facebook & Zoom
SUN 22	11:00 AM	SENIOR LUNCH & LEARN DRIVE THROUGH
25	9:30 AM	Worship Service Stream on Facebook & Website
26	11:00 AM	Sunday School on Zoom
27	7:00 PM	NO BIBLE STUDY THANKSGIVING CHURCH CLOSED
SUN 29	9:30 AM	Worship Service Stream on Facebook & Website
	11:00 AM	Sunday School on Zoom

TODAY'S MINISTRY THROUGH SERVICE

Music:	Praise Team
Director of Music Ministries	Minister Michael Dotson
Percussionist:	Brother Andre Sanders
Videographers:	Sister Hilary Fearington/ Sister Toni McIntosh

Join the Prayer Conference Call on Wednesdays at 7:00 a.m. (712-432-1001, code "494132935#"), Noon Day Prayer (Wednesdays), and Intercessory Prayer (4th Sundays, 7:00 a.m.)

If you are having a medical procedure, or are sick at home for over a week, please contact the church office so that Pastoral contact can occur as soon as possible or at your request.

LIKE US ON FACEBOOK:

First Calvary Baptist Church, Durham, NC

JOIN US FOR BIBLE STUDY....

Wednesdays, 7pm

Via the Church Facebook page

(First Calvary Baptist Church, Durham, NC) or on the Church website, www.firstcalvary.org



"An Exciting Church Excited About Its Mission"

Thanksgiving Blessings



Pastoral Appreciation Month

1311 Morehead Avenue ♦ Durham, NC 27707

☎ (919) 489-4184 ♦ FAX (919) 489-3565

www.firstcalvary.org

Fredrick A. Davis, M.DIV., D.D. Pastor

November 22, 2020

SUNDAY

Worship- 9:30am ♦ Sunday School-11:00am

WEDNESDAY

Bible Study-7:00pm

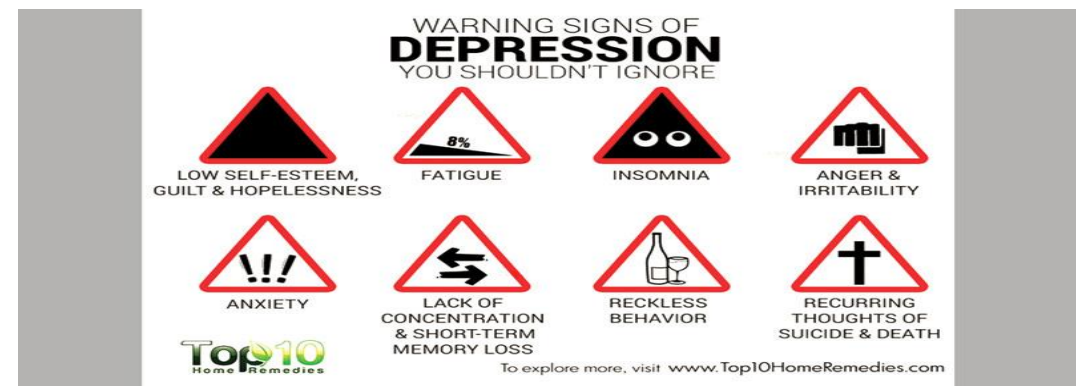
"EMPOWERING DISCIPLES WITH GOD'S VISION"

ARE YOU SAD OR ARE YOU CLINICALLY DEPRESSED?

DEPRESSION DURING THE PANDEMIC

A recent study revealed that there has been a dramatic increase in the number of adults reporting symptom of depression during the COVID-19 pandemic. In addition, recent news reports states that the virus is on the rise. It may be likely that things may get worse before they get better. This means that depression as well as other mood disorders may continue to go up.

If you are not sure what depression, looks like, feels like? These are some of the symptoms that the American Psychiatric Association Diagnostic and Statistical Manual (DSM-5) states are indicative of depression.



Symptom of depression:

Two or more of the following; eating too much or too little, sleeping too much or too little, low energy, feeling fatigue, feelings of sadness, poor concentration or difficulty making decision, feeling helpless or hopeless, and losing interest in things you use to enjoy. For children and adolescents’ moodiness and mood swings as well as irritability.

Some ways to avoid becoming a victim to depression especially during this pandemic.

1. Limit the time you listen or look at information regarding the pandemic or other troubling situations in the nation.
2. Develop a healthy eating plan with foods that give you energy.
3. If you must worry, write down your thoughts and try to change your negative thoughts into positive ones.
4. Get involved in physical activities like walking, dancing, or aerobic exercises.
5. If you feel you are depressed, seek professional help from a psychotherapist, psychologist, or psychiatrist.
6. Scripture says in Philippians 4: 8 & 9. “8...Whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of a good report; if there be any virtue, and if there be any praise, think on these things. 9 Those things, which you have both learned, and received, and heard... do: and the God of peace shall be with you.”