

KINDER LUNCH & SNACK

The Kindergartners will have Snack mid-morning and Lunch towards the end of the day.

Lunch: Kindergartners should pack a lunch every day keeping the allergies below in mind. During lunch time, we sit at our desks. We practice opening things on our own as a stepping stone towards 1st grade. We have about 25 minutes to eat lunch and are encouraged to eat their "growing food" first. Please be sure to pack a water bottle or drink with their lunch.

Snack: The children will take turns being "Snack Helper". The child's job will be to bring and serve a healthy snack that day (during COVID, the teacher will be handling the food with gloves but will find creative ways to include the Snack Helper in the process). If they are comfortable, they may say a prayer over the snack.

**IF POSSIBLE, PLEASE SIGN UP TO BE SNACK HELPER AT LEAST ONCE A MONTH.
THE KIDS LOVE TO BRING SNACK FOR THEIR BIRTHDAY, TOO!**

DUE TO FOOD ALLERGIES, BE SURE NOT TO BRING ANYTHING THAT CONTAINS THE FOLLOWING INGREDIENTS...PLEASE NOTE, THIS LIST MAY CHANGE IF WE HAVE NEW STUDENTS WITH ALLERGIES!

All Nuts/Peanut Butter

*****Due to COVID, **ALL SNACKS MUST BE STORE BOUGHT AND SEALED.** Please include the nutritional facts so we can check the ingredients. Thank you!

We will utilize SignUpGenius for our Snack Helper Sign-Up this year. Visit our website at www.ccpuyallup.com to access the link to your child's class. You should receive a reminder from SignUpGenius a couple of days before your child is scheduled to be Snack Helper.

Drinks are optional.

Birthday snacks are always fun, but try to make healthy choices if at all possible! For example, if your child wants to bring cupcakes for his birthday, maybe bring in mini-cupcakes and fruit to go with it...