



**UBC Bible Study**  
**Finding the right Balance**  
**For Believers**

# *WHAT IS FOCUS?*

*a state or condition permitting clear perception or understanding*

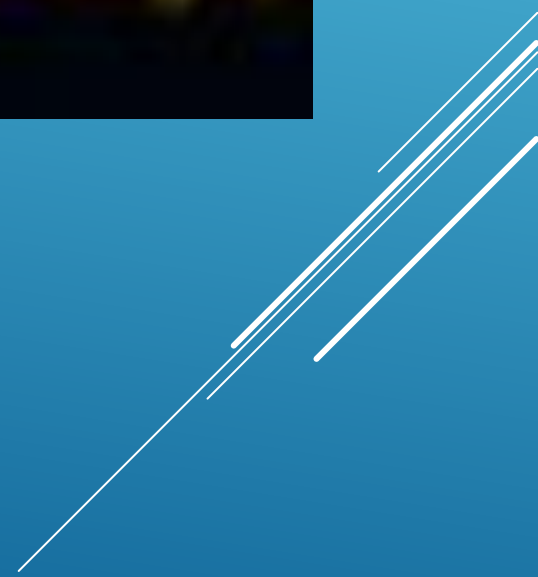
*a point of concentration directed attention :  
EMPHASIS*

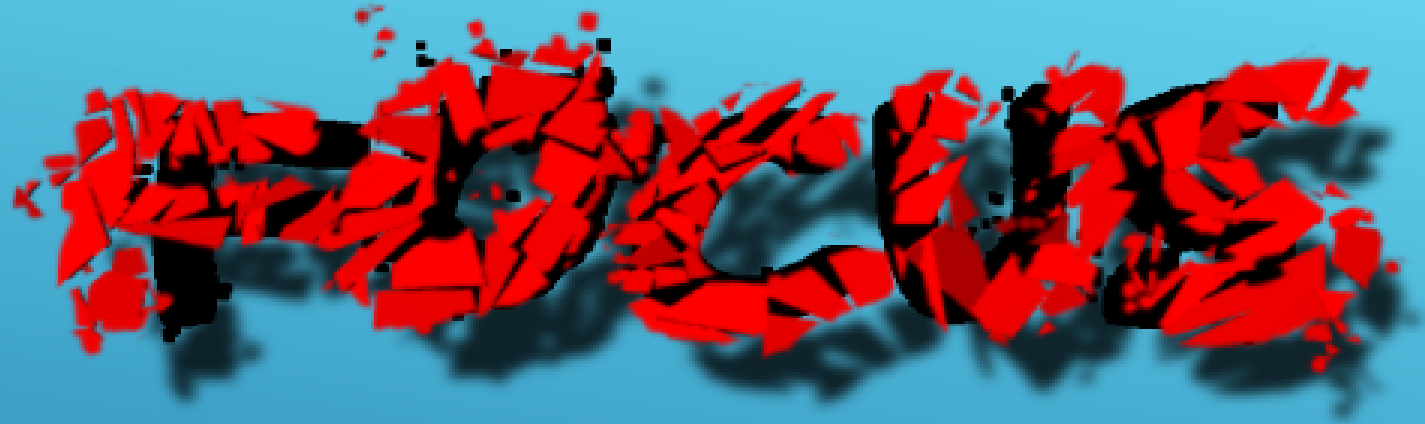
*a center of activity, attraction, or attention*

*adjustment for distinct vision; also : the area that  
may be seen distinctly or resolved into a clear  
image*



***FOCUS IS CRITICAL FOR THE  
BELIEVER IN JESUS CHRIST...***





***LESSON ON FOCUS FROM  
CHARLOTTE'S WEB...***





**WHEN WE ALLOW THE “RATS” TO STEAL FROM US (OFTEN WITHOUT FULL KNOWLEDGE) WE BECOME UNFOCUSED ON WHAT IS MOST IMPORTANT IN OUR LIVES...**



**DO YOU HAVE A “TEMPLETON”?**

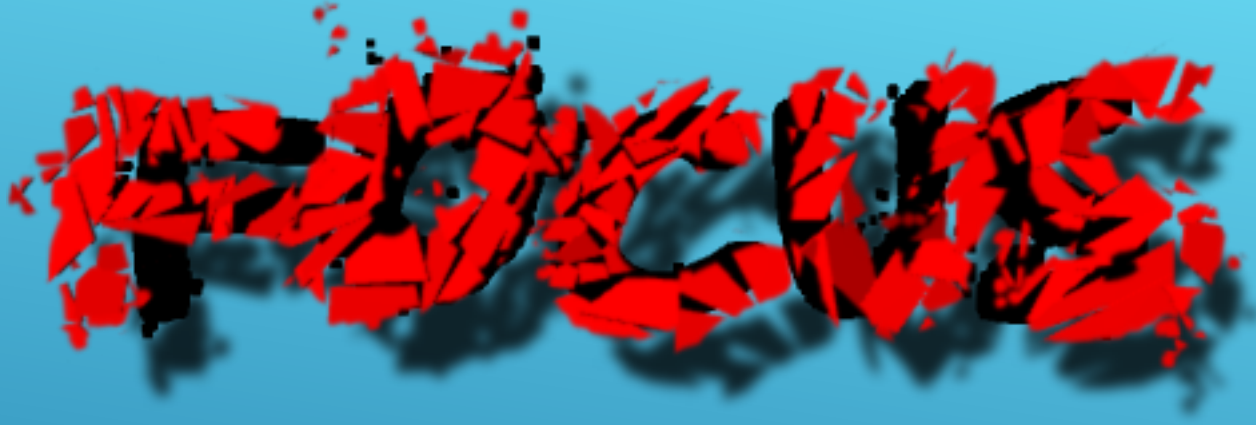
- STEALING YOUR JOY**
- SETTING UP CAMP IN YOUR MIND**
- ROBBING YOUR ATTENTION**
- CAUSING YOU TO FOCUS ON THE WRONG THINGS...**





**SATAN WANTS YOU TO FOCUS ON  
THINGS OTHER THAN WHAT GOD  
DESIRES OF US...WHICH TAKES US  
OUT OF FOCUS**





# **1. WE LIVE IN THE DIGITAL AGE!!!!**

**FACEBOOK**

**TWITTER**

**INSTAGRAM**

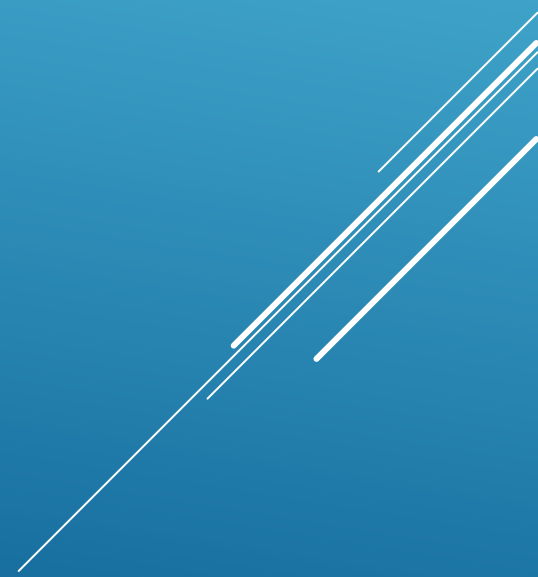
**SNAPCHAT**

**E-MAIL**

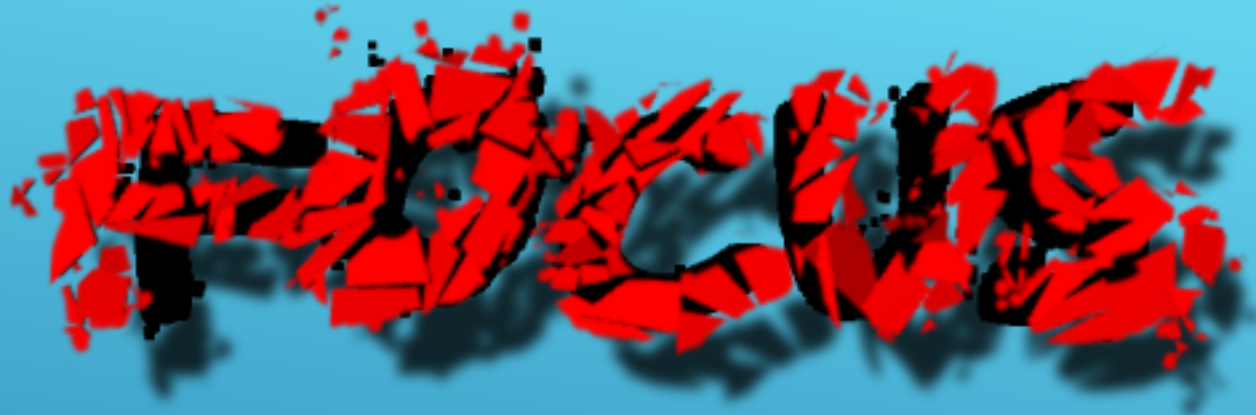
**I-MESSAGES**

**TEXTING**

**CELL PHONES ETC..**







**1. WE LIVE IN A MEDIA AGE**

**T.V                      INTERACTIVE MEDIA**

**MOVIES**

**YOUTUBE**

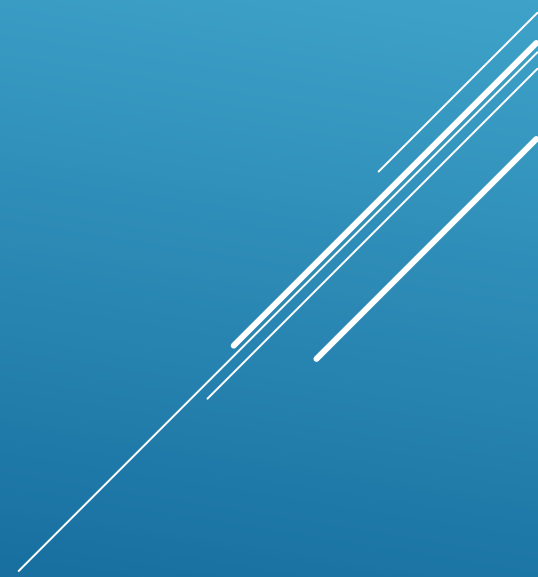
**ONLINE PORN**

**FACETIME**





**WHAT CAUSES YOU TO BE  
UNFOCUSED?**



***WHAT IS THE CORRECT  
FOCUS?***

**G. O. D.**

A series of white diagonal lines of varying lengths and thicknesses, located in the bottom right corner of the slide.

# WHAT IS THE CORRECT FOCUS?

God Exists:

Hebrews 11:6 (NLT)

<sup>6</sup> And it is impossible to please God without faith. Anyone who wants to come to him must believe that God exists and that he rewards those who sincerely seek him.

A series of white diagonal lines of varying lengths and thicknesses, starting from the bottom right corner and extending towards the top right, creating a sense of motion or a graphic element.

# WHAT IS THE CORRECT FOCUS?

God has a plan & purpose for our lives:

Jeremiah 1:4–5 (NLT)

<sup>4</sup> The LORD gave me this message:

<sup>5</sup> “I knew you before I formed you in your mother’s womb. Before you were born I set you apart and appointed you as my prophet to the nations.”

# WHAT IS THE CORRECT FOCUS?

*God wants us to know about His Plan:*

*Isaiah 30:21 (NLT)*

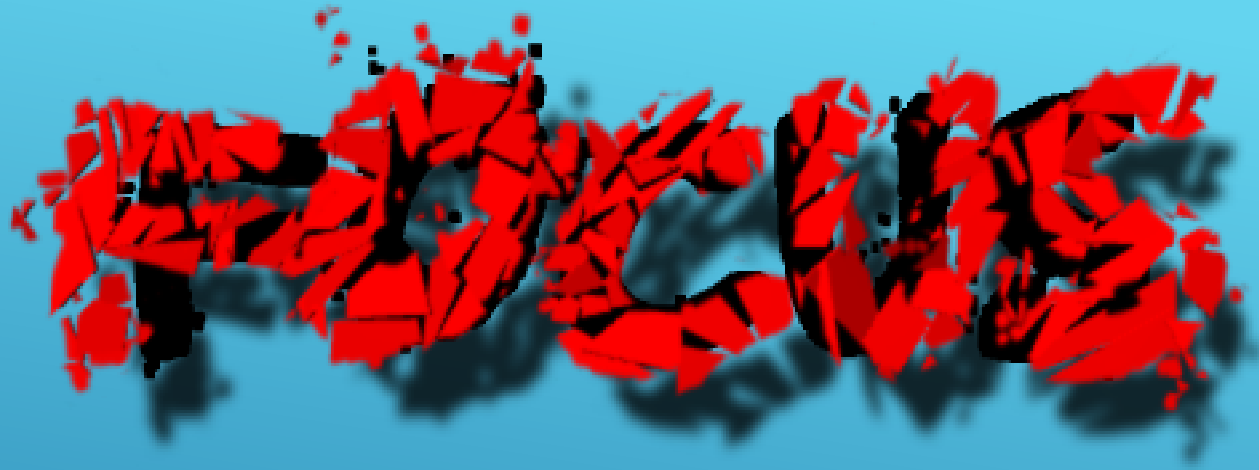
*21 Your own ears will hear him.*

*Right behind you a voice will say,*

*“This is the way you should go,”*

*whether to the right or to the left.*

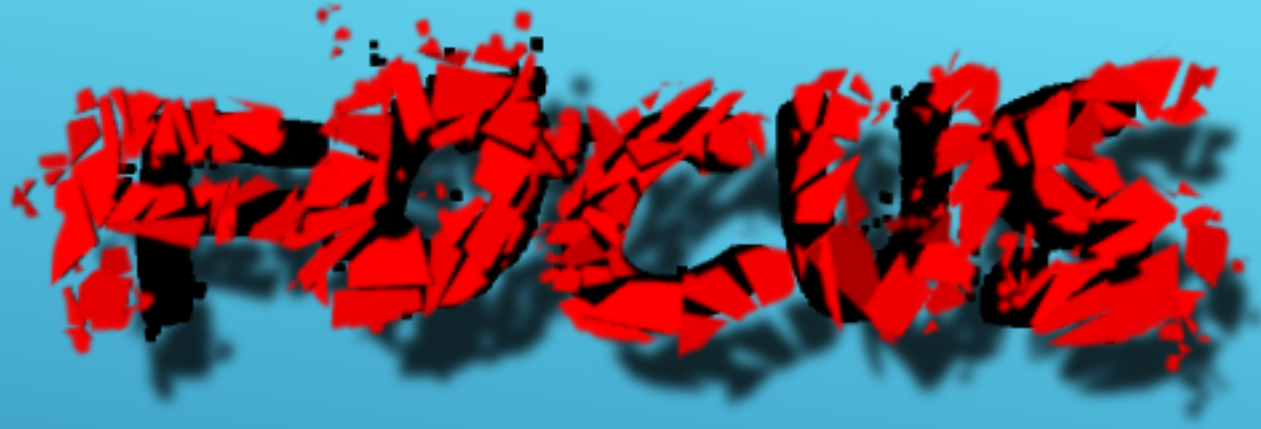




**FOCUS ON THE IMAGE OF GOD IN YOU...**

**GENESIS 1:26 (NLT)**

**26 THEN GOD SAID, "LET US MAKE HUMAN BEINGS\* IN OUR IMAGE, TO BE LIKE US. THEY WILL REIGN OVER THE FISH IN THE SEA, THE BIRDS IN THE SKY, THE LIVESTOCK, ALL THE WILD ANIMALS ON THE EARTH,\* AND THE SMALL ANIMALS THAT SCURRY ALONG THE GROUND."**

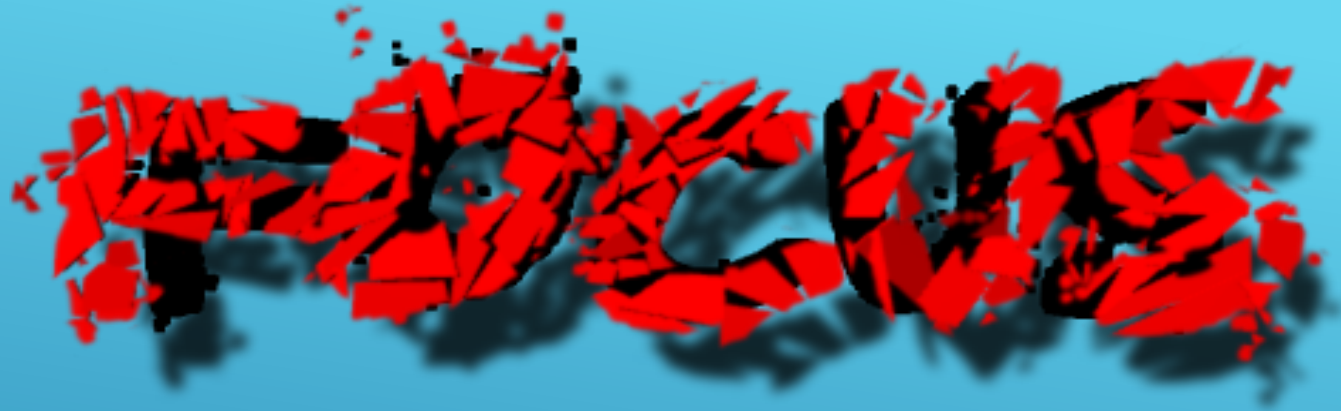


***FOCUS ON OUR OBLIGATION TO OTHERS***

***LEVITICUS 19:11 (NLT)***

***<sup>11</sup> “DO NOT STEAL.***

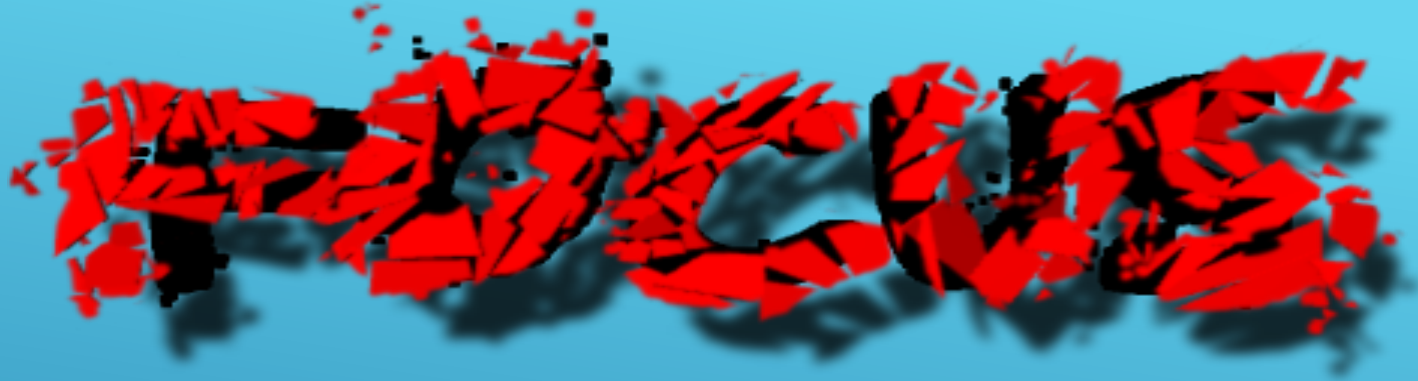
***“DO NOT DECEIVE OR CHEAT ONE ANOTHER.***



***FOCUS ON WHAT GOD HAS BROUGHT YOU OUT OF***

***MARK 7:21–22 (NLT)***

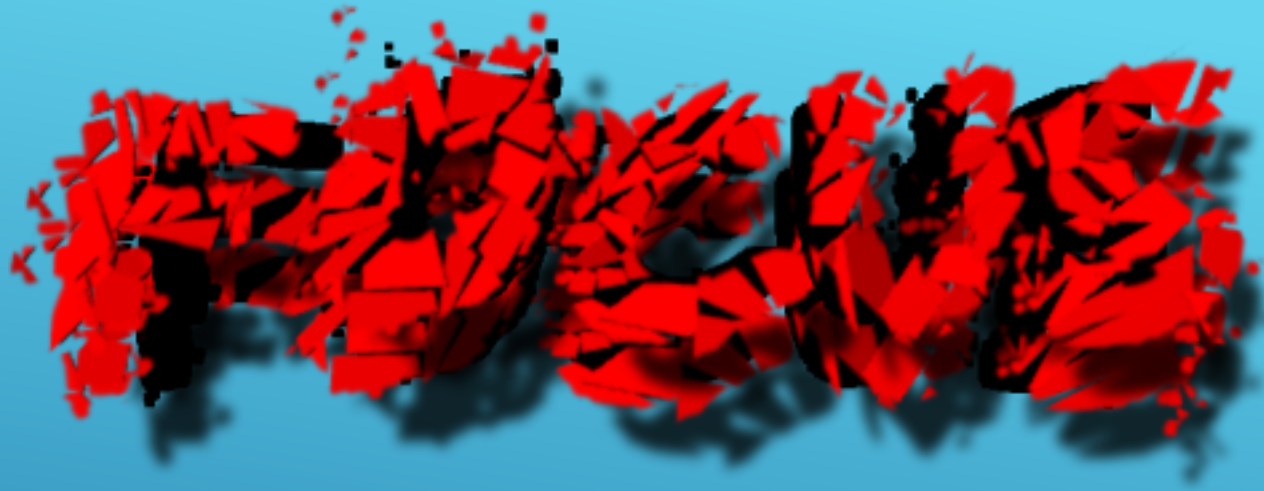
***21 FOR FROM WITHIN, OUT OF A PERSON'S HEART,  
COME EVIL THOUGHTS, SEXUAL IMMORALITY,  
THEFT, MURDER, 22 ADULTERY, GREED,  
WICKEDNESS, DECEIT, LUSTFUL DESIRES, ENVY,  
SLANDER, PRIDE, AND FOOLISHNESS.***



***FOCUS ON WHAT GOD HAS PLANNED FOR YOU***

***JEREMIAH 29:11 (NLT)***

***<sup>11</sup> FOR I KNOW THE PLANS I HAVE FOR YOU,” SAYS THE LORD. “THEY ARE PLANS FOR GOOD AND NOT FOR DISASTER, TO GIVE YOU A FUTURE AND A HOPE.***



What does the Believer's Focus look like?

Colossians 3:1-2 (NLT)

Since you have been raised to new life with Christ, set your sights on the realities of heaven, where Christ sits in the place of honor at God's right hand. 2 Think about the things of heaven, not the things of earth