

Coffee Talk

Week Eight

The Epistle of First Peter

~ Encourage ~

~ Strengthen ~

~ Share ~

You'll be *encouraged* as you hear each story of trial and growth, faith and grace, love and healing.

You'll be *strengthened* as you complete our simple and uplifting Bible study.

You'll *share* your growing joy and faith with others!

It's *contagious!*

Welcome!

We're glad you're here. Coffee Talk is the summer series for our Faith & Fellowship women's ministry at LMCC. Each week we meet and hear teaching from God's word as well as testimonies of women like you who have lived and moved through challenges and have found strength and hope in God and through His Word. We love to connect in person and online through social media.

Follow, Check-in, and join the online community!



@LMCCWomen



[/LMCCWomen](#)

Subscribe and listen to any study, lesson, testimony, teaching:



[YouTube.com/c/JenniferRichmond](https://www.youtube.com/c/JenniferRichmond)



DwellingRichly.Podbean.com

Get the PodBean app on your app store
Search for Dwelling Richly then follow

Discussion Questions

July 31 / August 1

Just for fun...

- When you splurge on dessert, what's your absolute favorite?
- What's the best chain restaurant? (not fast-food)

Think and share...

- Read James 5:1-6. What issues regarding wealth does James address here? This was written 2,000 ago, do you think people have changed much in what they deal with? Why are these sins so destructive to our relationships with God and others?
- Read James 5:16. Does this seem hard to do or easy or just new and untried? How can we be more open to this approach as sisters in Christ?
- Share something you learned, were challenged by, or found encouragement in from the previous week's study through James chapter four.

“Walking in Faith”

with Jennifer Richmond

Missed the live talk? Listen to the recording here:

www.DwellingRichly.podbean.com

- Notes -

-Notes-

Coffee Talk Summer Study

Week Seven ~ The Epistle of 1 Peter

This study is designed to offer daily time in the Word of God for the purpose of understanding better who God is and in so doing knowing ourselves and our purpose better. This is a simple, light study to give you an overview of Scripture and an exposure to thinking biblically and studying exegetically.

We'll read, think, pray, write, consider, and apply the truths and concepts we find in the Word of God. Use any version of the Bible you're comfortable with. I recommend the English Standard Version (ESV) Bible. You can also use a smartphone app, but getting the Bible into your hands will elevate your experience, so I strongly advise you use a good ol' fashioned Bible. Be willing to write and highlight and take notes in your Bible. Set aside time every day, and grow in the discipline of actual study. Join the online Bible study community, or study on your own. Amazing rewards await those who take the time to read and study God's Word.

Lots of ways to join the study in community:

- LIVE weekdays at 7am → www.Facebook.com/LMCCWomen
- The recording any time → www.DwellingRichly.Podbean.com or iTunes, podcast app, or
- www.YouTube.com/c/JenniferRichmond Subscribe to the YouTube channel

~ This Week's Focus ~

Living a life of faith begins at salvation, continues as we submit and is perfected as we persevere through suffering for the sake of the Gospel.

Overview:

- Day One – Read through 1 Peter
- Day Two – Chapter One
- Day Three – Chapter Two
- Day Four – Chapter Three – Consider completing in two sittings (AM/PM)
- Day Five – Chapter Four
- Day Six – Chapter Five

Day One – Read and Take Notes through First Peter

Read 1 Peter. Use the next pages to guide your reading. Write any notes, thoughts, questions, even drawings, that will help you engage and understand the Scripture. **Before you read**, pray that God would open the eyes of your heart to see clearly the wonders in His word ([Psalm 119:18](#)) and that He would give you wisdom (James 1:5) to grasp and apply what you are reading.

...Active Reading Notes...

Read the following eight prompts BEFORE YOU READ 1 Peter. Then, while you read, consider the following and write in your responses.

1. How would you describe the people who Peter wrote to? Include references for your answers:
 - a. Are they believers or unbelievers?
 - b. What issues are they facing?

c. Do you relate in any way? Explain:

2. What are the major themes or big ideas in this book? (Hint: Look for repeated words and ideas.)

3. Now that you have read through the entire book, what would you say are Peter's purposes in writing it? Be as specific as you can. (5:12)

4. What specific ways does Peter call these people to live distinctly from their culture? In addition, how does Peter provide Christ as an example for such a lifestyle throughout the book?

5. As you read, keep a list here as well as marking in your Bible, the many ways Peter addresses his readers.

Example: 1:1 "elect exiles", 1:14 "obedient children"

2:2 "newborn infants"; 2:9 chosen race, royal priesthood, holynation, people for his possession, 2:11 "sojourners and exiles",

6. Who is the author of this epistle? (1:1) _____

7. What was he a witness to? (5:1) _____

8. Who wrote out this epistle for Peter? (5:12) _____

Bonus

Make note here or in the margin of your Bible of any Old Testament references Peter makes in his epistle. There are at least 20! Doesn't this make you crave a better understanding of the Old when you read them quoted in the New? It does for me!

1 Peter →	Old Testament	1 Peter →	Old Testament
<i>1Peter 1:16</i>	<i>Leviticus 11:44</i>	<i>1Pe 2:22</i>	<i>Isa 53:9</i>
<i>1Pe 1:24, 25</i>	<i>Isa 40:6</i>	<i>1Pe 2:24</i>	<i>Isa 53:4, 5</i>
<i>1Pe 2:3</i>	<i>Psa 34:8, 9</i>	<i>1Pe 3:6</i>	<i>Gen 18:12</i>
<i>1Pe 2:4</i>	<i>Psa 118:22</i>	<i>1Pe 3:7</i>	<i>Pro 17:13</i>
<i>1Pe 2:6</i>	<i>Isa 28:16</i>	<i>1Pe 3:10, 11, 12</i>	<i>Psa 34:12-16</i>
<i>1Pe 2:7</i>	<i>Psa 118:22, 23</i>	<i>1Pe 3:14, 15</i>	<i>Isa 8:12, 13</i>
<i>1Pe 2:9</i>	<i>Exd 19:6</i>	<i>1Pe 3:20</i>	<i>Gen 6:3, 12</i>
<i>1Pe 2:9</i>	<i>Deu 10:15</i>	<i>1Pe 4:8</i>	<i>Pro 10:12</i>
<i>1Pe 2:9</i>	<i>Hsa 1:10</i>	<i>1Pe 4:18</i>	<i>Pro 11:31</i>
<i>1Pe 2:10</i>	<i>Hsa 2:23</i>	<i>1Pe 5:5</i>	<i>Pro 3:34</i>
<i>1Pe 2:17</i>	<i>Pro 24:21</i>	<i>1Pe 5:7</i>	<i>Psa 55:23</i>

Day Two – 1 Peter 1:1-25

Before you read, pray that God would open the eyes of your heart to see clearly the wonders in His word (Psalm 119:18) and that He would give you wisdom (James 1:5) to grasp and apply what you are reading. [Read 1 Peter chapter one](#). Review your notes and add any new insights, questions, or comments you have.

- To whom was Peter's epistle written? (1:1) _____
- What truth about the nature of God do you see in 1 Peter 1:2?
*according to the foreknowledge of **God the Father**, in the sanctification of the **Spirit**, for obedience to **Jesus Christ** and for sprinkling with his blood:
 May grace and peace be multiplied to you.
 God's triune nature.*
- What has God's great mercy caused to happen and how did He cause it? (1:3)
Born again to a living hope through the resurrection
- What are we born again to receive (describe it) and where is it kept? (1:4)
We receive an inheritance that is imperishable, undefiled, and unfading kept in heaven
- How does Peter describe the testing of our faith? (1:7)
so that the tested genuineness of your faith—more precious than gold that perishes though it is tested by fire—may be found to result in praise and glory and honor at the revelation of Jesus Christ.

6. In what ways is the testing of our faith in trials similar to the testing of gold in fire? (1:7)
 Read [James 1:3](#) and [1 Corinthians 3:13](#)
We will be tested and that testing will reveal if we are truly disciples
7. Peter was a first-hand witness to Jesus – His life, miracles, death, resurrection, and appearances after His resurrection. The “elect exiles” (1:1) to whom he is writing had never seen Jesus in person (1:8). What does he say about them and how they have responded to Jesus? Do you relate to them? How so?
 “You do have not seen Him...yet you:
Love him, believe in Him, rejoice with joy inexpressible, obtaining the outcome of your faith the salvation of your souls
8. From 1 Peter 1:3-12, summarize the basics of the Gospel of Christ – the good news of our salvation in Jesus Christ. Use the opening phrase “We have...” or “We are...” to help you. This will be a helpful exercise not only for you and your personal confidence in salvation, but also in sharing with others the wonderful gift they can have as a Christian.
For example: We have new birth (v3)
We have a living hope (v3)
We have an incorruptible, undefiled, unfading inheritance (v4)
We are guarded through faith and kept by the power of God (v5)
 (Continued)
Our salvation is ready to be revealed in the last time (v5)
We are temporarily grieved (v6)
We are subject to trials so our faith can be tested (v7)
We have not seen Jesus, but we love Him, believe in Him and rejoice with joy (v8)
We have a salvation that the prophets had prophesied about (v10)
We have this good news that was preached by the HS (v12)
We have what the angels longed to look upon (v12)
9. How does Peter describe the life that we, as followers of Christ, are called to live? Write key words and phrases from 1 Peter 1:13-25. Could you summarize it in one word?
v13 prepare our minds for action, be sober minded, set our hope on grace
v14 be obedient, don't be conformed to the passions of our former ignorance
v15 be holy
v17 call on Him as Father, conduct ourselves with fear
v18 know where we came from
v19 know where we're going (imperishable inheritance)
v22 purify our souls by obedience to truth, love with sincere brotherly love, from a pure heart

10. Read 1 Peter 1:24-25. What is the “good news that was preached to you”? Highlight this verse in 1 Peter as well as [Isaiah 40:6-8](#).

“The Word of the Lord remains forever.” From 1

11. As a child of God, you are redeemed. You don’t have to pay the penalty of your sin. Jesus paid the ultimate price for your sins! How does this fact motivate you toward holy living?

Interesting to Note

The Greek phrase Peter writes in 1:13, “preparing your minds for action” is literally translated: “girding up the loins of your mind” and is a word picture used only this one time in the Bible. Read [Exodus 12:11](#) where God instructs His people how they are to eat that first Passover in a manner of total readiness to get out of Egypt because of God’s impending deliverance. In the time of Peter’s writing and as far back as they could remember, men and women wore tunics. Tunics were cinched about the middle by a belt or girdle. They were comfortable and cooling in the heat of the land, but you can imagine that the tunic would get in the way when fighting or even completing chores. For example, when ancient Hebrew men had to battle or escape persecution they would lift the base of their tunic and tuck it into their belt or tie it in a knot to keep it off the ground. Now they basically had a pair of shorts that allowed them to move. So, saying, “gird up your loins” was to tell the people to get ready for hard work or battle. Consider Peter’s interesting and descriptive phrase here. He is telling us to do the same with our mind. Get ready for battle! Don’t let anything hinder you! As you continue through 1 Peter, notice other ways he connects how God’s people were (Old Testament) to how God’s people now are (New Testament.)

Day Three – 1 Peter 2:1-25

Before you read, pray that God would open the eyes of your heart to see clearly the wonders in His word (Psalm 119:18) and that He would give you wisdom (James 1:5) to grasp and apply what you are reading. **Read 1 Peter chapter two.** Review your notes from day one, and add any new insights, questions, or comments you have.

- Peter uses the metaphor of an infant craving milk to describe how Christians should be. He also sets apart five negative behaviors from how one who has “tasted that the Lord is good” should behave. Summarize his point from verses 1-3 and write out the five negative behaviors:

Summary:

You used to live like this, but you are like newborns who’ve tasted the good life and you would never go back.

Five negative behaviors:

1) _____ 2) _____ 3) _____
4) _____ 5) _____

Malice, deceit, hypocrisy, envy, slander

- Highlight [1 Peter 2:2-3](#) and [Psalm 34:8](#) in your Bible (Continued on the next page)

3. If someone has **genuinely** “tasted and seen that the Lord is good”, do you think it is possible for them to let that go or reject God? Why or why not? (Consider [Hebrews 6:4-6](#) if you’re not sure.)

*No, and if they do seem to let it go, then they never really did taste it
Hebrews 6:4-6*

4. Peter reminds the reader that Jesus is what? (2:4-8) _____

The cornerstone

5. How do those who “do not believe” respond to Jesus?

They rejected Him,

6. To the unbelievers, what does Jesus become? (2:8)

A stone of stumbling, a rock of offense

In contrast, how does God see Jesus? (2:4, 6a)

Chosen and precious

7. Whom does the “but you” refer to in 2:9? (Hint: Read 1 Peter 1:1) _____

exiles

8. How does Peter describe them (4 ways) and what their purpose is? (2:9)

You are a... *(chosen race, royal priesthood, holy nation, people for His own possession)*

1) _____

2) _____

3) _____

4) _____

Your purpose is that you may...

Proclaim the excellencies of Him who called you out of darkness

9. Peter takes care to remind his readers who they were and where they’ve come from and compares that with who they are now, what they have, and where they’re going. From [1 Peter 2:1-12 & 25](#) write out some of these distinctions:

Who We Were	Who We Are Now	Where We Are Going

10. In our flesh (when our lives are ruled by our sinful desires), our lives are characterized by what traits and behaviors? Use some listed in this chapter and any of your own thoughts as well:

11. Peter lays out a different life for the true servant of Christ in [2:13-19](#). Write out the behavior traits that mark the life of a Christian from these verses:

Some verses are packed with several admonitions. Don't forget any! 😊

v13 Be subject to every human institution

v15 Do good so you will put to silence the ignorance of foolish people

v16 Live as people who are free, Don't abuse your freedom for selfish gain

v17 Honor everyone, love the brotherhood, fear God, Honor the emperor

v18 be subject to masters with respect

v19 endure sorrows while suffering unjustly

12. How has Christ shown us by His example how we are to live? [1 Peter 2:21-25](#)

For further understanding of who Jesus was and is for us, read [Philippians 2:5-11](#). Peter weaves the teachings from Isaiah's prophetic description of Jesus the Messiah in the final words of this chapter. Read [Isaiah 53:5-9](#) and highlight this passage in your Bible as a definitive prophecy fulfilled in Jesus Christ.

Day Four – 1 Peter 3:1-22

Today's lesson is longer than usual and you may want to take it in two sittings. Before you read, pray that God would open the eyes of your heart to see clearly the wonders in His word (Psalm 119:18) and that He would give you wisdom (James 1:5) to grasp and apply what you are reading. [Read 1 Peter chapter three](#). Review your notes from day one, and add any new insights, questions, or comments you have.

~Part 1~

1. Review: To whom was this epistle (letter) address?
| Believers or Non-Believers
2. Therefore, when Peter addresses "wives" in 3:1, what kind of wives is he talking to?
| Believing wives or Non-Believing wives
3. Read 1 Peter 3:1-2, 4. In what way is he admonishing believing wives to "win" their husbands? (Review chapter 2 for more details on this way of life.)
| *By their conduct*
4. Contrast and summarize the appearance/behaviors of "adorned" women – The "external" vs "hidden person."
| *Dressing up to impress by outward appearances*
| *Gentle, quiet spirit – precious in God's sight*

5. In what way is he admonishing believing wives to NOT “win” their husbands? (1 Peter 3:3)
 | *By the way they adorn themselves*
6. How does God feel about the woman with a gentle and quiet spirit? (3:4)
 | *Precious in God's sight.*
7. Who else has been described as “precious” to God? (1 Peter 2:4) _____
8. How are women who “hope in God” adorned? (1 Peter 3:5-6)
 | *By submitting to their own husbands, calling him lord, do good, do not fear anything*
 | Is there any part of you that resists this concept? Explain.
 | *Yes. I don't like my husband and his will sometimes. It goes against my nature to submit. I want my own way. I'm fearful that his way won't be God's way.*
9. What is Peter's admonishment to the husbands? Note that he begins the section with what word: _____ which implies what?
 | *Likewise - implying they need to have the same attitude of submission.*
 | Outline the two admonishments and the rational/warning (the “or else” statement if you will) to husbands in 1 Peter 3:7
 | *Live with your wives in an understanding way*
 | *Show honor to the woman*
 | *Or else, your prayers will be hindered.*
10. Read 1 Peter 3:8. “Finally” is a word that signals what to the reader?
 | *Here's the summary of all that I've been saying*

~ Part 2 ~

11. Read 1 Peter 3:8-16 Summarize by listing the distinct behaviors Peter is asking “all of you” (that means us too) to have:
 | *Unity of mind, sympathy, brotherly love, tender heart, humble mind, not vengeful, bless others, suffer for righteousness, have no fear, honor Christ, be prepared to answer why you have such hope, be gentle, respectful, good conscience.*
12. How would you say that these behaviors stand in contrast to the way the “world” behaves at home or in the workplace and the way the obedient Christian does?
 | *The world is literally motivated by the exact opposite behaviors. An obedient Christian should exemplify all of these.*

13. What are we to do with Christ in our hearts? (3:15)

Hint: Read this in several versions to help with clarity.

Honor Christ as holy in our hearts

14. Why would anyone “ask you for a reason for your hope”?

Because, in spite of all that you are going through you are of high moral and spiritual behavior when you should, by all rights, be all the opposite.

15. What distinction in “suffering” does Peter make in 3:17 and in 2:20?

One is suffering for doing good and the other is getting punished for doing evil.

16. Memorize 1 Peter 3:18 as one of the most succinct descriptions of purpose and plan for Christ's death and resurrection. Write it here then paraphrase it:

“For Christ also suffered once for sins, the righteous for the unrighteous, that he might bring us to God being put to death in the flesh but made alive in the spirit.”

*Remember that Christ the just suffered for us the unjust, to bring us to God. That meant the death of his body, but he came to life again in the spirit.
(Phillips)*

17. Read 1 Peter 3:9-22. How does baptism relate to Noah being spared in the ark?

Noah was spared for his obedience and faith. The water is a symbol of that sparing. What drowned the others saved him.

18. What did Jesus do after he had resurrected and was “in the spirit?” (3:19)

He proclaimed to the spirits in prison

Why? (v20)

Does this mean they (the ones He proclaimed to) were given a second chance to repent? Explain. (Read [Hebrews 9:27](#) for refresher on the foundational truth taught in God's Word about what happens after we die.)

No. we are given one chance. After we die comes the judgment.

19. Does baptism save us? Explain. (Keep in mind the context of this passage that Peter is addressing believers who are being persecuted, admonishing them to remain obedient, and reviewing with them the truth – like you just did in #16 – of the resurrection of Christ.)

No. Baptism is an appeal to God for a good conscience through the resurrection of Jesus.

If you have completed this entire lesson, congratulations. It was a doozy! This is arguably one of the most discussed chapters in the Bible for it's challenging statements. I'd love to hear from you about your thoughts on this portion of our study. You can email me at jennifer@lamiradadchurch.com . If you have any questions or comments about what we've read and studied today, I'd love to hear from you.

Day Five – 1 Peter 4:1-19

Before you read, pray that God would open the eyes of your heart to see clearly the wonders in His word (Psalm 119:18) and that He would give you wisdom (James 1:5) to grasp and apply what you are reading. [Read 1 Peter chapter four](#). Review your notes from day one, and add any new insights, questions, or comments you have.

1. What are we to do since “Christ has suffered in the flesh?”
| *Arm ourselves with the same way of thinking*
2. What is this “way of thinking” that Christ had? Consider 1 Peter 2:21 and [Philippians 2:1-8](#)
| *Suffer for Christ, don't think more highly of ourselves than we ought. Be humble as Christ was humble, submit to the will of the Father*
3. What does Peter mean in verse 1 when he says that “he who has suffered in the flesh has ceased from sin”? Is he saying that if we suffer we are now sinless? Consider the following to support your answer:
| [Ecclesiastes 7:20](#); [Romans 6:5-7](#); [1 John 1:8-9](#); [3:9](#)
| *No, we are still sinners, yet we are being made like Christ. We are being sanctified through our righteous suffering*
4. How do the true followers of Christ “surprise” the rest of the world by their behaviors and what will they ultimately do with what they have seen in you? (4:4-6)
| *They are surprised because you don't act the way of the flesh. They will give an account to him who is ready to judge the living and the dead.*
5. Read 1 Peter 4:6
| Considering the final phrase of this verse, who are “those” who are dead?
| Believers or Non-Believers
| How have those who are dead been judged? _____
| How will they then live? _____
| So, is this verse referring to dead sinners getting a second chance or to believers who, having suffered, are alive in the spirit? Explain:
| *These are believers who are now alive in the spirit.*
6. Read 1 Peter 4:7-11 How should the knowledge that the “end of all things” is at hand influence us as believers?
| *We should be self-controlled, sober minded, loving one another, show hospitality, no grumbling, serve, be good stewards,*
7. Note Peter’s admonishment to behave in a particular way for “the sake of your prayers” and relate this to his earlier admonishment to husbands in 3:7. What does this tell you about the impact of our behavior on our prayer life?
| *Our bad behavior can hinder our prayers*
| *(Continued on the next page)*

8. How should one who speaks and one who serves behave? (4:11)

One who speaks as one who speaks oracles of God

One who serves serve by the strength of God.

How will this reminder impact the way you speak or serve in the future?

9. How does God view suffering? (1 Peter 4:12-19)

10. How should Believers respond in suffering? Consider also James 1:2-4 and 1 Peter 1:7

11. Have you been surprised by a trial in your life? If so, how did you respond at the time?

How would you respond differently based on your studies through 1 Peter?

Why not reach out to a friend for prayer and accountability in this. Close your time in prayer and ask God to make you more like Christ in this area. Then ask a friend to hold you accountable for growing in this way. Pray with someone who you can trust and who will be like-minded in your desire to “honor Christ the Lord as holy” in your heart today.

Day Six – 1 Peter 5:1-14

Before you read, pray that God would open the eyes of your heart to see clearly the wonders in His word (Psalm 119:18) and that He would give you wisdom (James 1:5) to grasp and apply what you are reading. [Read 1 Peter chapter five](#). Review your notes from day one, and add any new insights, questions, or comments you have.

1. How are the elders to lead the flock?

Like a shepherd, exercising oversight willingly not for gain, with humility, by example

2. Who is the Chief Shepherd? _____ What are some ways we’ve seen His example?

3. How are the younger ones to behave?

4. Compare 1 Peter 5:4 and James 1:12. What does the crown of glory refer to?
|
5. Compare 1 Peter 4:1 and 1 Peter 5:5b. We are to “arm” ourselves and “clothe” ourselves. How are they different? What visual imagery does this bring into your mind? Write or draw a picture to illustrate your understanding of these two verses and our life as believers:
|
6. How does the devil’s behavior compare to the believer’s? (1 Peter 5:8-9)
|
7. Compare James 4:7-10; 2 Corinthians 11:14, and 1 Peter 5:9. From these verses and any others the Lord brings to mind, write an action plan in regards to the devil’s strategy in your life:
|
8. What four specific promises does Peter give those who “suffer a little while?”
 God will:
 1) _____
 2) _____
 3) _____
 4) _____
9. Compare the role/rule of Satan and that of “the God of all grace” (5:8-11)
|
10. What a great time together in the Word we’ve had. Take a moment to review 1 Peter and write here a key verse that has been helpful and encouraging to you in your daily walk the Lord:
|

*You are loved
and prayed for.*

