

CDC Guidelines

The information below is from the CDC website pertaining to those who should get tested, what to do with a positive test result, and what to do with a negative test result.

Considerations for who should get tested

- People who have symptoms of COVID-19
- People who have had close contact (within 6 feet of an infected person for at least 15 minutes) with someone with confirmed COVID-19
- People who have been asked or referred to get testing by their healthcare provider, local external icon or state health department

Not everyone needs to be tested. If you do get tested, you should self-quarantine/isolate at home pending test results and follow the advice of your health care provider or a public health professional.

If You Test Positive for COVID-19

What to Do If Your Sick

If you have a fever, cough or [other symptoms](#), you might have COVID-19. Most people have mild illness and are able to recover at home. If you think you may have been exposed to COVID-19, contact your healthcare provider.

- Keep track of your symptoms.
- **If you have [an emergency warning sign \(including trouble breathing\)](#), get emergency medical care immediately.**

See PDF of 10 Things You Can Do at Home to Manage COVID-19 Symptoms.

If You Test Negative for COVID-19

If you test negative for COVID-19, you probably were not infected at the time your sample was collected. This does not mean you will not get sick:

- A negative test result only means that you did not have COVID-19 at the time of testing or that your sample was collected too early in your infection.
- You could also be exposed to COVID-19 after the test and then get infected and spread the virus to others.
- If you have symptoms later, you may need another test to determine if you are infected with the virus that causes COVID-19.

Samoan Christian Fellowship Process

- When there is a confirmed case of COVID-19, the affected person(s) and their household will need to self-isolate for at least 14 days.
- If the individual affected has been on campus within the last 10 days, the SCF facility will be closed and sanitized thoroughly before reopening.
- People who have had close contact (within 6 feet of an infected person for more than 15 minutes) with someone with confirmed COVID-19 will be notified, encouraged to test, and watch for symptoms over the next 14 days. Please inform Doreen Taumua of your confirmed test results immediately and current contact information for contact tracing purposes.
- For individuals who have tested positive, follow CDC guidelines as well as provide proof of your negative test result before returning to SCF campus.
- For individuals who have tested negative, please follow CDC guidelines.
- For more information about COVID-19 check out the Centers for Disease Control and Prevention (CDC) website – www.cdc.gov.