**LESSON NINE – AN ATTITUDE OF GRATITUDE**

**Psalms 95:1-7; Col. 2:6-7**

**OPEN IT: What are the two things you are most grateful for and why? DIG INTO IT:**

**1. Read Psalms 95:1-7 and answer the following questions:**

**a) What two specific expressions of praise does the Psalmist encourage? (v. 1)**

**b) What five titles are given to God?**

**v. 1a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**v. 1b \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**v. 3a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**v. 3b \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

 **v. 6b \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**c) In what specific ways do these titles themselves (above) express thanksgiving to God?**

 **2. Read Col. 2:6-7 and answer the following questions:**

 **a) Pay close attention to the phrases “just as” and “continue” (v. 6). What is the connection here?**

**b) How does living for Christ demonstrate an attitude of thanksgiving to God? (v. 6)**

**c) Who strengthens us? Is it God, ourselves, or perhaps a combination? (v. 7) Explain your answer:**

**d) What practical steps can be taken to be “rooted and built up” in Christ? (v. 7)**

 **e) In what way can practicing these steps lead to an overflow of thankfulness to God? (v. 7) Is it automatic?**

**REFLECT ON IT:**

**1. Do you ever literally sing and shout Thanksgiving to the Lord? Why or why not?**

**2. Is it easy or difficult for you to remember to thank God on a regular basis? What do you thank Him for most often?**

**3. What do you do to keep your expressions of thanksgiving from becoming just a dry, boring routine?**

**4. If you could see yourself through God’s eyes, do you believe He would feel that your life and your words were an adequate expression of thanksgiving to Him?**

**5. What do you need to do differently in your life to demonstrate that you are truly grateful to God?**

**6. As a group, take the time to pray for each other’s needs, but also take time to express your thanksgiving and praises to God:**

**PRAY ABOUT IT: “I have lived to thank God that not all my prayers have been answered.” ~ Jean Ingelow**