LESSON FIVE

OVERCOMING SIN

Read: James 1:13-15,18; 1 John 5:4-5; Rom. 8:8-9

What was one of your biggest struggles as a teenager?

1. Read James 1:13-15 and answer the following questions:

1. What is sin? What synonyms for sin can you name as a group? List them:
2. Where does our personal sin find its origin (in other words, who is to blame)?
3. Explain in practical terms the process of conception and birth as it relates to sin?

How does it compare with the “birth” language in James 1:18?

1. Read 1 John 5:4-5 and answer the following questions:
2. Is this “overcoming of the world” in the present, future, or both? Explain your answer:
3. Does Jesus give us the power to overcome; does He overcome for us, or both? Please explain:

3. Read Romans 8:8-9 and answer the following

questions:

1. Do we choose who/what we will be controlled by? How or how not?
2. What would be some practical examples you could give of a person living under the control of the Holy Spirit? (Hint: Gal. 5:22-23)
3. Is it possible to be partly controlled by the sinful nature and partly controlled by the Spirit? If so, explain the type of turmoil a person would go through in this type of condition?

REFLECT ON IT:

1. Knowing the incredible price Jesus paid for the forgiveness of our sins, how do you think He feels when we continue to sin?
2. Do you think we take sin as seriously as God does?
3. Has there ever been a time in your life where you no longer felt the struggle between committing sin or living in righteousness?
4. How has God equipped you to overcome sin in your life?
5. Share with us a time when God has helped you to overcome a particular sin in your life? How did He do it?
6. Do you describe yourself as a sinner saved by grace, or as a saint who occasionally sins? Why?
7. What are you struggling with now that we can pray about as a group?

PRAY ABOUT IT: “We can be tired, weary and emotionally distraught, but after spending time alone with God, we find that He injects into our bodies energy, power and strength.” ~ Charles Stanley