

**PHBC Corporate
Bible Study 2020**

**Psalms:
Managing Our Emotions**

Wednesday, August 5

**Anger: When Your Back is
Against the Wall**

Psalm 79:1-13

Wednesday, August 12

**Outrage: When Your Heart is
Filled with Revenge**

Psalm 137:109

Wednesday August 19

**Restlessness: When You Still Haven't
Found What You're Looking For**

Psalm 42:1-11

Wednesday, August 26

**Contentment: When Your
Soul Is At Rest**

Psalm 62:1-2