



Faith Christian Assembly

October Newsletter



October 1, 2026

Inside this issue:

The Playground by Earlene Leming	2
Words of Life by Pastor Sheri Leming continued	2
October Calendar	3
Words of Life continued	3
Letter from Pastor Sheri	4

Wonderful Words of Life *by Pastor Sheri Leming*

Gracious words are a honeycomb, sweet to the soul and healing to the bones. ~ Proverbs 16:24 NIV

I think we all would agree that gentle, gracious words are soothing to our minds and hearts. So, it is not surprising that they would also be healthy to the body. In Biblical times honey was not only considered a luxury, but it was used among the Israelites as medi-

cine. It would be worth our time to consider our words, especially our use of "pleasant words" in which Wisdom speaks.

Proverbs 15:30 NIV: "Light in a messenger's eyes brings joy to the heart, and good news gives health to the bones."

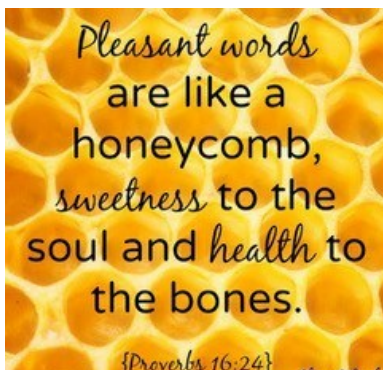
There is a story in the Old Testament about a time when Jonathan, weary from battle, came

across some honey. What a difference it made in his strength. 1 Samuel 14:29: "See how my eyes brightened when I tasted a little of this honey."

In the same way, a good word has the ability to strengthen those who are weary...

Proverbs 15:23 NIV: "A person finds joy in giving an apt reply— and how good is a timely word!"

Continued page 2



The Playground *by Earlene Leming*



Earlene Leming

Trips to women's prisons took many hours of driving. Recently, I've discovered watching baseball games on television also takes many hours. My route in this story goes down "Memory Lane"! In the 1950's, I earned my college tuition as Playground Director for an elementary school. My job was to organize and oversee games and sports after school and during the summer. It was not only fun, but it taught me Bible TRUTHS to last a lifetime. Apostle Paul has wise advice in Philippi-

ans 3:13, 14 ..."Forgetting those things which are behind, and reaching forth unto those things which are before, I press toward the mark for the prize of the high calling of God in Christ Jesus." It does NOT matter how the situation looks at the moment. STAY FOCUSED and keep going. Things can change. It is NOT how you START, but how you FINISH.

On the playground, I learned to give prizes for every event...even kite and marble contests! We won

baseball games by "hope and loud cheers!" Some of the kids returned each summer to play for our teams and made the All-City Playoffs. One boy, David Marshall, became a professional with the New York Mets. My son collected his baseball card in the 1960's!

God planned for us to be OVERCOMERS. FORGET old fearful words, FOCUS on the prize, and "CHEER with HOPE" in God's Promises. You can be a WINNER!

~ Earlene

Wonderful Words of Life *continued from page 1*

Unfortunately, some do not find joy in giving a timely word. For them it is like speaking a language that is foreign to them. Part of the story out of 1 Samuel 14 involved King Saul prohibiting his men from eating until evening, even though they were weary and hungry. 1 Samuel

14:31 tells us, "They were very faint."

I believe we can safely assume that there are those in our circle who may be loaded down with care and feeling faint. It is a good idea for us to consider what we can do for them. What does God's Word instruct us to do for them?

Proverbs 3:27 NJKV, has an exhortation for us...

"Do not withhold good from those to whom it is due, when it is in your power to act."

1 Peter 4:10, NLT: "God has given each of you a gift from His great variety of spiritual gifts. Use them well to serve one another."

Continued page 3

October Calendar

SUNDAYS

Service Time: 10:30am

October 4 — Communion Service

MONDAYS

Office Closed

TUESDAYS

Office and Library Hours
10:00am to 4:00pm*

WEDNESDAYS

Bible Study 11:00am



THURSDAYS

October 15 — 1:00pm
Men's Ministry and
Touch of Love Women's
Ministry meetings

FRIDAYS

Church Office Hours
10:00am to 4:00pm*

*call for appointment

Words of Life *continued from page 2*

So, the question we need to ask ourselves is, am I going to live like Jonathan and run to the honeycomb for words that will bring healing to others? Or will I respond like King Saul and withhold honey from those who are faint?

Proverbs makes it clear, there are life-giving words and there are deadly words...

Proverbs 18:21 NKJV: "Death and life are in the power of the tongue, and those who love it will eat its fruit."

Take a look at the wisdom of Moses' farewell exhortation to the Israelites...It is a great word for us too!

Deuteronomy 30:14-16 NJKV
"But the Word is very near you, in your mouth and in your heart, that you may do it. See,

I have set before you today life and good, death and evil, in that I command you today to love the Lord your God, to walk in His ways, and to keep His commandments, His statutes, and His judgments, that you may live and multiply; and the Lord your God will bless you..."

~ Pastor Sheri



13820 Seal Beach Blvd
P.O. Box 3444
Seal Beach, CA
Phone: 562-598-9010
Email: contact@fcachurch.net

Visit us on Facebook!
facebook.com/FCACHurch



From the Desk of Pastor Sheri Leming ~ October 1, 2026

Fall has arrived in all its beauty! I am so thankful to live in a world that has Pumpkin Spice Latte's! Aren't you? God's majestic beauty is on full display as we slow down long enough to see the colors, enjoy the scents and the crisp fresh air of Fall! Ecclesiastes 3:11: "He has made everything beautiful in its time. He has also set eternity in the human heart; yet no one can fathom what God has done from beginning to end."

Gary and I have just returned from Grace International's Regional Conference in Orange. It is always a rich time to gather

with other pastors and enjoy some much needed fellowship as we worship together and enjoy times of prayer and the Word of God.

Please join us for Bible Study every Wednesday @ 11am. This month we are going through the Book of Ephesians. God's Word shows us His plan for the way we should walk around this world as He draws others to Himself. Ephesians 3:20-21, NIV: "Now to Him who is able to do immeasurably more than all we ask or imagine, according to His power that is at work within us, to Him be glory in the church

and in Christ Jesus throughout all generations, for ever and ever! Amen."

Grace OC is hosting a Women's Retreat which is October 9-10. Grace OC's address: 8095 E. Crystal Dr, Anaheim, CA 92807. Thank you for keeping this retreat in prayer.

We invite you to join us this first Sunday, October 4, in our 10:30am service as we partake in Holy Communion together. This is the time to partake together, and, in this way, we obey Jesus' command to, "Do this in remembrance of Me."

*Looking forward to Sunday,
Pastors Sheri and
Gary Leming*