Rule of Life (Summary of Matthew 5-7)

Do not be egoistical or self-absorbed. Weep over the pain of this world. Be gentle, tender and kind. Wake up wanting to be a better person. Show mercy to others. Be sincere, genuine and real. Work for the cause of peace. People should notice that you are different, in a good way. Let go of your anger toward others. If you don't have anything nice to say, don't say anything. Reconciliation is more important than going to church. Try to resolve conflicts face to face. Do not sexually objectify others. Honor, and do not easily break, your marital vows. Live with integrity and be true to your word. Practice non-violence. Give and serve generously. Love your enemies and pray for them. In practicing your faith you should look religion-less to the world. Keep your prayers short. Forgive. Do not be materialistic. Let go of worry. Stop judging others and take a hard, honest look at yourself. Guard your heart around the callous, hostile and brutal. Ask, seek and knock trusting in God to care for you. Don't follow the spirituality of the crowd. The way of the Kingdom will never be a fad. Orthopraxy is the test of orthodoxy. Obedience is where it all starts. This isn't an academic exercise. This shall be your Rule of Life.