



# INNER BEAT

A publication of Pregnancy Service Center

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SUMMER/FALL 2013

## PSC Volunteer Training

### If you have...

- A LONGING TO HELP women, men, and families with an unplanned pregnancy
- A PASSION TO SERVE on the behalf of life
- A HEART TO SHARE the gospel
- or if you are a man with a heart to teach and mentor fathers
- are a Registered Nurse
- or enjoy data entry

### then PSC has a place for you!

The Pregnancy Service Center is currently seeking volunteers with these qualities and is offering a training program to prepare you!



## Baby Boutique & Office Needs

- Newborn diapers
- Diaper bags
- Neutral onesies
- Receiving blankets (neutral in color)
- Baby equipment – bouncers, swings, activity mats, strollers, etc (in good/excellent condition)
- Baby bath care items
- Bibles (NIV or NLT please)
- Paper products (toilet paper, papertowels, kleenex, etc)
- Cups, plates, plastic forks, knives, spoons
- Yarn
- Projector

thank you!



### PREGNANCY SERVICE CENTER

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Lori Koelsch – DATA MANAGER  
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### BOARD OF DIRECTORS

Martha Beggs Levi Taylor  
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Brent Kejr Patty Wilson  
Dave Smith



## change for life

The following churches and organizations helped us raise so far a total of \$22,655.56 in the

Change For Life Baby Bottle fundraiser!! WOW! Please accept a **BIG thank you** on behalf of the men, women, and babies we serve!

**Special thanks to committee members:** Tammy Miller, Julie Pipp, Heidi Crist, Martha Beggs, and Salina Christian Academy who assisted in preparing and delivering the bottles.

### PSC affiliations:



These affiliations provide resources for our center and clients, and hold us to the highest levels of accountability and client care.

## Pregnancy Service Center

Visit us on-line at [www.partnersofpsc.com](http://www.partnersofpsc.com)

You may also donate on-line at [www.partnersofpsc.com](http://www.partnersofpsc.com)

We accept:



If you'd like to be removed from our mailing list or to receive the newsletter by email, please call PSC or email us at [info@psc.salina.com](mailto:info@psc.salina.com).

Thank you to Watson Electric for their newsletter sponsorship and to our volunteer graphic design artist, for designing our quarterly newsletter.

## Surrendering the Secret



I remember that day so vividly. I sat in the waiting room with many other women nervously waiting for my name to be called. We were shown a video where the woman comes out smiling after her abortion. Thank you letters from former patients adorned the clinic walls. Those letters encouraged me to believe that everything would be OK. If others had been through an abortion and were thankful then it couldn't be that bad. But after the procedure, while in recovery, I just sobbed. I have never felt so empty, hurt, ashamed, and alone.

Over the following year I convinced myself that the abortion had somehow made me stronger. I swept the pain of my secret under a rug and never faced the impact of the abortion. After graduating from college I was unsatisfied with life so I decided to go back to school. While I was attending classes, I met my husband. I became pregnant within the first few months of our being together. This unexpected pregnancy turned our lives upside down.

After having our child and finishing up college classes, we relocated for my husband's job. I didn't develop close friendships because I was afraid of how others would view me if they knew my secret. I began to blame my husband for my problems. I was constantly thinking, if only he would have done this, then I would feel better or if he only would have said this, then I wouldn't have felt this way.

When we were pregnant with our second child, I was very emotional and felt like something was missing in my life. We started to attend church, which helped, but I was still blaming my husband and felt lost and alone. I became angry about every little thing. My tongue was sharp, and I knew I was being so unkind to my family. Even though I put on a happy face around others, I was feeling an overwhelming internal struggle. I felt terrible about who I was as a person, as a wife, and as a mother. My marriage was failing and I was being sucked into a darkness that I couldn't explain. I felt God couldn't forgive or love me because I had destroyed what He had created. I was in despair from the secret I had been hiding for 10 years.

When I heard about PSC's post abortive study, *Surrendering the Secret*, I felt God was telling me to become vulnerable and face my past. He began to show me how I used my pride to handle things. I believed many lies that caused me to doubt and question my faith in God. By replacing those lies with God's truth, I was set free. Free from the pain caused from burying the secret of

(continued on page 2)

## Change for Life Fundraiser a Success!

- Bennington Bible
- Beverly Community
- Bretheren in Christ, Abilene
- Christ the King
- Christ the Lord
- Church of the Cross, UMC
- Community Bible, Abilene
- CrossPoint
- CrossRoads
- Emmanuel Christian Center
- Emmanuel UMC, Abilene
- Faith Covenant
- Faith Lutheran
- Fellowship Baptist
- First Baptist
- First Christian, Abilene
- First Covenant
- First Southern Baptist
- First United Methodist
- Grace Baptist
- Harvest Bible (Abundant)
- Kempton Chiropractic Clinic
- KJIL
- Lifehouse, Abilene
- Lincoln Community
- Lindsborg Covenant
- Minneapolis Bible
- Minneapolis Nazarene
- New Community Christian
- New Trail Fellowship, Abilene
- North Point
- Ray Avenue Baptist
- Salina Bible
- Salina Heights
- St. Johns Missionary
- St. Johns Lutheran
- Sunset Bible
- Temple Church
- Tescott United Methodist
- Trinity United Methodist
- Trinity Lutheran
- Zion, Abilene

Training date is  
Saturday October 26, 8AM-5PM

If you attend the training you are not obligated to become a volunteer. Come see what PSC is all about!

To REGISTER please contact  
Carrie Walker, RN  
at 823-1484 or email [carrie@psc.salina.com](mailto:carrie@psc.salina.com).

## Surrendering the Secret

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my abortion. Free from blaming others and not taking responsibility for my choice. Free from the fear of others finding out my secret past. Free to accept God's grace and to mourn and celebrate my child.

The **Surrendering the Secret** study was a safe and compassionate place where I was accepted, loved and encouraged. I learned that God's grace is sufficient for me. I am a sinner and have made some poor choices, but God can use my past to bring glory to Himself. He has never forsaken me. In my darkest moment, as I lay weeping on the recovery room table, He wept with me. My wounds are becoming scars. I am no longer held captive by the choice I made. I have been set free.



## Thank You Tracy!



Tracy Thibault, Senior at Sacred Heart, received the Youth Citizenship award from **Greater Salina Community Foundations' Youth Grant Makers Council**. Tracy told the audience that PSC was her first experience with volunteering and she wanted to give back to the organization that inspired

her to become involved in the community — especially with an organization whose mission she believes in!

## PSC's Endowment Fund

PSC would like to thank those who participated in GSCF March Matching! \$974.25 was donated to PSC and GSCF matched \$545 making a total of \$1,519.25 to PSC's endowment fund.



Consider supporting PSC by making a gift to our endowment fund with the **Greater Salina Community Foundation**.

For more information, contact Tina at 823-1284 or [tina@pscsalina.com](mailto:tina@pscsalina.com)



## PSC Banquet, April 18, 2013

You gave me life and showed me your unfailing love.  
My life was preserved by your care. Job 10:12

**"Tonight you've been invited to a family gathering!"** With these words, Executive Director Tina Price welcomed guests to the 2013 fundraising banquet. **"Embracing Life"** was the theme as close to 340 members of the PSC family gathered at the Salina Country Club to celebrate life. Table programs detailed PSC's 2012 "Eternal Statistics:" 609 clients served, 208 babies born, 905 educational classes attended, over 7,000 diapers distributed, more than 1,100 students served through abstinence presentations, and five professions of faith!

A highlight of the evening was introducing guests of honor, Megan and her husband Jeremy. When facing an unplanned pregnancy as a teenager, Megan turned to PSC for help and chose adoption for her baby. Daughter Hannah, now ten years old, and her parents Tim and Shirley were delighted to celebrate with Megan, her family, and all the PSC family.

**The evening continued with testimony from PSC staff:**

"We have seen how ultrasound saves



Jeremy and Megan with Hannah, Shirley and Tim.

lives," said Nurse Manager Judy Beck, who was instrumental in establishing PSC's ultrasound program. Since 2009 more than 1,000 ultrasounds have been performed at the center. **A young couple recently requested an ultrasound before taking the medications for a medical abortion. Upon seeing their baby's heartbeat and movement on the screen, they chose life!**

Tina shared expectations for the ministry's outreach and growth. She asked the guests to dream big: dream of having space to serve more clients through education and childbirth classes; dream of expanding medical services to include testing for sexually transmitted infections; dream of entering the media arena to reach clients through mobile advertising, internet ads, and social media; dream of expanding the iDecide program to serve even more students.

**Program Director Todd Just lead the PSC family in a time of prayer.** The fact that God loves a cheerful giver became more than evident as over \$135,000 was raised and 25 individuals became monthly lifeguards!

We are so very grateful to banquet underwriters, table hosts, the banquet committee, financial partners, and all the PSC family. Your faithful sacrifice encourages life and purity and provides a foundation for healthy families. Your investment will yield eternal dividends. **THANK YOU!**



The staff of PSC! Left to right: Lori Koelsch, Todd Just, Tina Price, Judy Beck, RN BSN Paisley McClanahan and Carrie Walker, RN BSN.



PSC Banquet guests enjoying the evening.

## A Special Thank You to our Banquet Underwriters

- Anonymous
- Drs. Alan & Cindy Reed
- Mark & Becky Augustine
- Southwind Physical Therapy
- Bank of Tescott
- Gene & Margaret Logan
- Max & Kaleen Knopp
- Stewart & Linda Etherington
- Bennington State Bank
- Geoprobe Systems
- Mike & Penny Walker
- Sunflower Bank
- Bob & Rose Pace
- Great Plains Manufacturing
- Mike & Shelly Crane
- Tom & Maggie Hemmer
- Brent & Robin Kejr
- Harbin Construction
- Mike Berkley Family Foundation
- Tom & Tina Price
- Bruce & Sandy Shields
- In loving memory of Katie Wagoner
- Pestinger Heating & Air
- Veris Technologies
- Comfort Heating & Air
- Levi & Julie Taylor
- Ryan Engineering Services, LLC
- Warren & Margaret Schmidt
- Dave & Karen Smith
- Lindsborg Veterinary Medical Hospital
- Salina Concrete Products
- Solomon State Bank
- Dave & Martha Beggs
- Long McArthur

## BIRTH Announcements

BABY GIRL **ASHPAN**  
February 3, 2013 • 5 lbs 7 oz

BABY GIRL **RILEY**  
February 14, 2013 • 6 lbs 7 oz

BABY BOY **SEDWIN**  
February 23, 2013 • 6 lbs 14 oz

BABY GIRL **CHLOE**  
February 26, 2013 • 7 lbs 7 oz

BABY GIRL **CORA**  
March 2, 2013 • 5 lbs 11 oz

BABY BOY **CALVIN**  
March 6, 2013 • 6 lbs 12 oz

BABY BOY **JAMES**  
March 9, 2013 • 6 lbs 13 oz

BABY GIRL **KAYLONA**  
March 12, 2013 • 6 lbs 7 oz

BABY BOY **COWAN**  
March 19, 2013 • 6 lbs 12 oz

BABY BOY **JACE**  
March 20, 2013 • 6 lbs 9 oz

BABY GIRL **ADYSON**  
April 5, 2013 • 6 lbs 7 oz

BABY GIRL **JULIET**  
April 11, 2013 • 6 lbs 7 oz

BABY BOY **LIAM**  
April 11, 2013 • 5 lbs 13 oz

BABY BOY **JASE**  
April 24, 2013 • 7 lbs 13 oz

BABY GIRL **TORI**  
May 3, 2013 • 8 lbs 8 oz

BABY GIRL **LAHSI**  
May 7, 2013 • 7 lbs 13 oz

BABY BOY **JAS**  
May 9, 2013 • 8 lbs 8 oz

BABY BOY **JAYDEN**  
May 14, 2013 • 8 lbs 2 oz

BABY BOY **IZAYA**  
May 19, 2013 • 7 lbs 11 oz

BABY BOY **JESUS M.**  
May 19, 2013 • 3 lbs 1 oz

BABY GIRL **EMMALEIGH**  
June 6, 2013 • 8 lbs 11 oz

BABY GIRL **MATTIE**  
June 8, 2013 • 7 lbs 13 oz

BABY BOY **COLTON**  
June 11, 2013 • 9 lbs 6 oz

BABY BOY **MATTHEW**  
June 11, 2013 • 8 lbs

BABY GIRL **AMIYA**  
June 24, 2013 • 6 lbs 10 oz

BABY GIRL **EMILY**  
July 27, 2013 • 5 lbs 6 oz

BABY GIRL **ALYSA**  
July 27, 2013 • 5 lbs 5 oz



Calvin



Lahsi



Jaydenn



Izaya



Emmaleigh



Colton



Amiya



## Taking Part in the Healing of Broken Lives

by Todd Just

Several months ago I met a young man who was recently married. He shared with me that he and his wife had their first child together and that he had adopted his wife's two children from a previous relationship. As we met, he peeled back the layers of his broken past. His own father was neglectful leaving him feeling unloved. I asked him to describe himself and he said, "happy and rejoiceful." His

Coaches have the awesome privilege of helping clients take steps in becoming a better person, partner, and parent.

countenance failed to reflect happy and rejoiceful as he slouched over in his chair avoiding eye contact. I told him, "you sure don't look happy and rejoiceful." He responded, "I put up a front so nobody else will hurt me and know how broken I am on the inside." I understood his brokenness from my own broken family seven years earlier. We talked...and though a few tears were shed, hope emerged that day as this young man turned his life over to Jesus.



If you would like to build relationships and share the love of Jesus with broken people, becoming a Coach at PSC might be where God is leading you. Coaches have the awesome privilege of helping clients become better people, partners, and parents. To find out if coaching is right for you join us for volunteer training on October 26<sup>th</sup> (details in this newsletter).

Pregnancy Service Center  
**Walk for Life**  
Saturday, October 12, 2013  
Jerry Ivey Park, North Shelter #1, Salina and Eisenhower Park, Band Shell, Abilene

To register as a sponsored walker visit [www.partnersofpsc.com](http://www.partnersofpsc.com)

**Make plans to join us now!**