Sapphire Scene Sapphire Lutheran Homes, Inc. 501 North 10th Street Hamilton, MT 59840

Our mission is to provide compassionate, innovative services and amenities for seniors, enabling them to enhance and maintain their quality of life.



Would you like to save stamps and trees? Get this emailed if you please! CALL 406-363-2800 to sign up! Help us meet our goal of transitioning ten newsletters this month!

Dance To Live Music From "The **Missoula Big** Band!"

Join Us At Sapphire Lutheran Homes **501 North Tenth Street** Hamilton

Saturday January 19th 2:00 pm to 4:00 pm

Food and Beverages Will be Served!



Proceeds To Benefit A New Elevator For The Rocky Mountain Grange

Admission is a "Free-Will Offering"



First, let's introduce Mike. He was born in Linton, Indiana. His mother was the most influential person in his life. As a child Mike had a pigeon and also a horse as pets. In the summertime as a child he used to help in the family garden patch. His favorite game as a child was swinging on grapevines. That sounds like fun! When he was a child, the thing that frightened him the most was the dark. He had a best friend as a child and his name was James Boyd. In school, his favorite subject was Math. Mike's first job was at an ice cream place called The Penguin, which was similar to Dairy Queen. His best job was working at a computer center. His ideal job would be working for C. K. Richel, Jr. Mike has two sisters and four brothers. In his spare time, Mike used to like to hunt and ride horses.

Now we'll introduce Betty, the other half of this lovely couple. She was born in Bloomington, Indiana, and the most influential people in her life were her mother and father. As a child, she had a cat as a pet. In the summertime she used to play on their farm and with the neighbor kids. Betty, or "Betsy" as she was sometimes called, loved to play Kick the Tin Can and Red Rover. Large animals, cows and horses frightened her. Betty's father, who was born in 1898, used to tell her about the time that Jessie James and John Dillinger watered their horses at her grandpa's farm. Her best friend growing up was Judy Sanders. In school her favorite subjects were Math and Spelling. She usually received A's in her classes. Betty's first job was at a Woolworth's store and her best job was also working at a computer center, just like Mike. Her ideal job would be working for C. K. Richel, Jr., also just like Mike! As a teenager, her singing idol was Ricky Nelson, who later perished in an airplane crash. She has one sister and four brothers.

Mike and Betty were married at the ages of 18 and 15, respectfully. They have one daughter, 31 years old, who lives in Corvallis. Their daughter would describe her parents as thoughtful and caring. They are both loving and kind parents and grandparents. They have been married for 57 and a half years. They met at Betty's brother's house. Their happiest memory is of when they first met. Their favorite music is gospel and their favorite holiday is Thanksgiving. Their favorite place to visit is the Oregon coast. The accomplishment they are most proud of is being in the Christian ministry for over 40 years, 27 of those years pastoring in Missoula.

Make sure to say hello and get to know them if you see them around the campus. You will enjoy their company!





January 2019

RESIDENTS OF THE MONTH BETTY and MIKE VAN DEVENTER (CANYON VIEW)



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RESIDENT BIRTHDAYS Canvon View Shari Hardman January 24 The Remington Flora Johnston January 1 January 2 Janet Fellows Elizabeth Kehmeier January 24 Sapphire Mercy Courchesne January 1 **Bonníe Sue Murrav** January 17 **Bill Pellant** January 19 **STAFF BIRTHDAYS Renee St. Peter** January 14 **Rick Murphy** January 21 **STAFF EMPLOYMENT ANNIVERSARIES** Alisha Bennett 4 Years Shelly Lavergne **3** Years Mary Sue Prescott 2 Years

Sapphire Scene

MY APARTMEN I am an old man, 91. I still have my mental

facilities; hence, I can keep up my lifetime hobby, WRITING. I have written things since I was in the fourth grade of Resin Orr grade school on the near west side of Chicago. That was a long time ago.

In my 89th year I fell, and over the course of a year I was in the hospital for a month or two at different times for different ailments. I am now 91 and as fully recovered as I am going to get. I walk with a cane and limp a little, but I can get around pretty good and tend to my needs. I live in a nice three-room apartment at Sapphire Lutheran Homes where I can look out a large glass door and observe the mountains and timber that surround the valley floor.

Summertime is the most difficult as the tree outside my window leafs out and shortens my visibility, but in the winter the leaves are gone, and I can see many miles to the western mountains and 50 miles toward Missoula through the bare limbs of the tree.

As winter rolls in and the green of summer turns to the white of winter my vision lessens as snow replaces the leaves. The winter sun melts the snow on the trees and my vision expands as the snow melts and the snow-clad tree returns to bare limbs and I can see beyond the tree.

In the summer when the trees are leafed out you can see the squirrels as they dash through the leafy branches, leaping from limb to limb with grace and ease. They must know every limb of the tree because they dance on limbs I don't think will hold them. Their claws are sharp and their wills are strong. I have yet to see one who did anything wrong.

Oh, to be a squirrel who could leap like Tarzan and swing from limb to limb with grace and ease. I would love to be able to swing through the trees.

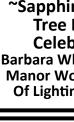
~John Robinson (Sapphire)~



Sapphire Scene

SOME OF OUR CHRISTMAS ACTIVITIES AND ENTERTAINMENT!





Ladder Of Learning **Preschool In Corvallis**







Hamilton Middle School Choir



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~Sapphire's Annual Tree Lighting **Celebration**~ **Barbara White From The Manor Won The Honor Of Lighting The Tree!**



For The



Faith Choir

This Is Our Very Own Resident Choir!





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Sapphire Scene

Sapphire Scene

A NEW ATTITUDE

- 1. Give people more than they expect....cheerfully (Philemon 1:21).
- 2. Don't believe all you hear, spend all you have or sleep all you want.
- 3. Smile when answering the phone. Callers can hear it in your voice.
- 4. Remember that great love and great achievements involve great risk.
- 5. When you say "I'm sorry," look the person in the eye.
- 6. Be engaged at least six months before you get married.
- 7. Believe in love at first sight.
- 8. Spend some time alone (Matthew 14:23).
- 9. When you say "I love you," mean it (1 Peter 1:22).
- 10. Never laugh at a dream. People without dreams don't have much.
- 11. Don't let a little dispute injure a great friendship (Proverbs 27:10).
- 12. Talk slowly but think quickly (James 1:19).
- 13. Don't judge people by their relatives (Matthew 7:1).
- 14. Marry a man/woman you love to talk to (1 Peter 3:7).
- 15. Do an anonymous kindness each day (Ephesians 4:32).
- 16. When you lose, don't lose the lesson (James 1:1-3).
- 17. When you make a mistake, take immediate steps to correct it.
- 18. In disagreements, fight fairly. No name-calling, threats or bringing up ancient history.
- 19. Remember the three R's: Respect for self; Respect for others; and Responsibility for all your actions.
- 20. When someone asks you a question you don't want to answer, smile and ask, "Why do you want to know?"
- 21. Love deeply and passionately. You might get hurt but it's the only way to live life completely.



TORTURE

The roof of your mouth suddenly gets attacked. Neither tongue nor spoon can ease, and that's a fact.

> You're just standing when your foot catches fire. Stomping and scraping just makes you perspire.

The tag on a new shirt rubs you the wrong way. Though useless, you rub back the entire day.

It's in public the embarrassing ones dawn. You twist and lift and shift but they're never gone.

At midday it strikes the middle of your back. And you get no help from corner, shelf or rack.

> Suddenly one arises deep in your ear. A key and paperclip can only get near.

You're never alone when one invades your nose. You flick, pinch and pull but on and on it goes.

Sometimes no matter how you writhe, squirm or twitch, you can't get relief from... a torturous itch!

"Dominic "Flominic" Farrenkopf



VISIONS OF THE PAST

~Jake Jaquith (Sapphire)~

While traveling this past holiday season, I read a book entitled Horned Snakes and Axle Grease. It is a roadside guide to the history and rock art of Nine Mile Canyon. It dealt with the archaeology, history and rock art of Nine Mile Canyon. This canyon is world-famous for the density, complexity and detail of its prehistoric rock art. It is located in the West Tavaputs Plateau of Central Utah. The text redefines the "Fremont" culture analyzing the presence of the hunting and gathering people in this spectacular canyon. It explores the struggle these people had making a living in an extremely harsh climate, freezing in the winter, blistering heat in the summer, short on water. Nine Mile Canyon seems to be the kind of place where the best anyone could do was to survive. Yet "ancients" built homes and storage bins and

apparently defensive structures, the remains of which are still present hundreds of years later. They created a grand art gallery testifying to their presence in the area.

"Rock Art" has always been of interest to me. Early on in high school and later on in college I read about and explored many of the archaeological sites located in Wisconsin. These sites are similar to the sites in Nine Mile Canyon in that they reference the movement of the hunter-gatherer culture through the development of villages and towns.

I recently read a book, <u>The Mound Builders</u> of Wisconsin, which reignited my interest in seeing places I had visited as a teenager. The Mound Builders in Wisconsin left behind many mounds, large and small, as evidence of their passing. This past year, while visiting family in Wisconsin, I visited Aztalan National Historic Landmark, a site with mounds testifying to the presence of an ancient mound-building society. (Photos to Right)

Bibliography: <u>Horned Snakes and Axle Grease</u> By Jerry D. Spangler and Donna K. Spangler <u>Indian Mounds of Wisconsin</u> By Birmingham and Eisenburg

Above and to Left: **Photos From** Nine Mile Canyon in West Tavaputs, Central Utah To Left: Wisconsin Rock Art To Right: Wisconsin Archaeological Area for the Hunter-Gatherer Culture To Left: Aztalan National Historic Landmark

Wisconsin

Mounds



A BIT OF HISTORY

Marita Moles, one of our Sapphire residents, shared this photo of some of her historical furniture.

The rocking chair belonged to her mother, Bernice Clifford, who was born in 1879.

The stool was made for the Farm Bureau and its top is twine wrapped with corn husks. It's 84 years old.

Thanks To Our Volunteers And Community **Partners!** We Couldn't Do It Without You!

John and Helen Gurtner Wayne Wardwell MDMH EMT's **Country Jam Session Rick and Louise Lockhart Suzanne Harris** Willard Bullock Bo Wherry The Accordion Players Nansu Roddy The Sour Notes **Bitterroot Public Library Community Pinochle Players** Linda Prestridge and Amber Olson Family Band Ruth and Rob Plesner Judy Mason Kathy Lipus Joe Elhard Ila Pizzuto Ravalli County Museum **Bev Humphrey** Veronica Davis **Carol Simning** Bea Niehaus **Bonnie Cushing** Jean Roberts The Shenanigans Josie and Gwen Wolfe **Casey and Sherry Austin** Roxanne Reginato Nell Knight Mercy Courchesne Betty Vail Hope and Jim Harden Kitty Perrine "Faith" Resident Choir Verna Gill

Grace Lutheran Church Faith Lutheran Church Markeita Snell **Ruth Hazelton Newsletter Folders Corvallis School District Hamilton School District** Candy Palmer Star Jameson John Robinson **Richard Henry** Toe Tappers **Bill and Edna Pellant Carol Winkler**





Thank you to all who lead our Chapel Services!

Curtis Brown **Pastor John Capen Pastor Vern Sandersfeld Gabe and Diane Sandland** Vicar John Marten **Presbyterian Ladies** Pastor Martin Lacey Pastor Larry Wallace Pastor Rick Gray Pastor Fidelis Pastor Jonathan Thiebaud **Amish Singers** Pastor Matt Troyer Pastor Brian Wrede

Sapphire Scene

MOOSE IN OUR VALLEY

That mangy critter needs some grooming I have an extra comb and brush Do you think I could get close to him And give him a good body trim?



He looks quite docile like a milk COW However, when he chooses to get angry He could be very mean and cause my early demise Let him have the right of way all the time.



Now that I really think about his size and strength And about his changing behavior I think it would be prudent to observe him From the other side of an electric fence.

~Helen Gurtner (Remington)~

DEFINITION: "COWBOY CADILLAC"

Any pickup truck costing more than \$30,000. A pickup costing less than \$30,000 can qualify if the payments are at least half vour take-home pay.



Sapphire Scene

SUBJECT: ABSENTEEISM



It has been brought to my attention that the attendance record of this office is a disgrace to our gracious benefactor who, at your own request, has given you a job. Due to your lack of consideration for your jobs with so fine a reputation, as shown by such frequent absenteeism, it has become necessary for us to revise some of our policies. The following changes are in effect as of now:

SICKNESS:

NO EXCUSE.... We will no longer accept your doctor's statement as proof, as we believe that if you are able to go to the doctor, you are able to come to work.

DEATH (OTHER THAN YOUR OWN):

This is no excuse. There is nothing you can do for them, and we are sure that someone else with a lesser position can attend to the arrangements. However, if the funeral can be held in the late afternoon, we will be glad to let you off one hour early, provided that your share of the work is ahead enough to keep the job going in your absence.

LEAVE OF ABSENCE (FOR AN OPERATION): We are no longer allowing this practice. We wish to discourage any thoughts that you may need an operation, as we believe as long as you are an employee here, you will need all of whatever you have, and you should not consider having anything removed. We hired you as you are, and to have anything removed would certainly make you less than we bargained for.

DEATH (YOUR OWN):

This will be accepted as an excuse, but we would like two weeks' notice as we feel it is your duty to teach someone else your job.

Also, entirely too much time is being spent in the rest rooms. In the future, we will follow the practice of going in alphabetical order. For instance, those whose names begin with "A" will go from 8:00 to 8:15, "B" will go from 8:15 to 8:30, and so on. If you are unable to go at your time, it will be necessary to wait until the next day when your turn comes again.

> ~Contributed By Verna Gill (Sapphire)~

STAGE COACH PASSENGERS

(This list of rules for riders of stage coaches was found in an old Durango, Colorado newspaper.)



1. If the stage team runs away or you are pursued by Indians, stay in the coach and take your chances. Don't jump out, for you will be either injured or scalped. 2. In cold weather, abstain from liquor, for

you are subject to freezing quicker if under the influence than if you were cold sober. But if you are drinking from a bottle, pass it around. It is the only polite thing to do.

3. Don't smoke a strong cigar or pipe on the stage, especially when women and children are present. If chewing tobacco, spit to the leeward side.

Don't swear, snore or lop over on neighbors when sleeping. Let others share the buffalo robes provided in cold weather.

5. Don't shoot firearms for pleasure while en route, as it scares the horses.

Don't grease hair with bear grease or buffalo tallow as travel is very dusty.

Don't discuss politics or religion.

Don't point out sites where robberies or Indians have taken place.

And don't imagine you are going on a picnic, for stage travel is inconvenient.

THOUGHTS ON GOSSIP

"Don't be an audience to gossip and rumors. Instead, politely excuse yourself from the conversation. If you disengage from conversations that veer toward gossip, people will get the message and stop gossiping around you.

"Before you speak, stop and T.H.I.N.K. (T—is it true? H—is it helpful? I—is it inspiring? N—is it necessary? K—is it kind?). If the answer to any of those questions is no, then see the previous paragraph."



~Contributed By Evelyn Spoonheim (Remington)~

SAPPHIRE DINING ROOM JANUARY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Director Of Food Services: Wendy Pezzullo (SLH) WWestberry@sapphirelutheran.org Rick Clark (REM) rclark@sapphirelutheran.org 406-363-2800		1 <u>Brunch</u> Gingerbread Pancakes Beef Hot Dogs <u>Dinner</u> Baked Ham Turkey Casserole	2 <u>Brunch</u> Chicken Malibu Cobb Salad <u>Dinner</u> Beef Enchiladas Shrimp Alfredo	3 <u>Brunch</u> Denver Omelet Turkey Bacon Wrap <u>Dinner</u> Fried Catfish Pork Tenderloin	4 <u>Brunch</u> Eggs Benedict Anti Pasta Salad <u>Dinner</u> Sirloin Steak Lemon Pepper Chicken	5 <u>Brunch</u> Sweet-n-Sour Chicken Porcupine Meatballs <u>Dinner</u> Corned Beef and Cabbage Lasagna
6 <u>Brunch</u> Cedar Plank Salmon Beef Tenderloin <u>Dinner</u> Stuffed Peppers Turkey and Avocado Sandwich	7 <u>Brunch</u> Tuna Melt Pumpkin Bread French Toast <u>Dinner</u> Fried Chicken Pork Pot Roast	8 <u>Brunch</u> Pork Stir Fry Chicken Tenders <u>Dinner</u> House Fish-n-Chips BBQ Ribs	9 <u>Brunch</u> Pork Chop John Sandwich Taco Salad <u>Dinner</u> Trout Almondine Penne Vodka	10 <u>Brunch</u> Shrimp Cocktail Hush Puppies <u>Dinner</u> Crab-Stuffed Sole Meatloaf	11 <u>Brunch</u> Chicken Salad on a Croissant Mac-N-Cheese <u>Dinner</u> Ratatouille Cod In Lemon Sauce	12 <u>Brunch</u> Turkey Salad Sandwich Oriental Chicken Salad <u>Dinner</u> Breaded Walleye Mushroom Swiss Burger
13 <u>Brunch</u> Breaded Pork Chops Coconut Shrimp <u>Dinner</u> Biscuits and Gravy Brats with Peppers and Onions	14 <u>Brunch</u> Monte Cristo Beef Stew <u>Dinner</u> Chicken Marsala Ravioli in Creamy Pesto Sauce	15 <u>Brunch</u> Chicken Tender Wrap Sausage Skillet <u>Dinner</u> Shredded Beef Burrito Sweet-n-Sour Shrimp Over Rice	16 <u>Brunch</u> Fish Tacos Egg Salad Sandwich <u>Dinner</u> Chicken Pot Pie Breaded Veal	17 <u>Brunch</u> Beef Nachos Veggie Omelet <u>Dinner</u> Prime Rib Chicken Tenders	18 <u>Brunch</u> Build-Your-Own Pizza Prime Rib Caesar Salad <u>Dinner</u> Teriyaki Salmon Spaghetti and Meatballs	19 <u>Brunch</u> Turkey, Ham and Cheese on a Croissant Corned Beef Hash <u>Dinner</u> Salisbury Steak Chile Relleno
20 <u>Brunch</u> Meatloaf Roasted Chicken <u>Dinner</u> Polish Dogs Pastrami Reuben	21 <u>Brunch</u> Crab Salad Sandwich Chicken Wings and Chips <u>Dinner</u> Halibut in Pesto Sauce Beef Pot Roast	22 <u>Brunch</u> French Dip Crab Cakes <u>Dinner</u> Beef Burgundy Penne Pasta in Sausage Cream Sauce	23 <u>Brunch</u> BLT Sloppy Joes <u>Dinner</u> BBQ Chicken Cowboy Burger	24 <u>Brunch</u> Swedish Meatballs Bacon Balsamic Spinach Salad <u>Dinner</u> Turkey Dinner Pulled Pork	25 <u>Brunch</u> Fish Sandwich Yakisoba Noodles <u>Dinner</u> Stuffed Flank Steak Blacken Ahi Tuna	26 <u>Brunch</u> Taco Salad Greek Gyro <u>Dinner</u> Chicken Alfredo Pepperoni Calzones
27 <u>Brunch</u> Country Fried Steak Turkey Ala King <u>Dinner</u> Fried Ravioli Crepes Suzette	28 <u>Brunch</u> Smoked Salmon Dip with Crackers Rachel Sandwich <u>Dinner</u> Braised Beef and Tortellini Crab Eggs Benedict	29 <u>Brunch</u> Cashew Chicken Shredded Beef Quesadilla <u>Dinner</u> Beef Wellington Shrimp Scampi	30 <u>Brunch</u> Cranberry and Turkey Sandwich Breakfast sandwich <u>Dinner</u> Liver and Onions Chicken Cordon Bleu	31 <u>Brunch</u> Carne Asada Burrito BBQ Pulled Pork Sandwich <u>Dinner</u> Chicken Tacos Breaded Veal		<u>SAPPHIRE</u> Brunch (Mon-Sat) 10:30-12:30 (Sun) 11:30-1:30 Dinner 5:00-6:30

January 2019 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activity Director: Dominic Farrenkopf Activity Leaders: Janet Van Antwerp Beckey Jones Renee St. Peter 406-363-2800 x103 dfarrenkopf@sapphirelutheran.org Activities Subject to Change		 NEW YEAR'S DAY 2:30 Birthday Bash w/ Olson Family Band-SLH 6:15 DVD Learning Series "Utopia and Terror in the 20th Century"-SLH 6:30 Spades-SLH 	E REGINATO-REIVI	3 9:30 Exercise Fun-REM 10:15 Easy Yoga-SLH 1:15 Bingo!-REM 2:00 Pet Therapy-REM 2:30 Birthday Bash w/ The Shenanigans-CV 3:00 Happy Hour-SLH 3:45 Bible Study-SLH PDR 7:00 Photo Club-SLH	4 Coffee & Donuts-All Bldgs. 10:00 Exercise-SLH 12:00-2:00 Sundry/Cookies 1:30 Veterans' Group- Discovery Care Centre 2:30 The Sour Notes-TM 6:30 Dominoes-TM 7:00 Movie & Popcorn-SLH	5 8:30 Flominic's Poem-SLH 10:00 Trip to Stevensville 1:00 Afternoon Movie-REM 3:00 Line Dancing-SLH 6:30 Movie & Popcorn-SLH
 6 10:30 St. Francis Catholic Communion-SLH 2:30 Country Jam Session-SLH 6:15 Chapel Service- Pastor Rick Gray-REM 6:15 Chapel Service- Larry Wallace- SLH 	 7 10:00 Exercise-SLH 12:00-2:00 Sundry/Cookies-SLH 1:30 Presbyterian Open Communion-SLH 2:30 B-day Bash w/ Willard- TM 3:00 Knit and Crochet-SLH 6:30 Games w/ Joe ESLH 	 8 9:30 Exercise Fun-REM 9:30 Writers' Group-SLH 12:00 Ruth Plesner Lunch-AL 1:15 Bingo!-REM 2:00 Sapphire Chorus-SLH 2:30 Birthday Bash–ML 4:00 Ping-Pong-SLH 6:15 DVD Learning Series	 9 9:30 Exercise Fun-REM 10:00 Bible Study-TM 10:00 Exercise-SLH 1:00 AC Computer Help-Mobile 1:30 Low Vision Support-SLH 2:30 Casey Austin Country Music-REM 3:45 Josie's Reading!-REM 6:15 Bingo!-SLH 7:15 Amish Singers-CV & REM 	 10 9:15 Washington School Readers-TM 9:30 Exercise Fun-REM 10:15 Easy Yoga-SLH 1:15 Bingo!-REM 2:00 Pet Therapy-SLH 2:30 Veterans' Group-REM 3:00 Happy Hour-SLH 3:45 Bible Study-SLH PDR 7:00 4-H Cowboy Poetry-SLH 	11 10:00 Exercise-SLH 12:00-2:00 Sundry/Cookies 1:00 Community Pinochle-SLH 1:30 Veterans' Group- Discovery Care Centre 6:30 Dominoes-TM 7:00 Movie & Popcorn-SLH	12 8:30 Flominic's Poem-SLH 9:00 Under The Hood-SLH 10:00 Thrift Store Shopping 1:00 Afternoon Movie-REM 3:00 Line Dancing-SLH 6:30 Movie & Popcorn-SLH
 13 10:30 St. Francis Catholic Communion-SLH 2:30 Country Jam Session-SLH 6:15 Chapel Service- Pastor Tim Blanchfield- REM 6:15 Chapel Service- Curtis Brown-SLH 	 14 10:00 Exercise-SLH 12:00-2:00 Sundry/Cookies-SLH 12:15 Veterans' Lunch-SLH 2:30 Happy Hour & John Capen Gospel Music-REM 3:00 Knit and Crochet-SLH 6:30 Games w/ Joe ESLH 	 15 9:30 Exercise Fun-REM 10:30 Toe Tappers-REM 1:00 Toe Tappers-SLH 1:15 Bingo!-REM 2:00 Sapphire Chorus-SLH 2:00 Tea Party with Nansu-SLH 4:00 Ping-Pong-SLH 6:15 DVD Learning Series	16 9:00 Trip to Wal-Mart & Lunch 10:00 Bible Study-TM 10:00 Exercise-SLH 1:00 AC Computer Help by Christopher HSLH 2:30 The Sour Notes-SLH 6:15 Bingo!-SLH	 17 9:15 Washington School Readers-TM 9:30 Exercise Fun-REM 10:15 Easy Yoga-SLH 1:00 Pet Therapy-REM 1:15 Bingo!-REM 2:30 Veterans' Group-REM 3:00 Happy Hour-SLH 3:45 Bible Study-SLH PDR 7:00 Just Because Social-SLH 	 18 Coffee & Donuts-All Bldgs. 10:00 Exercise-SLH 12:00-2:00 Sundry/Cookies 1:30 Rick & Louise Music- SLH 1:30 Veterans' Group- Discovery Care Centre 6:30 Dominoes-TM 7:00 Movie & Popcorn-SLH 	19 8:30 Flominic's Poem-SLH 9:00 Under The Hood-SLH 10:00 Picture Bingo!-ML 1:00 Afternoon Movie-REM 2:00-4:00 Winter Ball-SLH 6:30 Movie & Popcorn–SLH
 20 10:30 St. Francis Catholic Communion-SLH 2:30 Country Jam Session-SLH 6:15 Chapel Service- Matt Troyer Amish Service-REM 6:15 Chapel Service- Pastor Martin Lacey -SLH 	21Martin Luther King Jr. Day10:00 Exercise-SLH12:00-2:00 Sundry/Cookies-SLH1:00 Parkinson's Support Group -SLH2:30 Happy Hour-REM3:00 Knit and Crochet-SLH6:30 Games w/ Joe ESLH	 22 9:30 Exercise Fun-REM 9:30 Writers' Group-SLH 1:15 Bingo!-REM 2:00 Sapphire Chorus-TM 2:00 Room Visits with Star-SLH 4:00 Ping-Pong-SLH 6:15 DVD Learning Series	 23 9:30 Exercise Fun-REM 10:00 Bible Study-TM 10:00 Exercise-SLH 1:00 AC Computer Help by Christopher HSLH 2:30 The Sour Notes-REM 3:45 Josie's Reading!-SLH AL 6:15 Bingo!-SLH 	24 9:15 Washington School Readers-TM 9:30 Exercise Fun-REM 10:00 Easy Yoga-SLH 1:15 Bingo!-REM 2:00 Pet Therapy-SLH 2:30 Veterans' Group-SLH 3:00 Happy Hour-SLH 3:45 Bible Study-SLH PDR 5:00 Dinner Out-Romeo's 7:00 Arthur's Club-SLH	 25 10:00 Exercise-SLH 12:00-2:00 Sundry/Cookies 1:00 Community Pinochle-SLH 1:30 Veterans' Group- Discovery Care Centre 6:30 Dominoes-TM 7:00 Movie & Popcorn-SLH 	26 8:30 Flominic's Poem-SLH 9:00 Under The Hood–SLH 9:30 Van Ride To K-Mart-REM 1:00 Afternoon Movie-REM 3:00 Line Dancing-SLH 6:30 Movie & Popcorn–SLH
 27 10:30 St. Francis Catholic Communion-SLH 2:30 Country Jam Session-SLH 6:15 Chapel Service- Brian Wrede-REM 6:15 Chapel Service- Vicar John Marten-SLH 	28 10:00 Exercise-SLH 12:00-2:00 Sundry/Cookies- SLH 2:30 Happy Hour-REM 3:00 Knit and Crochet-SLH 6:30 Games w/ Joe ESLH	 29 9:30 Exercise Fun-REM 11:00 Resident Q&A-CV 1:15 Bingo!-REM 1:00 Sapphire Chorus-TM 2:30 Resident Q&A-SLh 4:00 Ping-Pong-SLH 6:15 DVD Learning Series	30 9:30 Exercise Fun-REM 10:00 Bible Study-TM 10:00 Exercise-SLH 1:00 AC Computer Help by Christopher HSLH 2:00 Resident Q&A-REM 6:15 Bingo!-SLH	31 9:15 Washington School Readers-TM 9:30 Exercise Fun-REM 10:15 Easy Yoga-SLH 1:15 Bingo!-REM 2:00 Resident Q&A-TM 3:00 Happy Hour-SLH 3:45 Bible Study-SLH PDR 7:00 Just Because Social-SLH	Donut & Coffee Socials on 1st and 3rd Friday Mornings: 9:00 The Manor 9:00 The Remington 9:00 Memory Lane 9:30 Sapphire Act. Rm. 9:30 Canyon View Sundry, Coffee & Cookies-SLH Mondays and Fridays 12:00 pm to 2:00 pm	Devotions: Monday-Friday TM-The Manor 9:00 REM-The Remington 9:00 SLH-Sapphire 9:20 CV-Canyon View 11:00 ML-Memory Lane 11:30 KEY: AL-Sapphire Assisted Living PDR-Private Dining Room