

Sapphire Scene
Sapphire Lutheran Homes, Inc.
501 North 10th Street
Hamilton, MT 59840

Our mission is to provide
compassionate, innovative services
and amenities for seniors, enabling
them to enhance and maintain their
quality of life.



Would you like to save stamps and trees?
Get this emailed if you please!
CALL 406-363-2800 to sign up!
Help us meet our goal of transitioning ten
newsletters this month!

Ice Cream Social
Fundraiser for Parkinson's Disease
Monday, April 16th, 1:00 pm
Guest Speaker: Byron Caughey

Sapphire Lutheran Homes
501 North Tenth Street, Hamilton

**Come and enjoy your favorite ice cream sundae with all the best
trimmings and toppings:**
Flavored Sauces, Whipped Cream, Bananas, Nuts,
Cherries and Much More!
Suggested Donation is \$5.00



Generously Sponsored By
Bitterroot Drug



Sapphire Scene

April 2018

RESIDENT OF THE MONTH PAMELA SANTARONE (REMINGTON)

Pam was born in Guildford, County of Surrey, England on December 13, 1934 to John Dearling and Dorothy Paget Dearling. She was an only child. Her dad worked for the railroad and her mom was a bookkeeper. They divorced when Pam was a child and her dad ended up moving to the United States in the 1950's. Pam followed to visit and ended up moving here as well when she was about 20 years old.

She settled near the Ventura/Oxnard area in California with a girlfriend and met and married her first husband, Mac. Her best friend was Connie. She was a waitress all of her adult life. She miscarried a child and, soon after that, she and Mac divorced. Pam could never have any more children.

She later moved to the Santa Barbara area and met and married Peter McGowan, her second husband. Pam loved living in Santa Barbara and regrets ever leaving, but Pete decided to move them to a small town in central California called Dinuba. She was a waitress at a Perkins Restaurant there. They lived there for several years before they moved to Montana to be close to Pete's son and daughter-in-law. Pete knew his health was deteriorating and wanted Pam to be close to his son and daughter-in-law in case something happened to him, since Pam had no family here in the states. Pete's son and daughter-in-law promised Pete they would take care of her in his absence. He was very concerned for Pam's welfare.

Pam worked at Martin's Inn in Victor until it closed when the highway was widened. Pete passed away in 2001 and in 2002 Pam married Pat, an Italian, whom she met through a friend. She was very happy with Pat. He had family in Italy and they traveled there to visit. He would cook for her and they were very social with many friends. They lived in a beautiful big house on Golf Course Road. Pat passed away in 2008 suddenly in his sleep and Pam was devastated.

A significant political event that occurred in her lifetime would be World War II. Pam lived outside London at the time and can tell you some good stories of how they housed women and children.

In her spare time Pam used to love to do ceramics, sewed all her own clothes and cared for her husbands. She was very doting!

She and Pete used to love to dance to swing music...Harry Miller-type. They were very fun to watch. She still loves to dance!

Her favorite place to visit would probably be Italy. She was obsessed with anything Italian when she married Pat!

Pam was never really into any holidays. She didn't host holiday parties, didn't have a Christmas tree or presents, and didn't go to church, but loved celebrating at her son-in-law's and daughter-in-law's house with them.



RESIDENT BIRTHDAYSCanyon View

Gary Hawker April 3
Nell Knight April 3

The Manor

Steven Lind April 3
Erwin Willacker April 7
Durien McGourty April 17
Mary Voise April 25
Don Harder April 26
Geri Sitko April 26
Walt Ball April 28

The Remington

Lindon Fellows April 2
Donna Lesley April 15
Bernice Kearns April 23
Kathy Lipus April 24
Helen Adams April 27

Sapphire

Mary Peterson April 18
Helen Madeen April 20

STAFF BIRTHDAYS

Austin Zimmerman April 6
Austin DeZort April 23
Alisha Bennett April 24

STAFF EMPLOYMENT ANNIVERSARIES

Joe Elhard 16 Years
David Keegan 7 Years
Cindy Whitney 3 Years
Nate Ayala 2 Years
Cody Knez 1 Year

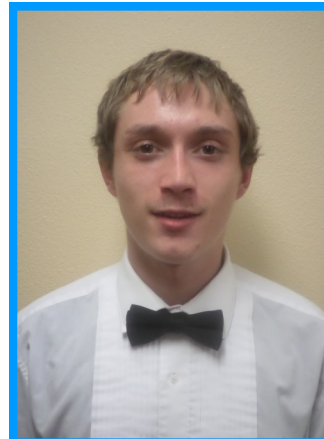
FOUR FACTS ABOUT PEEPS MARSHMALLOW CANDIES

1. It takes six minutes to make one Peeps chick.
2. Original Peeps have a shelf life of two years.
3. More than five million Peeps are produced each day.
4. Peeps have been the most popular non-chocolate Easter candy in the United States for more than a decade. Take that, jelly beans!

~Contributed By
Millie Williams (Sapphire)~

STAFF MEMBER OF THE MONTH
AUSTIN DeZORT-KITCHEN STAFF

My name is Austin DeZort and I was born in Hamilton where I spent half of my life. I grew up close to family, who I spent most of my childhood with. At seven years old, I moved to Wisconsin where I spent the other half of my life. Two years ago I moved back here and I now live with my grandparents, taking care of my grandma and keeping up the house. The three most important things to me are God, family and friends. My two favorite things are music and sports...and there's nothing I love more than putting a smile on someone's face!

THE ALPHABET POEM

The following is a poem shared with us by Vi Chays, a resident of The Manor. Vi was raised in Ireland and many, many years ago her mother wrote this poem in order to teach her children the alphabet. Vi can still remember it after all these years! It goes like this:



A gave Mister Mouse an armchair deep.
B a bed in which to sleep.
C a cradle very sweet.
D a doormat for his feet.
E a shining egg cup gay.
F a frying pan for pancake day.
G a glass in which to look
H a harp, a music book.
I an inkpot for the ink.
J a jug for milk to drink.
K a key to lock at night.
L a lamp for room to light.
M a mop, cobwebs to end.
N a needle, holes will mend.
O for oilcloth white and blue.
P a picture of Auntie Pugh.
Q a quilt upon the bed.
R a rug on which to tread.
S a scuttle for the coal.
T for teapot, sugar and bowl.
U for an umbrella for the showers.
V a vase to hold the flowers.
W for wallpaper, scissors and paste.
X for exit, so exit in haste.
Y for yellow soap for scrubbing the floors.
Z for a zigzag path leading up to the door.

Family Egg Hunt

~Dominic "Flominic" Farrenkopf~

This year we tried to make the egg hunt extra fun, by hiding the eggs outside, with the setting sun.

The kids were in bed when the bunny made his round. He hid the hard-boiled eggs all over the ground.

There were three dozen behind bushes, grass and trees. My wife and I thought, "It will be fun finding these!"

We both came back inside and got ready for bed. Knowing the eggs were hidden, I laid down my head.

We awoke early and herded the kids outside. They raced around looking for where the eggs would hide.

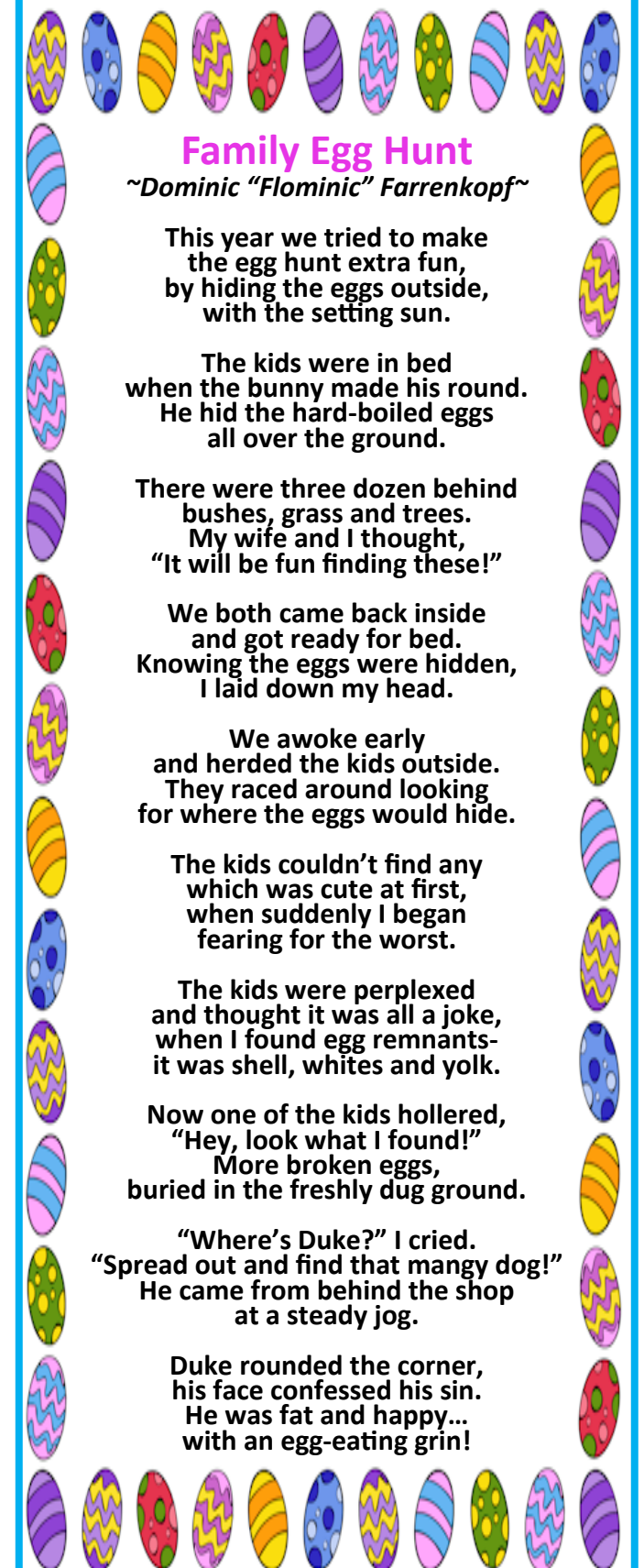
The kids couldn't find any which was cute at first, when suddenly I began fearing for the worst.

The kids were perplexed and thought it was all a joke, when I found egg remnants- it was shell, whites and yolk.

Now one of the kids hollered, "Hey, look what I found!" More broken eggs, buried in the freshly dug ground.

"Where's Duke?" I cried. "Spread out and find that mangy dog!" He came from behind the shop at a steady jog.

Duke rounded the corner, his face confessed his sin. He was fat and happy... with an egg-eating grin!

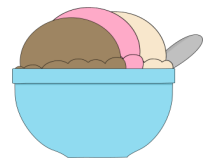


Happy? Maybe....

Is there anything that brings back the days of childhood? I don't think so, but I have a memory and I don't know where it came from. It's just there to think about and bring peace and contentment back into my world. When I think about this, days of sitting in the sun, chasing butterflies, feeling a cool breeze on my face and picking wild daisies also come to mind. There is nothing to do but enjoy. Maybe it's a piece of heaven that I managed to capture and bring with me when I was born, or maybe it's just a part of my very young childhood, something that happened only once in a great while. Wherever it came from, it makes me feel good about life, and then all is well in my world.

What is this memory, you ask? The memory is of having Neapolitan ice cream and orange sugar cookies. It is actually more than a memory. It brings with it a sense of being there. I can taste the ice cream and cookies. I can also hear birds singing, insects buzzing and the creek gurgling as it rambles on to who knows where. There is no one else there, only me. Oh, yes, there is that chipmunk watching and waiting, hoping to catch a crumb or two.

It's a memory for a moment, then it is gone, but for that brief time all that seems upside down and inside out gets turned right side up again. I can't really call it a memory because I truly don't know where it comes from. Maybe God put it there to let me know that Neapolitan ice cream and orange sugar cookies will be waiting for me when I get home. Maybe I'll try it for real and see if it has the same effect. After all, why wait for tomorrow when you can be happy today Just a thought.



~Candy Palmer
(The Manor)~



EXERCISE!

~Margaret Rhodes (Sapphire)~
(Margaret wrote this in honor of a well-loved exercise instructor in days gone by at the Senior Center. Some of you may remember!)



"The year has gone
I don't know where it went
I've enjoyed every
Exercising minute
Well spent
Bending, rowing
Squeezing, cycling
Left and right
Right and left
Up and down
Breathing in and out
Turning, twisting
Sitting, standing
Bending
Moving all about
Raising lowing
Saying
'That lady wore me out!'
It's been fun
And you know it
Tell me Lord
How much longer can I
Endure

Suzanne's exercise on the floor!"



Our St. Patrick's Day Ceilidh
(Pronounced "Kaylee" - Gaelic For "Party")

THE ETERNAL WORTH
AND MEANING OF EASTER

Matthew 28:1-10

¹In the end of the sabbath, as it began to dawn toward the first day of the week, came Mary Magdalene and the other Mary to see the sepulchre. ²And, behold, there was a great earthquake: for the angel of the LORD descended from heaven, and came and rolled back the stone from the door, and sat upon it. ³His countenance was like lightning, and his raiment white as snow: ⁴And for fear of him the keepers did shake, and became as dead men. ⁵And the angel answered and said unto the women, Fear not ye: for I know that ye seek Jesus, which was crucified. ⁶He is not here: for he is risen, as he said. Come, see the place where the LORD lay. ⁷And go quickly, and tell his disciples that he is risen from the dead; and, behold, he goeth before you into Galilee; there shall ye see him: lo, I have told you. ⁸And they departed quickly from the sepulchre with fear and great joy; and did run to bring his disciples word. ⁹And as they went to tell his disciples, behold, Jesus met them, saying, All hail. And they came and held him by the feet, and worshipped him. ¹⁰Then said Jesus unto them, Be not afraid: go tell my brethren that they go into Galilee, and there shall they see me.



CHRIST ALL IN ALL



Christ for sickness, Christ for health.
Christ for poverty, Christ for wealth.
Christ for joy, Christ for sorrow.
Christ today and Christ tomorrow.
Christ my life, Christ my light.
Christ for morning, noon and night.
Christ when all around gives way.
Christ my everlasting stay.
Christ my rest and Christ my food.
Christ above my highest good.
Christ my well beloved, my friend.
Christ my pleasure, without end.
Christ my Savior, Christ my Lord.
Christ my portion, Christ my God.
Christ my good shepherd, I His sheep.
Christ Himself my soul doth keep.
Christ my leader, Christ my peace.
Christ hath given my soul release.
Christ my righteousness divine.
Christ for me, for He is mine.
Christ my wisdom, Christ my meat.
Christ restores my wandering feet.
Christ my advocate and priest.
Christ who ne'er forgets the least.
Christ my teacher, Christ my guide.
Christ my rock, in Christ I hide.
Christ the everlasting bread.
Christ His precious blood has shed.
Christ the everlasting Word.
Christ my master, Christ my head.
Christ who for my sins hath bled.
Christ my glory, Christ my crown.
Christ the plant of great renown.
Christ my comforter on high.
Christ my hope is ever nigh.
Christ is come in the air.
Christ come quickly is my prayer.

~Contributed By Bernice Kearns (Remington)~

Thanks To Our Volunteers And Community Partners! We Couldn't Do It Without You!

John and Helen Gurtner
Wayne Wardwell
MDMH EMT's
On-the-Edge Band
Country Jam Session
Suzanne Harris
Rick and Louise Lockhart
Willard Bullock
Bo Wherry
The Accordion Players
Nansu Roddy
Mercy Courchesne
Bitterroot Public Library
Community Pinochle Players
Kat Michaels
Linda Prestridge and Amber
Olson Family Band
Ruth and Rob Plesner
Judy Mason
Kathy Lipus
Jill Zeren
Joe Elhard
Ila Pizzuto

Ravalli County Museum
Bev Humphrey
Carol Simning
Bea Niehaus
Bonnie Cushing
Dick Holt
Jean Roberts
Shenanigans
Josie and Gwen Wolfe
Grace Lutheran Church
Faith Lutheran Church
Markeita Snell
Nell Knight
Corvallis School District
Hamilton School District
Candy Palmer
Star Jameson
John Robinson
Richard Henry
Toe Tappers
Bill and Edna Pellant
Carol Winkler
Casey Austin



Thank you to all who
lead our
Chapel Services!

Curtis Brown
Pastor John Capen
Pastor Vern Sandersfeld
Gabe and Diane Sandland
Pastor Peacock
Presbyterian Ladies
Pastor Steve Clark
Pastor Rick Gray
Pastor Brenda Satrum
Pastor Fidelis
By Still Waters
Pastor Jonathan Thiebaud

LIFE'S RECIPE (By Melody Asbill)

- 1 Cup Good Thoughts
- 1 Cup Consideration for others
- 3 Cups Forgiveness
- 1 Cup Kind Deeds
- 2 Cups Sacrifice for Others
- 2 Cups Well-Beaten Faults

Mix these thoroughly and add tears of joy, sorrow and sympathy for others. Fold in 4 cups of prayers and faith to lighten other ingredients and raise texture to great heights of Christian living. After pouring all this into your daily life, bake well with the heat of human kindness.

Serve with a smile!

~Contributed By Candy Palmer
(The Manor)~



Volunteers

Save The Date
For Our Annual
Appreciation
Celebration
To Honor You
And All You Do
For Us!

Friday
April 20th
2:00 PM
At Sapphire
Lutheran Homes

WHY SHOULD YOU WALK?



BLOOD PRESSURE

Walking can lower your blood pressure. Walking also reduces your risk for coronary heart disease.

ARTHRITIS

Walking strengthens the muscles that support joints, helps shed pounds and reduces joint stiffness.

OSTEOPOROSIS

Walking helps preserve bone.

DEPRESSION

Walking fast increases the production of serotonin, dopamine and other brain chemicals that lift your mood.

INSOMNIA

Morning walks expose your body to essential early daylight. Bright light inhibits the body's secretion of melatonin, our natural sleep agent. When you block melatonin in the morning by walking outside, it then bounces back later in the day, helping to promote sleep. Late-afternoon walks can also help, as we sleep best when our bodies are in cool-down mode.

TYPE 2 DIABETES

Walking provides better blood sugar control, especially as we get older and become more resistant to insulin. Walking after eating sweets can prevent a blood sugar spike.

WHAT DOES AN ANGEL LOOK LIKE?

Angels come in all shapes and sizes; all ages and skin types.

For example, the little old lady who returned your purse last week.

They come disguised as enemies, teachers, students, even fools.

Like the taxi driver who told you that your eyes light up the world when you smile.

They don't take life too seriously; they travel light.

Remember the small child who showed you the wonder in simple things?

An angel leaves no forwarding address; they ask nothing in return.

Like the poor man who offered to share his lunch with you.

Like the rich man who showed you that it really is all possible, if only you believe.

Remember the stranger who just happened to come along when you had lost your way?

Think back to the friend who touched your heart when you didn't think you had one.

Some cherubs have freckles, some have dimples; think of some with wrinkles, some without.

They are hard to find when your eyes are closed.

But when you choose to see, angels are everywhere you look.

So, open your eyes and count all your angels, for you are truly blessed!

~Author Unknown~



~Contributed By Margaret Rhodes (Sapphire)~

LEARNING ABOUT "THE BIRDS AND THE BEES" (OTHERWISE KNOWN AS THE TRUE STORY ABOUT THE CLASSROOM FROGS!)

~Helen Gurtner (Remington)~



It all happened in my third-grade classroom at Phantom Lake School near the small lake. The kids often brought things to share but, even after teaching a dozen or more years, this surprised me! However, rising to the occasion, we had quite a unit in science!

In walked two of my boys lugging a heavy bucket filled with lake water and two very large frogs that seemed to be "glued together" (or so my innocent boys thought).

And right there we were off and running into those forbidden and hushed words, SEX EDUCATION.

After I consulted our science coordinator, I decided to proceed and, before we finished this "affair," the office staff, the deliverymen and all of the parents had gained some unexpected trivia.

The boys had found these frogs, as they were ready to "go into action." The male frog is in the top position and he squeezes the female while she discharges her eggs and, at the same time, his sperm fertilizes her eggs. Now, the adults and we kids knew the routine to be followed, BUT no one told our frogs!



After a few days of waiting for Mamma Frog to do what comes naturally, I called the science coordinator again. His advice was to put the big glass container into a dark and quiet spot. The principal said, "Not in MY office!" So we headed into the darker storage room and then we waited and waited again. Of course, it was delivery day and the deliveryman hollered to the secretary, "WHAT ARE THESE TWO FROGS DOING IN HERE?" At that point, the secretary gave a sex education lesson to the deliveryman!

Well, then we learned even more about frogs. That is, they never should have been taken from their natural environment in the first place. In my medical expertise, I believe we caused Mamma Frog a mental breakdown. At any rate, she reabsorbed her eggs and the boys returned the pair to the nearby lake. I don't think that they croaked but we will follow the rule: DON'T MESS WITH MOTHER NATURE!



April 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
EASTER 1 Special Menu	2 <u>BRUNCH</u> Golden Rod Eggs BBQ Chicken Sandwich <u>DINNER</u> Pot Roast Salmon With BBQ Sauce	3 <u>BRUNCH</u> Pastrami Reuben Chef's Salad <u>DINNER</u> Spaghetti and Meat Sauce Crab-Stuffed Sole With Hollandaise	4 <u>BRUNCH</u> Beef Quesadilla BLT With Avocado <u>DINNER</u> Lemon Chicken Pork Tenderloin	5 <u>BRUNCH</u> Stuffed French Toast Chili Dog <u>DINNER</u> Blackened Catfish Pot Roast	6 <u>BRUNCH</u> Chicken Salad on a Croissant Banana Bread French Toast <u>DINNER</u> Prime Rib Halibut With Pesto Sauce	7 <u>BRUNCH</u> Philly Steak Sandwich Breakfast Sandwich With Ham, Bacon or Sausage <u>DINNER</u> Roast Turkey Stuffed Peppers
8 <u>BRUNCH</u> Shrimp Gumbo Chicken Cordon Bleu <u>DINNER</u> Chef's Choice	9 <u>BRUNCH</u> Cheeseburgers Deli Sandwich <u>DINNER</u> Pork Chops Meatloaf	10 <u>BRUNCH</u> Cobb Salad Chicken, Bacon, Swiss Sandwich With Avocado <u>DINNER</u> Sweet-and-Sour Chicken Liver and Onions	11 <u>BRUNCH</u> Creamed Tuna Over Toast Grilled Ham and Tomato <u>DINNER</u> Bratwurst BBQ Ribs	12 <u>BRUNCH</u> Shrimp Cocktail Sloppy Joes <u>DINNER</u> Grilled Jerk Chicken Breast Country Fried Steak	13 <u>BRUNCH</u> Fish and Chips Spaghetti and Meatballs <u>DINNER</u> Breaded Walleye Beef Tenderloin With Sauce Bearnaise	14 <u>BRUNCH</u> Denver Omelet Steak Caesar Salad <u>DINNER</u> Beef Goulash Chicken Parmesan
15 <u>BRUNCH</u> Thai Chicken With Peanut Sauce Beef Tenderloin With Red Wine Reduction <u>DINNER</u> Chef's Choice	16 <u>BRUNCH</u> BBQ Pork Sandwich Bacon Breakfast Skillet <u>DINNER</u> Shrimp Scampi Chicken Alfredo	17 <u>BRUNCH</u> Chicken Tenders With Ranch or BBQ Sauce Ham Quiche <u>DINNER</u> Shepherd's Pie Pork Enchiladas	18 <u>BRUNCH</u> Shrimp Louie Salad Turkey BLT on Croissant <u>DINNER</u> Corned Beef and Cabbage Swiss Steak	19 <u>BRUNCH</u> Chicken Malibu Sandwich Smoked Salmon on a Grilled Bagel <u>DINNER</u> Stuffed Chicken Breast Beef Pot Pie	20 <u>BRUNCH</u> Build-Your-Own Pizza Eggs Benedict <u>DINNER</u> Coconut-Breaded Shrimp With Mango BBQ Sauce Beef Stroganoff	21 <u>BRUNCH</u> Cheeseburgers Blueberry Pancakes <u>DINNER</u> Beef Lasagna Chicken and Dumplings
22 <u>BRUNCH</u> Game Hens Baked Ham <u>DINNER</u> Chef's Choice	23 <u>BRUNCH</u> Ham Omelet Deli Sandwich <u>DINNER</u> Beef Tips Over Mashed Potatoes Salmon With Maple Glaze	24 <u>BRUNCH</u> Bratwurst Chicken Salad on Croissant <u>DINNER</u> Pork Tenderloin Chicken Cacciatore	25 <u>BRUNCH</u> Sweet-and-Sour Pork Over Rice Bacon Breakfast Skillet <u>DINNER</u> Cheeseburgers Stuffed Turkey Breast	26 <u>BRUNCH</u> Hard-Shell Beef Tacos Pancakes with Strawberries and Whipped Cream <u>DINNER</u> Beef Stew Fried Chicken	27 <u>BRUNCH</u> Banana Bread French Toast Ham Salad Sandwich <u>DINNER</u> Roast Chicken Beef Brisket	28 <u>BRUNCH</u> Ham Quiche Biscuits and Gravy <u>DINNER</u> Filet With Crab and Hollandaise BBQ Ribs
29 <u>BRUNCH</u> Sake Soy Glazed Salmon Pork Tenderloin <u>DINNER</u> Chef's Choice	30 <u>BRUNCH</u> Chicken Quesadilla Hawaiian Meatballs Over Rice <u>DINNER</u> Halibut With Peppers and Onions in Tomato Sauce Beef Burrito			SAPPHIRE Brunch (Mon-Sat) 10:30-12:30 (Sun) 11:30-2:00 Dinner (Mon-Sat) 5:00-6:30	Director Of Food Services: James Wiberg jwiberg@sapphirelutheran.org Executive Chef: Becky Shirley bshirley@sapphirelutheran.org	REMINGTON Breakfast 8:00-9:30 Brunch 11:30-1:00 Dinner 4:30-6:00

April 2018 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Easter Sunday 10:30 St. Francis Catholic Communion-SLH 2:30 Country Jam Session-SLH 3:00 Chapel Service-Pastor Peacock-REM 6:15 Chapel Service-Pastor Peacock-SLH	2 10:00 Exercise-SLH 12:00-2:00 Sundry/Cookies-SLH 1:30 Bingo!-TM 1:30 Presbyterian Open Communion-SLH 2:30 B-day Bash w/ Willard-TM 3:00 Hearing Aid Maintenance-REM 6:30 Games w/ Joe E.-SLH	3 9:30 Exercise Fun-REM 2:30 Birthday Bash w/ Olson Family Band-REM 4:00 Ping-Pong-SLH 5:00 Free Church Dinner 6:15 DVD Presentation "Great Churches"-SLH 6:30 Mahjong-SLH	4 9:30 Exercise Fun-REM 10:00 Exercise-SLH 2:00 AC Computer Help by Christopher H.-SLH 2:30 Birthday Bash w/ Bo Wherry-SLH 3:45 Josie's Reading!-CV 6:15 Bingo!-SLH	5 9:30 Exercise Fun-REM 10:15 Easy Yoga-SLH 1:15 Bingo!-REM 2:00 Pet Therapy-REM 2:30 Birthday Bash w/ The Shenanigans-CV 3:00 Happy Hour-SLH 3:45 Bible Study-SLH PDR 7:00 Just Because Social-SLH	6 Coffee & Donuts-All Bldgs. 10:00 Exercise-SLH 10:30 Interact Café-SLH 12:00-2:00 Sundry/Cookies 1:30 Rick & Louise Music-SLH 1:30 Veterans' Group-Discovery Care Centre 4:00 Community Piano-SLH 7:00 Ruth Plesner-SLH	7 8:30 Flominic's Poem-SLH 9:00 Under The Hood-SLH 10:00 Picture Bingo-ML 12:30 Blood Pressure-REM 1:00 Thrift Store Shopping 3:00 Line Dancing-SLH 6:30 Movie & Popcorn-SLH
8 10:30 St. Francis Catholic Communion-SLH 2:30 Country Jam Session-SLH 6:15 Chapel Service-John Capen-REM 6:15 Chapel Service-Curtis Brown-SLH	9 10:00 Exercise-SLH 12:00-2:00 Sundry/Cookies-SLH 12:15 Veterans' Lunch-SLH 1:00 Rummikub-TM 2:30 Happy Hour-REM 2:35 Creative Writing Group From Hamilton Middle School-SLH 6:30 Games w/ Joe E.-SLH	10 9:30 Writers' Group-SLH 2:00 Room Visits with Star-SLH 3:00 Birthday Bash-ML 4:00 Ping-Pong-SLH 5:00 Free Church Dinner 6:15 DVD Presentation "Great Churches"-SLH 6:30 Mahjong-SLH	11 9:00 Trip to Missoula-Goodwill Store & Lunch 9:30 Exercise Fun-REM 10:00 Exercise-SLH 2:00 AC Computer Help by Christopher H.-MOBILE 2:30 Casey Austin Country Music-SLH 6:15 Bingo!-SLH	12 9:30 Exercise Fun-REM 10:15 Easy Yoga-SLH 1:00 Pet Therapy-SLH 1:15 Bingo!-REM 2:30 Veterans' Group-REM 3:00 Happy Hour-SLH 3:45 Bible Study-SLH PDR 6:30 Cowboy Poetry-Darby	13 10:00 Exercise-SLH 12:00-2:00 Sundry/Cookies 1:00 Community Pinochle-SLH 1:30 Veterans' Group-Discovery Care Centre 4:00 Community Piano-SLH 6:30 Dominoes-TM 6:30 Movie & Popcorn-SLH	14 8:30 Flominic's Poem-SLH 9:00 Under The Hood-SLH 10:00 Downtown Shopping-Senior Saturday 12:30 Blood Pressure-REM 3:00 Line Dancing-SLH 6:30 Movie & Popcorn-SLH
15 10:30 St. Francis Catholic Communion-SLH 2:30 Country Jam Session-SLH 6:15 Chapel Service-Pastor Jonathan Thiebaud-REM 6:15 Chapel Service-Pastor Vern Sandersfeld-SLH	16 10:00 Exercise-SLH 12:00-2:00 Sundry/Cookies-SLH 1:00 Parkinson's Support Group Ice Cream Social Fundraiser-SLH 1:00 Rummikub-TM 2:30 Happy Hour-REM 6:30 Games w/ Joe E.-SLH	17 9:30 Exercise Fun-REM 10:30 Toe Tappers-REM 12:00 Ruth Plesner Lunch-AL 1:00 Toe Tappers-TM 1:15 Bingo!-REM 2:00 Tea Party w/ Nansu-SLH 4:00 Ping-Pong-SLH 5:00 Free Church Dinner 6:15 DVD Presentation "Great Churches"-SLH 6:30 Mahjong-SLH	18 9:30 Exercise Fun-REM 10:00 Exercise-SLH 1:30 Low Vision Support-SLH 2:00 AC Computer Help by Christopher H.-MOBILE 2:30 Nature Walk-Save Powell Park-SLH 3:45 Josie's Reading!-SLH AL 5:00 Community Poetry Chapter One Bookstore 6:15 Bingo!-SLH	19 9:30 Exercise Fun-REM 10:15 Easy Yoga-SLH 1:15 Bingo!-REM 2:00 Pet Therapy-REM 3:00 Happy Hour-SLH 3:45 Bible Study-SLH PDR 5:30 Dinner Out-Hamilton House	20 Coffee & Donuts-All Bldgs. 10:00 Exercise-SLH 12:00-2:00 Sundry/Cookies 2:00 Volunteer Appreciation Party-SLH 4:00 Community Piano-SLH 6:30 Dominoes-TM 6:30 Movie & Popcorn-SLH 7:00 Bitterroot Folk Dancers	21 8:30 Flominic's Poem-SLH 9:00 Under The Hood-SLH 10:30 Trip to Darby 12:30 Blood Pressure-REM 3:00 Line Dancing-SLH 6:30 Movie & Popcorn-SLH
22 10:30 St. Francis Catholic Communion-SLH 1:30 Hamilton Players "Charlotte's Web" 2:30 Country Jam Session-SLH 6:15 Chapel Service-Pastor Steve Clark-REM 6:15 Chapel Service-Pastor Brenda Satrum-SLH	23 10:00 Exercise-SLH 12:00-2:00 Sundry/Cookies-SLH 1:00 Rummikub-TM 2:30 Happy Hour-REM 2:35 Creative Writing Group From Hamilton Middle School-SLH 6:30 Games w/ Joe E.-SLH	24 9:30 Writers' Group-SLH 9:30 Exercise Fun-REM 11:00 Resident Q&A-CV 1:15 Bingo!-REM 2:00 Room Visits with Star-SLH 2:30 Resident Q&A-SLH 4:00 Ping-Pong-SLH 5:00 Free Church Dinner 6:15 DVD Presentation "Great Churches"-SLH 6:30 Mahjong-SLH	25 9:30 Exercise Fun-REM 10:00 Exercise-SLH 2:00 AC Computer Help by Christopher H.-SLH 2:00 Resident Q&A-REM 2:30 Roxanne Regiato Guitar Music-CV 6:15 Bingo!-SLH	26 9:30 Exercise Fun-REM 10:15 Easy Yoga-SLH 1:00 Pet Therapy-SLH 1:15 Bingo!-REM 2:00 Resident Q&A-TM 2:30 Veterans' Group-SLH 3:00 Happy Hour-SLH 3:45 Bible Study-SLH PDR 6:30 Amish Singers-SLH/TM 7:00 Arthur's Club-SLH	27 Arbor Day 10:00 Exercise-SLH 12:00-2:00 Sundry/Cookies 1:00 Community Pinochle-SLH 2:00 Back Roads w/ Joe E. 4:00 Community Piano-SLH 6:30 Dominoes-TM 6:30 Movie & Popcorn-SLH	28 8:30 Flominic's Poem-SLH 9:00 Under The Hood-SLH 10:00 Strolls w/ Renee-ML 12:30 Blood Pressure-REM 2:30 Trip to the Movies 3:00 Line Dancing-SLH 6:30 Movie & Popcorn-SLH 7:30 Bell Choir-Hamilton High School
29 10:30 St. Francis Catholic Communion-SLH 2:30 Country Jam Session-SLH 6:15 Chapel Service-Pastor Fidelis-REM 6:15 Chapel Service-Pastor Rick Gray-SLH	30 10:00 Exercise-SLH 12:00-2:00 Sundry/Cookies-SLH 1:00 Rummikub-TM 2:30 Happy Hour-REM 6:30 Games w/ Joe E.-SLH			Devotions: Monday-Friday TM-The Manor 9:00 REM-The Remington 9:00 SLH-Sapphire 9:20 CV-Canyon View 11:00 ML-Memory Lane 11:30 KEY: AL-Sapphire Assisted Living PDR-Private Dining Room	Donut & Coffee Socials on 1st and 3rd Friday Mornings: 9:00 The Manor 9:15 The Remington 9:30 Memory Lane 9:30 Sapphire Act. Rm. 10:15 Canyon View Sundry, Coffee & Cookies-SLH Mondays and Fridays 12:00 pm to 2:00 pm	Activity Director: Dominic Farrenkopf Activity Leaders: Janet Van Antwerp Beckey Jones Renee St. Peter 406-363-2800 x103 dfarrenkopf@sapphirelutheran.org Activities Subject to Change