November 2019

November 2019								
Sun	Mon	Tue	Wed	Thu	Fri	Sat		
Acolyte Nov 3 - Ian Fleming Nov 10 - Sharon Br Nov 17 - Matthew I Nov 24 - Nathaniel	rumback/Rebek Edwards/Lake	ah Root N Edwards N	Ushers ov 3 - Rick Losh/Sally Jo ov 10 - Bev and Pat Mur ov 17 - Andrew Banks/ ov 24 - Ray Bentz/Arno	rphy Jane Kelley	All Saints Day	2		
9am Coffee and Conversation & Choir Rehearsal 10am All Saints Sunday	Sunday on Monday Dinner at 5:45 Class at 6:15 Evening	5	1pm Bible Study	6pm Table Talk at the Daily Grind	8 10AM - 6PM Christmas Craft Fair in Luther Hall	9 10AM - 4PM Christmas Craft Fair in Luther Hall		
Holy Communion Book Club after Worship	Prayer at 7:30		6:30pm Choir Rehearsal		1 1 1	ian Symposium Opioid Epidemic		
9am Coffee and Conversation & Choir Rehearsal	7pm Council Meeting	12	13	14	15	9-4pm Adult Mental Health Workshop 6pm		
Worship 1-5pm Confirmation in Luther Hall	Veterans Day		1pm Bible Study 6:30pm Choir Rehearsal			Family Movie Night We are watching The 2019 Lion King		
9am Coffee and Conversation & Choir Rehearsal	18	19	20 11am Mustard Seed Thanksgiving Dinner	21	22	11am Friends Feeding Friends		
10am Worship with Holy Communion	Sunday on Monday		1pm Bible Study 6:30pm					
Congregational Meeting Following worship*	Dinner at 5:45 Class at 6:15 Evening Prayer at 7:30	6:30-8:30pm Sierra Club using Luther Hall	6:30 Choir Rehearsal 6:30 WELCA Needle Craft Night in the Lounge		St Jai Drop	ation Lock-in at ames Uvilla o off at 7pm ck up at 10am		
9am Coffee and Conversation & Choir Rehearsal 10am Christ the King Worship with	25	26	1pm Bible Study	Happy Thanksgiving Church office Closed	Church office Closed	ip Assistants		
Worship with Holy Communion Christmas Decorating after worship					Nov 3 - Diane Shewbridge Nov 10 - Jean Polhamus Nov 17 - Mindi Esswein Nov 24 - Becky Kline			

NEWSLETTER

St. John's Lutheran Church
101 W. Martin Street
Martinsburg, West Virginia 25401

Telephone: 304-263-9291 FAX 304-263-4559

E-Mail: churchoffice@stjohnsmartinsburg.org

Website: www.stjohnsmartinsburg.org

Pastor: The Rev. Matthew A. Day



NOVEMBER 2019



Each year on the Sunday after Reformation Sunday, we remember the saints who have died and now rest with Christ. For some, this day is a glorious celebration of God making all things new. For others, it is a day that bring up painful memories. Please be sure to come and offer mutual support to your fellow brothers and sisters in Christ. Having the full family of God present goes a long way in the grief process.

For All the Saints
who thee by faith before
the world confessed,
thy name, O Jesus, be
forever blest.
Alleluia! Alleluia!

But lo! there breaks a yet more glorious day; the saints triumphant rise in bright array; the King of glory passes on his way.
Alleluia! Alleluia!

2019 COUNCIL MEETING MINUTES

October 14, 2019

Meeting called to order by: Rick Losh, President

Members present: Pastor Matt, Rick Losh, Drew Catrow, Jerry Crites, Jane Kelley, Anne Moore, Mike Noll, Linda Payne, Diane Shewbridge, Shane Wagoner, Blaine Wilson, Bess Day (Treasurer)

Members Absent: Trey Voorhees, Darrell Propst

Devotions: led by Pastor Matt

Minutes: September meeting minutes approved as submitted. (M/S/P: Jerry Crites; Mike Noll)

Financial Report: The financial report is preliminary and will be adjusted as necessary pending end-of-quarter reports. The Endowment Fund did well.

Pastor's Report: Pastor thanked those who have pitched in to cover Martha's many duties during her illness and recuperation. A backup plan is being worked up as we go forward for training members to carry out the many duties should Martha (or Pastor or our Treasurer, Bess, need time off). A Trustees/Finance meeting is needed to prepare the 2020 budget as is a meeting of the nominating committee for Council elections. A Budget Prep and Trustees meeting is scheduled for October 28. (Note: our elected Trustees are Mary Elizabeth Day, Priscilla Horner, Richard Losh, Roger Wall and Blaine Wilson). Elections will take place on Sunday, November 17th. On that Sunday there will be a Congregational meeting to present the 2020 budget. The Sunday on Monday program as well as LYFE youth meetings may move to a different day pending consultation with the participants. Covenants are still being requested. Please submit one on paper or on line!

Luther Hall Request: Sue Wall has requested, on behalf of her daughter, the use of Luther Hall all day on Saturday, November 30th, for a 4-H Santa Shop. (M/S/P: Drew Catrow; Jerry Crites)

Upcoming Events:

- -November 3 All Saints Sunday
- -November 7, 8 & 9 Christmas Craft Fair
- -November 17 Annual Congregational Meeting for council nominations, budget, other church business
- -November 24 Christ the King Sunday

Old Business: The fencing project was reviewed and someone from St Johns will accompany Christy, Mustard Seed Director, to present the proposal to the Historic Preservation Committee as required by the City.

New Business:

-Christmas Poinsettias – The decrease in the numbers of poinsettias ordered to decorate the Altar has declined over the years. After discussion, council voted to take orders for the potted plants as well as "in lieu of poinsettias". The monetary donations will go to Campus Ministry. Donations through the Thanksgiving special offering will be donated to the Good Samaritan Clinic. Special Christmas offering will be donated to the Backpack Program. (M/S/P: Linda Payne; Mike Noll)

- -Linda Payne will head the Nominating Committee. We will need to elect 5 council members and 1 Trustee. Elections will be the end of November.
- -Drew created name/ID badges for church volunteers to wear during the Craft Fair days to welcome "customers" and direct folks to the concessions and vendor areas. This will ensure that street traffic to the event will not wander through Luther Hall or go upstairs where the Mustard Seed may be in session.

COMMITTEE REPORTS:

Christian Education: no report

Social Ministry: Friends Feeding Friends on October 26 is Tomato Soup, Grilled Cheese Sandwich, Pudding and Cookies. Donations of new men's and women's underwear is needed. Socks are in good supply right now. Trunk-or-Treat on October 27 – please participating and donating candy. Decks of playing cards are still needed for the Prison gift bags project which will be prepared in November for distribution in December.

Evangelism: see Pastor's Report

Worship and Music: Drew has entered all music held at St. Johns into the database and organized the materials in file cabinets. One more file cabinet is needed. (The oldest copyright is 1856!)

LYFE: Considering other meeting days/time – see Pastor's Report.

Property/Tech: Shenandoah HVAC will service the AC twice a year. An alarm company visited advising that St. Johns needs a Fire Inspection. We need to look into other alarm systems to see if we can find fire and security service at a lower cost. The windows in the balcony of the church need reglazing. Anne Moore has volunteered to do this. Council approved and expressed thanks for volunteering. Council might have to cut ties with our current steeple contractor as he has not completed the work

Mutual Ministry: Committee has not yet met but are working on a date for a meeting.

Stewardship: Covenant surveys are available in both printed and online formats. Please complete one and submit it. The Red Cross Blood Drive originally scheduled for December has been rescheduled by Red Cross and will now be taking place on January 11th in Luther Hall.

The next Mustard Seed Board Meeting will be in December.

With no other business, the meeting adjourned with the Lord's Prayer. (M/S/P:Jerry Crites;Mike Noll)

Respectfully Submitted,

Diane Shewbridge

Thank You Notes

Dear Pastor Day,

Thank you for allowing the Eastern Panhandle Sierra Club to use the Social Hall. it's the perfect space for our bimonthly programs. Also, please let the man who puts the room in order know, we appreciate his kindness and patience.

Aileen Coffman EP Sierra Club

To All members and friends of St. John's We would like to thank all who called, visited, send cards, concern and prayed for Wayne when he was having a rough time. Our sincere gratitude for all who helped wit the beautiful luncheon.

To Pastor Day,

Our appreciate for the welcomed visits to the hospitals, home, and Clary Grove. And also for the memorable message at his service. He is at peace now.

Bless each and everyone, Catherine Whitmore and Son, Ronnie

OFFICIAL NOTICE

Congregational Meeting November 17 following Worship

We will be meeting to vote on the 2020 Faith Spending Plan, electing officers to the Church Council, and electing a new trustee. All members are requested to be in attendance. If you are interested in serving, please speak with the chair of the Nomination Committee--Linda Payne at lpjolsen31@aol.com.

Special Offerings in November and December

At the Council meeting in November, the Council designated the Thanksgiving Envelope to the Good Samaritan Clinic, the "In Lieu of Poinsettia" offering to the Lutheran Campus Ministry at WVU, and the Special Christmas Envelope to Berkeley Backpack Program.

LCM at WVU is a word and sacrament ministry to the students and faculty at WVU. They hold weekly worship in the chapel as well as other events through out the week. Their chaplain is Pastor Tony Setley. Please place your special offering in the envelop provided and thank you for your generosity!

We have so many socks that we are good for the next couple of months. However, we need something that nobody likes to talk about...



OFFICIAL ACTS

Funerals

Iver Chris Olsen

-Born: October 27, 1965 Died: September 5, 2019

All Saints Sunday November 3, 2019

All Saints' Day is a universal festival of the Church. This festival day directs our attention to the richness of Christian history and the varied experiences of the grace of God by lifting up the lives of the saints.

The custom of commemorating all the martyrs of the Church on a single day goes back at least to the third century. In the Lutheran tradition, All Saints' Day (Nov. 1) celebrates not only the martyrs and saints, but all the people of God, living and dead, who together form the mystical body of Christ. In other traditions, November 2 is set aside to all the people of God who have died and is called All Souls Day. The tenor of All Souls Day is much more reserved as it is a day of mourning for many people.

Below are the names of the members and friends of our congregation who have died since All Saints' Day last year. We remember them in our prayers on this day and we give thanks for their lives. We remember and find strength in their faith and their lives serve as holy example of Christian living.

We remember...

Ella Mae Day Rosalee L. Ettinger

Gaylor Offerdahl Wayne Lester Whitmore

James Edward McQuaid Iver Chriss Olson Rosie Elizabeth Bentz Elva Rosalie Grove

William Franklin Bill Schuler

We have been asked by Immanuel's House to donate playing cards to the Eastern Regional Jail



We need to collect 450 decks of cards!

The best place to purchase them is at the Dollar Tree. They sell a two pack for \$1. The next time you are at the Dollar Tree, pick up a pack and bring them to St. John's.

The Social Ministry Committee will make sure they get to Immanuel's House .

9 Reasons Every Church Needs to Sing Hymns

By Jonathan Aiger



Not that long ago, hymn-singing was an inextricable part of corporate worship in essentially every Christian faith tradition. Fast forward a few decades to 2015, and vibrant hymn-singing is all but lost in most evangelical circles, and has a diminished presence in desperate mainline denominations. And make no mistake, our churches, people, and faith are all the poorer for it. There are many reasons to not neglect the long, ongoing tradition of hymnody in our churches. Here are just a few of them.

1. Hymns teach theology. This must be the first reason. Biblical scholar Gordon Fee says, "Show me a church's songs, and I'll show you their theology." And if that's true, we should be horrified at the sorts of things we've let ourselves get away with singing. Hymn-singing continues the didactic function of corporate worship by adding a new dimension to the beautiful truth of the Christian story. If the songs we sing don't inform, enrich, or edify our faith and mission, they simply aren't worth singing. Bad worship begets bad theology. Bad theology

begets a weak church. If we are what we sing, we should begin with the wealth of hymnody that has endured.

- **2.** Hymns allow for a more authentic response of emotional expression. There is a real dearth of emotional expression in the evangelical church, save for overly intimate descriptions of how Jesus makes us feel something vaguely positive. So much of what I've seen from contemporary worship simply seems inauthentic, flippant, and a bit dismissive, especially in response to the ugly, horrific realities we find in this world. But the best hymns of the past and present allow for a more honest, more natural, more human response to the stark terror happening around us at home and abroad. And during the darkest (and happiest) times of my life, I feel my faith is all the better for having the great hymns of faith in my head, heart, and mouth, because they gave me a heightened language for articulating the good news of Christ's gospel in response to the crap going here in tension of the already-not yet.
- **3. Hymns display a social consciousness.** An awareness of others is conspicuously missing from the self-aggrandizing penchant of modern corporate worship. But the idea that our faith should radically impact the way we relate to the world around us has long been a part of the hymn tradition through the likes of Isaac Watts, Charles Wesley, Fanny Crosby. And through the pens of recent hymn-writers, such as Fred Pratt Green, Brian Wren, and Ruth Duck, we've seen a renewed focus on singing this important part of our faith.
- 4. Hymns were written for congregational singing. Here's where it tends to get especially sticky. As I've written before, commercial worship songs are written in a style borrowed from the recorded tradition. Thus, they are written for individuals and small groups to perform, not for a congregation to sing together. This presents a bunch of issues that are prohibitive of unified congregational singing. The congregation is forced to try to follow the performer's ad libbing whims in all aspects of melody, rhythm, and tempo. Often, they are singing in a range that might fit the performer's, but is too large or extreme for the general. Hymns, on the other hand, are self-contained pieces that begin and end with the poetry. The harmony is dictated by the four-part vocal arrangement, making the songs ideal for hearty and robust large-group participation. And since the music is notated, the melody and rhythm

are standardized for unified singing free from the self-indulgence of the vocal performers.

5. The hymn tradition readily accepts new contributions. The advent of the contemporary service has polarized old versus new, but that shouldn't be the case. The single most toxic thing to traditional worship is the tendency to become a self-indulgent celebration of sentimentality, an old-time gospel hour for those of a certain age. But hymnody is a diverse and unbiased collection, adopting the best offerings of every generation into its ranks (even the occasional commercial worship song), as long as they are written for congregational singing.

6. Hymns naturally lend themselves to liturgical

use. Contemporary songs are often used in "worship sets" (I like to call them "worship wave pools), extended periods of music featuring songs melded together, perhaps topically linked, but often without any eye toward theology or liturgical function. Hymns more easily fit into the pattern of historical Christian worship, giving the congregation the chance to gather together, proclaim the Word of the Lord, give thanks for God's mighty acts in Jesus Christ, and to be sent out into Christian service. In this way, hymns become the work of the people, instead of the people's entertainment.

7. You can do Beer and Hymns!

8. Hymns remind us that we don't worship to attract unbelievers. Hymns don't mimic popular style in word or music. They are distinctively different songs with a distinctively different vocabulary for a distinctively different covenant people. I love the way former United Methodist Bishop and Duke Professor Will Willimon describes this peculiar sound to a questioning student.

"Well you'll notice that you won't hear any of this kind of music on MTV. This is different kind of music. You had to get up, get dressed, and come down here at an inconvenient hour of the day to hear music like this. Check out the Ten Commandments. It says that thing about 'honor your father and your mother.'

This is our attempt to do that in a small way. To be a Christian is to find yourself moving to a different rhythm, a different beat."

9. Hymns unite generations of Christian people. With all the technological connections at our fingertips, it's ironic that we live in a society in which we are horribly disconnected from basic human interaction. When we sing hymns in our churches, we are uniting with

those around us in a fantastically corporate, sensory experience. When we sing hymns of the past, we are sharing in faith with those who have gone before us.

The modern church tends to behave as if the crucifixion happened sometime in the mid-90s, as if Tom Brokaw interrupted a first-season Friends episode to break the news. Both of these extremes are toxic. All worship is historic because it recalls the creative and redemptive acts of God. All worship is contemporary, because we're doing it now. All worship is future, because it foretells the coming resurrection, when the curse will be broken and all will be set aright.

Until then, we come together as God's people, singing, speaking, preaching, and praying the old, old story, so that we might be remade further into Christ's likeness. Hymn-singing auto-corrects the blind spots in our modern faith understandings. By allowing the witness of previous generations into our worship, we are presented with a more complete picture of what it means to be a person of faith in our own time. And along with new hymns of our own creation, we pass on the faith of the saints who've gone before to our children and children's children.

For too long now, hymn-singing has been left as just another cold dessert choice in the worship cafeteria. Just for those of "a certain age." Just for those who "desire more tradition in their worship experience." It's time those days were over. It's time to teach our churches how to sing hymns once again. Before it's too late, and the rich tradition is gone for good.

This article was taken from: https://www.patheos.com/blogs/ponderanew/2016/01/26/9-reasons-every-church-needs-to-sing-hymns/?fbclid=IwARoNIgPy7Ta4eflj6InEDUkhvmIqTm8oSB87XAncc_w7EEIM9EV8dq9sIfo

Book Club

November 3rd following worship

We are reading two books this month: To be Sung Underwater by Tom McNeal and The Book Women of Troublesome Creek by Kim Richardson. Please let Bev Murphy know if you are interested in reading these books so that we can place an order on Amazon!

ALTAR FLOWERS

Special thanks go out to all who purchase flowers for the altar weekly so that this is not an expense for the church.

It is now time to sign up for 2020. The calendar will be placed in the Narthex near the elevator or you can fill out the form below.

Thank you for your help.

Name:		 	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	4-1-10
Date for Altar Flowers:		 		
In Honor/Memory of:	**** *********************************	 		
	*			

Please pick up your flowers after the second service.

Flowers should be ordered from Flowers Unlimited, 144 N. Queen Street, Martinsburg WV 25401 Telephone number: 304-260-5770 (During regular business hours)

Please contact Martha before your flower date of any changes to the above information so that we can have the correct information for the bulletin.

Please call Flowers Unlimited to order your flowers. Your specific arrangement will determine the price starting at \$40.95 for 2 vases. Flowers Unlimited will see that they are delivered to St. John's on Saturday and Jerry will see that they are placed on the altar on Sunday morning.

If, for some reason, you would like to use a different florist *you will be responsible* for their delivery and their placement on the altar for Sunday.

Gail Newman

304-579-4983

WANT TO KEEP UP BETTER WITH ACTIVITIES AND WORSHIP AT ST. JOHN'S?



Search for **St. John's Lutheran Church, Martinsburg** on
Facebook and like our page.

Visit Our Website

www.stjohnsmartinsburg.org

Sermons posted weekly, information about faith practices, and more information about events happening at the St John's.



Send an email to announcements@stjohnsmartisburg.org to sign up for weekly emails and announcements.



Christmas Memorials and Poinsettias

n Memory of
3 y
n Memory of
3 y
n Memory of
3 y
n Honor of
3 y
Poinsettias @ \$13.50 each = (Red poinsettia wrapped in green foil) In lieu of flowers" will be given to Lutheran Campus Ministry at WVU
Total:

Place order and payment in an envelope and place in offering plate or mail to the church office. Please make checks payable to:

St. John's Lutheran Church.

Poinsettias may be picked up after the <u>last</u> service on Christmas Eve or after the Christmas <u>Day</u> service.

Church J-Shirt

FUNDRAISER

\$15 FOR REGULAR SIZES \$20 FOR 2XL AND UP

Proceeds Benefit the 2021 Youth Gathering

We are hoping to place our second order after we have 30 T-Shirts sold.

CONFIRMATION LOCKINA St.James - Uvilla

4320 Shepherdstown Pike, Shenandoah Junction, WV 25442

> Nov 22 - Nov 23 Drop off at 7pm

Pick up at 10am Saturday Morning

Bring a yourself, a sleeping bag, a pillow, a tooth brush and a snack to share.

Bring a friend too if you like! Everyone involved in the confirmation program is invited to come!

> Breakfast will be provided on Saturday Morning!

RSVP to your Pastor!

SUNDAY ON MONDAY

CHRISTIAN EDUCATION AT ST. JOHN'S

After a year of Sunday on Monday, the Christian Education Committee has made plans to continue Sunday on Monday for another year. What is the premise of S.O.M.? Instead of Sunday morning education, we will have "Sunday School" on the 1st and 3rd Mondays of each month starting September 16. Hence the name, Sundays on Mondays. S.O.M.'s main focus is to tell the story and equip parents to be able to talk about the story at home. Christian Education works best when the story is brought home and is told not only by the pastor and teachers, but by the parents. Since Christian Education is an expectation of all Christians, S.O.M. is open to Adults as well.

The Evening Schedule:

5:45pm - Pot Luck Dinner in Luther Hall

6:15 pm - Class

7:15 pm - 20 minute Evening Prayer to wrap up the night. The entire community is welcomed to come even if you cannot make it to the class!

Classes offered:

Middle School and High School (youth

Nursery (to the age of Kindergarten) 1st-5th grade group night) Adult Class

Curriculum

Nursery through 5th Grade will use the Spark Bible. Typically, we will have an Old Testament Lesson the first week and an New Testament Lesson the third week.

November 4th- Noah's Ark

November 18th-Bible Trivia

December 2nd- Christmas, St Nicholas

and John the Baptist

December 16th- Mary's of the Bible

January 6th-First Communion

January 20th-First Communion

February 3- Baby Moses

February 17- Burning Bush

March 2- The Red Sea

March 16 - David and Goliath

April 6 - Ten Commandments

April 20 - Lord's Prayer

May 4 - Trivia Night

May 18 - The Lord is My Shepherd

IGNITE YOUR FAITH

YOUTH NIGHT

LYFE is for Middle School and High School age kids who wish to come for dinner, Bible Study, and prayer. This will be a space to have safe conversations and to have fun.

LYFE WILL HAPPEN MOST MONDAY NIGHTS FROM 5:45 TO 7:30 IN LUTHER HALL AT ST. JOHN'S

ALL MIDDLE AND HIGH SCHOOL AGE KIDS ARE WELCOME TO JOIN IN!

An opportunity for the youth to grow in spirit through worship, prayer, good food, fun games, and amazing company!



Ever want to explore theology in a way that is not intimidating or hard to understand? And do you enjoy, eating out with friends who want to know more about their faith? Then you need to join us for Table Talk.

Over the next few months, we are going to be exploring Luther's Small Catechism. Luther instructed pastors to teach the Catechism to the entire congregation once a year. Many have called Luther's Catechism a jewel of the church. Come and experience its richness!

St. John's Lutheran Church SOUP & SANDWICH SALE

At 101 West Martin Street - Luther Hall

November 7,8, and 9

Sponsored by WELCA, Women of the Evangelical Lutheran Church
Purchase by Pre-Order ONLY by November 4.

\$5.00 per Quart

Soups:	How Many	Total \$
Bean _		
Veg. Beef _		
Ckn. Noodle _		
SANDWICHES:	How Many	Total \$
Country Ham \$4.00		
Chicken Salad \$3.00		
Ham Salad \$3.00		
Cheese Salad \$3.00		
Please make checks	payable to:	
St. John's Women o	f the ELCA	
	TOTAL:	
Please check your page	ickup date	
Thursday, N	ovember 7 ^a from	4 – 7PM
Friday, Nov	vember 8 th from 10	AM – 7PM
Saturday, No	ovember 9 th from	10 AM – 4PM
NAME		
Phone		

To place an order by phone: 304-263-9291 Regular Quart Mason Jars are Needed

"Grab 'n Go Lunch available Friday & Saturday:

Hot Dog, Chips Drink - \$4.00

Steamer, Chips, Drink - \$4.00

Hot Dog with Steamer Meat, chips, drink - \$5.00



Dates:

November 8,2019 10:00-6:00 November 9,2019 10:00-4:00

Start your holiday shopping here and help local charities!



- Baked Goods Sale
- Handmade Crafts
- Local Products
- Trusted Vendors

We will be setup in Luther Hall 101 W. Martin Street, across the street from Bells and Bows and just around the corner from Flowers Unlimited. Both of which are holding their open houses!



St. Johns Lutheran Church 101 W. Martin Street

For detailed information please contact:

Phone: (304) 263-9291

Email: churchoffice@stjohnsmartinsburg.org

ADULT MENTAL HEALTH FIRST AID

Hosted by the Lutheran Congregations of the Eastern Potomac Conference NOVEMBER 16, 2019 9:00A.M.-4:00P.M. Registration 8:30 A.M.

DON'T LOSE YOUR SEAT ON SATURDAY, NOV. 16.

PLEASE MAIL TO THE ADDRESS ON THE REGISTRATION
FORM OR EMAIL: pastor@stjohnsmartinsburg.org
BEFORE NOVEMBER 8

WORKSHOP LIMITED TO THE FIRST 30 REGISTRATIONS
RECEIVED. THERE IS NO FEE FOR THIS WORKSHOP

MENTAL HEALTH FIRST AID TEACHES:

- Risk factors and warning signs of mental health concerns
- Information on depression, anxiety, trauma, psychosis, and substance use
- A 5-step action plan to help someone developing a mental health concern or in a crisis
- Available evidence-based professional, peer, and self-help resources

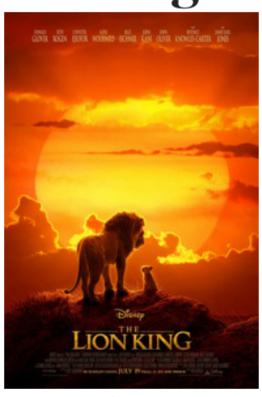
This is a 7-hour training course that teaches you how to help someone who is developing a mental health problem or experiencing a mental health crisis. The course is led by Amy Gamble. Amy is a speaker, author of "Bipolar Disorder, My Biggest Competitor," an Olympian, Mental Health Advocate and a person who lives with bipolar disorder. She writes her blog "Shedding Light on Mental Illness" to raise awareness, help eliminate stigma and share a personal view on living with a mental illness. Ms. Gamble is the Executive Director for NAMI/Greater Wheeling.

As we seek to love others as Christ first loved us, this course will help us to reach out through our congregations as we begin the process of eliminating the stigma that surrounds mental illness. Through the initiative, "Following Jesus to W.A.LM.A.R.T", we will encourage and equip congregations to take the next step in reaching out to those who are suffering. Wellness is our goal; Awareness is where it begins; Love is the balm; Ministry is our response; Acceptance saves lives; Resources will be made available to the entire community; Training is where the educational process and real change begins.

Saturday, November 16

Family Movie Night

This month we are watching The Lion King (2019 film)



We will provide the movie, popcorn and drinks.

All you need to bring is your family!

Movie starts at 6pm!

SUNDAY SERMONS

November 3 - The Blessings and Woes of Death

November 10 - I don't wanna be a Sadducee

November 17- Watch out for that brick! November 24 - Our king and the cross

3 YEAR GOALS

For St. John's

In the name of the Father, and the Son, and the Holy Spirit. Amen.

By November 30, 2020, we will:

- Increase Sunday worship attendance by 20% so that more people will be able to experience the great reward of being in a relationship with Jesus.
- Have 50% of the congregation's confirmed-membership fill out a Covenant so that we can seek out those ministry areas the Holy Spirit is leading us to do.
- Strengthen our physical involvement in community activities through participating in community organizations and schools.

Please pray over these goals and ask for the Holy Spirit to guide you in helping us accomplish our goals over the next year.

WELCOME TO WELCA

Upcoming Activities

November 5-9 - Soup and Sandwich Sale (prep, cook, can)

November 8 & 9 – Craft Sale with WELCA selling "brown bag" lunches.

November 20, and December 18, each at 6:30 Needlecraft Night November 17 with Thankoffering Service, December 15, each after service – WELCA meetings

December I – Decorate Graham Cracker Houses and make ornaments with children – after service – lunch provided

Continuing Opportunities for service:

- I. KNIT OR CROCHET Scarves for Friends Feeding Friends are needed as are prayer shawls (please remember to make these large enough to fit an adult)
- 2. Donations for Lily's Hospital Bags
- 3. NEW NEW NEW Fleece Blankets for homeless/Friends Feeding Friends
- This suggestion came through Community Lutheran Partners.
- It is getting cold. We will be tying fleece panels together to make VERY warm blankets.
- It is easy and fun.
- We will be doing this at our next WELCA meeting on November 17j, after service. Please stay and help us with this ministry.

SOUP/SANDWICH-

- Need canning jars, prefer wide mouth, but any will work
- Help with preparation Tuesday, Wednesday, and Thursday after 1:30 PM in Luther Hall and kitchen
- Help preparing and selling brown bag lunches Friday and Saturday 11 1:30 in Luther Hall
- A VERY special thank you to Drew Catrow for support with this project. Drew has taken on the craft sale part of this project. All spaces were sold by the beginning of October. He has organized a crew to help monitor the customers, making sure that on Friday, only the first floor, handicapped bathrooms are accessed. He made all the spread sheets to account for soup/sandwich orders.

Apple Harvest Concessions

- WELCA has grossed about \$1,100 WOW!! One or two bills are still out, but
- A very heartfelt THANKS to our congregation for your prayer support, your donations (bought and homemade) and your time and talents. This is a very well-oiled machine everyone knows their job and does it!! Without this support, WELCA would not be able to do things that we do.
- That being said please consider helping next year we need some NEW folks to work the concession stand. Some of the "regulars" could use a break. BUT they will help you learn the new job.

Graham Cracker House decoration

Each year Christian Education and WELCA join forces for this project.

- Sign-up sheets will be in bulletin in November.
- Lunch is provided so when you sign up, please indicate total number attending from your family.
- We ask that each child attending bring a can of icing and 1 bag of candies for decorating.
- Houses are assembled one evening.
- Candies will be shared buffet style.
- There will be an ornament or two to make, also.

Fall Work Day

We want to thank everyone who stayed to help with some projects around our campus. God gave us these buildings to do ministry which is vital to our community. These buildings allow us to do ministry from the preaching of the word, administration of the sacraments, to a gathering place for the saints of God, to the education of young minds (and old minds too), to the feeding of the hungry, and so much more. They need to receive some care from time to time. So, thank you! We accomplished:

- We deep cleaned the sanctuary
- We deep cleaned kitchen.
- We begun some plaster work in Narthex
- We decluttered and organized some classrooms upstairs
- •We hung a changing table in Luther Hall Handicap bathroom
- •We started painting trim and radiator covers in Luther Hall

Again, thank you!

NOVEMBER MILESTONES

BIRTHDAYS

- 4 Cheryl Burke Barbara Maxwell
- 5 Deanna Noll
- 6 Roberta Dana Gwen Ferenchick
- 7 Joshua Hancock
- 10 John Link
- 11 **Veteran's Day**Ann Cloud
 Rosalee Ettinger
- 14 Bernice Windholz
- 16 Lewis Harden, II
- 19 Margaret Bock
- 20 Brian Kelley
- 22 Happy Thanksgiving Day
- 25 Ben Byers, III
- 27 Carl Newman
- 29 Jenna Taylor
- 30 Katelyn Kline



ANNIVERSARIES

- 2 Megan & Kevin Remsberg
- 4 Rebecca & Kirk Kline
- 5 Deanna & Greg Noll
- 7 Kristi & David Remsberg
- 9 Debra & Teddy Roberts
- 28 Susan & Martin Bales

We would love to include you and your family

in the Milestones each month. Dates can be submitted by:

Phone: 304-263-9291 Mail: 101 W. Martin St. or

E-mail: churchoffice@stjohnsmartinsburg.org







Fall is a busy time here at The Mustard Seed!

On Monday, October 21st the center visited Old McDonald's Farm Pumpkin Patch. We had a blast going through the WV Mountaineer themed corn maze, riding on a hayride, meeting their farm animals, and picking out a pumpkin to take home. This is always a favorite trip every year for the Mustard Seed family to do together.

We will be having a Fall Festival next week where the students will be enjoying carnival type games and take home a goodie bag full of candy and treats. The next day we will have our Costume Parade in downtown Martinsburg to go trick or treating at the local businesses.

Donations for our fence project are now being accepted. Please contact Miss Christy at director@mustardseedwv.org for more information.

Thank you so much for your support of The Mustard Seed and we hope you have a fun Fall!!

Confirmation Pictures

On Sunday, October 6, we had our first Confirmation class of the year. We spent the day talking about why church matters. We had some team building exercises led by Eric Valentine, class discussion by Pastor Karen Valentine, and a panel discussion with people from all the participating congregations. If you or your child has not completed the Confirmation program and is in the 6th grade and up, you are welcome to join us. Confirmation is more than just education. We develop relationships and see the church from a completely different perspective. See the calendar on the next page and join us!





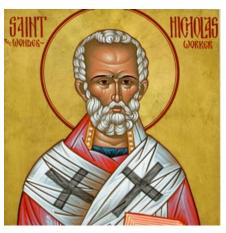




CONFIRMATION WITH POTOMAC EAST CONFERENCE - YEAR 2 (2019-2020)

	Мау 1-2	April 26 T @ St. Thomas	March I D @ St. Thomas	February 23 G @ St. Thomas	January 17-1 9	December 8 M @ St. John's	November 22-2	November 10 G @ St. John's	October 6 @ St. John's	Date						
Confirmation Sunday - Pentecost (or at your congregation's preference)	The Church Pastor Karen Confession and Forgiveness/Office of the Keys Bess and Pastor Chrstine Field Trip to Gettysburg (Friday to Saturday)	Death to life The Church	God's Kingdom	Confirmation Retreat: Prophets	Miracles		God With Us		6th and 7th Grade							
		Pastor Karen	Pastor Karen and Bess	Pastor Diane and Bess	Pastor Diane	Pastor Christine and Pastor Diane								Pastor Matt and Pastor Karen		Teacher
		Lord's Prayer	Apostles' Creed	Confirmation Retreat - Topic: Sacraments	Commandments 5-10	Middle/High School Confirmation Lock In at St. James Uvilla	Commandments 1-4	Why Church? Presentor: Pastor Karen Panel Discussion led by Pastor Christine	8th Grade							
				acraments	West Wing Episode - Take this Sabbath Day: Discussion on the Death Penalty		10 Commandments Movie		Reinforcement Activity							
		Bess and Pastor Chrstine	Pastor Christine and Pastor Diane	Pastor Matt and Pastor Christine	Pastor Matt 2	Pastor Matt and Bess		Bess and Pastor Diane		Teacher						

Mark your December Calendars!



Saint Nicholas Sunday

December 1 at 10am

St. Nicholas' feast day is actually December 6th. We are going to celebrate his life and legacy a little bit early in the hope that everyone will be able to fully enjoy his feast day later in the week. We will have a special children's sermon about St. Nicholas and offer some helpful suggestions to everyone as to how to best remember this faithful servant of God.



Graham Cracker Houses Decorating

December 1 in the chapel following Worship

Bring some candy to share and decorate the perfect graham cracker house! If you can't make it after church, join us at St. Thomas at 4pm. See below...

Advent Craft Night December 1 at St. Thomas

4pm

The conference is planning to have a fun craft around the theme of Advent. We will be making candles, decorating more graham cracker houses, drawing, painting, etc. We are asking for a 5 dollar donation to cover supplies. Everyone is welcome to come and learn a little bit more about Advent and be with our fellow Lutheran church family.



Potomac East Conference 5th Annual Christmas Caroling



December 5

Meet at 5:30 p.m. at
St. Thomas in Charlestown
We will have a quick dinner at
St. Thomas and then we head out
to some local nursing homes to
bring some Christmas Joy. EPTA is
graciously letting us use one of
their trolly busses to transport us
this year.

BREAKFAST WITH SANTA AND THE MARTINSBURG LIONS CLUB



SATURDAY, DECEMBER 14TH

9AM-12PM

LUTHERAN PARISH HALL

101 W. MARTIN STREET

KIDS 12YRS AND UNDER FREE

ADULTS WELCOME

(DONATIONS APPRECIATED)

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Hospitality Matters

"...extend hospitality to strangers." Romans 12:13b

Carmela noticed the lapel button on the Parking Lot Greeter; it read: "Ask Me" but since this was her first time to visit the church, she was too shy to ask what it meant.

As she entered the front door of the church, the greeter at the entrance also had the same button on her blouse: "Ask Me" but once again, because there were other people entering the church at the same time, Carmela was reluctant to ask what it meant.

By the entrance to the sanctuary, Carmela noticed that one of the ushers was also wearing the same button: "Ask Me."

Finally, her curiosity got the better of her, so she asked, "What does your button mean?" The usher grinned and replied, "We have many people who come into our building for the first time and this is one way to designate specific people to whom they can ask for information. How may I help you?"

Carmela breathed a sigh of relief and said, "I'm glad to know if I have any questions that there are so many people to whom I can turn and ask."

After taking a seat in the sanctuary, Carmela gave thanks to God for directing her to a congregation that showed such concern for first-time visitors.

Ouestions to Ponder

- 1. If visitors come to your church, to whom would they turn if they have ouestions?
- 2. What system does your congregation use to intentionally designate specific people to "meet and greet" visitors?
- 3. How might your congregation "extend hospitality to strangers"?



Writer: Robert Dealey

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included. *E-Tips*, Division for Congregational Ministries - Evangelism.

Website: www.elca.org/evangelism

Pastor's Report

September 2019

VISITATION

September Visits: 30

CONFERENCE AND SYNOD

Potomac East Conference Meeting

Worship

5 Sunday Worship Services
Pulpit Exchange
5th Sunday Worship — St. Michael and All Angels
I Evening Prayer

CHURCH COMMITTEES

Council

CHURCH AND COMMUNITY FUNCTIONS

Church Picnic LYFE—Youth Group

EDUCATION

Table Talk

Sunday on Monday Parent/Confirmand Initial Meeting

MUSTARD SEED

3 Chapel Services with Mustard Seed

WEDDINGS

Banks/Gibson Rehearsal and Wedding

FUNERALS

Wayne Whitmore Visitation and Funeral

CONTINUING EDUCATION

LARCUM

CHOIR

4 Choir Rehearsals

MILEAGE

Pastor Day's Mileage for the month of September was 1034 miles.



My brothers and sisters in Christ,

We are entering the eleventh month and seems hard to imagine in two months, we will be gathering to sing praise to our God for sending us Jesus. I have already begun working on Christmas stuff and my head is spinning.

It has been an interesting six

weeks. As many of you know, Martha has been out ill with viral pneumonia. She tried to come back but found out that she was not fully recovered. When she first called and told me how sick she was, I was shocked when the doctor said it would be six weeks before she could return to work. Martha plays a huge part in our ministry and many thought that the church would fall apart without here. That was not the case because we did what we do best here—we came together. So many people volunteered to take on some of the tasks that Martha has done for years. I am grateful for everyone who helped out!

We are not certain what the future holds, but I know this congregation has the ability to step up. St. John's survived a civil war battle, and countless other tragedies. We are here today because people stepped up. Does this mean that things won't get missed, mistakes won't happen, or things will stay the same as they have in the past? Of course not and that's the point. A former member of mine always said, "I hate change but you don't see anyone driving Model T's to church anymore." We will make it.

This church is not dependent on one single mortal. The only person we are dependent on is Jesus Christ. Jesus is our future. Not me, Martha, Jerry, Heather, Aaron, our youth—Jesus is our future. If something were to happen to me or anyone else, our congregation would still gather the next week for worship just as it has for the last 244 years. One day, we might not be here. Congregations do die just like people die. None of congregations St. Paul's founded are around today, but look at how far we have come. There are I billion Christians today with churches in almost every country. The church started with couple dozen men and women meeting in caves and in people's home. Look at how far we have come. The Church is still here today despite Roman emperors, tyrant kings, tyrant governments trying to silence us. While the thought of a Martinsburg without St. John's is hard for me to stomach, I have the utmost confidence that God will not abandon the church here on earth. Our sect of Christianity might not survive the test of time, but God's holy church on earth will. The gospel will still be preached, the sacraments will be administered rightly, and the saints of God will be cared for until the day of Christ's returns when whole world will be made new.

Until that day, we will soldier on and preach the gospel, administer

the sacraments and care for the blessed saints of God till we no long exist. We will continue to step up and carry on in the work of the gospel as our ancestors did for many years before. We will continue to be church till the last saint is called home to the great church triumphant. No government, army, natural disaster, or even Satan himself will ever prevail against God's holy church on earth.

There are a lot of great activities happening this month that you should definitely put on your calendar:

- •Sunday on Monday continues on the first and third Monday. This is not just for families with kids (though it is a great family-friendly event) but is for all ages. Seriously, you don't need to make dinner for the family. Give it a shot one Monday and see if you like it.
- •Christmas Craft Fair on November 8th and 9th. These are local vendors selling handmade crafts. Come and do a bit of Christmas shopping and help someone local put food on their tables. There is also the WELCA soup sale these two days as well. Make sure you place your order in advance. See page 19 and 20 for more information.
- •There is the Adult Mental Health workshop on November 16 from 9-4pm. Mental health has had a negative stigma for many years. There are things that we all can do to help those who find themselves struggling in this area. The workshop is free thanks to a grant given to Community Lutheran Partners. See page 21 for more information.
- •Family Movie night on November 16 at 6pm. We are watching the new Lion King movie on our big screen in Luther Hall. Free popcorn and drinks! You don't need to have a family to join us! See page 22 for more information.
- •We are decorating the Sanctuary for Christmas on November 24th following worship on this Sunday. And I might add, worship on November 24th will be a little bit different. We are going to be looking back over the past year and review what we have liturgically seen at worship. Think Dick Clark's New Years Eve Party only you don't need to stay up till midnight to watch the whole thing.
- •Congregational meeting on November 17th where we will elect new council officers, a new trustee, and approve the 2020 Faith Spending Plan. Decisions are made by those who show up and we want you to show up to voice your ideas for the future of our congregation. Please come on this day to vote and be willing to serve. See page 4 for more information.

In case you have not heard, Diane and I are expecting our second child in March 2020. We just had the 20 week ultrasound the other day and things seem to be progressing nicely. Keep us in your prayers please!

In Christ,

Postw/hoff) and

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St. John's Lutheran Church 101 W. Martin Street Martinsburg, West Virginia 25401

Return Service Requested