

Meals

Friday

Dinner on the road
Snack Food

Saturday

Breakfast

Eggs
Hashbrowns
Bacon or Sausage
Coffee and Juice

Lunch

Ham, Turkey, Cheese Sandwiches (Make your own)
Chips
Fruit
Drinks

Dinner

Spaghetti and Meat Sauce
Garlic Bread and Salad
Drinks

Sunday

Breakfast

Breakfast Pizza
Leftovers
Coffee and Juice

Supplies

- BIBLE
- Sleeping Bag
- Pillow
- Toiletries (Toothbrush, toothpaste, Shampoo, and Soap)
- Towel
- Clothes (we will be hiking and spending time outside so please bring clothes that can get dirty)
- Sneakers
- Hiking Shoes (if you have different shoes you like to hike in, then bring them!)
- Snack to share with the group
- Water Bottle (not necessary but can be helpful)
- Board Games or toys to share with the group

Cellphones and other electronics can be brought and used during free-time only (a device that has a camera would be great to help the confirmands complete the Twitter Project), but students are encouraged to be outside for most of the free-time. During structured free-time, the students will have to spend 30 minutes by themselves in silence. Parents, please use your discretion here. There is no cellphone service where we will be staying so texting while during structured free-time will be near impossible. :-)