



Sunday, March 15, 2020

Fellow YMCA community members,

The most recent recommendation from the CDC is to cancel gatherings of more than 10 people for organizations that have a higher risk population. This recommendation has led to the decision to suspend in person group exercise classes. However, we are working with our Y-USA partner to provide MOSSA Move, which is a virtual platform for group exercise that will be free to YMCA members for 60-days. We will also begin working on bringing your favorite instructor to you via Facebook Live. Please stay tuned for further details. Thank you for your patience during this unprecedented event. Stay well and keep moving!

[Access MOSSA Move Virtual Platform Here](#)

**Shannon Burhans, President & CEO
PORTAGE TOWNSHIP YMCA**