



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# Fit-A-Thon

Relay for Life Fundraiser



17<sup>th</sup> May 2019 (Friday)  
6:00 PM – 8:00 PM  
Portage Township YMCA  
\$10 per person



- ✓ Spin
- ✓ Triple Threat
- ✓ R.I.P.P.E.D.
- ✓ Dance MIXX
- ✓ Triple Threat



## Non-stop Fit Fun for a Cause!

2-hours of back-to-back group exercise classes. All levels are welcome and modifications are available. All proceeds benefit Relay for Life.