



Summer may be over but your fun has just begun. Dance cardio combines with strength training for a mood-boosting full-body workout that can transform your shape. And, because Jazzercise is set to hit music, your workout is sure to become the happiest hour of your day.

# September 2018

\$15/month for Y members  
 \$29.99/month for non members

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 7 am FS A 8am FS A
2 9am FS A	3 No Classes – YMCA Closed Happy Labor Day!	4 9am Gym 410pm FS A 530pm FS A	5 9am Gym 530pm FS A	6 9am Gym 410pm Gym 530pm FS A	7 9am Gym 530pm FS A	8 7 am FS A 8am FS A
9 9am FS A	10 9am Gym 530pm FS A	11 9am Gym 410pm FS A 530pm FS A	12 9am Gym 530pm FS A	13 9am Gym 410pm Gym 530pm FS A	14 9am Gym 530pm FS A	15 7 am FS A 8am FS A
16 9am FS A	17 9am Gym 530pm FS A	18 9am Gym 410pm FS A 530pm FS A	19 9am Gym 530pm FS A	20 9am Gym 410pm Gym 530pm FS A	21 9am Gym 530pm FS A	22 7 am FS A 8am FS A
23 9am FS A	24 9am Gym 530pm FS A	25 9am Gym 410pm FS A 5305pm FS A	26 9am Gym 530pm FS A	27 9am Gym 410pm Gym 530pm FS A	31 9am Gym 530pm FS A	Sept 1 7 am FS A 8am FS A

Jazzercise at Portage YMCA 219.628.0321 portage.jazzercisecenter@gmail.com