



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Aylesworth/Jones Y-Care Rules to keep me safe:

- I will keep my hands and feet to myself.
- I will not fight or play fight with my friends.
- I will not use foul words.
- I will be responsible to clean up my space.
- I will be responsible for the toys I played with.
- I will be respectful and listen to Y-Care staff while they give me directions.
- I will line up in the correct bus line.
- I will be quiet during a time out.
- I will use my walking feet while inside the cafeteria.
- I will report inappropriate behavior to our Y-Care staff.
- I will not throw wood chips while on at the playground.
- I will use the playground equipment appropriately.
- I will keep my electronics/video gaming devices in my backpack at all times.
- I will not leave the room without asking Staff first.

I know if I break these rules I will need to sit in a time out for _____ minutes and one discipline form will be written informing my parents of my bad choice.

If my age is 10 and older I will sit out for a time out plus write sentences. I will write sentences the amount of years I am old plus 10 more sentences. One discipline form will be written informing my parents of my bad choice.

Time Out

- Child's Age + 1 minute= Time out time
- For example child's age 5 years old + 1minute= 6 minutes total
- 12 years old 10 sentences + 10 more= 22 sentences total

Child's Name: _____

Parent's Signature: _____