



GOOD NEWS

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

A newsletter for our Y Members & Friends
PORTAGE TOWNSHIP YMCA



Cecilia Drury - Group Fitness

I was relatively new to group fitness classes six years ago when I talked myself into taking my first R.I.P.P.E.D

class. However, I did not stick with it. For some reason I felt like there was absolutely no way I'd ever be able to complete a class or keep up, so lack of motivation and confidence got the best of me at the time. I completely gave up on my weight loss journey and soon after totally ended my gym membership. Now fast forward five years and I'm married with a 3 year old son. I am back at it, stronger than ever because of these formats! I've gone from taking R.I.P.P.E.D classes 3x a week as a way to set aside "me time" and that eventually blossomed into a passion. In fact, I ended up being a participant in a video shoot and got certified in both R.I.P.P.E.D and Rumble a few months later. I'm teaching my very own classes for the first time and can't wait to share my love for these formats with my YMCA family! I look forward to meeting you all and seeing you in class!

Joslihn Corradino - Aquatics & Sports



Why the Y?

I chose the YMCA because the work environment seems very friendly. Every staff member I have talked to is always very nice and well-mannered.

Interesting Fact?

Volleyball is very important in my life. I have been on varsity since my sophomore year and have played a huge role as far as leadership goes.

Zach Paz - Aquatics & Sports



Why the Y?

I needed more money than I was making and wanted to have a real job. My mother told me about the open lifeguard position and I applied. The lifeguard position has helped to give me a real sense of responsibility and purpose. I look forward to serving the Y for many years to come!

Interesting Fact?

I've had 5 pet turtles, I can play the tenor sax and my nickname is Cheeseburger.

Coleman Wells - Aquatics & Sports



Why the Y?

The Y is a great organization and I like the environment!

Interesting Fact?

I am part of Civil Air Patrol - Search & Rescue Team, and the auxiliary of the Airforce..



SAVE THE DATE!
September 22, 2018
Founder's Square Park
Tickets & Sponsorships Coming Soon!