



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ACTIVE AND AGELESS

SILVER SPLASH® PORTAGE TOWNSHIP YMCA

In this fun, shallow-water exercise class you'll use a signature splash-board to increase strength and endurance. Splash is suitable for all skill levels and is safe for non-swimmers.

WHEN: Tuesdays & Thursdays at 4:30pm beginning April 17, 2018

WHERE: Best Western Plus Portage Hotel & Suites, 6200 Melton Rd., Portage, IN 46368

FEES:

MEMBER	NON-MEMBER	BEST WESTERN
FREE	\$5.00/week	Must be checked-in as guest FREE

REGISTRATION IS REQUIRED
In-house or Online

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