

WHO WE ARE

We are a powerful association of men, women and children joined together by a shared commitment to nurture the potential of kids, promoting healthy living and fostering a sense of social responsibility. Regardless of age, income or background, everyone has the opportunity to learn, grow and thrive at the Y.



OUR MISSION

To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

OUR CAUSE

We believe that lasting personal and social change can only come about when we all work together to invest in our kids, our health and our neighbors. That's why, at the Y, strengthening community is our cause.



OUR VALUES

With the values of Caring, Honesty, Respect Responsibility, and Faith as our guide, we provide opportunities for people to make friends, have fun, get active and discover who they are and what they can achieve.

WHEN YOU JOIN THE Y, YOU BELONG.

BE A PART OF A COMMUNITY OF PEOPLE WHO CARE ABOUT THE HEALTH AND WELL-BEING OF OTHERS.

Where people are accepted for what they are and challenged to become something better. Where moms and dads can get in shape. Where kids can make new friends and gain new skills. Where you can nurture your spirit, mind and body in ways you never imagined. Drop in anytime for a tour to see how you can make meaningful, lifelong changes in yourself, your family and your community.

12 great reasons to join the Y:

- Affordable membership options
- No long-term contract
- Free group exercise classes
- Free orientation program
- Unlimited use of track and gymnasium
- Unlimited use of racquetball courts
- Unlimited use of cardio equipment, free weights, and Cybex strength machines
- Reduced rates on most family programs, youth and adult sports, before & after school care, summer camp and preschool.
- Fun Zone, supervised child watch activity room while you exercise (Child Memberships FREE, \$5/mth all others)
- Free Screenings & Seminars by health coach & RN, Danny Gonzalez from St. Mary Medical Center.
- Nationwide access to YMCAs across the country.

FACILITY INFORMATION

VISIT US!

3100 Willowcreek Rd.
Portage, IN 46368
219 762 YMCA (9622)
www.YMCAofPortage.org
facebook.com/PortageYMCA



HOURS OF OPERATION

Mon - Fri 4 am - 9pm
Sat & Sun 6 am - 6 pm

FUN ZONE

Supervised activity room for children 3 months through age 12 years. Infants, those children not yet walking without assistance, are required to have a reservation. Please call the Welcome Center to reserve and Infant spot. (219) 762.9622

M-W 9am-Noon & 4pm-8pm

Tue & Thur 9am-Noon & 4pm-8pm

Fri 9am-Noon & 4pm-6pm*

Sat 9am - Noon

*Friday PM Fun Zone Hours Offered September-May Only

REGULATIONS

The qualifying employee must be an active member on the household membership in or for the household to qualify for the discount.

MEMBERSHIP FEES

CORPORATE MEMBERSHIP

JOINER FEE

A onetime fee which remains in effect unless a membership lapses for 30 days or more.

Teen (ages 14-23)	\$22.50
Adult (ages 24 and up)	\$31.50
Household* (of 2 or more)	\$45.00

MONTHLY FEE

Teen (ages 14-23)	\$27.80
Adult (ages 24-61)	\$35.90
Couple (two people)	\$54.80
Household* (of three or more)	\$64.70
Senior (age 62 and up)	\$27.80
Senior Couple	\$43.10

*According to the U.S. Census Bureau, the definition of a household is one or more persons living in a residence that is not a dormitory, prison military base or other group quarters.

PAYMENT OPTIONS

Monthly membership fees are on a bank draft basis through a checking account, Visa, MasterCard, Discover or American Express.

Pre-payments for 3 months, 6 months or one year are also accepted. A pre-payment of one year is rewarded with the 13th month being free.

The Joiner Fee is required of all new members and members whose memberships have lapsed more than 30 days.