



MANAGING
DIABETES
TYPE 2

WEDNESDAY, DECEMBER 20 • 11 AM
PORTAGE FAMILY YMCA
3100 WILLOWCREEK RD.
PORTAGE, INDIANA

Join Jonathan Guerrero, PharmD, BCPS, for an informative discussion on type 2 diabetes: symptoms, causes, risk factors and complications. Find out more about treatment options including lifestyle modifications and home remedies, medications, alternative therapies, current guidelines and recommendations.

**For more information and to register, please call
Danny Gonzalez, RN, Health and Wellness Coordinator
at 219-764-7217.**

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