Mrs. Elkins-Baker is the youngest daughter of Rev. Fred L. Elkins Sr. (and the late Ardell Wright Elkins) and stepmother Ida Mathis Elkins. She is a Licensed Professional Counselor (LPC) and a Certified Alcohol and Drug Counselor (CADC) and has worked in the behavioral health field for 32 years, with 22 of those years working for the Single State Agency, Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS). At ODMHSAS, she worked in partnership with Oklahoma Department of Human Services (OKDHS) to develop, implement and provide county collaboration for the Temporary Assistance to Needy Families (TANF), which focused on eradicating substance abuse within its welfare rolls. Mrs. Elkins-Baker also developed and served as liaison with the Women's Treatment Program's (WTP) in the state of Oklahoma for all "women only" facilities and served as the Women's Coordinator for Oklahoma through the Center for Substance Abuse Treatment's (CSAT) "Women's Treatment Network" (WTN).

It was through her work with the women's programs that Mrs. Elkins-Baker realized what God was preparing her for and leading her to; to make a difference in the lives of women that would be life changing, not only in her professional life but within her community. As she sat on committees that debated the impact of Oklahoma being number one for incarcerating women, per capita, she realized that the affects were far reaching. She also recognized that most were incarcerated due to substance use, abuse or addiction (which is just a mask for deeper issues). On January 22, 2006 she held her first "Refreshing: For Women Only Seminar." The goal was to allow women to come together and feel comfortable enough to sit at tables and share life experiences. To talk about obstacles and barriers that have kept them stuck in situations and in despair, situations that they wanted to move away from but they didn't know how. To sit at tables with other women that are going through, will go through or have gone through something similar and encourage and learn from each other. "Refreshing: For Women Only Seminar" will resume in 2025.

Mrs. Elkins-Baker is married to Raymond Baker and has one daughter, two sons and thirteen grandchildren. Mrs. Elkins-Baker is a proud member of Grace OKC (Pastor Saulie M. Tucker) and believes we all have a God given purpose and she loves to encourage women to recognize theirs; not being stuck in where they are but realizing there is more! Trust and believe!