“The Windows of Heaven Are Open! ”

Reset-Restore-Restart

2020!

CFSMM -- Fall Consecration Guidelines

September 13th-27th 2020

Consecration Fasting and Prayer

**41*And Elijah said unto Ahab, Get thee up, eat and drink; for there is a sound of abundance of rain.* 1 kings 18:41**

***My son, do not forget my [***[***a***](https://www.biblegateway.com/passage/?search=Proverbs+3&version=NASB#fen-NASB-16457a)***]teaching,  
But let your heart keep my commandments;  
2For length of days and years of life  
And peace they will add to you.  
3Do not let kindness and truth leave you;  
Bind them around your neck,  
Write them on the tablet of your heart.  
4So you will find favor and good [***[***b***](https://www.biblegateway.com/passage/?search=Proverbs+3&version=NASB#fen-NASB-16460b)***]repute  
In the sight of God and man.  
5Trust in the Lord with all your heart  
And do not lean on your own understanding.  
6In all your ways acknowledge Him,  
And He will make your paths straight.  
7Do not be wise in your own eyes;  
Fear the Lord and turn away from evil.  
8It will be healing to your [***[***c***](https://www.biblegateway.com/passage/?search=Proverbs+3&version=NASB#fen-NASB-16464c)***]body  
And refreshment to your bones.  
9Honor the Lord from your wealth  
And from the first of all your produce;  
10So your barns will be filled with plenty  
And your vats will overflow with new wine.***

**Proverbs 3:1-10 NASB**

**Please read this consecration guideline thoroughly and refer back to it throughout your fast in order that we might all remain on the same accord. May God richly bless you as you undertake this special time of drawing closer to Him!**

It has been said that “*Whenever God intends great blessings for His people, He first sets them to praying and fasting.”*  It has also been noted that prayer and fasting are two of the most powerful weapons in a Christian’s walk; they have the power to transform nations and to change the course of history!! We are embarking upon this season of prayer and fasting precisely because we are ready for such transformation. We sense a resurrection and an abundance of rain!

# Guidelines

# Matthew 6 speaks of three duties of every believer: giving, praying, and fasting. On this consecration, we as a church are being challenged to offer God our best in each of these areas.

1. **Prayer --** This will be a season of **prayer and fasting**. This will be a time of hearing from the Lord and for you to speak to Him. This is a time to come clean with yourself and with the Lord about that part of you that has been hindering your walk with the Lord. And it is a time for you to hear from Him. I encourage you to carry your Bible and notebook or journal into your prayer time.
   1. **Each member is asked to designate a daily prayer time.** Setachievable daily appointments with *God* and be faithful to those times of prayer. The key is to make prayer a priority. Make an appointment with God and keep it! The church will be open for noon prayer Tuesdays through Friday. The Prayer room is open and available to you.
   2. **Congregational Prayer –**Tuesday prayer will be from 7:00-7:30 pm on our Prayer Conference/Zoom Call throughout the fast. Zoom link: <https://us02web.zoom.us/j/9672392954?pwd=cVZSUFhORXJiVEtMdmQvRXc4ckxuQT09> Meeting ID: 967 239-2954 Passcode: created

The call in number is: (712-775-7031 code-840-025-830) Also, First Lady Jan has an ongoing prayer call Mon-Fri at 5:00 am. (712-770-4700 code-944292) If we pray together, we stay together.

1. **Giving –** I am asking that each member pray and bring a special offering of obedience and faith during this fast. Remember, the three-fold cord of giving, praying, and fasting that Jesus spoke of in Matthew 6 may well be the key to your hundredfold return in this year! Allow God to challenge you to trust Him in new dimensions in your giving. **Please keep in mind that if what you bring doesn’t mean anything to you, it won’t mean anything to God either. Give God the “One Thing”!**
2. **Fasting --** I am asking that everyone unite during these 14 days in one of three of the biblical methods of fasting. We will be fasting through midnight on Friday of each week, and at your own discretion on Saturday and Sunday.
   1. **The “14 Days to a New You Fast” –** the fast in which we eat no food and drink only pure liquids (water, natural unsweetened fruit and vegetable juices, and clear broth (if desired for strength)). ***As you may recall, this is the kind of fasting that Jesus did at the beginning of His ministry (Luke 4:1, 2). This fast has the advantage of cutting deeply into the flesh and revealing the power of God’s strength in our human weakness (2 Corinthians 12; 9).*** Additionally, this fast when done correctly, has great healing benefits both naturally and spiritually. Health benefits (certified by doctors) can include: deep detoxification (the flushing of toxins and poisons from the system), weight loss, and healing or relief of sinus and respiratory problems, rheumatism, diseases of the heart and circulation, stress related exhaustion, skin and complexion issues, irregular menstrual cycles and hot flashes, allergies such as hay fever, and eye diseases. You may choose to honor God with this kind of fast for the entire 11 days or for selected periods. It is recommended that you attempt to drink at least a gallon of distilled or purified water daily. You may want to add some juice from fresh lemons to aid in the cleansing process and to help suppress the appetite.
   2. **The “Divine Intervention Fast” -**- the total abstinence from food and water (Acts 9: 8, 9; Ezra 10:6; Esther 4; 16). ***This is a fast that was observed biblically in times of great crisis. It was a fast for life-threatening situations or during times of great travail for a city or a people.*** You may choose to participate in this powerful form of fasting from 9 p.m. till 4 p.m. daily. Remember, it is recommended that one should never go without water for more than about 3 days, and it is highly recommended that you drink as much purified water as possible during the hours between fasting to cleanse your system.
   3. **The “Warfare and Wisdom Fast” –** the fast that restricts the diet to vegetables, fruits, water, and pure unsweetened fruit or vegetable juices (Daniel 1:12, 15, 17; and 10: 2, 3, 12, 14). No breads, meats, pasta, desserts, sweets, or sweet drinks. ***This fast, also known as the “Daniel Fast,” is for times of conflict and spiritual warfare when supernatural wisdom and understanding are needed.*** You may opt to fast the entire 11 days or a week at a time in combination with other kinds of fasting mentioned above, ***but expect spiritual revelation from this powerful form of fasting.***
   4. **The “Children of Victory Fast” –**for our **saved** children under the age of 13, parents should use their discretion, but encourage their saved children to experience the joy of a lifestyle of fasting and prayer. Children can easily and successfully complete the Daniel Fast. They may also be encouraged to fast until lunchtime with no snacks between lunch and dinner, or to fast with just water and juices until dinner daily. The important thing is that they make a sacrifice that means something to them.
3. I am asking that every member participate in this consecration for the entire 14 days.
4. I am asking that we cut back on secular television and other secular media (other than Christian music or ministry) during the time of this consecration. Allow God to lead you in this. The same should apply to frivolous e-mail or web surfing. Our goal is not just to go on a *diet* or *“health fast*,” but also to really position us to hear from God by placing Him at the center of our attention.
5. “Marital relations” may be cut back at the discretion of each married couple.

**Prayer Focal Points**

* Pray for Unity during the Pandemic; that the Lord will send a spirit of prayer, fasting, conviction, and repentance in our midst. Pray that there will be a renewing in the Holy Ghost among our members and that signs and wonders will follow the Word of God at CFSMM.
* Pray for the Harvest at CFSMM; that the Lord will raise up laborers for the Harvest; that God will send in souls from the North, South, East and West; that God will send in willing workers; that God will allow the seed of His word to fall on good soil at CFSMM.
* Pray for the Vision and Mission of CFSMM to come to pass; Pray for the increase in families. Pray for unity and strength. Pray that we, as a church, will be able to impact our community and the world. Pray for the release of the finances to accomplish our mission.
* Pray for the Pastor and First Lady; that the Lord will bless and expand their ministry; that God will keep him under a fresh anointing; that God will grant wisdom and vision; that God will grant unusual favor upon him with God and man.
* Pray for a revelation of self so that you will be able to walk in strength, health and prosperity both spiritually and naturally.
* Pray for the Leaders and Ministers of CFSMM; that they will share the pastor’s vision; that they will have a mind to work; that the blessings and favor of God will rest on their lives, ministries, finances and families.
* Pray for the Membership of CFSMM; that the Kingdom of God will manifest in their lives; that they will be faithful to God, their calling, their families and the church; that each member will be faithful in attendance, and service to the church; that the spirit of poverty and every oppression will be broken off the lives of the members of CFSMM; that every family member will be saved.
* Pray for recent guests to CFSMM; that they will hear and obey the voice of God for His perfect will in their lives; that the blessing and protection of God will rest upon them and their families; that those who are called to be at CFSMM will not be able to stay away.
* Pray for financial release for CFSMM; that we will be wise and good stewards over the resources that God provides; that our church will be fertile ground and that people will be blessed by sowing here; that God will release wealth to His people at CFSMM; that we will be a debt-free church; that this will be a place of more than enough.

**Throughout the Fast**- Simply hear from God and expect permanent change to occur in your life!

**Anticipated Results**

The result and rewards of properly seeking God in fasting and prayer are too numerous to detail here. But allow me to summarize them in the words of Jack Frost, author of **Pulling Down Strong-Holds**:

* “If you desire to minister to your family, **you will fast.”**
* “If you desire to break bonds of wickedness, **you will fast.”**
* “If you truly desire to minister to the broken-hearted, **you will fast.”**
* “If you desire to stand in the gap for others, **you will fast.”**
* “If you desire to restore and rebuild, **you will fast.”**
* “If you desire to walk in authority over darkness, **you will fast.”**

**“If you desire: spiritual strength, answered prayer, divine health, spiritual guidance, wisdom from above, knowledge becoming understanding, refreshing and restoration, supernatural protection, favor with God and favor with man, fruitfulness in ministry, dying to the self life – Then You Will Pray and Fast! The supernatural flows forth from a lifestyle of prayer and fasting.”**

Expect a Miracle! On fasts like this, cancers are healed, terminal diseases are obliterated, lost family members are saved, addictions are broken, relationships are restored, ministry assignments are birthed or confirmed, and poverty is destroyed.

**The Windows of Heaven are OPEN!!!**

Bishop Willard E. Saunders, Jr.