

# PACKING LIST!

What you need:	✓	✓
Bible & notebook		
<b>VALID PASSPORT or US PASSPORT ENHANCED ID CARD!!!</b> <i>Expiration date must be at least 6 months after our travel date.</i>		
Sack Breakfast for the first travel day!		
Sleeping Bag or Bedding, 1 fitted twin sheet (optional, to put on the mattress under your sleeping bag)		
Air mattress or sleeping mat (cot, etc)		
<b><u>Toiletries:</u></b> Shampoo, Rinse, Soap, Toothpaste, toothbrush, <b>DEODORANT!!! ;)</b>		
2 Towels -		
Sunscreen, hat, sunglasses		
Flip Flops for shower		
Sunscreen, bug repellent		
Water Bottle - to refill each day.		
Boys: wear jeans, basketball or cargo shorts, to work in Tank tops & sleeveless t-shirts are okay, No 'extra large cut-out arm holes' Work shoes Clean underwear and socks for the whole trip! Swimsuit		
Girls: Modesty rules here! Absolutely NO short shirts that will expose the back, waist or cleavage <i>NO 'Active Wear' or 'Leggings' w/o shorts over them, or shirts long enough to cover your behind!</i> Tank tops and sleeveless shirts okay. <b><u>NO STRAPS UNDER 2" WIDE!!!</u></b> Capri's, basketball or cargo shorts to work in, knee length shorts (Shorts should be longer than where your fingertips touch, with arms down at side) Clean underwear and socks for the whole trip! Swimsuit - keep it modest or wear a t-shirt over it, Feminine Products		
Any medication you may need: Allergy, sinus, headache ( <b>&gt;18-make sure you check these in with a leader!</b> )		
Flashlight		
<b>PLEASE LET US KNOW OF ANY FOOD ALLERGIES BEFORE WE LEAVE!!!</b>		
night light, personal fan (all optional!)		
Work gloves		
Spending \$ for souvenirs		
Anti-bacterial hand wash, Purell etc.		
One backpack to go in the van with your basic needs and activities. (games, books)		
Snack foods for the road trip. Be prepared to share!		
1 set of casual church clothes		
Sandals, sneakers and work shoes (flip flops for shower are nice!)		
You may bring a camera, but you alone are responsible for this! Again, at your own risk!		
<b><u>For the ride:</u></b> 1 pillow, 1 small blanket, 1 backpack per person in the vehicles. <b><u>NO secular music!</u></b> All games will be non-violent, g rated. PLEASE, LIMIT YOUR SOCIAL NETWORKING TO JUST UPDATE! Personal music devices are allowed, but will be your responsibility and at your own risk! <b><u>We will only allow music that is honoring to God!</u></b> This will be checked! You must not have the volume up so loud that others in the van can hear what you are listening to. There will be periods on the trip when we require being 'unplugged'. <b>Please respect that!</b>		
<b>WHAT NOT TO BRING:</b>		
1. Lack of flexibility and a poor attitude. 2. No alcohol or smoking while on the trip. See back page.		

## Courtesy Reminders:

We will be traveling for a long time in confined space. Please be mindful of all the others riding with you.

As a courtesy and health precaution, please make sure you wash all clothing or blankets you will be bringing down. Allergies and odors sometimes cannot be detected when we are 'used' to them.

It will be hot, and we are in a confined space, please make sure you do what you need to maintain proper hygiene and odor control.

If you are offended by someone, please address the issue respectfully, and do not let it fester. This affects us all. Remember, we are all on this trip to serve Jesus Christ and reflect His image to the world.

Lack of flexibility and a poor attitude do not reflect that and does not help our team.

No alcohol or smoking while on the trip. Please do not smoke on this trip, even at our rest stops. You may not smell the smoke on you, but when you get in the vehicle, it does linger on your clothing and hair. IF you are a smoker, please start an alternate form of smoking such as a 'gum' program an adequate time before our trip.