

# Healing Journeys—Doug and Erlene Johnson

*1 Peter 5:10 "God himself will restore, confirm, strengthen, and establish you."*

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Erlene & Doug

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## Prayer Pleas

Doug's health  
Erlene's lymphedema  
Erlene's ministry at MRAP/MRI  
The ministry & team of MRAP/MRI  
Visiting guests of MRAP/MRI  
(missionaries & pastors)  
Meridith  
Kate & family  
Chris & family

## FAQs about MRI

### What is MRI?

Ministry Resources International (MRI) is a member care ministry for missionaries and pastors. We offer pastoral counseling and preventative care (seminars, debriefing, etc.) for ministers.

### How does it work?

Missionaries and pastors contact us for care, and then we have an introductory session either by phone, video call, or in person. We talk about who we are and how we operate, our core values, and processes, and we ask them to tell us some of their story, what they're looking for in connecting with us.

Then if the person decides to connect with us, we ask them to come for at least two weeks. We meet with them every day, Monday through Thursday, usually for two sessions a day. Sessions are 75 minutes and may be individual or couple sessions. We help them determine their goals and work towards those goals.

After a person leaves, we offer optional accountability to help them continue to grow in the places they've begun to address.

### What are some common goals people want to address?

Missionaries and pastors face all the same concerns as other people, but sometimes it's harder for them to find a safe place to talk about those concerns. MRI is a safe place to talk about burnout, anxiety, depression, marriage or parenting difficulties, addictions, spiritual dryness, grief and loss, relationship struggles, and other issues. As a pastoral counseling center, we are focused on the heart, not just the head.

### Who are the counselors at MRI?

We currently have five counselors and one counselor-in-training. We all have ministry experience as pastors, missionaries, or network leadership.

### How much does it cost?

We don't charge for our services. MRI operates solely on donations. Donations come from our guests (the missionaries and pastors we serve) and from churches and individuals. This pays our overhead costs. All our counselors raise our own support through donations from people like you. **Thank you for giving!**



### Family News

Obadiah “Obi” was born to Chris and Rachael just before Christmas. I (Erlene) had the privilege of spending some time with him and big brother Eli and big sister Isabelle.

I also enjoyed a couple days with my parents and other family members in the Minneapolis area.

Kate and her kids continue to live with us. Jayelle’s pain has gotten better but is still a concern. Jack has experienced migraines recently and will see a neurologist. Please pray for them.



### Christian Counseling Training

MRI recently hosted a one-week seminar on Christian counseling. We presented our philosophy, theory, and methodology of counseling. I (Erlene) enjoyed teaching portions of the seminar, including healthy communication, grieving with hope, and other topics.

### Spiritual Warfare

Our family has recently been under spiritual attack in a variety of ways. Please pray for us during this time.



MRI’s mission is to enhance the life quality, ministry effectiveness and longevity of those in ministry.

We believe God’s love heals and that God loves those He sends as much as those to whom He sends them.

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RETURN SERVICE REQUESTED

**Erlene & Doug Johnson**  
*Serving Missionaries and Pastors at MRAP/MRI*  
*God’s love renews.*