

## King Avenue United Methodist Church to Host "Pain, Shame & Resilience: Where LGBTQI+ Meets Religion/Spirituality"

The longing to be authentic and the longing to be accepted are universal human emotional needs. Sometimes they come into conflict with each other, with relational, psychological, and spiritual consequences. LGBTQI+ people who are also religious or spiritual can experience this conflict between authenticity and acceptance. King Avenue United Methodist Church is proud to welcome licensed psychotherapist Dr. Ling Lam to Columbus on Sunday, June 24 at 7 p.m. for a program that looks at what happens when these longings conflict – which can be a painful experience but also a pathway toward deeper resilience and wholeness. All are welcome to attend this program, regardless of your sexual orientation, gender identity, or age.



Ling Lam, Ph.D. is a Lecturer in the Counseling Psychology Department at Santa Clara University, where he teaches Couple Therapy and LGBTQI+ Counseling classes. He also provides onsite counseling at Google. Lam was a keynote speaker at the Gay Christian Network Conference in 2017. He holds a Ph.D. in Psychology from Institute of Transpersonal Psychology, a M.A. in Counseling Psychology from Santa Clara University, a M.S. in Electrical Engineering and a B.S. in Electrical Engineering, both from Stanford University.

This program is part of King Avenue's "Changing the Conversation" Speaker Series, which features Christian thought leaders striving for inclusion of traditionally-marginalized people and communities.

Program Details "Pain, Shame & Resilience: Where LGBTQI+ Meets Religion/Spirituality" Sunday, June 24, 2018, 7 – 8:15 p.m. King Avenue United Methodist Church 299 King Avenue Columbus, OH 43201 Childcare will be provided.



Questions may be addressed to Colleen Ogle, King Avenue Associate Pastor, at 614-424-6050; Ext. 101 or colleen@kingave.org.

About King Avenue United Methodist Church: We invite, welcome, and honor all people and nurture them to grow in service with Christ.