



Life Group Discussion Guide “The Ultimate Fight” Sunday, June 25, 2017

Open in prayer

- What do you think are some of the biggest struggles families face today?
- What has been a lesson or experience that taught you something and shaped your character?
- Who has been the most influential person in your life?
- What are the values that matter most to you? What are the biblical values you want practiced in your family?

The Big Idea: Most would agree that family is a great idea. A lot of people don't realize that family is God's idea. He created family, designed family, and defines family. God's ideal is under attack on many sides. It's time to stand up and fight for the health of our families.

Read Nehemiah chapter 4:1-23

- What do you observe in this passage?
- Who is Nehemiah? Where is he and why?
- Why does Nehemiah weep for Jerusalem?
- How was the act of rebuilding the walls of the temple also a rebuilding of their spiritual lives?
- Why did Nehemiah face opposition?

Key verse: “After I looked things over, I stood up and said to the nobles, the officials and the rest of the people, “Don't be afraid of them. Remember the Lord, who is great and awesome, and fight for your families, your sons and your daughters, your wives and your homes.” (vs. 14)

It's easy to forget that we are in a spiritual battle.

Our struggle is not against each other. It's a spiritual battle. Ephesians 6:12 - “For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.”

Three essentials from Nehemiah 4:

1. Don't be afraid
2. Remember the Lord
 - You are not alone
 - The Lord is great and awesome!
3. Fight for your family

How to fight for your family...lessons from Nehemiah:

- **Stand firm** - “Therefore I stationed some of the people behind the lowest points of the wall at the exposed places, posting them by families, with their swords, spears and bows.” (Vs. 13)

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Ephesians 6:13 - “Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.”

- **Build while you fight** - “Those who carried materials did their work with one hand and held a weapon in the other, and each of the builders wore his sword at his side as he worked.” (Vs. 17-18)
- **Persevere in prayer** - “But we prayed to our God and posted a guard day and night to meet this threat.” (Vs. 9)
- **Don’t fight alone** - “Wherever you hear the sound of the trumpet, join us there. Our God will fight for us!” (Vs. 20)
- What are you fighting for in your family? What and whom can you fight for in your family?
- What lessons do you take from this passage?