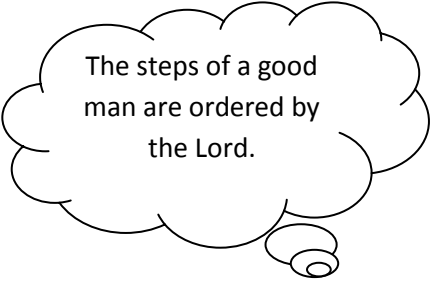



## **Get Up!**

**Ps 37:24, Job 14:1-7**



The steps of a good man are ordered by the Lord.



Tough you fall down, God can get you up.

### **Life Has A Way Of Knocking You Down**

- Life tries to knock us down – the crab mentality. What does this mean?
- War going on – the flesh warring with the spirit. What does this mean?
- Expect some trouble in life, but don't give up on God.
- Hope keeps us going – hope makes us not ashamed.

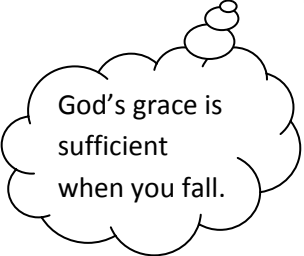
### **Jesus The Perfect Example**

- When God lifts you up, he can also raise you up – higher, higher, higher
- Proclaim the Lord is with me – He is the just Man
- He came to redeem man – they crucified him (knocked him down), but God raised Him up!

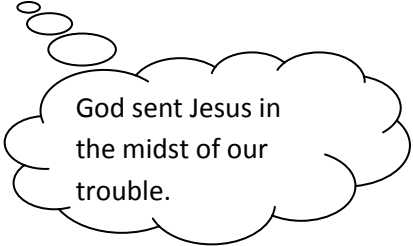
### **Question**

- Have you ever:
  - Been knocked down?
  - Been pulled down?
  - Fallen down?

Did God help get you up? If so, how did it make you feel? Have you heard the phrase “God of another chance?”, what does it mean?



God's grace is sufficient when you fall.



God sent Jesus in the midst of our trouble.