



Grapefruit Ice Cream

1 cup half n half
1 cup whole milk
1 Cup Sugar
2 cups heavy whipping cream
¼ cup Grapefruit Balsamic
dash salt

Mix all ingredients and refrigerate at least 6 hours or overnight.

Freeze in ice cream maker according to manufacturer's instructions

this is optional:

Saute grapefruit sections with a bit of cinnamon and 1 teasp. Honey.

Mix in to the ice cream put back in the freezer until ready to serve.