



Cinnamon Pear

Use with Strawberries in yogurt

Add to Oatmeal

Great addition to cookies and spice cake

Stir in Applesauce

Use as a glaze for Lamb, or Chicken

Add to hot tea, spiced apple cider

Drizzle over French Toast instead of Syrup

Cinnamon Pear Ice Cream

1 cup Whole Milk 1 cup Half- n- Half

2 cups Whipping Cream ¼ cup Cinnamon Pear

1 cup Sugar Dash salt

Combine all ingredients and refrigerate for 8 hours or overnight. Freeze according to manufacturer's instructions.

Optional: dice an apple and sauté with a tablespoon honey and 2 tablespoons Cinnamon pear. Cool and add to the ice cream. Put in the freezer at least an hour.