August 1, 2012



The Caller

unday's sermon was based on the over-heard prayer in Ephesians 3:14-21 that concludes with the Apostle Paul declaring his confidence in God who is able "by the power at work within us to accomplish abundantly far more than we can ask or imagine." The prayer asks each hearer: why do we limit our vision for accomplishing great things for God?

In the July 6th issue of the Wall Street Journal was an article by Nicholas Carr titled, "Why Our Innovators Traffic in Trifles." What prompted Carr to write was the announcement that Facebook paid One Billion in cash to buy Instagram, a company with 13 employees and zero revenue. What does Instagram do? It offers a free Smartphone app that reformats photographs to look as if they were taken by an old Kodak Instamatic. Wow, paying a billion dollars for a service that generates no revenue for yet another means for people to fiddle with their snapshots.

Why, Carr asks, is today's innovation trafficking in trifles? He says that conditions in America have never been better for ingenuity and enterprise. More patents were granted last year than ever before in American history. But, in past years those patents were for game changing innovations like decoding the genome and shrinking computers to the size of sardine cans. Are we only interested in innovation on a small scale?

The author, using Maslow's hierarchy of needs, suggests that our vision is limited because we have succeeded in meeting the lower level needs of shelter, transportation, health care, even leisure, and so now our attention has turned inward. Billions are spent on Prozac, Viagra, and Adderalll; on cosmetic surgery and anti-aging creams. We have Twitter and Pintrest to indulge our vanity and pursue of desire for self expressions and self-promotion. But, as a consequence, our society's inventions are less transformative. We are no longer changing the shape of the physical world and bettering the world for the less fortunate ... we are focused on altering our internal state.

Carr ends his essay with a Pauline-like challenge for people to look outward again and become less self centered. I don't completely agree with Carr's assessment of innovation and vision. The Bill Gates Foundation, working with other groups including religious groups, has dramatically reduced the infection rate of AIDs in Africa. Agricultural innovation has increased some farm yields fivefold in 20 years. Not every innovator is trafficking on selfish trifles.

I did laugh when I read the story of Mike Duerksen, who sent out live tweets on the day he proposed marriage to his long-time girlfriend. Amazingly, his followers were kept abreast of the 10 events that led up to him popping the question. The girlfriend, only identified as J, was asked by a reporter afterwards if she knew what was happening. I thought her answer implied the relatively low expectations some people have in close personal relationships, "I noticed Mike was spending a lot of time on his phone." (And ignoring me?) I couldn't help but speculate what Mike would tweet about after they get married: my wife is a terrible cook and a poor housekeeper? Will he share details about their sex life?

Maybe this obsession with sharing details of our daily lives is just a sign of the times. In long economic recessions people tend to turn inward. Our dreams shrink. We protect what we have; sometimes holding on so tight because we fear that others around us want to take it away.

There are still plenty of lower level needs that billions of people have not secured. The apostle Paul reminds us that God is more than ready to provide us the means to do great things that will truly transform lives.

Grace and peace,

James

Worship NoteS

<u>Worship August 5th</u>: The Old Testament regularly reports the two sided reality of human behavior. All of the great Old Testament heroes are also known for their villainous actions. The heroic story of young David slaying the tyrannical giant Goliath stands in contrast to the unhappy King David who steals a soldier's wife, gets her pregnant, and then covers it up getting the soldier killed in battle. The story challenges each of us to acknowledge the existence of both the noble and the ignoble in our character. On Sunday, I will share some suggestions on how, with God's help, we can keep those baser behaviors in check. Texts are 2 Samuel 11:26-12:13 and Psalm 51:1-12.

<u>Worship August 12th</u>: We continue with David as the consequences of his moral failings devastate his family and his kingdom. Instead of confronting the growing estrangement within his family, David avoids discussing the family conflict. The story does not end well. His son Absalom undermines his reign and in a short civil war is killed. We find one of the most poignant cries of bereavement in all of literature, "O my son, Absalom." We will examine some more constructive ways to deal with family secrets.

August Sunday Calendar

† Sunday, August 5, 2012

9:15 AM Choir Practice -- Choir Room

10:00 AM Worship with Communion -- Sanctuary

Sunday Morning Connect: Sr High

Noon Cluster 3 and 9 Potluck --

The Farney's Home

5:00 PM Youth Group -- Sr High Room

7:00 PM Prayer/Study Group -- Member's Home

† Sunday, August 19, 2012

9:15 AM Choir Practice -- Choir Room

10:00 AM Worship -- Sanctuary

Sunday Morning Connect: Sr High

11:00 AM Clusters 5 and 12 Potluck -- Dodds Hall

11:00 AM Golden Team Meeting --

Conference Room

Noon Cluster 2 Potluck -- The Hiller's Home

5:00 PM Youth Group -- Sr High Room

† Sunday, August 12, 2012

9:15 AM Choir Practice -- Choir Room

10:00 AM Worship -- Sanctuary

11:00 AM Potluck Fundraiser with CCPC

Cookbook Recipes -- Dodds Hall

4:00 PM Cluster 11 Tea and Snacks --

The Jonas' Home

5:00 PM Youth Group - Water Games --

Sr High Room

† Sunday, August 26, 2012

9:15 AM Choir Practice -- Choir Room

10:00 AM Worship -- Sanctuary

Sunday Morning Connect: Sr High

1:00 PM CCPC Annual Crab Feast --

White Marsh Park

5:00 PM Youth Group - Baysox Game

CORRECTION TO 7/15/2012 CALLER

The Christmas Families Supplies article should have listed only two items that are needed for this year's program:

Wide rule note paper and #2 lead pencils
They **do not** need any 3-ring binders.

We apologize for any inconvenience this may have caused.

August Cluster Meetings

Cluster 2 with Deacon Kerryaine Hiller at her home on Sunday, August 19th at Noon

Cluster 3

and 9 with Deacon Evonne Tang at the home of the Farney's on Sunday, August 5th at Noon

Cluster 5 with Deacon Karen Cable after church in Dodds Hall on Sunday, August 19th

Cluster 11 with Deacon Astrid Jonas at her house on Sunday, August 12th at 4 PM

Cluster 12 with Deacon Judyann Feinstein after church in Dodds Hall on Sunday, August 19th

Don't know what Cluster you are in?
You can check the list posted in the Atrium.

CCPC Yearbook Ads

CCPC, in celebration of our 50 years of worship and friendship, is creating a yearbook of our history. Included will be a written history of our church family as well as photographic memories.

To help offset the printing expense, we are selling ads for our church family. Ads will be accepted from church family and friends (no businesses). Create a page of your family's history at CCPC, your "group," your circle, your ministry . . . be creative!

Full Page Ad is 8-1/2 x 11 and costs \$100.00 Half Page Ad is 8-1/2 x 5-1/2 and costs \$50.00 Quarter Page Ad is 1-1/4 x 5-1/2 and costs \$25.00

Please leave at least one-quarter inch border on all sides to allow for book binding

Please make checks payable to CCPC with Yearbook Ad on the memo line.

In order to have books for sale during our Golden Homecoming weekend (September 7th to 9th) all ads are due no later than Sunday, August 5th.

If you need more information, please contact Laurel Cox.

Thank You

Dear CCPC Family and Friends,

On behalf of my family, I wish to express our sincere thanks for the caring our church family has shown during this difficult time as we grieve the loss of a wonderful husband, father and grandfather.

The service was quite lovely and the reception hosted by our deacons was a welcome time to talk with family and friends.

You have shown your love and grace by your actions. Thank you so very much.

Peggy Ross



CCPC Needs You!

We are trying to spruce up CCPC for the 50th anniversary. We scheduled one last work day from **9 AM to Noon on Saturday, August 4th**.

We will be finishing the ceiling tiles and doing small jobs inside and outside the church. Ladders are needed for replacing the ceiling tiles, and trimmers and rakes for grounds work.

Please! If you can make it, we Really need you.

CCPC Member and Friends Contacts Needed

Do you have an address, phone number, or email for any CCPC members and/or friends who we haven't seen in a while? If so, please send to Laurel Cox at laurel.e.cox@gmail.com or call the office and give the information to Robin and she will pass it on.

We are hoping to get the word out to as many members and friends as possible about CCPC's Golden Anniversary weekend. At this point our planned weekend events are:

Friday, September 7th

Evening Ice Cream Social & Youth Group Reunions (Dodds Hall) Rainbow Room & Folk Group Reunions (Old Bowie Towne Grille)

Saturday, September 8th

Brunch Honoring Ministers – Past & Present (The Pfarrer's) Golden Anniversary Dinner (Ticketed Event in Dodds Hall)

Sunday, September 9th

10 AM Golden Worship Celebration



Memorial Garden Ceremony

The ceremony for the Memorial Garden will be on Sunday, September 16th after church services. As the time gets closer and we finalize the arrangements, we will send out more details. The ceremony is a remembrance of our past members and friends and an honoring of the new bricks that were laid in the garden this past year.

Heavenly Creations Pot Luck

FREIENDLY REMINDER

When: August 12th after church

Where: Dodds Hall Who: Everyone!

The youth will sell cookbooks during the event to raise funds for future retreats/conferences. The cookbooks are \$12 each.

It's going to be a delicious event!

Medical Complications of Prolonged Heat Exposure

While memories of the power outage following the Washington area derecho are still fresh, the Emergency Response Committee at CCPC wants to remind you of the dangers of heat related illnesses: heat cramps, heat exhaustion, and heat stroke. These may occur after sustained exposure to high environmental temperatures and humidity, particularly in infants under two and adults over 65, in people with chronic heart and lung problems, and in people who are not acclimated to hot, humid climates. Younger people can also be affected if they engage in strenuous physical activity during very hot weather. Certain medications may also increase the risk of heat injury: diuretics, betablockers (for heart disease and high blood pressure), and vasoconstrictors (such as Sudafed).

<u>Heat cramps</u> occur on initial exposure to high temperatures, particularly during physical exertion. Signs and symptoms of heat cramps include excessive sweating, fatigue, thirst and cramps, usually in the stomach, arms or legs. Heat cramps are treated with increased fluid intake (water or sports drinks) rest, and moving to a cooler location such as an air conditioned room or shady area.

<u>Heat exhaustion</u> occurs when heat cramps are ignored. Symptoms increase to include headache, dizziness or lightheadedness, nausea, skin that feels cool and moist, sometimes with goose bumps, and continuing muscle cramps. Treat with cool, nonalcoholic beverages, getting into an air-conditioned area or taking a cool shower. If symptoms persist, a doctor should be consulted.

Heat Stroke is the most serious form of heat illness and can cause organ failure and death within hours if neglected. The main symptom is a body temperature of 104 F (40 C) or higher. However, the skin is usually hot and dry unless the heatstroke brought on by strenuous exercise, when the skin may be moist. Other symptoms include nausea and vomiting, flushed red skin, rapid breathing, racing heart rate, headache, muscle cramps or weakness and confusion. Seizures or hallucinations may occur as well as unconsciousness. This is a medical emergency and requires immediate attention. Until then, cooling should begin with wet clothes, ice packs or a cool spray of cool water.

Obviously heat stroke should be prevented if possible. That is why Cooling Centers are set up in communities during power outages. However, elderly people may not be aware of the early symptoms and resist the problems related to leaving the comforts of their home despite increasing temperatures. It is important to check on friends and relatives who could be at risk of heat exhaustion or heat stroke during emergencies. They may not be able to get to a Cooling Center without assistance or even be aware of their existence and why they should use one.

While we can hope for no more power outages like the last one this summer, it is best to think ahead and be prepared in the likely event another one occurs.



Bowie Food Pantry

The Pantry's greatest needs are:

- Soups (tomato, veggie, beef, chicken, and creams)
 - Canned Beef Stew
- Canned Fruit/Applesauce;
- Fresh Fruit (bagged or loose)
 Fresh Veggies from your garden

August Special Shampoo/Conditioner

Many of our clients are unable to purchase basic personal care items for their families. Please help us stock up on regular-size shampoo and/or conditioner. Bottles should be new and unopened.

School Supply Collection REVISED LIST

Last year, the Pantry distributed 109 backpacks! With your help, we are hoping to do even more this year. We have some supplies in stock, but especially need your help with these items:

Greatly Needed

Backpacks * Jumbo Book
 Covers * New Pocket
 Folders * Subject Dividers *
 Marble Composition Books

Also Needed

- * 3" 3-Ring Binders * Flash
 Drives * Zipper Style Bags
 (quart and gallon size)
- Colored Pencils ScissorsCompasses

Thank You!

Contact Us

Office Hours

Tuesday through Friday 9:00 AM—3:00 PM (301) 262-6008 ccpcbowie@verizon.net

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Administrative Assistant	Robin Seekford ccpcbowie@verizon.net



If you no longer want *The Caller* delivered to your home and prefer to receive it online, please contact Robin at the church office.

The next Caller will be sent out around August 15th. Please have all articles in by Noon Friday, August 10th.

If you need assistance, please feel free to call the office. Thank you!

Christian Community Presbyterian Church



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CCPC, the first Protestant church in Levitt Bowie, was born from a passion for Christian mission in the local community, and this focus continues.

Our Mission: To worship God, to grow in faith and community, and to place our gifts in the service of Jesus Christ.

Bowie Interfaith Pantry

We are open for distribution and service 9 AM-11 AM on Monday, Wednesday, and Friday.

We are closed on holidays.

Located at: Christian Community Presbyterian Church (in the Education Building at the rear of the parking lot) 3120 Belair Drive — Bowie MD 20715

Visit our website: www.bowiefoodpantry.org

E-mail us: BowieFoodPantry@gmail.com Phone: 301-262-6765

Thank you for your continued support!