



# The Caller

August 1, 2013

Andrea and I always look forward to getting away on vacation. Too often we have had to cancel or shorten getaways because of emergencies at work, usually her work. There is great value in getting away for a time. It goes beyond just getting rest and catching up on sleep. There is also the joy of reconnecting with family members who live some distance away.

Another benefit of getting away is it gives you the opportunity to gain some perspective on your life. While we are away, Andrea and I always talk openly about what is going well and what is not. For me, the struggle has always been on trying to find the elusive balance between work and life. It is hard. I try not to idolize work, but that is offset by the Calvinist work ethic that says idleness is the devils workshop. I take that to mean that we are not meant to do nothing at all and at the same time we are not meant to do everything.

Work-life balance changes according to ones situation in life. I remember the days when my children were young (and I was very young). Life was all work and raising children. There was never a free moment to be by myself. Although I had no time for recreation or sleep, I was pretty happy. I was, however, usually pretty run down physically.

I have come to believe that one does not need to make big changes to improve your work-life balance. Small changes can make a big difference. The key is to be a good steward of your time and to find daily moments for spiritual rest. I make time in my life for exercise and recreation. I have found that it is very important to find time to pray daily. I begin each day with a centering prayer in the morning after putting together a list of the must do items of the day. In my prayers, I ask God to give me the strength and wisdom to do well what needs to be done and to be open to the "interruptions" where God can use me to do His work.

I have been helped by reading David Gray's book, "Practicing Balance." He ends the book by

sharing a story that sums up the reason we need to find a balance between work, family, and spiritual practices.

*A man came home from work one day, glad to be home but tired as usual. He just wanted to rest and read the paper a minute or two before tackling the home front and listening to the kids chatter. Just as he opened the door, his six year old son came up to him and asked, "Dad, how much do you make an hour?" The father snapped, "Son, leave me alone with that kind of stuff now. I'm tired. Go play and we will talk about it later." The boy persisted, "Dad, just tell me, how much do you make an hour?" The father said, "Why do you need to know that? Just go and play and let me rest and read the paper. You know I am tired when I get home from work." The boy kept going. "Please Dad; just tell me how much you make an hour." The Father snapped, "Twenty dollars. Now can I read the paper?" The boy lit up and asked, "Can I borrow ten dollars from you?" His father thundered. "Of course not. Now leave me alone for a while, Son." After he read the paper and felt more rested and relaxed the man started feeling guilty. He found his son in the backyard, just sitting on the swing and looking pensive. The father sat on the other swing and said, "Sorry I snapped at you, Son. Here is the ten dollars you wanted." The boy lit up again. He reached into his pocket and pulled out a much crumbled ten-dollar bill, then said, "Now I have enough money. Dad, could I buy an hour of your time?"*

Whenever I hear a story like that I am motivated to try to live a balanced life. I am motivated to try to be healthy; to be flexible; to be spiritually alive; and to be attentive to the people I love. For that reason, I always end the day with a quiet time of prayer. I usually go over my morning to-do list and offer thanks for the help God gave me to successfully complete the important tasks. I ask forgiveness for the things "left undone." I then pray for all the people who I know need help. Turning things over to God helps me sleep better and as they say, "Never under estimate the value of a good night's sleep." See you in a week.

Grace and peace,  
James Brassard



## Worship Notes

**August 4th:** The first section of the book of Hosea depicts the Covenant relationship of God with His people through the real life relationship of Hosea and Gomer. Unfaithfulness and betrayal are the hallmarks of the people's relationship with God. The 2nd portion of the book depicts God's struggle with justice through the relationship of Hosea with his children. Far from being depicted as wrathful and vengeful, God is depicted as the loving parent of wayward children. Love and compassion are the hallmarks of that relationship.

**August 11th:** Basketball star Michael Jordan said great performers have short memories. They quickly forget their last missed shot. Golfer Phil Mickelson was interviewed following his dramatic victory in the British Open. He was asked what he attributed his success at this event following his dramatic last round failure two weeks ago at the US Open. Phil said, "I faced up to my failure and quickly focused on learning the new shots I needed to play in Britain. I got over my failures." The sermon is titled "Keeping short Accounts" and is based on Matthew 18:21-35 and Ephesians 4:25-5:2



# August Sunday Calendar

### Sunday, August 4, 2013

- 10:00 AM Worship with Communion -- Sanctuary
- 10:00 AM Optional Activity during Children's Message with Carrie Ahearn
- 10:00 AM Sunday Morning Connect: Jr. and Sr High
- 11:00 AM Clusters 5, 11, and 13 Gathering -- Dodds Hall
- 1:00 PM Reiki Share -- CE Bldg
- 5:00 PM Youth Group -- Sr High Room
- 7:00 PM Prayer/Study Group -- Member's Home

### Sunday, August 18, 2013

- Youth and Children's Ministry Beach Party -- The Wimbish's Beach House
- 10:00 AM Worship with Blessing of the Backpacks -- Sanctuary
- 11:00 AM CCPC Book Sale -- Atrium
- 11:00 AM Brunch for Clusters 3, 8, 14, and 15 -- Dodds Hall
- 7:00 PM Prayer Study -- Member's Home

### Sunday, August 11, 2013

- Youth Camping Trip Ends
- 10:00 AM Worship -- Sanctuary
- 10:00 AM Optional Activity during Children's Message with Rebecca Coleman
- 11:00 AM Clusters 2 and 12 -- Dodds Hall
- 5:00 PM Youth Group -- Sr High Room
- 6:30 PM Discovery Circle -- Parlor

### Sunday, August 25, 2013

- 10:00 AM Worship -- Sanctuary
- 10:00 AM Sunday Morning Connect: Jr. and Sr. High
- 10:30 AM Sunday School: Ages 4 through 5th Grade
- 11:00 AM CCPC Book Sale -- Atrium
- 11:30 AM CCPC Crab Feast -- Whitmarsh Pavilion
- 5:00 PM Youth Group -- Sr High Room



PRESBYTERIAN  
WOMEN

## *PWOC* News Bulletin

The Presbyterian Women of the Church have some exciting events coming up and would love for ALL ladies to join us. Share time with friends, make new friends, and take some time to befriend yourself. Here are some great opportunities to love, laugh, and share:

**August 18th and 25th — Book Sale.** Need volunteers on both Sundays to take money or help with other various tasks. On the 25th, we will need help with packing up the left over books. We also need help setting up the books on the 17th at 6:00 PM. The more hands to help the faster the job will go! Book sale will take place in the Atrium. All proceeds will go to help get new dishes for the kitchen.

**September 14th — Mini-Retreat.** There will be a wonderful opportunity for all women to join us for a mini-retreat in Dodds Hall. If you have never been to a women's retreat, try the mini. If you cannot take a whole weekend away for our annual retreat, join us for a day at our mini-retreat. Treat yourself to some love and laughter, and lunch. Come join us for "Isn't it time for tea?" Retreat starts at 9 AM and goes to 3 PM. Registration fee is \$8.00. Mini breakfast and lunch provided. You can call Joy Bible at 301-262-9204 or [joyous12115@netzero.com](mailto:joyous12115@netzero.com) or Peggy Oates at 301-262-6959 or [peggyoates@hotmail.com](mailto:peggyoates@hotmail.com).

**October 4th through 6th — Ladies Getaway!** CCPC Ladies Getaway is another opportunity to treat yourself and enjoy time with friends and family at our annual CCPC Ladies Getaway in Ocean City, MD. Relax by the sea at the Dunes Manor Hotel and just have fun. If interested, you must call the hotel for reservations by September 4th. Any questions, call Peggy Oates.



# SESSION HIGHLIGHTS

July 8, 2013

- ❖ Rev. Karen Doty will preach on September 1st.
- ❖ Tabulated results of the Time and Talent Survey were reviewed; committee chairs and church staff will be in touch with respondents to follow up on members' interests.
- ❖ CCPC will open an account with Old Line Bank to establish an account to allow members and friends to make their contributions by alternative methods in addition to writing checks; details to follow.
- ❖ The Bowie Interfaith Pantry will be relocating in August and September from the CCPC Christian Education Building to what was the Bowie Police Barracks. The Session created an ad hoc committee to consider possible local community ministries that may use the space vacated by the Pantry.



Stephen Ministry has been in operation at CCPC for several years. The work of the Stephen Ministers has been a blessing to individuals receiving care, to the Stephen Ministers themselves, and to the whole congregation. Stephen Leaders Anita Pesses and Margaret Hallau are considering offering the Stephen Ministry training classes, beginning in September. On Sunday, August 18, they will provide an overview in the Adult Ed Conference Room after the worship service. Please join them if you are interested in learning more about this opportunity to share the love that God has given you! Here's what one Stephen Minister in another congregation had to say: *At first I wasn't sure about all this caregiving stuff. I mean, didn't I love others enough already? Then I finished my Stephen Ministry training and met with the person for whom I provided care. Now I know what Christian love is all about! I didn't expect the wonderful gifts of love and friendship that God gave me through my caring relationship. What a wonderful ministry this is.*



## Volunteers Wanted

Are you interested in volunteering at CCPC?  
We have the following opportunities available:

**Filing Specialist** — we need someone to file the Buildings and Grounds paperwork. This would include making sure the files are in one easy to find place, organized into logical files and/or sub folders, and creating new file folders when needed. Would require about an hour or so on a bimonthly or monthly basis.

**Inventory Specialist** — we need someone who would like to be responsible for keeping track of the inventory for the paper towels and toilet paper. This would include making sure the bathrooms and kitchen areas are stocked and letting the church office know when we need to reorder.

**Warm Nights Coordinator** — The Coordinator can be one person or a committee of a few people who divide up the duties. The first task is to attend the kick off meeting; this usually takes place in late October or early November. The next task includes putting out the sign-up sheets in late December, drafting some Caller articles about our upcoming week, and making a few announcements during service. The busiest time is during the week we host the program, which will be January 19th to 26th in 2014. This is when a small committee would be very useful. Some should come to the church each night to make sure everything is going smoothly. The duties include making sure the dinner crew and overnight hosts have arrived as scheduled, checking with the Shelter Manager to see how many guest we will have for the night, making sure someone prepared the lunches for the next day and verifying that arrangements have been made for breakfast the next morning. If you have additional questions about the program, please contact Paul Sell.

### CCPC Contact Information

Office Hours: Tuesday - Friday 9 AM to 3 PM  
(301) 262-6008 / [ccpcbowie@verizon.net](mailto:ccpcbowie@verizon.net)  
<http://ccpc.bowiemd.org>

Pastor James Brassard  
[cccpastor@verizon.net](mailto:cccpastor@verizon.net)

Pastoral Assistant, Margaret Hallau  
[cccpa@verizon.net](mailto:cccpa@verizon.net)

Youth Coordinator, Rhia Miller  
[ccpcyouth@verizon.net](mailto:ccpcyouth@verizon.net)

Children's Ministry, Rebecca Coleman  
[ccpckids@gmail.com](mailto:ccpckids@gmail.com)

Director of Music, Susan Ricci Rogel  
[Ricci-rogel@msn.com](mailto:Ricci-rogel@msn.com)

Assistant Director of Music, Kevin Clemence  
[klclemence@earthlink.net](mailto:klclemence@earthlink.net)

Administrative Assistant, Robin Seekford  
[ccpcbowie@veirzon.net](mailto:ccpcbowie@veirzon.net)

## Directory Update Correction

Please note the Directory Changes and Additions for June 2013 that was sent out had an incorrect phone number for Patty Fox.

Patty's correct phone number is 301-439-1460.



## Cluster Gatherings

Clusters meeting in Dodds Hall after church are:

**August 4th:** 5, 11, and 13

**August 11th:** 2 and 12

**August 18th:** 3, 8, 14, and 15



The next Caller will be sent out around August 15th. Please have all articles in by 9 AM on Friday, August 9th. ? = Call the office.

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# Christian Community Presbyterian Church



3120 Belair Drive  
Bowie, MD 20715  
Phone (301) 262-6008  
Fax (301) 262-5177  
Web: [ccpc.bowiemd.org](http://ccpc.bowiemd.org)  
E-mail: [ccpcbowie@verizon.net](mailto:ccpcbowie@verizon.net)

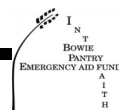
CCPC, the first Protestant church in Levitt Bowie, was born from a passion for Christian mission in the local community, and this focus continues.

*Our Mission: To worship God, to grow in faith and community,  
and to place our gifts in the service of Jesus Christ.*



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## Bowie Interfaith Pantry



Open for distribution and service 9 AM-11 AM on Monday, Wednesday, and Friday.  
We are closed on holidays.

Located at: Christian Community Presbyterian Church  
(in the Education Building at the rear of the parking lot)  
3120 Belair Drive — Bowie MD 20715

**Visit our website:** [www.bowiefoodpantry.org](http://www.bowiefoodpantry.org)

**E-mail us:** [BowieFoodPantry@gmail.com](mailto:BowieFoodPantry@gmail.com) **Phone:** 301-262-6765

*Thank you for your continued support!*

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## Imagine - Yoga & Wellness Center



Located in the CE building, offers yoga and a variety of wellness programs to CCPC members and the community. For more information, visit [www.ImagineThePlace.com](http://www.ImagineThePlace.com), call 443-510-6308, or e-mail [Ann@ImagineThePlace.com](mailto:Ann@ImagineThePlace.com). Scholarships available.



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## Belair Cooperative Nursery School

The school is a non-profit, non-sectarian, and non-partisan organization. It's located in the CE Building of Christian Community Presbyterian Church. Call 301-464-5782 or Email [info@belaircoop.org](mailto:info@belaircoop.org)



[www.belaircoop.org](http://www.belaircoop.org)

