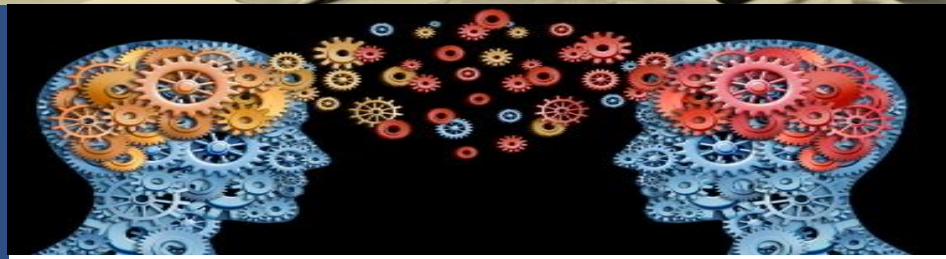


A TIGNEY SOLUTIONS INSTITUTE COACHES STRATEGIC MASTERMIND GROUP OCTOBER NEWSLETTER

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Framing The Masterpiece By Mentor Coach Shezetta Morris

My conversations have changed so much since I have become a coach. Although I am not a coach to everyone, my coaching skills have helped me listen to everyone in a deeper way. I have used the skill of “framing the masterpiece, conversation or question” when communicating with anyone. What is “framing the masterpiece”? I’m so glad you asked! Framing the masterpiece is when we position our thinking within a context. Depending on the context of a conversation or a question, new meanings and understandings can be created.

There are 3 things that I’ve noticed as I am in conversation with someone that help frame the masterpiece:

- **All definitions are not equal** – What someone is saying and how the hearer is interpreting what is being said can be different. In order to truly engage with someone in their perspective of what they are communicating, it is important to allow them to frame their own statements. It brings commonality to everyone that is listening so that we all arrive to the same page.
- **People own what they can confirm** – It’s never the goal of the coach to paint the picture for the client. Helping them frame it for themselves is the goal. If they need assistance in framing it is ok to help them. Also empower them based on their own ability to frame their thoughts for themselves.
- **The A-HA moments are priceless** – When the trained brain gets moving, most individuals come to a new awareness of what they are saying, the look on their face is priceless to see the revelation become more achievable. Don’t move too fast away from that A-HA moment. This is an empowering moment for your client or someone you are in conversation with. It is the A -HA moment that will be a major part of framing the master piece to maintain accountability and achievability for them.

Ultimately, I see it like this, the picture is the summation of someone’s vision or thought after a powerful coaching session. The frame that goes around that picture should only be chosen by the person with the vision. The frame can be gold plated, wood based or sterling silver. But it is their choice of what frame goes around the picture. This is their masterpiece; Let them own it and frame it, as they are ultimately responsible for hanging it!



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