

SHARE WITH ANOTHER COACH AND MAKE SURE TO MAXIMIZE YOUR MEMBERSHIP

ARE YOU GETTING COACHED?

Stay on schedule coaches! As you are practicing your profession, be sure that you have a place to unload and be refined. There is a huge benefit in having someone assist you as you develop your business in your world.

STAY IN THE KNOW!

Be sure to check out ATigney Solutions for upcoming classes and updated coaching group information. There are a lot of things under development. Be sure to stay connected.



 A monthly strategic newsletter to keep your practice growing
Two 30-minute mentor coaching sessions a month (mentor coaches)
Referral System Updates and opportunities on continuing education and in the field of coaching.
Monthly forum for strategy, support, and practice sustainability
Discounts on training, conferences, and meet-ups



Subscribe Today at www.TucsonBibleCollege.org

Questions?

Contact Chanise Gilliam at A Tigney Solutions Institute. Access all tools and previous CSMG recordings directly through her.



Master Coach Arthur W. Tigney, Jr. NO MORE EXCUSES!!!!

"7 Points of Evaluation-A Guide To Unlocking The Greatness Within"

Let us face the facts, excuses only excuse away your transformation to greatness! It is easy to continue to rehearse reasons why something did not or is not happening. However, what if instead of rehearsing why it failed, you begin building systems to eliminate those excuses, so you can actually accomplish and reach your full potential.

It is my belief that excuses are the tools of the fearful, as I was told some years ago. Now in addition to that I have found, excuses become a hiding place for great people not to accept responsibility. Think about it for a second. When someone is providing an excuse, they are actually saying do not hold me accountable because ofthe excuse offered. Using excuses to defend, justify, or lessen the impact of the action, only lessens ones resolve and responsibility to overcome it. Often this is because of the fear of pushing pass breaking points and failing again; therefore, the excuse becomes the safety net that limits maximization.

In most cases people who are using excuses do not realize to what extent they are using them. Consider, the responses given when someone fails to meet an expectation. While it may sound convincing and even acceptable to them, the person on the receiving end can see many problems with the excuses offered for failing to meet expectations. Imagine for a moment, if you will, what it is you would really want to hear when someone has failed to meet your expectations. Then allow that thought to be cemented into your mind and choose to make that a mantra that will lead you past the fear of failure and use of excuses.

Overcoming fear is an essential step for those who desire to reach their full potential. While many people do not realize it, fear is usually at the core of failure. Taking steps to undo negative patterns and thought processes will push you that much closer to your transformation to greatness. Using strategies to empower yourself beyond excuses is the next hurdle in walking in your full potential! Say this with me, NO MORE EXCUSES!!!!