

# A TIGNEY SOLUTIONS INSTITUTE COACHES STRATEGIC MASTERMIND GROUP FEBRUARY NEWSLETTER



SHARE WITH ANOTHER COACH AND MAKE SURE TO MAXIMIZE YOUR MEMBERSHIP

## ARE YOU GETTING COACHED?

Stay on schedule coaches! As you are practicing your profession, be sure that you have a place to unload and be refined. There is a huge benefit in having someone assist you as you develop your business in your world.

## STAY IN THE KNOW!

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1ST THURSDAYS AT 6PM - 7PM ARIZONA TIME Via Zoom Video Conference (The link is provided to paid subscribers)

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## From The Master Coach

### Intentional Goal Setting for Success! Master Coach Arthur Tigney



As coaches and leaders, it is very easy to get caught up in helping others to set and reach their goals and forget about your own. This can also be an issue for those who are serving others in any capacity. The urgency to be there, to do this, and make it happen for someone else can easily derail your personal success and intentions.

This month I want you to be very intentional about not only setting goals but accomplishing them. This month I

want to give you some spiritual principles wrapped in practical application for your success! Ready? The first principle a double minded person is unstable in all their ways (James 1:8) is extremely important! One of the biggest reasons people don't follow through on goals is they have not really made up their minds to do so. When setting goals, it is important to know that the goal set is the one you desire to see fulfilled. Setting a goal that can easily be replaced by the next "urgent" thing is not a goal worth setting.



A double minded man is unstable in all his ways. James 1:8



The second principle we have heard is to write the vision down and make it plain so the watchman who reads it can run. This is significant, the more you see what you say the more you can be it! It is important to create vision boards or vision statements. Remember it must be plain, to often when I check in with clients they can't easily restate their vision, or undeniable benefit statement. Lofty words sound good but are easily forgotten. Even trying to create some huge goal that will take years to

complete. It's okay to break it down into fulfillable steps!!!! Remember to K.I.S.S. it! Keep it Short and SMART.

The Third principle becomes the sustaining principle for intentional Goal settings. Proverbs 6:2 reminds us that "you have been trapped by what you said, ensnared by the words of your mouth." This becomes a powerful principle in many ways. First the obvious presentation brings about a negative connotation.



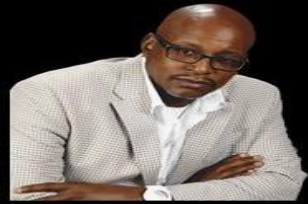
When we speak against ourselves and our ability to fulfill our goals that becomes the world we live in. After all the previous steps have been followed this is where we will gain or lose traction on the road to goal attainment. If I must be trapped or ensnared; how POWERFUL would it be to be trapped in INTENTIONAL SUCCESS? This is where rehearsing and "articulating" what you want will begin to frame the world that you live in! Recite your Goals daily! Remind yourself of what God said, you said, and allow it to become who you are.

## Questions?

Contact Chanise Gilliam at A Tigney Solutions Institute. Access all tools and previous CSMG recordings directly through her.

I hope the next time we talk you will have many victories of intentional goal setting and completion. Start where you are and grow into who you are called to be.





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APOSTLE JOYCE STEVENS THURSDAY 2/22

Dr. Rick Daniels Saturday 2/24

DR. LAURA THOMPSON FRIDAY 2/23

HOSTED BY  
 A Special US Air Force Retirement Ceremony for Major Arthur W. Tigney, Jr. Friday February 23rd at 2pm  
 Business and Ministry Empowerment Sessions Saturday February 24th 10am to 1pm

For additional information and to RSVP please call 520-323-8852

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Living a Life of Uncommon Purpose



Friday, February 23rd at 2pm Major Arthur W. Tigney, Jr. will be retiring from the US Air Force after 34 years R.S.V.P. at 520-323-8852



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