



## Family-Friendly Activities Are the Cure for Rainy Day Blues

If gray skies and rainy days have your kids moping around, it's time to take some action. Kids don't have to be bored when they are stuck inside during bad weather. In fact, this is the perfect opportunity to pull together some educational activities, and there are plenty of online tutorials and tips to get you started. So get out your laptop and organize some rainy day fun your family will look forward to.

### Have Storytime Together

[Storytelling](#) is a great way to work on language skills while encouraging kids to be creative as well. Gather your family together in the living room or kitchen and take turns making up a different story. You can set a theme for everyone or just let imaginations run wild. Pass out paper and pens to help everyone write their ideas down but encourage your family [to improvise](#) as well. Want to really work on communication and listening? String a story together as a family.

### Practice Those Drawing Skills

Art can be so calming and therapeutic [for kids](#) and adults. Help your kids polish their artistic skills by pulling up some drawing tutorials online. They can learn to draw [their favorite dinosaur](#) or practice drawing the clouds outside. It's always interesting to see what kids come up with

when it comes to art. To make sure your kids are ready for stormy weather, stock up on art supplies ahead of time and [designate a space](#) where kids can create.

### **Make a Little Music**

Music is such a fun way to pass the time inside. Try making instruments out of household materials including glasses or cardboard boxes and then jam out on your homegrown instruments. If you have instruments of your own such as a guitar or saxophone, take this time to show kids how to play them and supplement your directions with online tutorials. If you need to purchase an instrument, review [your options](#) online. Looking for a simpler way to make music? You can find karaoke videos for kids to sing along with online. You may even be able to find kid-friendly versions of today's biggest hits to let your kids belt out some notes.

### **Have Fun With Science**

Getting kids interested in science is great for their future! So organize some informational, but fun, homemade science experiments. Most of the materials you need can be found right in your own kitchen. [Make your own lava](#) in a glass or find [other ways](#) for your kids to have fun flexing their brains. They can learn problem-solving skills from playing with Legos or learn some simple physics lessons by messing around with magnets. Stock up on activities now, so you'll be ready when rain comes.

### **Get a Workout**

If your kids are stuck inside, they aren't getting the exercise they need. If your kids can't play outside, you need to find other ways to keep them physically active. Luckily, there are plenty of online workouts geared toward little ones that will help them burn off some of that excess energy. You can throw on a dance workout or help them relax with an [imaginative yoga sequence](#). Hit the floor with them to get in a little exercise of your own.

### **Create Some Craft Projects**

Children love to create and work out problems with their mind. So put together some rainy-day activities that allow them to do both. [Keep them entertained](#) by building a tiny town together. You just need a few supplies and some small boxes to get them going. Want to challenge their minds and get them moving? Put together a little scavenger hunt inside. Hand each kid a basket and a list of items they should collect from around the house. Make sure there's enough of each item on the list to go around to each kid to keep the game fair and help your kids have fun.

When it's pouring outside, don't let the bad weather get your family down. With exciting, educational activities, your kids will be happy to spend time indoors. So keep your kids having fun until the sun comes out and it's time to get outside again.

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