The PHASIS

A monthly newsletter from Emmanuel Lutheran Church

Volume 8, Issue 11, November 2018

1036 W A St, Moscow, ID 83843 - Phone: 208.882.3915 - Fax: 208.882.3917 emmanuelmoscowid@gmail.com - www.emmanuelmoscow.org

Church Office Hours: Monday, Wednesday, Thursday, 7 AM - 3 PM & Tuesday, 7 AM - 1 PM (unless otherwise noted)

All Saints' Day Potluck Mission Endowment (ME) Celebration Sunday!

Plan to attend the All Saints' Day Potluck (ME will supply ham) on November 4 and vote for your favorite projects to disburse 5% of our endowment.

This year we will honor

Tom and Liz Brandt for all their contributions that have enriched our lives at Emmanuel. ME will collect contributions at the potluck in honor of Tom and Liz and all our past honored Saints.

November 4, 2018

A Day for the Saints

All Saints' Day is November 1 each year. The word saint comes from the Latin word sanctus and refers to the holy — that is, "set apart for the service of God." In some of St. Paul's letters to the churches he founded, he called all the members "saints." Later, Christians who distinguished themselves by their zeal for Christ, especially the martyrs, were honored after their death by being canonized as saints.

The word "saint" was placed before their Christian name. The pages of Christian history books are filled with the stories of these very special servants of God.

Several became the patron saints of countries. Ireland's saint is St. Patrick, England's is St. George and Scotland's is St. Andrew.

While the United States has no particular saint, Christians here should appreciate all the faithful people who served Christ courageously and delivered the faith to us to follow.

Taken from The NEWSLETTER Newsletter.com



Welcome to **Emmanuel!**

Emmanuel Lutheran Church and Preschool is located at: 1036 W A St., Moscow, ID 83843

church:

Phone: 208.882.3915 Fax: 208.882.3917 emmanuelmoscowid@gmail.com www.emmanuelmoscow.org

preschool:

Phone: 208.882.1463 Fax: 208.882.3917 emmanuellutheranpreschool@gmail.com www.emmanuelmoscow.org/preschool/



our staff:

Dave Daugs, Pastor 509.431.2988 (call or text) revkddaugs@gmail.com Office Hours: By appointment.

CindyMarie Polley **Church Administrator**

Church Office: 208.882.3915 Personal Cell: 509.366.0548 (call or text) emmanuelmoscowid@gmail.com

Office Hours:

Mon, Wed, Thur, 7am - 3pm & Tue, 7am - 1pm

Lisa Allen, Youth Director 208.882.3915 or 509.847.4302 emmanuel.luthyouth@gmail.com

Office Hours:

Visit our google calendar at http://www.emmanuelmoscow.org/calendar/index.html... scroll down to the ELC Youth calendar listed to see all youth information.

Janet McIntosh, Music Director/Organist

208.882.3915 or 208.521.5002 mcintosh83843@gmail.com Office Hours: By appointment.

Nikki Cox, Preschool Director 208.882.1463 or 208.310.6106 emmanuellutheranpreschool@gmail.com

Office Hours:

Mon, Wed, & Thur - 8:30AM - 1:30PM

In This Month's Issue:

All Saints - Mission Endowment Celebration Sunday!	1
Church & Staff Contacts	2
November 2018 Event Calendar	3
November 2018 Servant Schedule	4
Message from the President	5
Puzzle - Everyday Saints - Annual Reports Due	6
Pastor's Discretionary Fund	7
Ed Opps (Christian Education Opportunities) & ELCW Circles	8
ELCW Annual Advent Candlelight Brunch	8
P!A!T! - Praise! Awesome! Thanks!	9
Birthdays and Anniversaries	9
Upcoming Readings & Sermon Titles	10
Remembering Richard Clauss	11
In Our Thoughts & Prayers	13
LUTH Youth	15
For the KID in ALL of US!	16
The Parish Paper	17
Lutherhaven Camp Corner	19
Help Our Kids!	19
Celebrating Advent	20

Submissions to the December 2018 issue of the Emmanuel Emphasis are due in the Church Office by Noon, Tuesday, November 20, 2018 Thank you!!!





November 2018 Calendar of Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
NOTES: Church Office Hours: Mon	, Wed, Thur, 7	7am - 3pm & Tue, 7aı	m - 1pm (unless otherwise noted.)	All Saints Day CindyMarie Out of the Office No Preschool- Conferences 9:00am Music with Jodie (Bridge) 5:30pm Adult Choir	CindyMarie Out of the Office No Preschool- Conferences 10:00am Luth Youth Potluck	3 2:00pm Facility Cleaning Scheduled 4:00pm Parent Night Out; Kids Play at Emmanuel (Hall)
4 All Saints' Sunday Mission Endowment Sunday Daylight Saving Time ends 8:30am Adult Sunday School (Hall) 9:30am Worship Service 11:00am Fellowship — Mission Endowment Potluck (Hall)	Annual Reports Due Preschool Fire Drill Pastor Off 1:30pm MARY Circle (Good Samaritan)	6 Election Day 11:30am LEAH Circle 7:00pm Facility Cleaning Scheduled	7 6:00am Weekly Publication Deadline 8:30am Youth Director Office Hours 10:00am Staff Meeting 11:30am Preschool Lunch Bunch 12:00pm Mighty Youth Play Day 5:30pm Adult Choir 7:00pm Adult Bells	8 8:30am Youth Director Office Hours 9:00am Music with Jodie (Bridge) 11:30am Preschool Lunch Bunch 2:00pm Preschool Little Caesar's Pizza Delivery Pick Up 3-5 pm 15	9 CindyMarie Out of the Office 8:30am Youth Director Office Hours	10 2:00pm Facility Cleaning Scheduled
25 th Sunday after Pentecost Veterans Day 8:30am Adult Sunday School (Hall) 9:30am Worship Service 11:00am Confirmation 11:00am Fellowship (Hall)		7:00pm Facility Cleaning Scheduled	6:00am Weekly Publication Deadline 7:00am Men's Breakfast (The Breakfast Club) 9:00am ELCW Piecemakers (Hall) 10:00am Staff Meeting 5:30pm Adult Choir 7:00pm Adult Bells	9:00am Music with Jodie (Bridge) 11:00am Preschool Thanksgiving Feast 2:00pm Preschool Thanksgiving Feast	CindyMarie Out of the Office 11:00am Preschool Thanksgiving Feast	2:00pm Facility Cleaning Scheduled
18 26 th Sunday after Pentecost 8:30am Adult Sunday School (Hall) 9:30am Worship Service 11:00am Fellowship (Hall)	19 Pastor Off	20 CindyMarie Out of the Office DEADLINE: December Emphasis 6:00pm Church Council Meeting (Hall) 7:00pm Facility Cleaning Scheduled	CindyMarie Out of the Office 6:00am Weekly Publication Deadline 5:30pm Adult Choir 7:00pm Adult Bells	Happy Thanksgiving	23 Black Friday Church Office Closed	24 2:00pm Facility Cleaning Scheduled
25 Christ the King Sunday 8:30am Adult Sunday School (Hall) 9:30am Worship Service 11:00am Fellowship (Hall)	26 Pastor Off	27 12:00pm All Staff Meeting 7:00pm Facility Cleaning Scheduled	6:00am Weekly Publication Deadline 7:00am Men's Breakfast (The Breakfast Club) 9:00am ELCW Piecemakers (Hall) 10:00am Staff Meeting 5:30pm Adult Choir 7:00pm Adult Bells	9:00am Music with Jodie (Bridge) 11:30am Preschool Teacher Meeting	30 CindyMarie Out of the Office	3

November 2018 Servant Schedule

Serving on:	November 4, 2018	November 11, 2018	November 18, 2018	November 25, 2018
Ministers:	The Congregation	The Congregation	The Congregation	The Congregation
Presiding:	Pastor Daugs	Pastor Daugs	Pastor Daugs	Pastor Daugs
Dir. Of Music/Organist:	Janet McIntosh	Janet McIntosh	Janet McIntosh	Janet McIntosh
Altar Guild / Bread:	Carolyn Todd	Carolyn Todd	Carolyn Todd	Carolyn Todd
Acolyte:	Olivia Halladay	Ryan Perry	Connor Perry	
Altar Flowers:	Kas & Deb Dumroese	Elaina Perry	Debbie Stone	
Assisting Minister:	Janet Williams	Kurt Queller	Debbie Stone	Paul Collins
Communion Assistant:	Deb Dumroese	Tara Roberts	Paul Collins	Kas Dumroese
Communion Assistant:	Kas Dumroese	Julie Spangler	Deb Dumroese	Anne Peterson
<u>Counter:</u>	Vern Kinnison	Deb Dumroese	Kas Dumroese	Carolyn Todd
<u>Counter:</u>		Tammy Greenwalt	Vern Kinnison	Julie Spangler
<u>Fellowship:</u>	Kas & Deb Dumroese	Craig & Tammy Greenwalt	Janice & Irv Johnson	Paul & Kathy Kwiatkowski
<u>Fellowship:</u>	Matt & Kathy Foss	Matt & Jolene Halladay	Leo & Jackie Greenwalt	Ron Landeck & Deb Wyatt
<u>Fellowship:</u>	Steve & Andrea Fountain	Walter Hesford	Jon & Sharon Kimberling	Larry & Carol Lass
<u>Fellowship:</u>	Robbie Giles	Gretchen Isakson	Shelly McGuire	Roger & Gen Long
<u>Greeter:</u>		Paul Collins		Kathy Kwiatkowski
J.A.M. Leader:	Lisa Bender	Deb Marsh	Chie Baker	Carolyn Todd
J.A.M. Assistant:	Gretchen Isakson	Jolene Halladay	Deb Wyatt	Julie Spangler
Quiet Room Attndnt:	Janet McIntosh	Karen Hill	Chie Baker	
<u>Reader:</u>	Paul Collins	Kas Dumroese	Debbie Stone	Deb Dumroese
<u>Usher:</u>	Vern Kinnison	Vern Kinnison	Vern Kinnison	Vern Kinnison
<u>Usher:</u>	Kurt Queller	Chris Watts	Chris Watts	Kevin Peterson
<u>Usher:</u>	Todd Perry	Todd Perry	Todd Perry	Todd Perry
<u>Usher:</u>		Tim Roberts		
<u>Usher:</u>				

Thank You for Serving!





Message from the

President

Dear Brothers and Sisters of Emmanuel Lutheran,

Since our Council President, Ben is traveling back East with Katy, it is Mark's and my pleasure to provide you with a brief letter for November.

I've reached the point in my professional life where I'm talking with my students about the work they are doing in their classes at the University of Idaho. I have the pleasure of working with many freshman, most of whom are taking their first college courses ever. While they are experts at the way that high school works, and most of them were very successful high school students, they are still adjusting to what it means to be a college student. It is this time of every year that I must remind my students that they get out of their classes what they put into them.

The more I say it, the more I'm reminded that it applies to many different aspects of my life, including my work at Emmanuel Lutheran. When I first came to Emmanuel Lutheran, I was greeted kindly, and people ensured me that my child was not the first to run around like a crazy kid during Children's Lesson. At some point, the Youth and Family group reached out to me and invited me to go to a painting party. And then someone asked if I could work with the Youth and Family mission group. And then someone asked me to run for council. The more I put into Emmanuel Lutheran, the more connected I felt.

This is the time of the year when we ask you to prayerfully consider what you can "put into" Emmanuel Lutheran. Consider getting involved with one of the following:

- Church Council (we need Council members and a treasurer)
- Mission Groups
- Music Groups
- Serving on Sundays
- · Helping with upkeep of the church building and grounds

But also consider how you might "put into" Emmanuel Lutheran in other ways. Look around at our community and pick someone to talk with you've not talked with before. Invite a visitor to come to fellowship with you and share a cup of coffee. Volunteer to help Cindy Marie in the office, Nikki in the preschool, or Lisa with our youth. Share stories. Make friends. Visit with each other. Care. Love. Pray.

Like my students, too often we get caught up in the outcomes of things—just like my students worry about their grades, Council is currently worrying about the budget. Grades matter, and so does sticking to a budget. But let's not forget why we are here. Let's listen to each other. Let's create an open dialogue to plan for the future. Let's give back to this community of faith that has given so much to us in order to ensure its sustainability.

If you want to get more involved and you're not sure what your next steps should be, please don't hesitate to reach out to me at church or via email at Barbara.kirchmeier@gmail.com.

Please keep Ben and Katy in your prayers while they are travelling and also the Council as its members trying their very best to serve you, the wonderful faith community that is Emmanuel Lutheran.

Blessings to you all,

Barbara Kirchmeier & Mark Schwarzländer

Co-Vice Presidents **Emmanuel Lutheran Church**



Vice-President Mark Schwarzländer with Marijka, Swaanie, & Annika.



Vice-President Barbara Kirchmeier with Ben, June, & Jacob.





Use the music code to find the words for this familiar song of thanks.

CODE:

. —	_ •	I 8.	0 1/2	U
A =	ΕĹ	Ι	Р	V 🔿
В 🗳	F	L >	R 👂	w #
C 2:	G	M	S \$	x ~
D 🍶	Н 🕽 •	N D	T 👅	Ϋ́



Challenge: What do we commonly call this song?



Everyday

Saints

Everyday things, relationships with other people, daily work, love of our family — all these may breed saints.

Jesus of Nazareth taught us to live every hour of the day as saints. Every hour of the day is useful and may lead to divine inspiration, the will of the Father, the prayer of contemplation — holiness. Every hour of the day is holy. What matters is to live it as Jesus taught us.

And for this, one does not have to shut oneself in a monastery or fix strange and inhumane [regimens] for one's life. It is enough to accept the realities of life. Work is one of these realities; motherhood, the rearing of children, family life with all its obligations are others.

—Carlo Carretto, Letters From the Desert

Taken from The NEWSLETTER Newsletter.com

Annual Report Annual Report

It's Annual Report time!

If you are responsible for a submission to the 2018 Annual Report, please submit it to CindyMarie in the Church Office before Monday, November 5th.

Thank you!



Pastor's Discretionary Fund

The Pastor's Discretionary Fund is used by the Pastor to assist individuals and families that are in need. Most often it is used to assist people who stop by the church office and request assistance for basic needs. Community organizations may also refer to Pastor, persons who need assistance. Pastor investigates each case by checking in with the Sheriff's Office and or Latah County Social Services both of



which share a common data base that can spot repeating requests and persons to keep an eye on. These requests to the Pastor's Discretionary fund may be:



- ◆ They are homeless and need a place to stay for a night or two. The fund can provide temporary hotel housing for up to 3 nights while other arrangements are being made. Pastor will assist these people in connecting with local resources. Most people may receive housing assistance up to 2 times per year, however circumstances and situations may direct more assistance...especially when there are children involved.
- They may need assistance with utilities that are about to be denied. Pastor calls the utility provider and helps to set up a payment plan that incudes an initial payment from the Discretionary Fund.





- ◆ They are traveling through town and need gasoline or vehicle repairs so they can continue to their destination. Their personal resources are depleted. Pastor assists them in purchasing fuel or finding a mechanic who can repair their vehicle for a reasonable rate.
- People need to see a doctor or need medicine. Pastor uses the Moscow Clinic to provide these services. They may need a prescription filled and this is done through Rosauers Pharmacy.





- People may need food. They are connected with our local food bank and/or food is given from our ELC kitchen surplus or is purchased by Pastor.
- Preschool families sometimes need assistance with, rent, utilities, food, medicine, clothing or tuition.



ELC has the gracious ministry of "loaves and fishes," assisting people with their most basic needs. This is a very "hands on" ministry through our Pastor.

The Pastor's Discretionary Fund is in need of your financial support.

Could your support for the Pastor's Discretionary Fund be above and beyond your usual gracious giving? If you are able to, please give a separate offering ear marked for the Pastor's Discretionary Fund.

> (Our Church Treasurer and our Pastor administrate the Pastor's Discretionary Fund.)





ELCW Annual Advent Candlelight Brunch

Our annual ELCW Advent Candlelight Brunch will be on December 1, at 9:30 AM, and all Emmanuel women are invited to come!

This year is going to be very special because Bishop Kristen Kuempel is our guest speaker.

She is a captivating speaker and always has a compelling message to share.

We also have some wonderful music lined up. Rob Ely will play his hammered dulcimer, June Kirchmeier will perform for us, and Janet Williams will lead us in singing some Christmas carols.

So please plan to come and enjoy warm fellowship, delicious food, wonderful music, and an inspiring message! Invite a friend

to come with you!

Babysitting will be provided.

See you there!



Christian Education Opportunities



Adult Sunday School - - Join with Pastor Daugs on Sunday mornings for a six-session course on Lutheran teaching. We will be studying from Roots of Our Faith by James A. Nestingen. Roots of Our Faith is a six-session summary of the confessions of the Lutheran church and an explanation of the main parts of the Augsburg Confession. It has been written to help congregants better understand their Lutheran heritage. Roots of Our Faith discusses each of the following:

- ↑ The Lord's Prayer ⊕ Baptism Come learn with us on Sunday mornings, 8:30 AM, in the Fellowship Hall!

J.A.M. - Jesus and ME! For children through age 12. Following the Children's Sermon, J.A.M. leaders will escort the kiddos down to the Fellowship Hall for crafts, games, songs, and a snack. Children will return to the Sanctuary just prior to Holy Communion.

The "Old Dudes"! This is a group of men that meet on the 2nd & 4th Wednesdays, 7 AM, at the Breakfast Club for breakfast and devotions (November 14 and 28). Following breakfast, the men head to church for a work day. On all the other Wednesdays, 7 AM, meet for coffee at the Moscow Co-op. Questions? Contact us in the Church Office. 208.882.3915 or emmanuelmoscowid@gmail.com

ELCW Piecemakers Quilting Group Help us quilt! Bring a friend! Have some lunch! We usually meet on the 2nd and 4th Wednesdays. Join us on Nov. 14 & 28, at 9 AM, to help tie quilts, then share a potluck lunch. Questions? Contact Gretchen Isakson. gretchenisakson@yahoo.com or 208.882.7289

"Whatever your hands find to do, do it with all your might." Ecclesiastes 9:10

LEAH Circle! This small group women's bible study will meet on Tuesday, November 6, 11:30 AM. All women are invited to meet for devotions and a potluck lunch at Kathy Henson's home. (2075 Sunnyside Ave, Unit 10, Moscow.) Bible Study Leader: Gen Long. Questions? Contact Jeanette Johnston (208.892.9549), or Charlene Olsson (208.882.1028).

MARY Circle! This group usually meets the 1st Monday of the month. Join them on Monday, November 5, 1:30 PM, at Good Samaritan. Questions? Contact Shelley Dale (208.882.9555 or rdale@turbonet.com)



P!A!T! - Praise! Awesome! Thanks!

All Saints' Sunday

All Saints' Day celebration has a long history in the worship life of the Christian Church. It began as a commemoration of the martyrs who had died for the faith, and it has since become a day when we honor and remember those who, in death, have joined the Church Triumphant, as well as the faithful saints of the present who serve Jesus Christ. Martin Luther held that all Christians are simultaneously sinner and saint-a sinner because of our rebellious nature, but a saint because of salvation in Jesus.

We Remember these and other sainted family members and friends, giving thanks for the many ways they demonstrated and shared Christ's love:

> **Lennard Chin Pastor Braun Carolyn Smith Marilyn Mastro** Pastor Rehley (friend of Steve & Carol Nelson) **Nels Peterson Jack Kelly Bernard Rathbun Deb Dumroese's Mother Richard Clauss**

Thanks to all our **special guests** and **devoted Emmanuel members** who have worked so hard and contributed to the Sunday, October 28, Mission 100—Miracle Sunday worship and celebration!

Thanks to our awesome Youth Director, **Lisa Allen**, the **Lutherhaven** Staff, and all who helped and attended the October 26 Middle School and High School Lutherhaven Youth Night at Emmanuel!

A grateful thank you to **Gretchen Isakson** for baking her yummy ginger snap cookies to be included in the "Larry Lass mugs for students." Larry has generously donated his hand-make pottery mugs for Emmanuel's "Welcome" to visiting students. Thank you, **CindyMarie** for printing the welcome and other tags to be included in those mugs. - Debby Wyatt





November 29, 1986



P!A!T! - Praise! Awesome! Thanks! cont.

Thanks to our **Emmanuel Preschool Students**, parents, teachers, and director for sharing with us on Sunday, October 21, during Preschool Sunday! It is always such a joy to worship together!

Thank you to our **Youth and Family Mission Group** for hosting the Sunday, October 21 Pumpkin Carving event! And a huge thanks to the Craig & Tammy Greenwalt family for the donation and delivery of all the pumpkins for this FUNtastic event!

Thanks to all the **youth** who attended the October 17 Mighty Youth Play Day here at church! And thanks to **Lisa Allen** for hosting such fun things for our youth to do!

Thanks to our **ELCW Piecemakers** for the **85 quilts** they made with such love and care to ship to LWR, and thanks to Cliff Todd and Vern Kinnison for delivering them to Spokane for shipment to those in need all over the world.

Thanks to all the **youth** who attended the October 12 Luth Youth Halloween Party! And thanks to **Lisa Allen** for hosting such fun things for our youth to do!

Thanks to all who joined last week to celebrate the life of Richard Clauss with us during worship. Thanks to Emmanuel Lutheran Church Women (ELCW) for hosting the reception during Fellowship Hour. Please continue to keep Verla and the Clauss and Olson family in your prayers during this time.

Dear Members of Emmanuel Lutheran,

We would like to take the time to sincerely thank you for the donation you made to us in the form of fruit. Coming to the Center and having these snacks available is a high point in a lot of our days, so we are especially appreciative to you for providing these to us. Thank you so much! Sincerely, Staff & Students of the UI Campus Christian Center

Thanks to all who joined last week to celebrate the life of **Richard** Clauss with us during worship. Thanks to Emmanuel Lutheran Church Women (ELCW) for hosting the reception during Fellowship Hour. Please continue to keep Verla and the Clauss and Olson family in your prayers during this time.

The Gallery, just outside the sanctuary entrance, features the artistic abilities, the God-given talents, of Emmanuel's members and friends. Currently, The Gallery features paintings by Cam Johnston. Thanks Cam!

Upcoming Sermon **Titles**

November 4, 2018 **All Saints Sunday**

Mission Endowment Sunday

Sermon Title:

Jesus Weeping

Readings:

Isaiah 25:6-9;

Psalm 24;

Revelation 21:1-6a;

John 11:32-44

November 11, 2018

25th Sunday after Pentecost

Sermon Title:

Grateful

Readings:

I Kings 17:8-16;

Mark 12:38-44

November 18, 2018

26th Sunday after Pentecost

Sermon Title:

What is the world coming to?

Readings:

Daniel 12:1-3;

Psalm 16:

Mark 13:1-8

November 25, 2018

Christ the King Sunday

Sermon Title:

Absolutely,

for certain,

for real,

forever.

Readings:

Psalm 93;

Revelation 1:46-48;

John 18:33-37





Remembering Richard

July 25, 1936 - Sept. 28, 2018

Written by Verla Olson Clauss. October 1, 2018

After fifty plus years of "first" marriages to Moscow High School classmates of 1949. Verla Olson and Richard Clauss enjoyed seven years together living in Verla's rural home in Moscow. Pat

Weltzin married Richard June 23, 1957 and Clancy Olson married Verla Pedersen the same summer. On July 23,2011, Richard and Verla married and lived in Verla's home on Robinson Park Road. December 20,2017, the Clausses moved to their "new" house in Spokane to enjoy theater, families, and Richard's home town. He loved being principal of five different elementary schools over 27 years. He never went to "work", loving his job. He loved the students and moving to different schools with new challenges. He retired in 1993.

In Moscow, Richard enjoyed Emmanuel Lutheran Church and its' people, the acreage and the "work to be done", in maintaining the grounds, trees and garden. He loved the music and sweet rolls at the Farmers' Market, coffee with "the Guys", singing and commuting to Spokane for family events, walking with his school principal buddies. He never missed a grandchild's birthday or special event they were participating in.

Richard had a fall at home which resulted in a brain bleed, causing need for surgery to remove a benign tumor and a blood clot. He was hospitalized for 6 weeks, causing need for major rehab that he finally chose to discontinue. He loved people and wanted visitors always. He especially loved his First Presbyterian church choir and when 14 members came to sing for him, he directed the choir from his hospital bed, mouthing the words he knew so well. The patients and the medical staff enjoyed the beautiful music emanating from room 420. This week, Sunday, the choir had an empty chair with Richard's robe draped neatly over the back having been his "dress" for 23 years or more.

Verla felt blessed to be with Richard when he died on September 28th in The Hospice House in North Spokane. He had moved there the day before. He knew where he wanted to be. We so miss him.

> Thank you for your prayers, thoughts, and visits and for these past seven years in Moscow.

Remembering the Saints

While the New Testament considers all Christians as saints (See 1 Corinthians 1:2, NRSV), the Catholic Church has for centuries honored certain Christians as worthy of being canonized as saints and has added the title "Saint" before their names.

Many Protestant denominations have also honored extraordinary Christians and named them saints. For that reason many churches join in celebrating All Saints' Day.

All Saints' Day is celebrated on November 1 each year. It affords Christians the opportunity to remember those who have faithfully served Christ in special, often sacrificial, ways. Many of these special people suffered martyrdom for their dedication to Christ our Lord.

Therefore, we would do well on All Saints' Day to express our gratitude to God for those devoted and devout souls who have set worthy examples for us.

Taken from The NEWSLETTER Newsletter.com





Richard "Dick" Alan Clauss

Richard Alan Clauss "Dick" passed away peacefully on September 28, 2018, with his wife by his side. He was born July 25, 1936, in Hammonton, New Jersey, to Sam & Helen Clauss. He was the youngest of 10 children. Dick grew up picking strawberries and blueberries on the farms around Hammonton, singing in the All-State Sixth Grade Chorus, and singing solos in many high school plays. He played the Trombone and Sousaphone in the band.

Upon high school graduation, Dick joined the Air Force, completing basic training at Keesler AFB in Biloxi, MS. He then was stationed at Elmendorf AFB in Anchorage, AK. It was there that he met his first wife, Patricia Jean Weltzin "Pat", a first-grade teacher at Denali Elementary School. They were engaged in the spring and married on June 23, 1957, at the First Presbyterian Church in Moscow, ID. Their honeymoon was spent driving the Alcan Highway back to their first home in Anchorage. Dick completed 4 years in the Air Force and was discharged in December 1957. They moved to San Jose, CA, where Dick studied at San Jose State University, while Pat substitute-taught. They welcomed a son, Scott Alan. In June 1961, Dick took his final exam on a Wednesday, welcomed his first daughter, Kathleen Diane, on Thursday, and graduated that Friday, with a BS in Education. In August, when little Kathy was only 2 months old, they loaded up a U-Haul and moved to Spokane, WA, where Dick and Pat had teaching positions with Spokane School District 81. Pat taught until their second daughter, Marcia Jean, was born. In their north Spokane neighborhood, Dick helped to build a neighborhood community pool, which the families enjoyed and continue to enjoy till this day.

Dick taught and coached at Westview Elementary, until he earned his Masters Degree in Education from Eastern Washington University. He soon was promoted to Elementary School Principal, becoming the youngest District 81 Elementary School Principal. Over the next 27 years, he was principal of Comstock, Bryant, Hutton, Whitman and Mullan Road schools. Dick was recognized by the district as Staffer of the Year and Distinguished Principal for the State. He retired in June, 1993. Even after he retired, he was a substitute principal.

Dick also was on the Aging and Long Term Care of Eastern Washington Planning and Management Council, and was on the Executive Board as the Planning and Management Council Chair.

Dick's hobbies included gardening, traveling, camping, reading, antiquing, genealogy and preparing the Men's Breakfasts at church. He was an ordained Elder and Deacon.

Pat passed away on March 6, 2009. But God had a plan to find another companion for him. Verla Mae Olson had lost her husband a couple years earlier. Pat and Clancy Olson were classmates in Moscow, and Dick and Verla had become acquaintances when attending the numerous class reunions. Dick attended the class reunion one more time after Pat's death, and the rest is history. Dick and Verla Mae Olson were married on July 23, 2011. Dick moved from his home of 50 years to Verla's home in Moscow ID, where he enjoyed working the "farm" and hosting many special events with Verla at their home, including many memorable Thanksgiving Dinners. Dick and Verla wanted to return to Spokane and in October, 2017, Dick purchased a home in the northwest area, close to his two daughters' families.

Dick loved Pat and Verla with all his heart, his children and grandchildren, singing in the church choir, classical music, Broadway musicals and plays, walking with his retired principal friends, making soup for his family, Holidays with the family, attending his grandchildren's sporting events, dance recitals, music programs and High School Graduations. He loved counting, numbers, and challenging his grandchildren with Math problems, and Minion, Rolly and Max.

Dick is preceded in death by his first wife, Patricia Jean, his father & mother, 3 brothers and 2 sisters. He is survived by his wife of 7 years, Verla, son Scott (Therese) Clauss of Richland, daughters Kathy (Jim) Wiebers, and Marcy (Mike) O'Donnell, his grandchildren Heidi, Hannah, Hunter, Andrew and Gabrielle, his step daughter Christy (Loel) Fenwick, step grandchildren Bjorn, Stuart (Amy), Hannah and Axel, 1 brother, 2 sisters, and 2 sisters-in-law.

Memorial services will be Wednesday, October 10, 2018, at 1:00 PM, First Presbyterian Church, 318 S. Cedar St. Spokane WA 99201. Private inurnment will take place at Greenwood Memorial Park. Memorial contributions are suggested to Hospice of Spokane, PO Box 2215, Spokane WA 99210 or Union Gospel Mission, 1224 E Trent Ave, Spokane WA 99202.

> Please sign the online memorial book at www.hennessey-smith.com Arrangements have been entrusted to: Hennessey Smith Funeral Home & Crematory



In Our Thoughts & Prayers...



- The churches' ongoing ministries of care for the hungry and neglected, especially in Zimbabwe, China, Darfur, Ethiopia.
- Military service people from our families serving:
 Steven Kwiatkowski, serving in Okinawa Japan;
 Captain John M. Swanson, grandson of Maureen
 Marten, serving in the Army; Jaren Doherty Jr., Clara
 Dockter's grandson; serving with the Marines in
 Afghanistan.
- Victims of war, oppression, injustice, and cruelty.
- Any people we have come to see as our enemies.
- · All those living in fearful homes and circumstances.

- · All those who are victims of natural disasters.
- People and organizations working for justice and peace.
- · Students and members abroad.
- Our sister churches: Grace Lutheran Church New Orleans; Ulanga-Kilombero Synod - Tanzania.
- · Those struggling with quilt and depression.
- Those who've lost loved ones:
 Friends and family of Richard Clauss.
- Prayers of Thanksgiving:

Those with special needs:

- · Dean Vettrus, recovering from a bad fall.
- Vivian Fountain, prayers to find the right medication for dealing with her seizures from epilepsy and mild CP.
- Logan Klein, Ben and Katy Beard's grandson, recovering from surgery for legg perthes.
- Dorothy Schnaible.
- Shirley Gunther, prayers to strengthen her heart, heal her legs and foot, and regain her physical strength.

Those, dealing with cancer:

- Gwen Sullivan, receiving chemo therapy treatment.
- Kathy Barney, CindyMarie's sister, battling leukemia.
- Janet Williams sister's stepdaughter, dealing with aggressive breast cancer.
- Richard Woock, Jessie Weller's uncle suffering with bone cancer.
- Baby Thomas Harner, continuing his fight with leukemia.



Those who have requested our continued prayers:

- Dwaine Barney, CindyMarie's brother who has suffered a stroke.
- · The family of Gwen Sullivan's sister, especially Gwen's nephew.
- Garrett, Debbie Stone's son who has health issues.
- · Douglas Dion, Edith's son, suffering from congestive heart failure.
- Randy Dion, Edith's son, recovering from a paralyzing stroke.
- Andy Fountain.
- Sandra Lytle.
- Mike Voegtle, Katy Beard's cousin.
- Rosanne Manley.
- Yolanda Wyatt.
- Mike Sprenger.
- Devin Revard, Clara Dockter's grandson.
- Carol Nelson's Aunt Dorothy.
- Clara Dockter, continued strength.
- Ken Strassburg, Kathy Kwiatkowski's brother.

- Brien Golis and Family, cousin of the That Candi & Brittney find Streys, whose son is battling a horrible disease.
- Mark Strey, Mandy's dad, who is struggling with health issues and alcohol.
- Sue, Julia Keleher's mother, in hospice care.
- Carl Hunt, suffering from cluster headaches.
- · Doris Edgar, Julie Spangler's mother, suffering from lewdy body dementia. • Gwen Sullivan's son and his
- Sara Kimberling, continued healing.
- Bob Bennett. Prayers for healing.
- Janet Strey's father, that he finds Jesus in his life.
- Dean Vettrus.
- · Grace Lyon, living at Whitman Senior Care in Pullman.
- The Castro Family, prayers for families of Mexico. - Janet Strey.

- guidance and prayer from God, from Janet Strey.
- Susen Porter, Jeanette Peterson's niece and Kevin Peterson's cousin, diagnosed with Primary Progressive Aphasia.
- Vivian Fountain, Carol & Steve Nelson's granddaughter, diagnosed with mild cerebral
- family.
- For strong community & welcoming in the Lutheran Campus Ministry.
- Patients of the Lugala Hospital in Tanzania.
- Residents of Good Samaritan Nursing and Special Care units.

Notes:	
	14



UTH Youth

The Luth Youth celebrated the fall season with a Halloween Party. We wore costumes and played lots of fun and messy Halloween games. The pizza and overflowing dessert table added a whole new level of fun to the party. A special thanks to Deb Marsh for joining in on the festivities!

The Mighty Youth had a Play Day one afternoon following a preschool lunch bunch. It's been great to see Emmanuel preschoolers and their younger siblings attend these Play Day events.

Emmanuel is hosting a Lutherhaven Youth Night at the end of the month. This event is for Middle and High School age youth in the greater Moscow area (invitations have been extended to other Lutheran churches, as well as VBS youth volunteers, and campers who went to Lutherhaven over the summer and reside near Moscow). Staff from Lutherhaven will be coming down to Moscow for a night of fun, leading the kids in

worship and games!





Coming Up in November!

Luth Youth potluck lunch! No school on Friday Nov 2, so come to Emmanuel to have lunch with your Luth Youth friends! Bring a favorite lunch item to share!

Parents Night Out! Do you have young kids? Then you need a night out with other adults, and no kids! Saturday, Nov 3, 4-7 PM. Child care provided at Emmanuel Lutheran. Simply drop off your kids and meet up with the other parents for a fun night out (location TBD). Contact Jolene Halladay or Lisa Allen for details.

Mighty Youth Play Day! Wednesday Nov 7, 12-2 PM at Emmanuel, immediately following Preschool Lunch Bunch.



Questions about Youth Events? Contact Lisa Allen, Youth Director. 208-882-3915 or emmanuel.luthyouth@gmail.com.



Lisa Allen, Youth Director





Enjoy searching for seasonal aspects of God's creation!

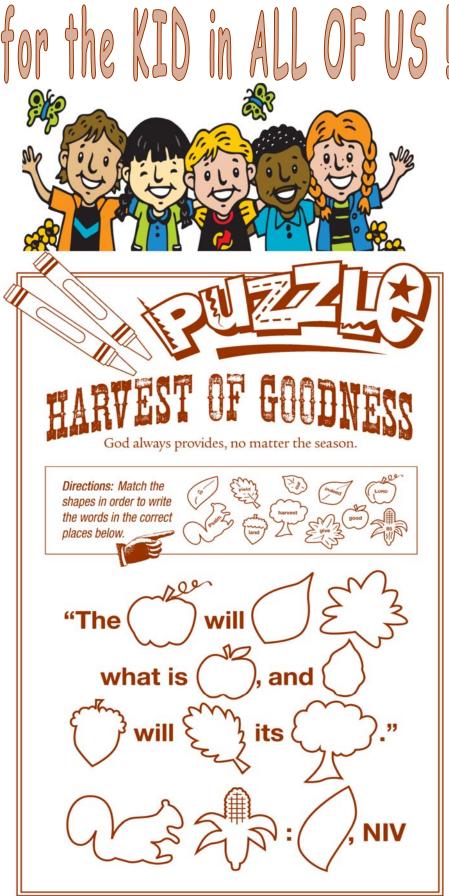


What you need:

- · Family members and friends, divided into groups if desired
- Maps of local areas
- Lists of fall-related items (one per person or group)
- Digital cameras or smartphones
- Prizes

What you do:

- 1. Hand out maps and lists of items (scarecrow, pumpkin, red leaf, squirrel, apple tree, pine cone, acorn, bug, bird, sunflower, etc.)
- 2. Instruct participants to walk through their assigned area, find and take photos of the items, and report back at a specific time.
- 3. When everyone returns, share your photos. Award prizes for the most items found, the most unusual item and so on.







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How to Develop Habits for Well-Being

Seminaries and social work programs often ask their students to create a self-care plan. Not only does this send a message about self-care while pursuing a degree, ordination, or certification, it also makes clear that self-care is a life-long commitment for those who serve the church and others. High demands and weak support systems can foster a toxic environment for clergy health. Therefore, some experts see a problem with the idea of self-care, which suggests that responsibility for clergy well-being falls entirely on the pastor. Clergy health and well-being involve three systems: the individual pastor's lifestyle, family and friends, and the congregation or denomination. Although all three systems share responsibility, this issue focuses primarily on the role of clergy.

Making Better Choices

Mounting research finds that genetic differences are less important for longevity and health than previously asserted. Twin studies reveal that genetics only account for 25% of the defining forces related to life span. What accounts for the rest? Lifestyle choices and habits. For example, Sanjay Gupta lists five habits that can extend a person's life by a decade or more: eating a healthy diet, exercising regularly, maintaining a healthy body weight, consuming alcohol in moderation, and never smoking.¹

Models of well-being incorporate additional elements beyond physical health because studies find clear links between mental, social, and physical health. For instance, scientists are beginning to pay attention to a sixth healthy habit: maintaining a strong social network. Although positive emotions and moods relate to overall health, they only produce short-term impacts. Positive mental health combined with high psychological and social functioning delivers greater long-term health.²

Map Your Self-Care Plan

Before you can make deliberate changes to construct a personalized self-care plan, you must know where you are already strong and where you need to focus to see improvement. The self-care wheel, available in multiple versions, is such a tool and illustrates the interaction between multiple dimensions of daily life.³ Imagine a pie cut into six equal parts with each section representing one area of your life: physical, psychological, emotional, spiritual, personal, and professional. If you imagine the center as zero and the outer edge of the pie section as ten, you can rank your satisfaction level within each area by drawing a line to create your own outer edge for each area.

When the findings are graphed onto the pie, some sections are longer or shorter than others. The shorter areas reflect areas of life where functioning can be improved. For example, lower scores in the spiritual area might prompt someone to explore new spiritual practices, participate in a small spirituality group, or other actions aimed at creating greater levels of life satisfaction and balance. Ultimately, you see your full life balance picture and can begin to consider how to improve the whole.





...a Monthly Newsletter from Emmanuel Lutheran Church...

Other approaches entail completing short questionnaires (see the Buffalo School of Social Work for an easy to complete example⁴). Or clergy can honestly answer questions like:

- How often in the past two years has poor physical health, emotional problems, or family demands interfered with your ministry effectiveness? How do you cope in such situations?
- What practices do you regularly engage in that sustain you physically, emotionally, and spiritually? Are additional efforts needed to support your well-being and reduce stress?
- How would a spouse or best friend answer these questions? Your coworkers?

The value of these approaches is that the agency for making better choices rests with the individual. A friend of the late Senator John McCain remarked that he was not very good at lying to himself. McCain would joke that his biggest accomplishment as a Navy pilot was crashing five jet planes, reflecting his belief that "We cannot forever hide the truth about ourselves, from ourselves." Authenticity or self-integrity is a gift to be treasured.

Create and Enact Your Self-Care Plan

Just as there is no "right way" to experience God, there is no "right way" to find a greater sense of well-being. Once you have mapped what your current life balance looks like on the pie chart and honestly answered questions about your life habits, take time to make a solid plan. For the areas of your life where you are strong, write a few sentences about how to maintain or even enhance those areas. For areas that are closer to zero, write down goals to help you increase your satisfaction. You also want to periodically check in on how you're doing with these goals to see if you need to revise any of them as your life changes. It is okay to begin with only one or two areas. Finally, find someone who cares about you to hold you accountable and who is willing to help you achieve these goals. It's best to find someone in a similar situation as you, such as another clergy member. Share your self-care plans and meet regularly to check in with each other.

Remember that people will be motivated to form new habits by different incentives and identities. These differences mean that no two people will choose an identical path to a more satisfying life and that the goals you set must be tailored to work for you.

Congregational and Denominational Support

Every congregation should have a functioning personnel committee because a church cannot succeed unless the pastor succeeds. The regular interaction between the committee and the pastor contributes to the pastor's overall ministry and life satisfaction, assists the pastor in establishing priorities and boundaries, and supports the pastor's self-care choices. The pastor and the committee members must share a vision for ministry and a shared understanding of the pastor's gifts.

Several denominations began to recognize that support for pastors needed to extend beyond seminary. For example, the Church Pension Group of the Episcopal Church started CREDO, a conference for pastors aimed at enhancing clergy wellness. Participants explore four areas-spiritual, vocational, financial, and physical/psychological health—in a week-long community experience. The Board of Pensions, Presbyterian Church (U.S.A.), launched a similar national clergy program to help pastors examine their health and replenish their spirit. Other judicatories and denominations invite their clergy to workshops and experiences that help pastors deal with stress, nurture spiritual vitality, and promote flourishing ministry. Congregational leaders should encourage the pastor to participate in such conferences.

Well-Being Is a Journey

The good news of the gospel says again and again, "Behold, I make all things new" (Rev 21:5). People, who are made in the image of God, are free to make choices. And they are free to make new choices. Begin with one new self-care practice today. Begin with one new way of finding joy in life. Try it on and risk failure. Pastors and people of faith can count on the promise of John 10:10: "I have come that they might have life and have it abundantly."

^{5.} https://www.brainyquote.com/quotes/john_mccain_135484



^{1.} Dr. Sanjay Gupta, "Forget science (for now); living longer is in your hands," https://www.cnn.com/2018/07/27/health/living-longer-sanjay-gupta/index.html.

^{2.} R. J. Proschold-Bell and J. Byassee, Faithful and Fractured: Responding to the Clergy Health Crisis (Grand Rapids, MI: Baker, 2018), 112-113.

^{3.} http://www.olgaphoenix.com/wp-content/uploads/2015/05/Self Care-Wheel-Final.pdf

^{4.} https://socialwork.buffalo.edu/content/dam/socialwork/home/self-care-kit/self-care-assessment.pdf





Camp Corner

Deck the Halls

at Lutherhaven December 7 - December 9



It's Christmas...at Camp! Simple. Festive. Holy. December 7-9, 2018

Deck the Halls is our Family & Friends Christmas Retreat. Come and experience the wonder and joy of the holidays!

Come with your household or bring another family along to spend a beautiful winter weekend sharing memories, laughter, joy & creativity. Make new traditions and strengthen your faith as a family!

Weekend Fun

- Cookies
 Craft room
 Wreath Making
 - Wood Workshop
 Caroling & Hay Rides
- Crackling Fires & Hot Cocoa Sledding & Sno Fun

Why Come to Deck the Halls?

- Reclaim family time around real wood fireplaces, drinking cocoa with marshmallows and candy canes, all the while taking respite from the chaos and rush of everyday life and the holiday season.
- Re-kindle old friendship and grow new ones.
- Make a work of art for your Christmas tree or mantel at home! Take home a memory to be re-hung every year!
- Enjoy a hearty brunch on Sunday. And participate in our annual Polar Bear Swim!

Pricing & Registration

\$130 Adults & Teens \$85 Youth 4-12 years old Children under 4 are FREE! Includes 5 great family meals, cozy lodging, crackling fires, snacks and all materials.

\$50 non-refundable deposit required with registration. Register up to 7 days prior to an event.

Questions?

Call: 208-667-3459 x 113 Email: registrar@lutherhaven.com www.lutherhaven.com/events

Help Our Kids!

Here is a win-win way to help support our Emmanuel Lutheran Preschool and finally make some free space in your garage!

We are accepting donations of your Car, Pickup, or ATV to raise funds so our Emmanuel Preschool kids can experience a bright educational beginning in a loving Christian environment!

If you have:

- → an old car taking up space in your driveway,
- or an old truck that is taking up valuable "shop" space,
- or an ATV that is in the way of the new planter box you want
- → ANY vehicle you wish to donate all or part of its sale,

let us sell it for you!

Help provide a safe fun place for our kids to learn, play, and grow. Please contact Steve Fountain, Craig Greenwalt, Pastor Daugs, or the Church Office (208.882.3915).

We would love to hear from you!





Intergenerational Soup Supper and Advent Event



Sunday December 2, following worship, in the Fellowship Hall. Join in on a special Advent event where we'll learn different ways to celebrate and recognize the season of Advent.



