

The EMPHASIS

a monthly newsletter from emmanuel lutheran church

1036 W A St, Moscow, ID 83843 - Phone: 208.882.3915 - Fax: 208.882.3917

emmanuelmoscowid@gmail.com - www.emmanuelmoscow.org

Church Office Hours: Monday, Wednesday, Thursday, 7 AM - 3 PM & Tuesday, 7 AM - 1 PM (*unless otherwise noted*)

come celebrate emmanuel's mission 100 Kickoff!

We have 50 years of mission accomplished and we are looking forward to 50 more!

***Our kickoff celebration will be
Saturday, September 8,
11 AM- 2 PM***

(before the football game)
and will include music, food,
and mission updates.

We need your help with potluck food
(to accompany provided hot dogs),
set-up, clean-up, and
mission updates.

**Sign-up sheets are located
in the Bridge!**

If you'd like to join the party planning
team or have questions
please see Anne Peterson,
Elaina Perry, or Deb Dumroese.



fall congregational meeting sunday, september 9, 2018

Come hear about what is happening at Emmanuel!!!!

1. Hear about our **new website and email system** – the training that will be done with staff – **so that we can better communicate the Mission of the Church and Preschool!!!**
2. Get an **update on the LOTTs Mission Group** and the information that we have gathered over the summer.
3. Find out about the **fun Stewardship Campaign coming in October** and how you can participate in this special celebration!
4. **LEARN MORE ABOUT MISSION 100!** And where we will be going from here for the rest of the year.

**GET EXCITED about the coming year
of Mission and Ministry at Emmanuel!
See you all September 9 after worship!**

A light soup and salad meal will be provided by Council!

Contact the church office with questions:
emmanuelmoscowid@gmail.com or 208.882.3915. Thank you!



Welcome to Emmanuel!

Emmanuel Lutheran Church
and Preschool is located at:
1036 W A St., Moscow, ID 83843

church:

Phone: 208.882.3915
Fax: 208.882.3917
emmanuelmoscowid@gmail.com
www.emmanuelmoscow.org

preschool:

Phone: 208.882.1463
Fax: 208.882.3917
emmanuelutheranpreschool@gmail.com
www.emmanuelmoscow.org/preschool/



our staff:

Dave Daug, Pastor

509.431.2988 (call or text)
revkddaugs@gmail.com

Office Hours: By appointment.

CindyMarie Polley

Church Administrator

Church Office: 208.882.3915
Personal Cell: 509.366.0548 (call or text)
emmanuelmoscowid@gmail.com

Office Hours:

Mon, Wed, Thur, 7am - 3pm
& Tue, 7am - 1pm

Lisa Allen, Youth Director

208.882.3915 or 509.847.4302
emmanuel.luthyouth@gmail.com

Office Hours:

Visit our google calendar at

<http://www.emmanuelmoscow.org/calendar/index.html...>
scroll down to the ELC Youth calendar listed
to see all youth information.

Janet McIntosh,

Music Director/Organist

208.882.3915 or 208.521.5002
mcintosh83843@gmail.com

Office Hours: By appointment.

Nikki Cox, Preschool Director

208.882.1463 or 208.310.6106
emmanuelutheranpreschool@gmail.com

Office Hours:

Mon, Wed, & Thur - 8:30AM - 1:30PM

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**submissions to the October 2018 issue
of the Emmanuel Emphasis
are due in the Church Office
Noon, Thursday, September 20, 2018
thank you!!!**



september 2018

calendar of events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Current Church Office Hours are Mon, Wed, Thur, 7am - 3pm & Tue, 7am - 1pm.</i></p>						1
<p>2 15th Sunday after Pentecost 9:30am Worship Service 11:00am Fellowship (Hall)</p>	<p>3 Labor Day <i>Church Office Closed</i></p>	<p>4 1:00pm Preschool Open House</p>	<p>5 First Day of Preschool (M,W,F am Class) (M,W,Th pm Class) 6:00am Weekly Publication Deadline 5:30 pm Adult Choir 7:00 pm Adult Bells</p>	<p>6 First Day of Preschool (T,Th Class) 11:30am LEAH Circle (Gen Long's Home)</p>	<p>7 <i>CindyMarie Out of the Office</i></p>	<p>8 11:00 am Mission 100 Kickoff Celebration (ELC Parking Lot)</p>
<p>9 16th Sunday after Pentecost Rally Day! 8:30am Adult Sunday School (Hall) 9:30am Worship Service 11:00am Fellowship (Hall) 11:00am Special Congregational Meeting (with Council hosted soup & salad meal)</p>	<p>10 <i>Pastor Off</i> 1:30pm MARY Circle (Good Samaritan)</p>	<p>11 Preschool Chapel 6:00pm Preschool Ice Cream Social</p>	<p>12 Preschool Chapel 6:00am Weekly Publication Deadline 7:00am Men's Breakfast (The Breakfast Club) 9:00am ELCW Piecemakers (Hall) 5:30 pm Adult Choir 7:00 pm Adult Bells</p>	<p>13</p>	<p>14 <i>CindyMarie Out of the Office</i></p>	<p>15</p>
<p>16 17th Sunday after Pentecost 8:30am Adult Sunday School (Hall) 9:30am Worship Service 11:00am Fellowship (Hall) 2:00pm Border Highlanders Bag Piping and Dancing. (Cordelia)</p>	<p>17 <i>Pastor Off</i></p>	<p>18 6:00pm Church Council Meeting (Hall)</p>	<p>19 6:00am Weekly Publication Deadline 5:30 pm Adult Choir 7:00 pm Adult Bells</p>	<p>20 9:00am Music with Jodie (Bridge)</p>	<p>21 <i>CindyMarie Out of the Office</i></p>	<p>22</p>
<p>23 18th Sunday after Pentecost Fall Begins 8:30am Adult Sunday School (Hall) 9:30am Worship Service 11:00am Fellowship (Hall)</p>	<p>24 <i>Pastor Off</i> Preschool Fire Drill</p>	<p>25</p>	<p>26 Preschool Fire Drill 6:00am Weekly Publication Deadline 7:00am Men's Breakfast (The Breakfast Club) 9:00am ELCW Piecemakers (Hall) 5:30 pm Adult Choir 7:00 pm Adult Bells</p>	<p>27 9:00am Music with Jodie (Bridge)</p>	<p>28 <i>CindyMarie Out of the Office</i></p>	<p>29</p>
<p>30 19th Sunday after Pentecost 8:30am Adult Sunday School (Hall) 9:30am Worship Service 11:00am Fellowship (Hall)</p>	<p>Notes:</p> <hr/> <hr/> <hr/> <hr/> <hr/>					

september 2018

servant schedule

<u>Serving on:</u>	September 2, 2018	September 9, 2018	September 16, 2018	September 23, 2018	September 30, 2018
<u>Ministers:</u>	The Congregation	The Congregation	The Congregation	The Congregation	The Congregation
<u>Presiding:</u>	Pastor Daug	Pastor Daug	Pastor Daug	Pastor Daug	Pastor Daug
<u>Dir. Of Music/Organist:</u>	Janet McIntosh	Janet McIntosh	Janet McIntosh	Janet McIntosh	Janet McIntosh
<u>Altar Guild / Bread:</u>	Carolyn Todd	Gen Long	Gen Long	Gen Long	NA
<u>Acolyte:</u>	<i>SERVANT NEEDED</i>	June Kirchmeier	Jake Kirchmeier	Henry Roberts	YOUTH SERVANT TBD
<u>Altar Flowers:</u>	Leo & Jackie Greenwalt	Foss Family	Robbie Giles	Kas & Deb Dumroese	Robbie Giles
<u>Assisting Minister:</u>	Ben Beard	Paul Collins	Kurt Queller	Robbie Giles	YOUTH SERVANT TBD
<u>Communion Assistant:</u>	Nancy Sasser	Noell Swearingen	Noell Swearingen	Noell Swearingen	NA
<u>Communion Assistant:</u>	Sue Ritter	Gwen Mitchell	Paul Collins	Tara Roberts	NA
<u>Counter:</u>	Kas Dumroese	Kathy Foss	Tammy Greenwalt	Carolyn Todd	Vern Kinnison
<u>Counter:</u>	Vern Kinnison	Gwen Mitchell	Deb Dumroese	Julie Spangler	<i>SERVANT NEEDED</i>
<u>Fellowship:</u>	Leo & Jackie Greenwalt	Ron Landeck & Deb Wyatt	Steve & Carol Nelson	Larry & Carol Lass	Garth & Nancy Sasser
<u>Fellowship:</u>	Jon & Sharon Kimberling	Roger & Gen Long	Charlene Olsson	Marge Remington	Carmen Savage
<u>Fellowship:</u>	Shelly McGuire	Debbie Marsh	Kevin & Anne Peterson	Bob & Sue Ritter	Mark S. & Marijka H.
<u>Fellowship:</u>	Paul & Kathy Kwiatkowski	Jan Martin	Nancy Ruth Peterson	Tara & Tim Roberts	Julie Spangler
<u>Greeter:</u>	Paul Collins	Noell Swearingen	Noell Swearingen	Noell Swearingen	Walter Hesford
<u>J.A.M. Leader:</u>	Lisa Bender	Deb Marsh	Chie Baker	Carolyn Todd	<i>SERVANT NEEDED</i>
<u>J.A.M. Assistant:</u>	Gretchen Isakson	Janet Williams	Deb Wyatt	Julie Spangler	Robbie Giles
<u>Quiet Room Attendant:</u>	Janet McIntosh	Matt Foss	Chie Baker	<i>SERVANT NEEDED</i>	<i>SERVANT NEEDED</i>
<u>Reader:</u>	Deb Dumroese	Walter Hesford	Kas Dumroese	Walter Hesford	YOUTH SERVANT TBD
<u>Usher:</u>	Vern Kinnison	Vern Kinnison	Vern Kinnison	Vern Kinnison	Vern Kinnison
<u>Usher:</u>	Chris Watts	Walter Hesford	Walter Hesford	Walter Hesford	Walter Hesford
<u>Usher:</u>	<i>SERVANT NEEDED</i>	Chris Watts	<i>SERVANT NEEDED</i>	Tim Roberts	<i>SERVANT NEEDED</i>
<u>Usher:</u>	<i>SERVANT NEEDED</i>	<i>SERVANT NEEDED</i>	<i>SERVANT NEEDED</i>	<i>SERVANT NEEDED</i>	<i>SERVANT NEEDED</i>
<u>Usher:</u>	<i>SERVANT NEEDED</i>	<i>SERVANT NEEDED</i>	<i>SERVANT NEEDED</i>	<i>SERVANT NEEDED</i>	<i>SERVANT NEEDED</i>

thank you for serving!



message from the president

Brothers and Sisters in Christ,

Harvest continues – then on to planting. School is back in full swing. Life on the Palouse continues its rhythms under God’s watchful care. We are blessed, and though the smoke has been bad, this too shall pass.

Summer has been productive even as the rhythms at Emmanuel slowed. Our LOTTs Mission Group has been busy - and surveying of the properties across the street, and geotechnical information gathering is lined up and will occur soon. All this information will help the Congregation determine the best uses of those properties for God’s mission and ministry through Emmanuel. The costs for both the survey and the ground soil sampling have been covered by the ELCA Share Grant and an anonymous gift for the balance. Thanks be to God!

Our Stewardship Mission Group has been busy planning our 50 year celebration (“Mission 100”), and our Fall Stewardship Campaign. 2018 is the fiftieth anniversary of our Church Building and the combined Lutheran ministries in Moscow. Our celebration is MISSION 100 – celebrating fifty years, and more importantly, anticipating our next 50 years of ministry and mission. MISSION 100 kicks off on Saturday September 8 with a full day of remembrances and fellowship and celebration outside in the Church Parking Lot. There will be stories about Emmanuel’s mission impacts, music, food, and good fun – so please stop by and help us celebrate our ministry past, and future. **Our thanks to Deb Dumroese, Elaina Perry, and Anne Peterson** for leading the planning for Mission 100 – and to all the folks they found who have volunteered their time to make this event great!

On Sunday, September 9 we will have our Fall Congregational Meeting – come hear and contribute your thoughts about 1) our progress with LOTTs, 2) our Stewardship Plans, 3) our new web and electronic communication presence, and 4) our ministry for the coming school year.

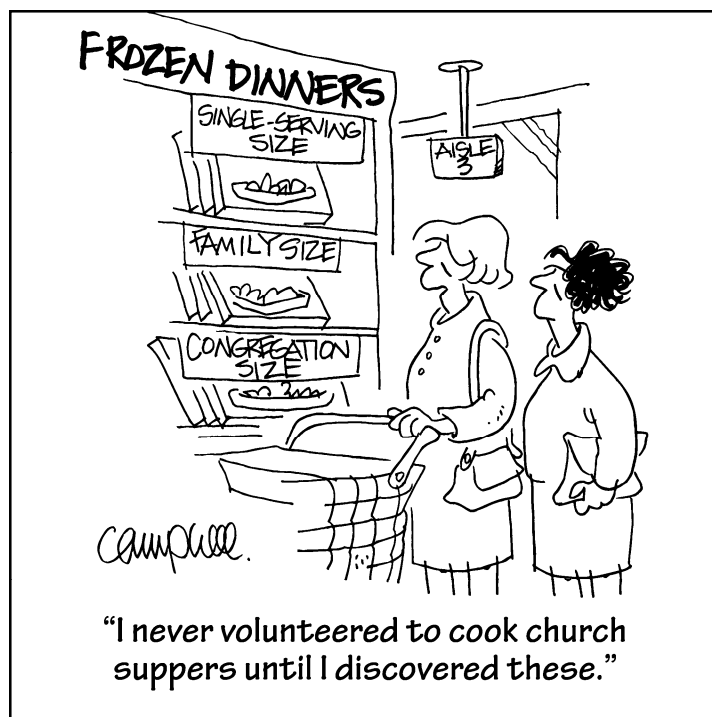
Our Stewardship campaign will move through October culminating in Miracle Sunday, on October 28. This will be an exciting, joyous celebration of God’s gifts to each of us and how those gifts have been used over 50 years of ministry, and especially how they will be used well into the future. More information on the worship service and celebration will be coming - So mark your calendars for October 28.

I will be traveling back East with Katy until late October so I will see you at Miracle Sunday. Please keep Council and our Vice-Presidents Barb Kirchmeier and Mark Schwarzlaender in your prayers as they continue to lead so ably this faith community.

Blessings to you all,

Ben Beard

Ben Beard, President





upcoming readings

September 2, 2018

15th Sunday after Pentecost

Sermon Title: **Recipe: Don't Add Nor Subtract From It.**

Readings: Deuteronomy 4:1-2, 6-9; Psalm 15; James 1:17-27;
Mark 7:1-8, 14-15, 21-23

September 9, 2018

16th Sunday after Pentecost- Rally Day

Sermon Title: **Local ordinance bans public food sharing.**

Readings: James 2:1-10, 14-17; Psalm 146; Mark 7:24-37

September 16, 2018

17th Sunday after Pentecost

Sermon Title: **The Sign of the Cross ELW, p. 1166, 1167**

Readings: James 3:1-12; Psalm 116:1-9; Mark 8:27-38

September 23, 2018

18th Sunday after Pentecost

Sermon Title: **Greatness - Servanthood;
Servanthood - Greatness**

Readings: James 3:13-4:3, 7-8a; Psalm 54; Mark 9:30-37

September 30, 2018

19th Sunday after Pentecost

Youth-Led Worship

Sermon Title: **Salt; Christian Flavoring**

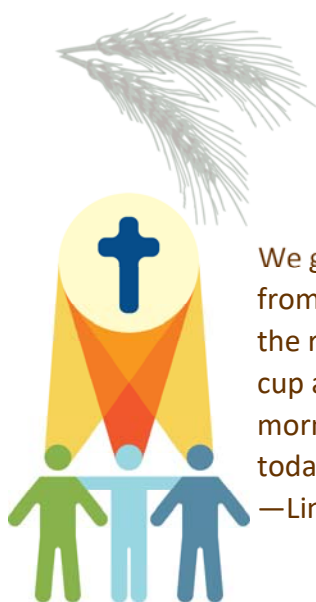
Readings: James 5:13-20; Psalm 19:7-14; Mark 9:38-50



- Sept. 2 - Bruce Spangler
- Sept. 3 - Nikki Cox
Barbara Kirchmeier
- Sept. 4 - Matt Halladay
- Sept. 5 - Candace Shepard
Shyla Fakhouri
- Sept. 8 - Paul Kwiatkowski
- Sept. 9 - Lexi Bakken
Charlie Campbell
- Sept. 10 - Nel Carver
Derek Klein
Connor Perry
Maylee Spangler
- Sept. 12 - Greg Kimberling
Rachel Kimbrel
- Sept. 13 - Sarah Nelson
- Sept. 15 - Evelyn Halladay
- Sept. 16 - Kurt Olsson
Mitch Gonzales
Adelyn May Park
- Sept. 18 - Harry Wells
Tommy Stamper
- Sept. 23 - Matthew Greenwalt
- Sept. 24 - Annika Olsson Hofstetter
- Sept. 25 - Deb Dumroese
- Sept. 27 - Chris McIntosh
Karen Watts
Linda Sprenger
- Sept. 29 - Hailey Hill
Dyne Weisenstein
- Sept. 30 - Vern Kinnison
Andy Vettrus
Chie Sakabe
Rachel Lyon



- Sept. 6 - Dean & Gretchen Stewart
- Sept. 11 - Rachel & Jason Lyon
- Sept. 19 - Rich & Mary Miller
- Sept. 19 - Michael Whiteman
& Cynthia Leonhart
- Sept. 24 - Leo & Jackie Greenwalt
- Sept. 28 - Nick & Brianne Fakhouri



the role of a lifetime

We grow up when we see our life and our role from God's perspective; when we thank God for the role he has assigned us and begin to see our cup as a gift instead of a cross; when each morning we ask, "God, how can I glorify you today in my given role?"


—Linda Dillow, *Calm My Anxious Heart*




christian education opportunities




ed opps




adult sunday school will begin on Rally Day, September 9, 2018! Learn about "Living Lutheran" as Pastor Daugs begins the study from this great book by Dave Daubert. Dr. William O. Avery, from Lutheran Theological Seminary, Gettysburg, states *"With two-thirds of Protestant congregations in need of renewal in mission, Dave Daubert supplies a way for achieving such revival. Written in an engaging conversational style, his book offers a realistic and practical process that can be used in almost any church. Step-by-step procedures, centered in a pattern of Bible study, prayer, and conversation, present a path to identify and apply a faithful vision and core values for the rejuvenation of churches."* **Join with Pastor Dave on Sundays beginning on 9/9, at 8:30 AM in the Fellowship Hall.**



j.a.m. - jesus and me! for children through age 12. Following the Children's Sermon, J.A.M. leaders will escort the kiddos down to the Fellowship Hall for crafts, games, songs, and a snack. Children will return to the Sanctuary just prior to Holy Communion.




the "old dudes"! This is a group of men that meet on the 2nd & 4th Wednesdays, 7 AM, at the Breakfast Club for breakfast and devotions. Following breakfast, the men head to church for a work day. On all the other Wednesdays, 7 AM, meet for coffee at the Moscow Co-op. **Devotions will begin on Aug. 29 with Pastor Daugs leading. Meet that day at the Moscow Co-op.** Bob Carver will lead devotions on Sep. 12 at the Breakfast Club. Questions? Contact us in the Church Office. 208.882.3915



elcw piecemakers quilting group Help us quilt! Bring a friend! Have some lunch! We usually meet on the 2nd and 4th Wednesdays. Join us on **Sep. 12 & 26, at 9 AM**, to help tie quilts, then share a potluck lunch. Questions? Contact **Gretchen Isakson** (208.882.7289 or gretchenisakson@yahoo.com)


"Whatever your hands find to do, do it with all your might." Ecclesiastes 9:10



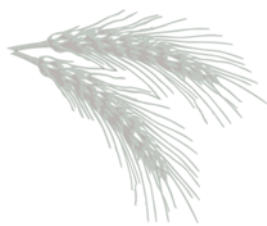
leah circle! This small group women's bible study usually meets the 1st Tuesday of the month at 11:30 AM, through the academic year. In September, the group will start up again but in **September will meet on Thursday, September 6, 11:30 AM**. All women are invited to meet for devotions and a potluck lunch at **Gen Long's home**. Meet at the **Dollar Store parking lot at 11 AM to carpool**. Bible Study Leader: **Martha Hunt**. Questions? Contact **Jeanette Johnston** (208.892.9549), or **Charlene Olsson** (208.882.1028).



mary circle! This group usually meets the 1st Monday of the month. Join them on **Monday, Sept. 10, 1:30 PM**, at Good Sam. Questions? Contact **Shelley Dale** (208.882.9555 or rdale@turbonet.com)



theology on tap! will meet on September 6 and 20 at 5:15 PM in the backroom of One World Cafe, corner of 6th and Main, Moscow. In the September 6 session we will decide on discussion topics for the upcoming year. Come to help set our agenda! For more information, contact **Walter Hesford** (hesford@uidaho.edu).



greetings from the center!

We plan to offer healthier snacks this year! In place of the cookies we have offered in the past we plan to serve fruit. Approximately 40+ students seek nourishment at the Center per month. Please plan to provide 80 pieces of fruit per month and avoid fruit which needs to be sliced. Some suggestions are: apples, bananas, oranges or clementines, grapes (these can be cut with about 10 grapes on a stem), pears, nectarines, peaches, cherries, or plums. Your assistance is much appreciated. **Emmanuel Lutheran is on the schedule for September 2018.**

Questions? Contact:

Rev. Dawn Beamish, PhD, Director, (208) 882-2536
Campus Christian Center,
822 Elm St., Moscow, ID 83843



fellowship & stewardship

Fellowship and Stewardship Go Hand-in-Hand! Invite a friend or family member to lunch! Save and turn in your receipts from *Seasons Public House* at the *Best Western* to the Emmanuel office and the church can receive 10% back in a cash donation.

Please note these guidelines regarding this program:

- Receipts should be turned in monthly.
- The receipts turned in should not be more than 3 months old.
- Please submit the original receipt. Credit Card receipts are not accepted.
- Reimbursement is for the amount of food only. Beverage, tax and gratuity are not included in the reimbursement amount.

For more information on this program, please call the Church Office at 208.882.3915.



music! music! music!

It's time to start up the music programs at Emmanuel! We need lots of people to join us as we worship through music. If you love to sing or have never sung in a choir but would like to try it out, please come join us! We are a friendly group and love having new people. If you'd like to give handbells a try, come join us! It's a blast! Emmanuel has several groups to join:

Adult Choir: 5:30 - 6:30 PM on Wed. evenings

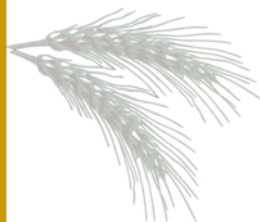
Adult Bell Choir: 7 - 8 PM on Wed. evening

Kids Choir: after church on Sundays

Kids Bell Choir: TBA

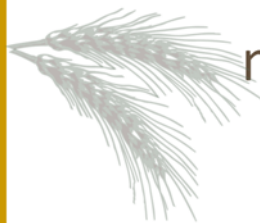
(kids groups start date will be announced)

Contact **Janet McIntosh** with questions.
208.521.5002. mcintosh83843@gmail.com



historic cordelia activities

Border Highlanders, Sunday, September 16 at 2 PM. (1501 Danielson RD, Genesee, ID) **Bag piping and dancing.** This band does not need an introduction other than to say amazing music and great time. If you have questions contact **Larry Lass** or email cordeliachurch.org.



mission endowment applications

Mission Endowment is now receiving applications to expand our ministry through disbursement of 5% of the Endowment. **Forms are due October 14, 2018.** Voting takes place on All Saints Day (Nov. 4).

Forms are available on the church website, in the Narthex, from the church office, or on page 15 of this newsletter.



Application for Funds*
2018 Mission Endowment Celebration on All Saints' Day, November 4
Emmanuel Lutheran Church Mission Endowment
Completed forms due in the church office Sunday, October 14

Person(s) submitting application: _____

Phone: _____ E-mail: _____

Amount requested: \$ _____ **Minimum** required: \$ _____

Is this a Local, Regional, or International Project? _____

Name of non-profit organization: _____

Project description: _____

Explain how this project furthers the mission of Emmanuel Lutheran Church:

Has this organization been supported by Emmanuel Lutheran Church in the past? _____

If yes, list the level and duration of support: _____

How will this project be evaluated and who will report back to the congregation the impact of the project? _____

Name and address where the check should be sent: _____

*Consider checking the national Lutheran Church website (ELCA.org) for non-profits associated with the Lutheran Church. These organizations require very little overhead and more funding goes toward mission.



pastor's discretionary fund

The Pastor's Discretionary Fund is used by the Pastor to assist individuals and families that are in need. Most often it is used to assist people who stop by the church office and request assistance for basic needs. Community organizations may also refer to Pastor, persons who need assistance. Pastor investigates each case by checking in with the Sheriff's Office and or Latah County Social Services both of which share a common data base that can spot repeating requests and persons to keep an eye on. These requests to the Pastor's Discretionary fund may be:



- ◆ They are homeless and need a place to stay for a night or two. *The fund can provide temporary hotel housing for up to 3 nights while other arrangements are being made. Pastor will assist these people in connecting with local resources. Most people may receive housing assistance up to 2 times per year, however circumstances and situations may direct more assistance...especially when there are children involved.*

- ◆ They may need assistance with utilities that are about to be denied. *Pastor calls the utility provider and helps to set up a payment plan that includes an initial payment from the Discretionary Fund.*



- ◆ They are traveling through town and need gasoline or vehicle repairs so they can continue to their destination. *Their personal resources are depleted. Pastor assists them in purchasing fuel or finding a mechanic who can repair their vehicle for a reasonable rate.*

- ◆ People need to see a doctor or need medicine. *Pastor uses the Moscow Clinic to provide these services. They may need a prescription filled and this is done through Rosauers Pharmacy.*



- ◆ People may need food. *They are connected with our local food bank and/or food is given from our ELC kitchen surplus or is purchased by Pastor.*

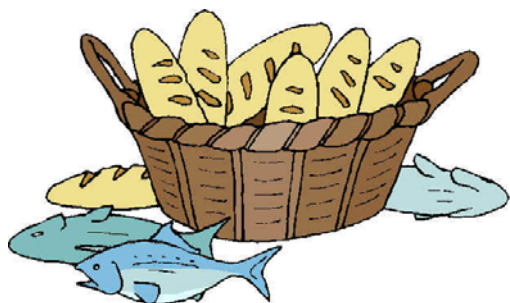
- ◆ Preschool families sometimes need assistance with, rent, utilities, food, medicine, clothing or tuition.



ELC has the gracious ministry of "loaves and fishes," assisting people with their most basic needs. This is a very "hands on" ministry through our Pastor.

The Pastor's Discretionary Fund is in need of your financial support.

Could your support for the Pastor's Discretionary Fund be above and beyond your usual gracious giving? If you are able to, please give a separate offering ear marked for the Pastor's Discretionary Fund.



(Our Church Treasurer and our Pastor administrate the Pastor's Discretionary Fund.)





luth youth at



play days at the park!!!



Miracles happen!

Create this colorful reminder of God's wondrous works.



What you need:

- white cardstock
- white wax crayon
- paintbrush
- water
- watercolor paints

What you do:

1. Across the paper horizontally, write with the white crayon "Miracles happen!" (or a Bible verse such as Job 5:9; Psalm 77:14; Jeremiah 32:27; or Matthew 19:26).
2. Wet the paintbrush and paint over the words with different colors.
3. Let dry and then hang up.

for the KID in ALL OF US!



IT'S A MIRACLE!

Jesus performed many amazing miracles during his earthly ministry.

Directions: Match the words and pictures of different healings, from one column to the other. Then fit the word pairs in the blanks below to complete Matthew 11:5, NIV.



blind

hear



leprosy

walk



lame

raised



deaf

sight



dead

cleansed



The _____ receive _____, the _____, those who have _____ are _____, the _____, the _____ are _____.

MATTHEW 11:5, NIV

Answer: The blind receive sight, the lame walk, those who have leprosy are cleansed, the deaf hear, the dead are raised ... Matthew 11:5, NIV



In Our Thoughts & Prayers...

- **The churches' ongoing ministries of care** for the hungry and neglected, especially in Zimbabwe, China, Darfur, Ethiopia.
- **Military service people from our families serving:**
Steven Kwiatkowski, serving in Okinawa Japan;
Captain John M. Swanson, grandson of Maureen Marten, serving in the Army; **Jaren Doherty Jr.**, Clara Dockter's grandson; serving with the Marines in Afghanistan.
- **Victims of war, oppression, injustice, and cruelty.**
- **Any people we have come to see as our enemies.**
- **All those living in fearful homes and circumstances.**
- **All those who are victims of natural disasters.**
- **People and organizations working for justice and peace.**
- **Students and members abroad.**
- **Our sister churches:** Grace Lutheran Church - New Orleans; Ulanga-Kilombero Synod - Tanzania.
- **Those who've lost loved ones:**
- **Prayers of Thanksgiving:**

Those with special needs:

- **Dwayne Barney**, CindyMarie's brother who has suffered a stroke.
- **Dorothy Schnaible.**
- **Debbie Stone's Mom**, and **Jean Langeman** and **Dianna Stidman** who have been taking care of her post surgery.
- **Emery Ewan**, Janet & Chris McIntosh's granddaughter, undergoing diagnostics for seizures.
- **The family of Gwen Sullivan's sister, especially Gwen's nephew.**
- **Garrett**, Debbie Stone's son who has health issues.
- **Shirley Gunther**, prayers to strengthen her heart, heal her legs and foot, and regain her physical strength.

Those, dealing with cancer:

- **Kathy Barney**, CindyMarie's sister, battling leukemia.
- **Janet Williams sister's stepdaughter**, dealing with aggressive breast cancer.
- **Richard Woock**, Jessie Weller's uncle suffering with bone cancer.
- **Baby Thomas Harner**, continuing his fight with leukemia.



Those who have requested our continued prayers:

- **Douglas Dion**, Edith's son, suffering from congestive heart failure.
- **Randy Dion**, Edith's son, recovering from a paralyzing stroke.
- **Matt Foss**.
- **Andy Fountain**.
- **Sandra Lytle**.
- **Mike Voegtle**, Katy Beard's cousin.
- **Rosanne Manley**.
- **Yolanda Wyatt**.
- **Mike Sprenger**.
- **Devin Revard**, Clara Dockter's grandson.
- **Carol Nelson's Aunt Dorothy**.
- **Clara Dockter**, continued strength.
- **Ken Strassburg**, Kathy Kwiatkowski's brother.
- **Brien Golis and Family**, cousin of the Streys, whose son is battling a horrible disease.
- **Mark Strey**, Mandy's dad, who is struggling with health issues and alcohol.
- **Sue**, Julia Keleher's mother, in hospice care.
- **Carl Hunt**, suffering from cluster headaches.
- **Doris Edgar**, Julie Spangler's mother, suffering from Lewy body dementia.
- **Sara Kimberling**, continued healing.
- **Bob Bennett**. Prayers for healing.
- **Janet Strey's father**, that he finds Jesus in his life.
- **Grace Lyon**, living at Whitman Senior Care in Pullman.
- **The Castro Family**, prayers for families of Mexico. - Janet Strey.
- **That Candi & Brittney** find guidance and prayer from God, from **Janet Strey**.
- **Susen Porter**, Jeanette Peterson's niece and Kevin Peterson's cousin, diagnosed with Primary Progressive Aphasia.
- **Dean Vettrus**.
- **Vivian Fountain**, Carol & Steve Nelson's granddaughter, diagnosed with mild cerebral palsy.
- **Gwen Sullivan's son and his family**.
- For strong community & welcoming in the **Lutheran Campus Ministry**.
- **Patients of the Lugala Hospital** in Tanzania.
- **Residents of Good Samaritan** Nursing and Special Care units.

Notes:

The Prayers & Concerns Sheet is updated every few months by church staff. If a prayer request has been removed and you wish to keep it on the list please contact us with an update! If you wish to make a prayer request or update an existing one, please call the church office at 208.882.3915, or email emmanuelmoscowid@gmail.com. Thank you.

THE PARISH PAPER

IDEAS AND INSIGHTS FOR ACTIVE CONGREGATIONS

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CHECKING UP ON CLERGY HEALTH ASSESSING THE COST OF SACRED WORK

Many people feel called to their work and respond to job demands in ways that reflect a sense of vocation. But do we expect clergy to perform their calling with even greater devotion and sacrifice? Because clergy define their work as sacred, taking care of themselves may always be a lower priority. One writer describes the high cost of sacred work in this way: “if your backdrop is burning bushes and having a child at age ninety, or if it’s bumping into an angel with premarital plans for you . . . who are you to turn down a relatively minor request like leaving vacation to perform a funeral?”¹

The Latest Numbers

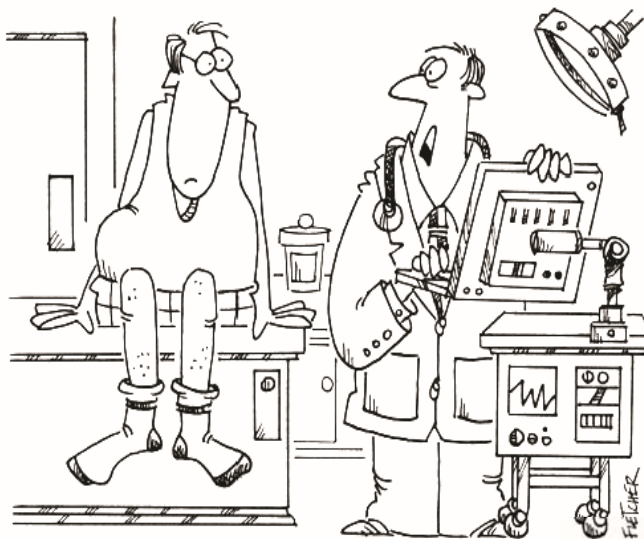
Findings from a ten-year, longitudinal study suggest that unraveling all the complexities of clergy health and well-being is not easy. Although the study drew from a large number of United Methodist clergy, the research results mirror findings from other Protestant clergy samples. This landmark study also carefully tracked intervention efforts and evaluated how individual clergy might change their health status and habits over time.²

Physical health. Just as health insurance costs for the general population continue to climb, the same holds true for clergy. In fact, these costs for clergy remain higher, partly because clergy submit more health care claims.³ National studies reveal clergy have higher rates of obesity than the general population, regardless of age. Obesity causes and complicates other health issues, especially chronic diseases, such as diabetes, arthritis, asthma, and heart disease.⁴ Lack of exercise and a damaging diet contribute to weight gain as well as high blood pressure, high cholesterol, stress, and other health negatives.

Mental health. Levels of depression among clergy remain higher than the U.S. population as well. The study found 8.7% of clergy suffer from some depression (compared to 5.5% of the U.S. population). Both male and female clergy demonstrated these higher-than-average rates of depressive symptoms. This surprising finding runs counter to what appears in the general population, where

females typically present much higher depression rates than males. However, among clergy, the opposite pattern surfaces: twice as many male clergy report depressive symptoms compared to males in the U.S. (8.8% to 4.4%).⁵

What might be some of the causes behind these higher clergy depression rates? There are probably more reasons than can be explored here, but some possibilities include aging (the average age of clergy continues to scale upward), side effects of medications, long hours, presence of congregational conflict, unrealistic clergy expectations about ministry, excessive demands by congregants, and serving as the first line of support in difficult life circumstances (illness, death, divorce).⁶ Yet another factor could be self-selection. Some clergy who went through traumatic life events may seek out ministry as a healing experience. Their own life encounters could make them especially sympathetic to others’ suffering and form their approach to ministry. Henry Nouwen wrote about “the wounded healer,” who exemplifies how one’s own suffering can serve as a source of strength and hope for others.⁷



“WALKING THE WALK ISN’T ENOUGH...
IT’S TIME TO TRY SOME LIGHT JOGGING.”

The good news: More than two-thirds of the study's clergy qualified as "flourishing" compared to only about half of the U.S. population. Clergy are more likely to report being happy, satisfied with their life, filled with a sense of direction and meaning, and enjoying many warm and trusting relationships.⁸ What appears to be a contradictory finding, given the higher-than-average depression rates, confirms what other researchers discovered. Clergy consistently demonstrate remarkable resiliency and better-than-average psychological and social functioning. These measured positives simply do not lie on the same continuum as depression, anxiety, or stress.

Hope-Filled Implications

What do these recent results say to clergy, those who care about them, and those who wish to see congregations strengthened by healthy leadership?

For clergy. After hearing about the health initiative, large numbers of clergy wanted to participate in the health program—so many that new groups had to start in waves every six months. The protocol called for assessment on key components of physical health once they agreed to participate, including weight, waist circumference, blood pressure, HDL cholesterol, and triglycerides. Even before clergy began to participate fully in the program, they showed significant improvements in these metabolic syndrome indicators, which are linked to heart disease, stroke, and diabetes. Awareness and frequent monitoring of physical health indicators resulted in improved outcomes and seeing improvements helped motivate pastors to stick to an exercise plan and continue healthy eating. Screening for potential risks and access to health care is essential for long-term outcomes.

Unfortunately, the program failed to decrease rates of depression or stress symptoms. Although pastors were encouraged to nurture their family and friendships, other components of mental and social health—financial and other context stressors—went largely unaddressed.⁹ These findings underscore that clergy cannot obtain better health alone without the support of congregations and their denominational leaders.

For congregations. Lay leaders play an important role in supporting healthy behaviors in clergy. Encourage the pastor to take a day off a week, pursue a relaxing hobby or interest, get regular exercise, and spend time with family and friends. Other ways to provide stress-reducing support include honoring the boundary between ministry and personal time, offering a

Sabbatical, providing funds for continuing education or personal study (books), or granting time for participation in clergy peer groups.¹⁰ Refrain from insisting that every ministry task is equally important and must be carried out by the pastor. When pastors find ways to spend more time on their joy-filled ministry tasks, they feel greater satisfaction in ministry.

For denominations. The most highly satisfied pastors cite their denomination as a critical partner in their ministry effectiveness. Judicatory leaders can advocate for adequate salaries, housing allowances, healthcare benefits, and pensions, even for clergy in part-time positions. And they can encourage pastors to seek help with physical, psychological, or family issues.

Too many denominations struggle to provide health care resources at the regional or judicatory level. Because the bargaining advantage of national-level organizations yields better and more cost-effective benefit plans, denominations should explore new, national strategies. Further, the obligation to ensure access to full benefits and equal compensation, regardless of age, gender, or race, rests with denominational bodies.

Assessing the Rewards

For clergy: What gives you joy? How does your passion for ministry best connect to your congregation's needs?

For congregations: Have people in the congregation made too many demands on the pastor during the past year? How often have people been critical of things the pastor has done? How does your congregation make the pastor feel loved and appreciated?

For denominations: Do we regularly check in with our clergy to listen to their concerns and needs? How are we planning to improve the ministry environment to promote better clergy health?

1. Rae Jean Proeschold-Bell and Jason Byassee, *Faithful and Fractured: Responding to the Clergy Health Crisis* (Grand Rapids, MI: Baker, 2018), 24.

2. *Ibid.*, xx-xxii.

3. *Ibid.*, xvi.

4. *Ibid.*, 84.

5. *Ibid.*, 37-38.

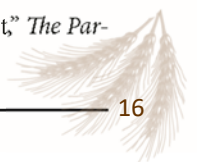
6. *Ibid.*, 3.

7. Henri J. M. Nouwen, *The Wounded Healer: Ministry in Contemporary Society* (New York City: Doubleday, 1972).

8. Proeschold-Bell and Byassee, 114.

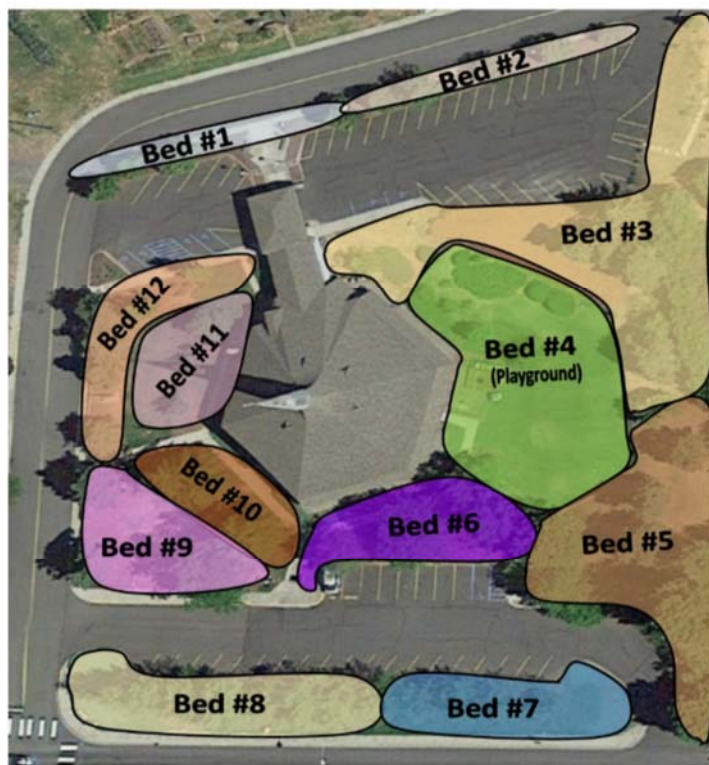
9. Cynthia Woolever, "Big Ministry Trends for 2014," *The Parish Paper*, January, 2014.

10. Cynthia Woolever, "How to Avoid Pastor Burnout," *The Parish Paper*, January, 2013.





adopt a flower bed



helping is as easy as 1...2...3...!

1. Choose a bed from the **Adopt a Flower Bed** Map found on the bulletin board in the Fellowship Hall;
2. Fill in the requested information under your chosen area number;
3. As time and weather allow please care for your chosen area by pulling weeds, picking up trash, and generally making it look nice;

You will be responsible for your area until spring of next year (or you contact the church office and release your interest in the plot.) Next spring you can choose to adopt your same area, pick a different plot, or give someone else a turn.

Thank you so much for helping to care for the beautiful grounds surrounding our church home!



help our kids

Here is a win-win way to help support our Emmanuel Lutheran Preschool and finally make some free space in your garage!

We are accepting donations of your RV, Car, Pickup, or ATV to raise funds so our Emmanuel Preschool kids can experience a bright educational beginning in a loving Christian environment!

If you have:

- an old car taking up space in your driveway,
- or an old truck that is taking up valuable "shop" space,
- or an ATV that is in the way of the new planter box you want to build,
- ANY vehicle you wish to donate all or part of its sale,

let us sell it for you!

Help provide a safe fun place for our kids to learn, play, and grow. Please contact **Steve Fountain, Pastor Dave, Craig Greenwalt**, or the Church Office (882.3915).

we would love to hear from you!

why donate?

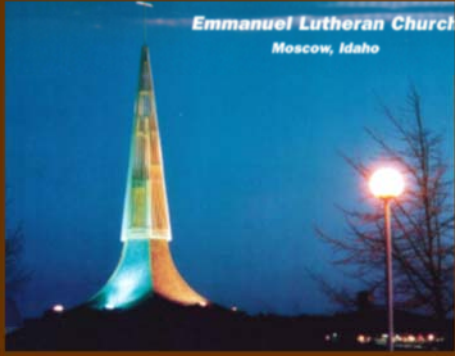
- You can avoid the hassles of selling a car
- No need to pay hefty repair bills
- Free up space in your garage
- 100% tax deductible



donating is easy!



come celebrate emmanuel's mission 100 kickoff!



we have 50 years of mission accomplished and we are looking forward to 50 more!

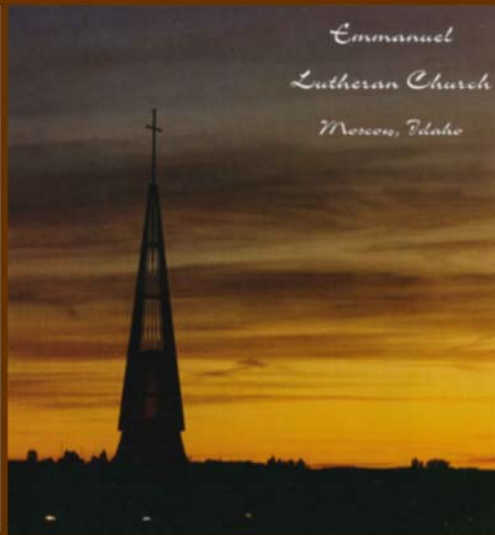
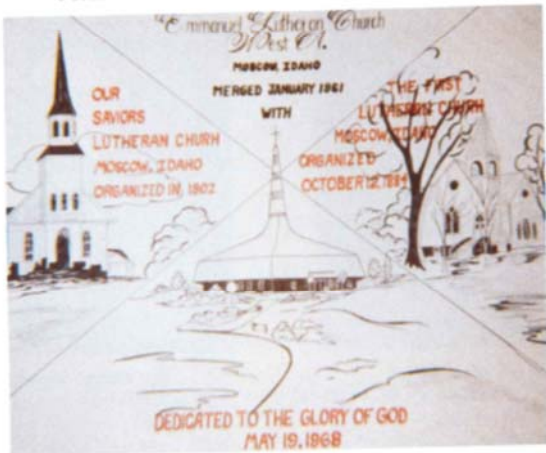


our kickoff celebration will be
saturday, september 8
from 11 AM- 2 PM
(before the football game) and will include music, food, and mission updates!

We are called to act with justice,
We are called to love tenderly;
We are called to serve one another,
to walk humbly with God. Micah 6:8



TWENTY-FIFTH ANNIVERSARY 1961-1986



we need your help with potluck food, set-up, clean-up, and mission updates!



sign-up sheets are located in the bridge!



if you'd like to join the party planning team or have questions please see Anne Peterson, Elaina Perry, or Deb Dumroese.