

## Personality Test

NOTE: This is not a comprehensive test, it is intended only to give you an idea of how you might relate to others and what your personality may be like.

**Directions** – In each of the following rows of four words across, place an x in front of the **one** word that most often applies to you. Continue through all forty lines; be sure each number has a word marked. If you are not sure which word most applies, ask a spouse or a friend, or think of what your answer would have been when you were younger.

### Strengths

- |  |   |                                       |  |
|--|---|---------------------------------------|--|
| 1. <input type="checkbox"/> adventurous    | <input type="checkbox"/> adaptable        | <input type="checkbox"/> animated     | <input type="checkbox"/> analytical    |
| 2. <input type="checkbox"/> persistent     | <input type="checkbox"/> playful          | <input type="checkbox"/> persuasive   | <input type="checkbox"/> peaceful      |
| 3. <input type="checkbox"/> submissive     | <input type="checkbox"/> self-sacrificing | <input type="checkbox"/> sociable     | <input type="checkbox"/> strong-willed |
| 4. <input type="checkbox"/> considerate    | <input type="checkbox"/> controlled       | <input type="checkbox"/> competitive  | <input type="checkbox"/> convincing    |
| 5. <input type="checkbox"/> refreshing     | <input type="checkbox"/> respectful       | <input type="checkbox"/> reserved     | <input type="checkbox"/> resourceful   |
| 6. <input type="checkbox"/> satisfied      | <input type="checkbox"/> sensitive        | <input type="checkbox"/> self-reliant | <input type="checkbox"/> spirited      |
| 7. <input type="checkbox"/> planner        | <input type="checkbox"/> patient          | <input type="checkbox"/> positive     | <input type="checkbox"/> promoter      |
| 8. <input type="checkbox"/> sure           | <input type="checkbox"/> spontaneous      | <input type="checkbox"/> scheduled    | <input type="checkbox"/> shy           |
| 9. <input type="checkbox"/> orderly        | <input type="checkbox"/> obliging         | <input type="checkbox"/> outspoken    | <input type="checkbox"/> optimistic    |
| 10. <input type="checkbox"/> friendly      | <input type="checkbox"/> faithful         | <input type="checkbox"/> funny        | <input type="checkbox"/> forceful      |
| 11. <input type="checkbox"/> daring        | <input type="checkbox"/> delightful       | <input type="checkbox"/> diplomatic   | <input type="checkbox"/> detailed      |
| 12. <input type="checkbox"/> cheerful      | <input type="checkbox"/> consistent       | <input type="checkbox"/> cultured     | <input type="checkbox"/> confident     |
| 13. <input type="checkbox"/> idealistic    | <input type="checkbox"/> independent      | <input type="checkbox"/> inoffensive  | <input type="checkbox"/> inspiring     |
| 14. <input type="checkbox"/> demonstrative | <input type="checkbox"/> decisive         | <input type="checkbox"/> dry humor    | <input type="checkbox"/> deep          |
| 15. <input type="checkbox"/> mediator      | <input type="checkbox"/> musical          | <input type="checkbox"/> mover        | <input type="checkbox"/> mixes easily  |
| 16. <input type="checkbox"/> thoughtful    | <input type="checkbox"/> tenacious        | <input type="checkbox"/> talker       | <input type="checkbox"/> tolerant      |
| 17. <input type="checkbox"/> listener      | <input type="checkbox"/> loyal            | <input type="checkbox"/> leader       | <input type="checkbox"/> lively        |
| 18. <input type="checkbox"/> contented     | <input type="checkbox"/> chief            | <input type="checkbox"/> chart-marker | <input type="checkbox"/> cute          |
| 19. <input type="checkbox"/> perfectionist | <input type="checkbox"/> pleasant         | <input type="checkbox"/> productive   | <input type="checkbox"/> popular       |
| 20. <input type="checkbox"/> bouncy        | <input type="checkbox"/> bold             | <input type="checkbox"/> behaved      | <input type="checkbox"/> balanced      |

### Weakness

- |   |  |   |   |
|---|--|---|---|
| 21. <input type="checkbox"/> blank          | <input type="checkbox"/> bashful           | <input type="checkbox"/> brassy         | <input type="checkbox"/> bossy          |
| 22. <input type="checkbox"/> undisciplined  | <input type="checkbox"/> unsympathetic     | <input type="checkbox"/> unenthusiastic | <input type="checkbox"/> unforgiving    |
| 23. <input type="checkbox"/> reticent       | <input type="checkbox"/> resentful         | <input type="checkbox"/> resistant      | <input type="checkbox"/> repetitious    |
| 24. <input type="checkbox"/> fussy          | <input type="checkbox"/> fearful           | <input type="checkbox"/> forgetful      | <input type="checkbox"/> frank          |
| 25. <input type="checkbox"/> impatient      | <input type="checkbox"/> insecure          | <input type="checkbox"/> indecisive     | <input type="checkbox"/> interrupts     |
| 26. <input type="checkbox"/> unpopular      | <input type="checkbox"/> uninvolved        | <input type="checkbox"/> unpredictable  | <input type="checkbox"/> unaffectionate |
| 27. <input type="checkbox"/> headstrong     | <input type="checkbox"/> haphazard         | <input type="checkbox"/> hard to please | <input type="checkbox"/> hesitant       |
| 28. <input type="checkbox"/> plain          | <input type="checkbox"/> pessimistic       | <input type="checkbox"/> proud          | <input type="checkbox"/> permissive     |
| 29. <input type="checkbox"/> angered easily | <input type="checkbox"/> aimless           | <input type="checkbox"/> argumentative  | <input type="checkbox"/> alienated      |
| 30. <input type="checkbox"/> naive          | <input type="checkbox"/> negative attitude | <input type="checkbox"/> nervy          | <input type="checkbox"/> nonchalant     |
| 31. <input type="checkbox"/> worrier        | <input type="checkbox"/> withdrawn         | <input type="checkbox"/> workaholic     | <input type="checkbox"/> wants credit   |
| 32. <input type="checkbox"/> too sensitive  | <input type="checkbox"/> tactless          | <input type="checkbox"/> timid          | <input type="checkbox"/> talkative      |
| 33. <input type="checkbox"/> doubtful       | <input type="checkbox"/> disorganized      | <input type="checkbox"/> domineering    | <input type="checkbox"/> depressed      |
| 34. <input type="checkbox"/> inconsistent   | <input type="checkbox"/> introvert         | <input type="checkbox"/> intolerant     | <input type="checkbox"/> indifferent    |
| 35. <input type="checkbox"/> messy          | <input type="checkbox"/> moody             | <input type="checkbox"/> mumbles        | <input type="checkbox"/> manipulative   |
| 36. <input type="checkbox"/> slow           | <input type="checkbox"/> stubborn          | <input type="checkbox"/> show-off       | <input type="checkbox"/> skeptical      |
| 37. <input type="checkbox"/> loner          | <input type="checkbox"/> lord over others  | <input type="checkbox"/> lazy           | <input type="checkbox"/> loud           |
| 38. <input type="checkbox"/> sluggish       | <input type="checkbox"/> suspicious        | <input type="checkbox"/> short-tempered | <input type="checkbox"/> scatterbrained |
| 39. <input type="checkbox"/> revengeful     | <input type="checkbox"/> restless          | <input type="checkbox"/> reluctant      | <input type="checkbox"/> rash           |
| 40. <input type="checkbox"/> compromising   | <input type="checkbox"/> critical          | <input type="checkbox"/> crafty         | <input type="checkbox"/> changeable     |

Now transfer all your x's to the corresponding words on the personality scoring sheet (page 2) and add up your totals down the columns. For example, if you checked animated on the profile, check it on the scoring sheet. (Note: the words are in a different order on the profile and the scoring sheet.)

## Scoring

	<u>Popular</u>	<u>Powerful</u>	<u>Perfect</u>	<u>Peaceful</u>
<b>Strengths</b>				
1.	___ animated	___ adventurous	___ analytical	___ adaptable
2.	___ playful	___ persuasive	___ persistent	___ peaceful
3.	___ sociable	___ strong-willed	___ self-sacrificing	___ submissive
4.	___ convincing	___ competitive	___ considerate	___ controlled
5.	___ refreshing	___ resourceful	___ respectful	___ reserved
6.	___ spirited	___ self-reliant	___ sensitive	___ satisfied
7.	___ promoter	___ positive	___ planner	___ patient
8.	___ spontaneous	___ sure	___ scheduled	___ shy
9.	___ optimistic	___ outspoken	___ orderly	___ obliging
10.	___ funny	___ forceful	___ faithful	___ friendly
11.	___ delightful	___ daring	___ detailed	___ diplomatic
12.	___ cheerful	___ confident	___ cultured	___ consistent
13.	___ inspiring	___ independent	___ idealistic	___ inoffensive
14.	___ demonstrative	___ decisive	___ deep	___ dry humor
15.	___ mixes easily	___ mover	___ musical	___ mediator
16.	___ talker	___ tenacious	___ thoughtful	___ tolerant
17.	___ lively	___ leader	___ loyal	___ listener
18.	___ cute	___ chief	___ chart-maker	___ contented
19.	___ popular	___ productive	___ perfectionist	___ pleasant
20.	___ bouncy	___ bold	___ behaved	___ balanced
Total	_____	_____	_____	_____

	<u>Popular</u>	<u>Powerful</u>	<u>Perfect</u>	<u>Peaceful</u>
<b>Weakness</b>				
21.	___ brassy	___ bossy	___ bashful	___ blank
22.	___ undisciplined	___ unsympathetic	___ unforgiving	___ unenthusiastic
23.	___ repetitious	___ resistant	___ resentful	___ reticent
24.	___ forgetful	___ frank	___ fussy	___ fearful
25.	___ interrupts	___ impatient	___ insecure	___ indecisive
26.	___ unpredictable	___ unaffectionate	___ unpopular	___ uninvolved
27.	___ haphazard	___ headstrong	___ hard to please	___ hesitant
28.	___ permissive	___ proud	___ pessimistic	___ plain
29.	___ angered easily	___ argumentative	___ alienated	___ aimless
30.	___ naive	___ nervy	___ negative attitude	___ nonchalant
31.	___ wants credit	___ workaholic	___ withdrawn	___ worrier
32.	___ talkative	___ tactless	___ too sensitive	___ timid
33.	___ disorganized	___ domineering	___ depressed	___ doubtful
34.	___ inconsistent	___ intolerant	___ introverted	___ indifferent
35.	___ messy	___ manipulative	___ moody	___ mumbles
36.	___ show-off	___ stubborn	___ skeptical	___ slow
37.	___ loud	___ lord over other	___ loner	___ lazy
38.	___ scatterbrained	___ short-tempered	___ suspicious	___ sluggish
39.	___ restless	___ rash	___ revengeful	___ reluctant
40.	___ changeable	___ crafty	___ critical	___ compromising
Total	_____	_____	_____	_____

**Combined Totals**

	<u>Popular</u>	<u>Powerful</u>	<u>Perfect</u>	<u>Peaceful</u>
	_____	_____	_____	_____

## Definitions

### Strengths

	<b>Popular (sanguine)</b>	<b>Powerful (choleric)</b>	<b>Perfect (melancholy)</b>	<b>Peaceful (phlegmatic)</b>
<b>Emotions</b>	Appealing personality Storyteller Life of the party Good sense of humor Memory for color Physically holds on to listener Emotional and demonstrative Enthusiastic and expressive Cheerful and bubbling over Curious Good on stage Wide-eyed and innocent Lives in the present Changeable disposition Sincere at heart Always a child	Born leader Dynamic and active Compulsive need for change Must correct wrongs strong-willed and Decisive Unemotional Not easily discouraged Independent and self-sufficient Exudes confidence Can run anything	Deep and thoughtful Analytical serious and purposeful genius prone talented and creative artistic or musical philosophical and poetic Appreciative of beauty Sensitive to others Self-sacrificing Conscientious Idealistic	Low-key personality Easygoing and relaxed Calm, cool, collected Consistent life Quite, but witty Sympathetic Kind Keeps emotions hidden Happily reconciled to life All-purpose person
<b>Work</b>	Volunteers for jobs Thinks up new activities Look great on surface Creative and colorful Has energy and enthusiasm Starts in a flashy way Inspires others to join Charms others to work	Goal oriented sees the whole picture Organizes well seeks practical solutions moves quickly to action delegates work insists on production makes the goal Simulates activity Thrives on opposition	Scheduled oriented Perfectionist High standards Detailed conscious Persistent and thorough Orderly and organized Neat and tidy Economical Sees the problems Finds creative solutions Need to finish what he starts Likes charts, graphs, figures, lists	Competent and steady Peaceful and agreeable Has administrative ability Mediates problems Avoids conflicts Good under pressure Find the easy way.
<b>Friends</b>	Makes friends easily Loves people Thrives on compliments Seems exciting Envied by others Doesn't hold grudges Apologizes quickly Prevents dull moments Likes spontaneous activities	Has little need for friends Will work for group activity Will lead and organize Is usually right Excels in emergencies	Makes friends cautiously Content to stay in background Avoids causing attention Faithful and devoted Will listen to complaints Can solve other's problems Deep concern for other people Moved to tears with compassion Seeks ideal mate	Easy to get along with Pleasant and enjoyable Inoffensive Good listener Dry sense of humor Enjoys watching people Has many friends Has compassion and concern

## Definitions

### Weaknesses

	<b>Popular (sanguine)</b>	<b>Powerful (choleric)</b>	<b>Perfect (melancholy)</b>	<b>Peaceful (phlegmatic)</b>
<b>Emotions</b>	<p>Compulsive talker Exaggerates and elaborates Dwells on trivial Can't remember names Scares others off Too happy for some Has restless energy Egotistical Blisters and complains Naive, gets taken in Has loud voice and laugh Controlled by circumstances Gets angry easily Seems phony to some Never grows up</p>	<p>Bossy Impatient Quick-tempered Can't relax Too impetuous Enjoys controversy and arguments Wont' give up when losing Comes on too strong Inflexible Is not complimentary Dislikes tears and emotions Is unsympathetic</p>	<p>Remember the negatives Moody and depressed Enjoys being hurt Has false humility Off in another world Low self-image Has selective hearing Self-centered Too introspective Guilt feeling Persecution complex Tends to be hypochondria</p>	<p>Unenthusiastic Fearful and worried Indecisive Avoids responsibility Quiet will of iron Selfish Too shy and reticent Too compromising Self-righteous</p>
<b>Work</b>	<p>Would rather talk Forgets obligations Doesn't follow through Confident fades fast Undisciplined Priorities out of order Decides by feelings Easily distracted Wastes time talking</p>	<p>Little tolerance for mistakes Doesn't analyze details Bored by trivia May make rash decisions May be rude or tactless Manipulates people Demanding of others End justifies the means Work may become his god Demands loyalty in the ranks</p>	<p>Not people oriented Depressed over imperfections Chooses difficult work Hesitant to start projects Spends too much time planning Prefers analysis to work Self-deprecating Hard to please Standards often too high Deep need for approval</p>	<p>Not goal oriented Lacks self-motivation Hard to get moving Resents being pushed Lazy and careless Discourages others Would rather watch</p>
<b>Friends</b>	<p>Hates to be alone Needs to be center stage Wants to be popular Looks for credit Dominates conversations Interrupts and doesn't listen Answers for others Fickle and forgetful Makes excuses Repeats stories</p>	<p>Tends to use people Dominates others Decides for others Knows everything Can do everything better Is too independent Possessive of friends and mate Can't say "I'm sorry" May be right, but unpopular</p>	<p>Lives through others Insecure socially Withdrawn and remote Critical of others Holds back affection Dislikes those in opposition Suspicious of people Antagonistic and vengeful Unforgiving Full of contradictions Skeptical of compliments</p>	<p>Dampens enthusiasm Stays uninvolved Is not exciting Indifferent to plans Judges others Sarcastic and teasing Resists change</p>