

Psalm 65:2 O thou that hearest prayer, unto thee shall all flesh come.

Prayer focus: All of us will ultimately die. What's important is how you live here and where you go after you die! Many of us were prepped for this reality since childhood when we were taught:

Now I lay me down to sleep
I pray the Lord my soul to keep
If I should die before I awake
I pray the Lord my soul to take

Meditate on your eternal destination and remember God in this manner as you pray.

Date:

Adoration: Pray love and admiration toward God. Be as specific as possible.

Confession: Admit honestly and truthfully the details of any sin of heart, mind, and/or actions. Ask God to forgive you.

Thanksgiving: Tell God how much you appreciate everything from the smallest to the largest. Thank Him for the physical and spiritual blessings

Supplication: Ask God to fix your problems and the problems of others. Ask God for the things you need and want.

Psalm 66:20 Blessed be God, which hath not turned away my prayer, nor his mercy from me.

Prayer focus: PRAISE GOD FOR HIS MERCY!!!! HE WITHHOLDS FROM US JUDGEMENT WE DESERVE!!!! PRAISE GOD FOR HIS GRACE!!!! HE PROVIDES FOR US BLESSINGS WE DON'T DESERVE!!!!

Date:

Adoration: Pray love and admiration toward God. Be as specific as possible.

Confession: Admit honestly and truthfully the details of any sin of heart, mind, and/or actions. Ask God to forgive you.

Thanksgiving: Tell God how much you appreciate everything from the smallest to the largest. Thank Him for the physical and spiritual blessings

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adoration confession thanksgiving supplication: the four vertical habits of prayer and praise.