Job 22:27 Thou shalt make thy prayer unto him, and he shall hear thee, and thou shalt pay thy vows. r.

**Prayer focus:** Seek God's direction in your daily decisions and His favor in your dealings with people.

Date:

**Adoration:** Pray love and admiration toward God. Be as specific as possible.

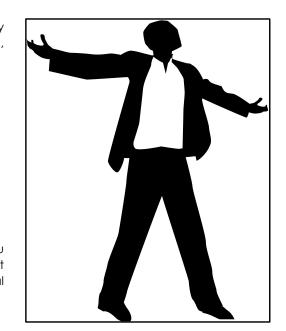
Nehemiah 1:11 O Lord, I beseech thee, let now thine ear be attentive to the prayer of thy servant, and to the prayer of thy servants, who desire to fear thy name: and prosper, I pray thee, thy servant this day, and grant him mercy in the sight of this man. For I was the king's cupbearer.

**Prayer focus:** Seek God's direction in your daily decisions and His favor in your dealings with people.

Date:

**Adoration:** Pray love and admiration toward God. Be as specific as possible.

**Confession:** Admit honestly and truthfully the details of any sin of heart, mind, and/or actions. Ask God to forgive you.



**Confession:** Admit honestly and truthfully the details of any sin of heart, mind, and/or actions. Ask God to frgive you.

**Thanksgiving:** Tell God how much you appreciate everything from the smallest to the largest. Thank Him for the physical and spiritual blessings

**Thanksgiving:** Tell God how much you appreciate everything from the smallest to the largest. Thank Him for the physical and spiritual blesings.

**Supplication:** Ask God to fix your problems and the problems of others. Ask God for the things you need and want.

**Supplication:** Ask God to fix your problems and the problems of others. Ask God for the things you need and want.

adoration confession thanksgiving supplication: the four vertical habits of prayer and praise.