“A WORK IN PROGRESS” Recovery Group

Addiction is a complicated disease that changes brain and other critical functions needed to live a healthy life. Recovery groups are a proven way to address addiction and get off of drugs and/or alcohol. Through the support of those with similar struggles recovery groups help an addict regain their emotional, intellectual, mental and physical health.

Recovery is a perpetual journey!

When recovery begins, individuals start to feel foreign emotions they had been numbing. Change starts to occur all around them because for once they are living life drug and/or alcohol free. It is a huge adjustment that can be challenging, overwhelming, and scary. Challenges and feelings can become tough to handle. Recovery groups provide support for these feelings and changes. The transition from becoming an addict to a recovering addict becomes easier to handle due to the support provided from the group members and leader. “A Work in Progress” teaches the 12 steps using the Life Recovery Bible and the associated workbook.

Each day becomes easier for the person who is in recovery. Just remember to take each day…

ONE DAY AT A TIME, NO ONE IS EVER ALONE IN RECOVERY,
SUPPORT IS HERE!
We are just waiting for you!

Our group leaders are kind, compassionate, share the same experiences, and ready to help members take on recovery. Our program will help you find your weaknesses, strengths, and courage and build up that strength and courage that is within all of us! Members are taught to live life without drugs and/or alcohol. Recovery is possible! Sobriety is achievable as long as the group member is dedicated and committed to their sobriety!