

Christ's Church Military Family Support Ministry
Care Packages for soldiers in IRAQ

Personal Hygiene items

Eye drops
Lip balm
Sun block
Instant hand sanitizer (no water required)
Baby wipes/Wash 'n dries
For females, small scented shampoos, hand lotion, nail polish, etc...

Food items (pre-packaged, unopened items only please)

Ramen noodles (packets or cups)
Granola/Cereal/Power bars
Beef jerky
Canned meats, e.g., sardines, Spam, chicken, tuna
Coffee, hot chocolate packets
Packaged Cookies (sorry, no homemade items)
Crackers
Cheese spread in a can
Little Debbie cakes
Rice Crispy bars
Pringles
Hard candy, mints, gum
Dry roasted peanuts
Gatorade powder
Tang
M&Ms
Apple Chips
Chocolate

Other items

Artwork & Letters of Appreciation
Christian Music CDs
Bibles
Gospel Tracts

Note: Wrap liquids, gels, toothpaste, shampoo, hand sanitizer, and anything else that could burst, individually in a zip lock bag